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UNIVERSIDADE ESTADUAL PAULISTA - UNESP CÂMPUS DE JABOTICABAL

BORRELIOSIS IN HORSES: EPIDEMIOLOGY, EXPERIMENTAL INFECTION AND THERAPEUTIC

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Bachelor in Veterinary Medicine

UNIVERSIDADE ESTADUAL PAULISTA - UNESP CÂMPUS DE JABOTICABAL

BORRELIOSIS IN HORSES: EPIDEMIOLOGY, EXPERIMENTAL INFECTION AND THERAPEUTIC

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CURRICULUM OF THE AUTHOR

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"Sometimes, the most interesting and unexpected results come from unlikely jobs."

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CERTIFICADO

Certificamos que o Protocolo nº 001968/13 do trabalho de pesquisa intitulado "Caracterização clínica, laboratorial e terapêutica de equinos infectados pela Borreliose de Lyme Símile (brasileira)", sob a responsabilidade do Prof. Dr. Antonio de Queiroz Neto está de acordo com os Princípios Éticos na Experimentação Animal, adotado pelo Colégio Brasileiro de Experimentação (COBEA) e foi aprovado pela COMISSÃO DE ÉTICA NO USO DE ANIMAIS (CEUA), em reunião ordinária de 05 de fevereiro de 2013.

Jaboticabal, 05 de fevereiro de 2013.

Onduge bon hoge Sc Madi

Prof. Dr. Andrigo Barboza De Nardi

Coordenador - CEUA

BORRELIOSIS IN HORSES: EPIDEMIOLOGY, EXPERIMENTAL INFECTION AND THERAPEUTIC

Abstract - Lyme borreliosis is a disease caused by the spirochete Borrelia burgdorferi sensu lato, cosmopolitan and transmitted by the bite of ticks which remain adhered to the host for more than 24 hours. In humans, it can cause articular, cardiac and neurological diseases. In horses, so far the disease had been described by means of case reports and extrapolations of its pathogenesis in humans. This study aimed to investigate the clinical signs and hematological changes of Lyme disease in horses. Furthermore, it is also assessed the feasibility of treating infected horses with sodium ceftriaxone. To this end, the experiment consisted of three main phases. The first phase consisted of an epidemiological survey of the disease in São Paulo State, specifically in cities with suspected cases of Lyme borreliosis in humans. It was collected blood samples and clinical history of 760 horses that resulted in an average of 21% seropositivity in the state. In this stage, it was concluded that there was a high relationship between seropositivity, Amblyomma sculptum tick presence, the presence of capybaras in the property, lymphopenia, abortion and retained placenta. The second phase consisted of an experimental infection of two adult horses with B. burgdorferi strain G39 / 40. The horses were evaluated for 90 days of infection and we found that the animals showed nonspecific clinical signs and hematologic changes only in the first 11 days of infection. It was noted the presence of mild hypochromic normocytic anemia, muscle pain, pale mucous membranes, lethargy and swollen lymph nodes, signs that can easily be confused with chronic piroplasmosis. During phase 3 of the experiment, the two horses experimentally infected underwent treatment with intravenous sodium ceftriaxone. Already during the first application, both developed an anaphylactoid reaction moderate to severe with colic syndrome as consequence for one horse and laminitis to the other. Both recovered and were finally treated with oxytetracycline.

Keywords: *Borrelia burgdorferi*, tick, ELISA, PCR, sodium ceftriaxone.

BORRELIOSE EM CAVALOS: EPIDEMIOLOGIA, INFECÇÃO EXPERIMENTAL E TERAPÊUTICA

Resumo - A Borreliose de Lyme é uma doença causada pela espiroqueta Borrelia burgdorferi sensu lato, cosmopolita, transmitida por meio da picada de carrapatos que permanecem aderidos ao hospedeiro por mais de 24 horas. Em humanos, pode provocar doenças articulares, cardíacas e neurológicas. Nos equinos, até o presente momento a doença havia sido descrita por meio de relatos de caso e extrapolações de sua patogenia nos humanos. Por meio do presente estudo, pretende-se pesquisar os sinais clínicos e alterações hematológicas da borreliose de Lyme nos equinos. Além disso, avaliou-se também a viabilidade de se tratar os equinos infectados com ceftriaxona sódica. Para tanto, o experimento foi composto por três principais fases. A primeira fase foi composta por um levantamento epidemiológico da doença no Estado de São Paulo, especificamente nas cidades com casos suspeitos de borreliose de Lyme em humanos. Coletou-se amostras de sangue e histórico clínico de 760 equinos e obteve-se média de 21% de soropositividade no estado. Desta fase, concluiu-se que existe grande relação entre a soropositividade, presença de carrapatos Amblyomma sculptum, presença de capivaras na propriedade, linfopenia, abortamento e retenção de placenta. A segunda fase foi composta por uma infecção experimental de dois equinos adultos com B. burgdorferi cepa G39/40. Os equinos foram avaliados durante 90 dias de infecção e foi possível verificar que os animais apresentaram sinais clínicos e alterações hematológicas inespecíficas somente nos primeiros 11 dias de infecção. Notou-se a presença de anemia normocítica hipocrômica discreta, dores musculares, palidez de mucosas, letargia e aumento de linfonodos, sinais que podem facilmente ser confundidos com a piroplasmose crônica. Durante a fase 3 do experimento, os dois equinos infectados experimentalmente foram submetidos ao tratamento com ceftriaxona sódica por via intravenosa. Já durante a primeira aplicação, ambos desenvolveram uma reação anafilactóide de moderada à severa, com consequência de síndrome cólica para um deles e laminite para o outro. Ambos se recuperaram e foram finalmente tratados com oxitetraciclina.

