

Moisés Diôgo de Lima

**Análise dos mecanismos fisiopatológicos
relacionados ao parto pré-termo: corioamnionite
histológica, estresse oxidativo e apoptose.**

Tese de Doutorado apresentada ao Programa de Pós-Graduação em Patologia da Faculdade de Medicina de Botucatu, Universidade Estadual Paulista “Júlio de Mesquita Filho”, para obtenção do título de Doutor em Patologia.

Orientadora: Prof^ª Dr^ª Márcia Guimarães da Silva

Botucatu
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“Não existe verdade real nesse mundo apenas a percepção de cada um sobre ela”

Pensamento egípcio

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Dedico esse singelo trabalho à minha família; alicerce da minha existência.



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Resumo

O parto pré-termo espontâneo, definido como nascimento antes das 37 semanas completas de gestação apesar dos consideráveis avanços científicos ainda representa um importante problema médico, humano e social. É representado por dois grandes grupos de patologias obstétricas definidas como Trabalho de Parto Prematuro (TPP) e Rotura Prematura de Membranas Pré-Termo (RPM-PT). O primeiro objetivo deste estudo foi avaliar os níveis de 8-oxo-2'-desoxiguanosina (8-OHdG) em membranas corioamnióticas de gestações complicadas pela prematuridade. Neste estudo transversal, foram estudadas 31 membranas corioamnióticas de gestações complicadas por TPP e 35 com RPM-PT cujos partos ocorreram no período compreendido para a prematuridade. Como grupo controle foram incluídas 37 membranas corioamnióticas de partos a termo. As membranas corioamnióticas foram coletadas e a extração total de DNA foi realizada pelo Kit genomic-Prep Mini Spin e os níveis de 8-OHdG foram analisados pela técnica de ELISA empregando-se o kit Highy Sensitive 8-OHdG. Em relação aos dados obtidos, os níveis de 8-OHdG (2,90 ng/mL [1,54 – 4,06]) nas membranas corioamnióticas do grupo termo foram significativamente maiores que no grupo de partos prematuros (0,61ng/mL [mínimo: 0,37 – máximo: 0,92]) ($p < 0,0001$). Os níveis de 8-OHdG foram também mais elevados no grupo de termo do que nos grupos PTL (0,71 ng/mL [mínimo: 0,40 – máximo:1,47]) ou RPM-PT (0,53 [mínimo: 0,37 – máximo: 0,71]) ($p < 0,0001$), respectivamente. Nossos dados reforçam a tese que os danos oxidativos estão presentes nas membranas corioamnióticas de gestações a termo como consequência de um processo fisiológico do envelhecimento dos tecidos gestacionais. O segundo objetivo deste estudo foi analisar a associação entre corioamnionite histológica, ocorrência de apoptose e níveis de 8-OHdG em membranas corioamnióticas de gestações complicadas por RPM-PT e TPP. Foi realizado um estudo prospectivo e um total de 60 gestantes foram recrutadas, sendo 31 gestações complicadas por RPM-PT e 29 com TPP. Após o parto, as membranas corioamnióticas foram submetidas ao exame histopatológico, à análise dos níveis de 8-OHdG por ELISA, empregando-se o kit Highy Sensitive 8-OHdG, e quanto a ocorrência de apoptose pela imunomarcagem da proteína p53. A corioamnionite histológica foi detectada em 64,5% das membranas corioamnióticas do grupo RPM-PT e em 44,8% do grupo TPP ($p = 0,12$). A ocorrência de apoptose no grupo RPM-PT (32,2%) foi semelhante no grupo TPP (24,1%) ($p=0,48$). Os níveis de 8-OHdG no grupo TPP [0,71 (mínimo: 0,43 – máximo: 1,38)] foram significativamente maiores do que no grupo RPM-PT [0,53 (mínimo: 0,37- máximo: 0,69)] ($p = 0,02$). A análise de regressão logística entre esses mecanismos demonstra que apenas a corioamnionite histológica está relacionada à apoptose (OR = 3,7; IC 95% = 1,19-14,9; $p = 0,04$). Concluimos que entre os fatores analisados a corioamnionite e a imunomarcagem da proteína p53 foram mais prevalentes no grupo de mulheres acometidas pela RPM-PT, que os níveis de 8-OHdG foram mais elevados no grupo de

mulheres acometidas pelo TPP e que entre estes fatores a corioamnionite histológica parece estar mais claramente associada à ocorrência de apoptose em membranas corioamnióticas de gestações complicadas por prematuridade espontânea. O terceiro objetivo deste estudo foi analisar a associação de desfechos neonatais adversos, especialmente a sepse neonatal precoce, em gestações complicadas por RPM-PT e TPP na presença de corioamnionite histológica. Foi realizado um estudo caso-controle e um total de 73 gestantes foram incluídas no estudo, sendo 39 gestantes com RPM-PT e 34 com TPP. Após o parto, as membranas foram submetidas ao exame histopatológico e os recém-nascidos foram avaliados para o diagnóstico de eventos adversos: escore de Apgar <7 aos 5 min e 10 min, admissão em unidade de terapia intensiva neonatal, dificuldade respiratória, intubação traqueal e sepse neonatal precoce (SNP), esta última definida como sendo uma síndrome clínica observada nas primeiras 72 h de vida do recém-nascido. Em ambos os grupos as características maternas e neonatais (idade materna, índice de massa corpórea, etnia, paridade, idade gestacional e peso do recém-nascido) não foram significativamente diferentes. Entre as variáveis analisadas no contexto da prematuridade observamos que a SNP foi a mais prevalente no grupo RPM-PT e corioamnionite distinguindo-se estatisticamente ($p = 0,04$). Os outros desfechos neonatais adversos não mostraram diferença estatística entre si ou entre as patologias obstétricas envolvidas na pesquisa. No modelo de regressão logística, verificou-se que a presença de corioamnionite histológica ($OR = 7,4$, IC 95%: 1,95-35,9, $p = 0,0005$), a dificuldade respiratória ($OR = 3,5$; IC 95%: 1,02-12,9; $p = 0,049$) e RPM-PT ($OR = 9,8$; IC95%: 2,95-38,5; $p = 0,0004$), entre as variáveis independentes, influenciaram diretamente a ocorrência de SNP. A análise da curva ROC reforça a tese que a corioamionite e a RPM-PT são critérios relevantes para o evento de SNP com índices de sensibilidade de 76% e especificidade de 82%, respectivamente. Conclui-se que a corioamnionite histológica e a ocorrência de RPM-PT estão associadas a desfechos neonatais adversos, especialmente a ocorrência de sepse neonatal precoce.

Palavras-chave: Prematuridade, corioamnionite histológica, estresse oxidativo e apoptose.