Palavras-chave: Borrelia burgdorferi, carrapato, ELISA, PCR, ceftriaxona sódica.

1. INITIAL CONSIDERATIONS

1.1 INTRODUCTION

Lyme borreliosis is a multisystemic disease discovered in the mid-1970s in the United States, in children of Connecticut with polyarthritis without determined causes. It is a long term studied and diagnosed condition in the Northern Hemisphere, caused by the spirochete *Borrelia burgdorferi* present in Ixodidae family of ticks. This pathogen is able to infect mammals including humans and each ones have different clinical responses upon the infection. The most important reservoirs in Brazil should be the capybaras, which also could serve as carriers and disseminators of ticks in pastures and near local lakes and rivers.

My history with borreliosis began in 2004, while still working as an engineer I fell in love with the horses. I began to enjoy horseback riding in a training center in Sao Jose dos Campos in the end of my working days, which came up to contribute immensely to this PhD project. Everything was doing well until the day I started to feel pain in the carpal joints. The pain only regressed with anti-inflammatory drugs and started get around other joints such as elbows and knees. In a few months, I could not sleep soundly because the pain progressively increased. At this time I did not remember having found any tick, actually I did not even know what it was.

My joints were swollen, purplish and painful. In the morning, I did have no strength to turn the door handle, it became a common routine pushing the toothpaste tube with my elbow, and to step down the stairs of my house seated. I have visited many physicians as clinical, orthopedic, homeopaths, rheumatologists, and numerous tests were carried out without any clear diagnosis. In their view, I had rheumatoid arthritis, lupus, fibromyalgia, stress, I was eating wrong, etc.... Everything

seemed to be a cause, unless an infectious disease. I have achieved a slight improvement with a physician who told me, despite my inconclusive tests, I should treat me to lupus with steroids and chemotherapy.

Since then, four years have passed and I started a degree in veterinary medicine. In the third year, I remember having attended a zoonosis class where the teacher introduced me to this illness for the first time. I was thoughtful, remembering what I had passed a few years ago. The information was stored, waiting to be used.

When I was in fourth year of my under-graduation, we worked with some horses in the university. This site was known to be full of ticks and, one day, I found one stuck in my body, I did not know exactly how long. I removed it immediately, and in the following days it was formed a generous inflammatory circle around the bite.

A few days later, I started feeling extremely tired; it looked like building a house every day. I generally arrived at home early evening always feverish, around 38°C. I felt weak, discouraged, with headaches, depression and pain in the throat that does not regressed with painkillers. I went to an endocrinologist, because we really thought I could have some thyroid problem. It was when, during the attendance, my husband asked me to comment with him that I had recently been bitten by tick. When he said this, two seconds became six years in my head. I looked at his face and thought: "Eureka!". And the doctor looked at my face thinking "Is your husband crazy?"

 is transmitted by a rickettsia and Lyme, borrelia." And then the doctor added: "OK, how it is spelled?" And finally asked for IgG and IgM serology for Lyme.

My disease seemed to be finally diagnosed and I start seeking for a medical advice in this field. In my brief research I found Dr. Natalino Yoshinari, the pioneer physician in the study of the disease in Brazil and member of the research group of this project. I was treated with antibiotics and anti-inflammatory drugs for a period of 60 days, when we later found out that I was pregnant. But the treatment was a successful and the pregnancy. Since 2012, I have had mild annual recurrences, which also was controlled with chemotherapeutic agents.

7. FINAL CONSIDERATIONS

7.1 GENERAL CONCLUSIONS

This experiment provided more information about possible clinical signs of Lyme borreliosis in horses, besides the disease remains obscure. In its early phase, horses can present non-specific clinical signs such as lethargy, pale mucous, muscular back pain and enlarged lymphonodes. The hemolytic activity of *Borrelia burgdorferi* front of the red blood cells of horses can promote a mild anemia in the first week of infection. This mild alterations can induce veterinarians to misdiagnose piroplasmosis in horses infected by *Borrelia burgdorferi*. It is also possible to verify the occurrence of abortion and retained placenta associated with laminitis in mares. Even without the horses are treated, after 90 days of infection, it is no longer possible to detect antibodies in blood. The seropositivity of horses can be related to the presence of *Amblyomma sculptum* and capybaras in the property. The treatment of the infection with ceftriaxone can cause an anaphylactoid reaction in horses that may be associated with massive bacterial death, with consequences like colic syndrome. The horses treated with oxytetracycline for 21 days tolerated the therapy with no side effects presentation.