Abstract

Spontaneous preterm birth, defined as birth before 37 weeks completed gestation, despite the considerable scientific advances, still represents an important medical problem, human and social. It is represented by two large groups of obstetric pathologies defined as preterm labor (PTL) and premature rupture of preterm ovular membranes (pPROM). The first objective of this study was to evaluate the levels of 8-oxo-2'-deoxyguanosine (8-OHdG) in amniochorion membranes from pregnancies complicated by prematurity. In this cross-sectional study, were enrolled 31 with PTL and 35 with pPRM who presented preterm delivery. As control group was included 37 pregnant women that delivery at term. Amniochorion membranes were collected and total DNA extraction was performed by ILLUSTRA tissue & cells genomic-Prep Mini Spin Kit and 8-OHdG levels were measured by an ELISA Highly Sensitive 8-OHdG Check kit. Regarding to data, 8-OHdG levels in amniochorion membranes of term group (2,90 ng/mL [min: 1,54 – max:4,06]) were significantly higher than premature group (0,61 ng/mL [min: 0,37 – max:0,91]) ($p<0.001$). 8-OHdG levels were also higher in term group than in PTL (0,71 ng/mL [min: 0,40 – max:1,47]) or pPROM groups (0,53 ng/mL [min: 0,37 – max:0,71]) ($p<0.001$), respectively. Our data reinforces that oxidative damage are present at term pregnancies as physiologic process of amnionchorion aging. The second objective of this study was to analyze the association among histologic chorioamnionitis, apoptosis occurrence and 8-OHdG levels in amniochorion membranes from pregnancies complicated by pPROM and PTL. It was a prospective study and a total of 60 pregnant women were enrolled, being 31 pregnant women who presented pPROM and 29 with PTL. After delivery, the amniochorion membranes were subjected to a histopathological examination, to 8-OHdG levels analysis by an ELISA Highly Sensitive 8-OHdG Check kit and occurrence of apoptosis by p53 protein immunohistochemical study. Histologic chorioamnionitis was detected in 64.5% of the amniochorion membranes from pPROM group and in 44.8% from PTL group ($p=0.12$). The occurrence of apoptosis in the pPROM group (32.2%) was similar in the PTL group (24.1%) ($p=0.48$). The 8-OHdG levels in the PTL group [0.71 (0.43-1.38)] were significant higher than in the pPROM group [0.53 (0.37-0.69)] ($p=0.02$). Logistic regression analysis among these mechanisms showed that only histologic chorioamnionitis is related to apoptosis (OR=3.7; 95%CI= 1.19-14.9; $p=0.04$). Histologic chorioamnionitis seems to be more clearly associated with apoptosis occurrence in amniochorion membranes from pregnancies complicated by spontaneous prematurity. The third objective of this study was to analyze the association of adverse neonatal outcomes, especially early neonatal sepsis (ENS), in pregnant women affected by pPROM and PTL in the presence of histologic chorioamnionitis. It was a case-control study and a total of 73 pregnant women were enrolled, being 39 pregnant women who presented pPROM and 34 with PTL. After delivery, the membranes were subjected to a histopathological examination

and the newborn infants were evaluated for the diagnosis of adverse events: Apgar score <7 at 5 min and 10 min, admission to a neonatal intensive care unit, respiratory distress, use of continuous positive airflow pressure (CPAP), tracheal intubation and early neonatal sepsis, defined as being a clinical syndrome observed in the first 72 h of life of the newborn. In both groups, the sample general characteristics (maternal age, body mass index, ethnicity, parity, gestational age, and weight of the newborn) were not statistically different. Except ENS, which was the most prevalent in the pPROM and chorioamnionitis groups ($p=0.04$), the other neonatal adverse outcomes showed no statistical difference between them or between obstetric pathologies involved in the research. In a logistic regression model, we found that the presence of histologic chorioamnionitis ($OR=7.4$; $95\%CI=1.95-35.9$; $p=0.0005$), respiratory distress ($OR=3.5$; $95\%CI=1.02-12.9$; $p=0.049$) and pPRM ($OR=9.8$; $95\%CI=2.95-38.5$; $p=0.0004$) among the independent variables, directly influenced ENS occurrence. ROC analysis reinforced that choriamnionites and pPROM are as criteria of relevant sensitivity (76.0%) and specificity (82.0%) for the ENS event. We conclude that histological chorioamnionitis and the occurrence of pPROM are associated with adverse neonatal outcomes, especially the occurrence of early neonatal sepsis.

Keywords: Prematurity, histologic chorioamnionitis, oxidative stress, apoptosis.

Lista de abreviaturas

AP-1	Proteína Ativadora – 1
O₂⁻	Ânion superóxido
CAM	Corioamnionite
COX-2	Ciclooxigenase – 2
Cu²⁺	Cátion Cobre
DNA	Ácido desoxirribonucleico
EROs	Espécies reativas de oxigênio
ERNs	Espécies reativas de nitrogênio
FADD	Fas associado ao domínio de morte
FasL	Ligante para a proteína Faz
Fe²⁺	Cátion ferro
H₂O₂	Peróxido de hidrogênio
IIA	Infecção intra-amniótica
IFN	Interferon
IL	Interleucina
INF-α	Interferon alfa
INF-β	Interferon beta
IRF3	Fator regulador de interferon 3
IRF7	Fator regulador de interferon 7
kDa	Quilo Dalton
MDA	Malonaldeído
MEC	Matriz Extracelular
MMP-2	Metaloproteinase-2
NF-kB	Fator nuclear kB
OGG1	Oxoguanina glicosilase
PAMPs	Padrões moleculares associados a patógenos
ONOO⁻	Peroxinitrito
P38MAPK	Proteinoquinase ativada por mitógeno
Ras-GTPase	Trifosfato guanosina hidroxilase
RL	Radical livre
OH⁻	Radical hidroxil
NO₂	Radical nitro
RPMO-PT	Rotura prematura de membranas ovulares pré-termo
TNF-α	Fator de necrose tumoral alfa
TBAR	Reagente do ácido tiobarbitúrico
TIMP	Fator tecidual inibidor de metaloproteinase
TIR	Receptor Toll/IL -1
TLR	Toll-like receptor
TPP	Trabalho de parto prematuro
TRADD	Receptor TNF associado ao domínio de morte
8-OHdG	8-hidroxi-2'-deoxiguanosina
3-NT	3-nitrotirosina

Sumário



Sumário

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1.1. Prematuridade: conceito, incidência e fatores de risco

A prematuridade, conceitualmente definida como o nascimento antes de completadas as 37 semanas de gestação, não obstante os consideráveis avanços científicos no conhecimento da fisiologia do parto e dos significativos progressos tecnológicos que ocorreram na medicina perinatal nas últimas décadas, ainda representa um problema médico, humano e social a ser enfrentado (Liu et al., 2012).

O parto pré-termo pode ocorrer por indicações médicas, portanto, artificialmente induzido, ou de forma espontânea. O primeiro, devido a comprometimento materno/fetal, incluindo desordens hipertensivas, diabetes, doença cardíaca, patologias placentárias, malformações fetais, restrição de crescimento fetal e o segundo, representado por dois grandes grupos de patologias obstétricas definidas como: o Trabalho de Parto Pré-Termo (TPP), quando a gestante desencadeia precocemente as contrações uterinas associadas a modificações morfológicas da cérvix como o esvaecimento e dilatação do colo uterino, mantendo, entretanto, a integridade das membranas corioamnióticas e a Rotura Prematura de Membranas Pré-Termo (RPM-PT), entidade clínica caracterizada pela rotura das membranas fetais e expulsão do líquido amniótico contido nelas sem o desencadear de contrações uterinas (Corrêa et al., 2002).

A taxa de incidência da prematuridade é variável e tem permanecido estável ao longo de décadas na maioria dos países em desenvolvimento oscilando entre 5 a 18% entre todas as gestações estimando-se, globalmente, cerca de 15 milhões de novos recém-nascidos prematuros a cada ano (Blencowe et al., 2012). Sobre o nascimento prematuro sabe-se, ainda, que aproximadamente 70% deles ocorrem de forma espontânea e resultam do TPP (45%) e da RPM-PT (25%). Os demais 30% são atribuídos à interrupção eletiva da gestação por intercorrências clínicas maternas e/ou fetais (Muglia et al., 2010).

É relevante salientar que cerca de 5% dos recém-nascidos pré-termo nascem com menos de 28 semanas de gestação (prematuridade extrema), 15% nascem entre 28-31 semanas (prematuridade severa), 20% são aqueles nascidos entre 32-33 semanas

(prematuridade moderada) e 60–70% nascem com 34–36 semanas (prematuridade tardia) o que torna o nascimento prematuro um desafio clínico, uma vez que, está fortemente relacionado a complicações maternas e principalmente neonatais, imediatas e a longo prazo, o que, por si só, representa importante problema de saúde pública (Goldenberg et al., 2008).

No âmbito das sequelas advindas do nascimento pré-termo há relatos de mulheres que, passando por essa experiência, estão mais propensas ao parto cirúrgico, à depressão pós-parto e à longa permanência de internação hospitalar (Hamilton et al., 2010). Os neonatos, por sua vez, estão mais sujeitos a problemas súbitos como estresse respiratório, enterocolite necrotizante, hemorragia intraventricular, retinopatias e dificuldades alimentares, e a longo prazo, inabilidades de ordem visual, motora e de aprendizagem além de doenças pulmonares crônicas e elevado índice de infertilidade na vida adulta (Avchen et al., 2001; Swamy et al., 2008).

Múltiplos são os fatores de risco relacionados ao nascimento pré-termo. Suas causas diferem entre si, o que torna ainda mais desafiador o seu entendimento etiopatogênico, principalmente porque que o fenótipo mais comumente encontrado é o do nascimento prematuro espontâneo em grande parte relacionado às mulheres de baixo risco para a prematuridade (Goldenberg et al., 2008). Entre os estudos epidemiológicos de caráter populacional e com análise de grupos étnicos sabe-se que o TPP é mais comum entre as mulheres brancas, enquanto que a RPM-PT é mais incidente entre as autodeclaradas negras. Essa variabilidade tem sido motivo para diferentes interpretações em diversos estudos (Ananth et al., 2006) e admite-se que os fatores genéticos e epigenéticos passam a ser cada vez mais reconhecidos como os grandes determinantes do parto pré-termo, embora, a magnitude do seu efeito e do seu grau, ainda permaneçam indefinidos (Muglia et al., 2010).

Pesquisas relacionadas aos mecanismos que envolvem a etiopatogenia da prematuridade têm apontado para um entendimento fisiopatológico que, embora multifatorial, convergem para uma via final comum que resulta no TPP sendo os principais

mecanismos envolvidos: (1) ativação precoce do eixo hipotálamo-hipófise-adrenal nos compartimentos materno ou fetal, (2) hemorragia decidual, (3) distensão uterina patológica e (4) amplificada resposta inflamatória frente à infecção. Todos esses processos tem em comum a possibilidade de ativação dos mecanismos que levam à dinâmica uterina precoce, o encurtamento do colo do útero e/ou a rotura das membranas corioamnióticas alterações que, curiosamente, surgem antes mesmo que os primeiros sinais clínicos dessas entidades obstétricas sejam reconhecidas (Moroz et al., 2014).

1.2. Mecanismos fisiopatológicos propostos para o determinismo do Trabalho de Parto Pré-Termo

O mecanismo pelo qual o eixo hipotálamo-hipófise-adrenal é prematuramente sensibilizado para atuar como desencadeador do TPP está vinculado às respostas fisiológicas que partem do compartimento materno e/ou fetal.

Estudos observacionais correlacionam o estresse físico ou mental maternos, incluindo entre estes, a ansiedade e a depressão, como de maior risco ao parto pré-termo (Berkowitz et al., 1983; Ding et al., 2014). Outro estudo nesse sentido e de base populacional também evidenciou maior chance de parto pré-termo entre mulheres vítimas de estresse pós-traumático (Lipkind et al., 2010). Admite-se que a ativação do eixo hipotálamo-hipófise-adrenal desencadeie uma cascata de reações neuroendócrinas envolvendo o aumento e liberação do hormônio corticotrófico placentário (McLean et al., 1995; Korebrits et al., 1998), como também, a liberação do hormônio adrenocorticotrófico pela hipófise fetal que, atuando ambos na placenta, elevam as concentrações de estrogênios placentários e prostaglandinas, ativadores primordiais das contrações miométriais que precipitam o início do trabalho de parto (Challis et al., 1989).

A associação de hemorragia de origem genital e elevado risco de TPP e RPM-PT já está bem documentada (Harger et al., 1990, Salafia et al., 1995). O sangramento imotivado procedente da decídua (descolamento da placenta) é consequência de vasos sanguíneos

danificados e apresenta-se clinicamente como hemorragia vaginal ou hematoma retroplacentário configurando um dado preditivo de risco que pode ser observado desde o primeiro trimestre gestacional (Buhimschi et al., 2010).

A elevada concentração do fator de coagulação tecidual, presente no hematoma retrodecidual, é responsável pela ativação de uma sequência de vias metabólicas da coagulação que resultam na formação de trombina. A trombina, por sua vez, para além das suas propriedades hemostáticas, liga-se a receptores de proteases que regulam a expressão de enzimas, tais como as metaloproteinases, que degradam o colágeno das membranas e favorecem a RPM-PT e consequente nascimento pré-termo (Rosen et al., 2002). Da mesma forma, atribui-se à trombina sua interação com a inibição dos receptores de progesterona fazendo diminuir sua produção e sensibilidade pelas células deciduais e assim permitir a instalação do TPP em função do desequilíbrio hormonal instalado (Goldenberg et al., 2008; Lockwood et al., 2012; Norwitz et al., 2007).

A gestação múltipla, o polidrâmnio e outras formas de distensão uterina excessiva também são fatores de risco bem reconhecidos para o TPP. A sobredistensão miometrial induz à formação de junções do tipo *gap*, à super expressão de receptores de ocitocina, à maior produção de prostaglandina E2 e F2 e à quebra da cadeia leve de miosina. Estes fenômenos representam eventos críticos para o início das contrações uterinas e dilatação cervical (Ou et al., 1997; Word et al., 1993). Da mesma forma, a distensão miometrial também está relacionada ao aumento da expressão de genes que resultam na ativação das vias inflamatórias e da colagenólise (Sooranna et al., 2005), assim como, a própria distensão volumétrica fetal pode contribuir para a sensibilização do miométrio através da liberação de citocinas, prostaglandinas e colagenases produzidas a partir do excessivo estiramento das próprias membranas fetais (Maradny et al., 1996; Nemeth et al., 2000).

A participação do mecanismo inflamatório na etiopatogenia do parto pré-termo, apesar de fortes evidências, ainda se constitui em matéria constante de investigação, uma vez que, as respostas inflamatórias envolvem múltiplas vias bioquímicas complexas e multifacetadas. Nesse contexto geral têm-se postulado que as lesões celulares provocadas

pelos mecanismos inflamatórios, oxidativos e apoptose, isoladamente ou interrelacionados, apresentam-se como bons argumentos para a base biomolecular fisiopatológica da prematuridade.

1.3. Aspectos gerais acerca da anatomofisiologia das membranas corioamnióticas e mecanismo inflamatório dos tecidos gestacionais

As membranas corioamnióticas consistem do âmnion e córion interligados pela matriz extracelular (MEC). Trata-se de um tecido de grande resistência, embora flexível, capaz de suportar e adaptar-se ao crescimento progressivo do volume fetal, líquido amniótico, pressão intrauterina e intra-abdominal. Sua integridade é fundamental para a evolução bem-sucedida da gestação e, principalmente, o bem-estar fetal (Hay, 1981).

A composição histológica das membranas corioamnióticas foi descrita como um tecido constituído por cinco camadas (Figura 1). A camada mais interna, o *âmnio*, é banhada pelo líquido amniótico e formada por uma única placa epitelial de células cúbicas derivadas do ectoderma embrionário. Esse epitélio acha-se firmemente conectado à sua *membrana basal* que o separa de uma outra camada, acelular, composta por *colágenos intersticiais* seguida por uma fileira de células mesenquimais, provavelmente fibroblastos derivados do mesoderma do disco embrionário. A camada mais externa do âmnio é uma *zona esponjosa*, também desprovida de células, contígua à segunda membrana fetal que se designa de *córion liso*. (Cunningham et al.,1997).

A capacidade de tensão e flexibilidade das membranas é fornecida pela riqueza de colágenos do tipo I e III, outros tipos menos frequentes, V, VI e VII, além de componentes não-colagenosos da MEC que inclui a elastina, laminina, proteoglicanos, fibronectina, plasminogênio e integrinas (Malak et al.,1993; Bryant-Greenwood, 1998).

O líquido amniótico, contido no interior da cavidade amniótica, tem sua produção desde as primeiras semanas de gestação até por volta da 20^a semana e origina-se, nesse momento, da passagem passiva de um ultrafiltrado do plasma materno (Brace, 1997). A partir de então a diurese e a deglutição fetal representam os mecanismos mais importantes

para sua dinâmica (Wladimiroff et al., 1974) admitindo-se que cerca de 95% do total de líquido amniótico é renovado por dia, notadamente em gestações mais próximas do termo. Sua composição é essencialmente de água (98 – 99%), contendo de 1 a 2% de elementos sólidos representados por substâncias orgânicas e inorgânicas (Brace et al, 1989).

Em um análise mais profunda admite-se que as membranas corioamnióticas não representam apenas uma barreira mecânica para a contenção do líquido amniótico, como se imaginava, mas um componente importante contra a invasão de microrganismos considerando sua ativa participação como elemento de ativação local do sistema imune inato (Romero et al., 2006).

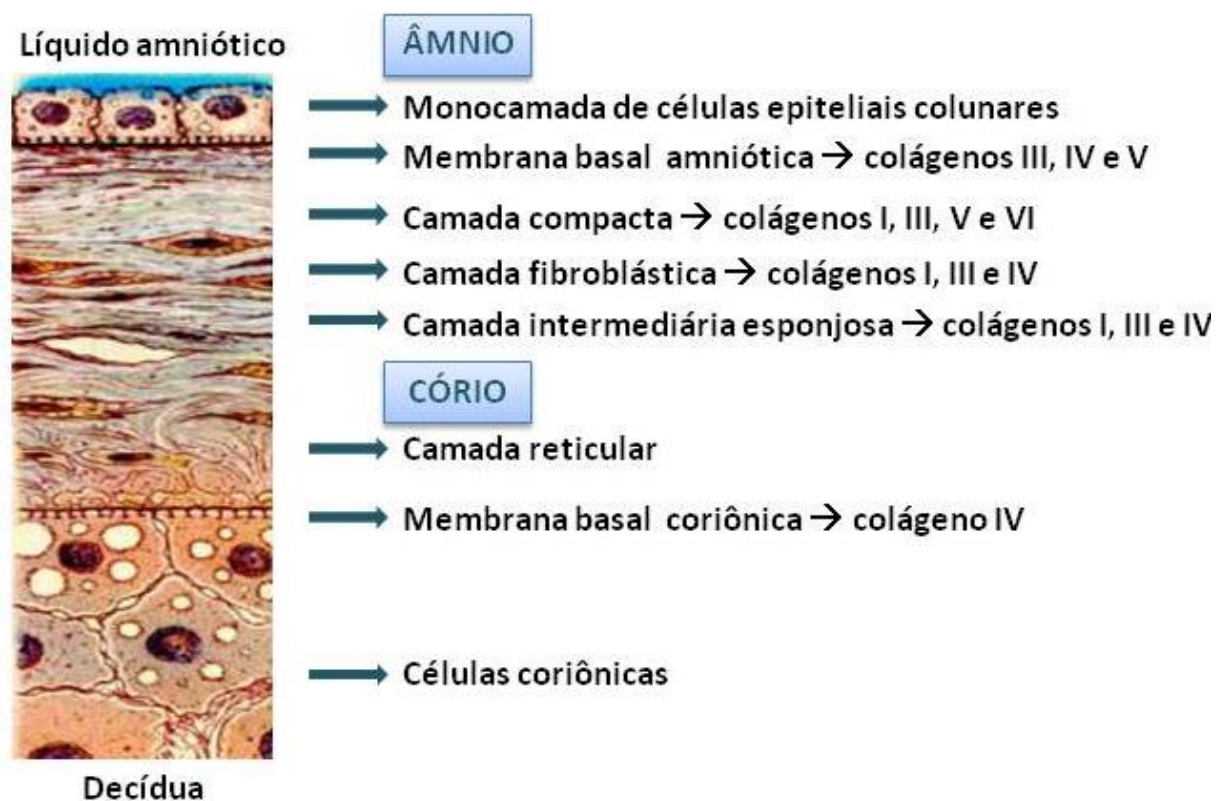


Figura 1. Representação esquemática dos estratos histológicos das membranas corioamnióticas (Parry & Strauss, 1998).

O termo corioamnionite (CAM) ou infecção intra-amniótica (IIA) designa, portanto, o estado no qual é evidenciado um processo inflamatório nos tecidos gestacionais caracterizado pelo comprometimento das membranas corioamnióticas, líquido amniótico, placenta e/ou decídua materna (Arayici et al., 2014). O envolvimento inflamatório do cordão umbilical (artéria, veias umbilicais e a geléia de Wharton) expande o termo para a condição da síndrome de resposta inflamatória fetal (Pacora et al., 2002). Essa definição, em especial a primeira, é, na revisão da literatura, inconsistente, não só para os conceitos clínicos como também para os princípios epidemiológicos, uma vez que, não contribui para o entendimento claro das relações entre a CAM e os desfechos obstétricos (Ericson et al., 2015).

A mais rigorosa definição de CAM é a de uma inflamação nas placas coriônicas e amnióticas das membranas confirmadas através do estudo histopatológico das mesmas o que requer a presença de um infiltrado neutrofílico, ou seja, o limite de pelo menos 10 neutrófilos por campo de grande aumento em uma análise de, ao menos, 10 campos (Hillier et al., 1988) (Figura 2). Entretanto, com o propósito de padronizar os critérios diagnósticos, Redline et al. (2003), classificaram as lesões agudas da placenta em duas categorias: aquelas relacionadas à resposta inflamatória materna e aquelas relacionadas ao feto, assim como, procuraram, também, definir os padrões baseados no estadio e grau do processo inflamatório (Redline et al., 2003).

Segundo esses autores, o termo estadio refere-se à progressão do processo inflamatório agudo dos tecidos afetados e o grau procura definir a intensidade dos danos nessa região anatômica. Para os mesmos, no contexto da resposta inflamatória materna, o estadio 1, **subcorionite aguda e/ou corionite aguda precoce**, caracteriza-se pela presença de neutrófilos nos espaços subcoriônico e/ou coriônico; estadio 2, **corioamninite aguda**, pela infiltração dos neutrófilos no tecido conectivo coriônico e/ou placa coriônica e o estadio 3, **corioamnionite necrotizante**, caracterizado pela necrose que atinge o âmnio. Quanto ao grau, estabelece como **leve a moderado** aquele grupamento de neutrófilos que

difusamente se encontram na placa coriônica, córion ou âmnio, enquanto o grau 2, **severo**, refere-se à presença de pelo menos três microabscessos (Redline et al.,2003).

Esses aspectos permitiram observar que os critérios de estadios parecem ter maior valor clínico que as definições de graduação pois foram mais reprodutíveis entre os observadores no sentido de se estabelecer com mais precisão a severidade do processo inflamatório. A esse respeito, Park et al. (2009), relatam, também, que os critérios de localização do infiltrado neutrofílico nas camadas das membranas ovulares estão muito mais relacionados à resposta inflamatória quando associados às concentrações de citocinas encontradas no líquido amniótico (Park et al.,2009).

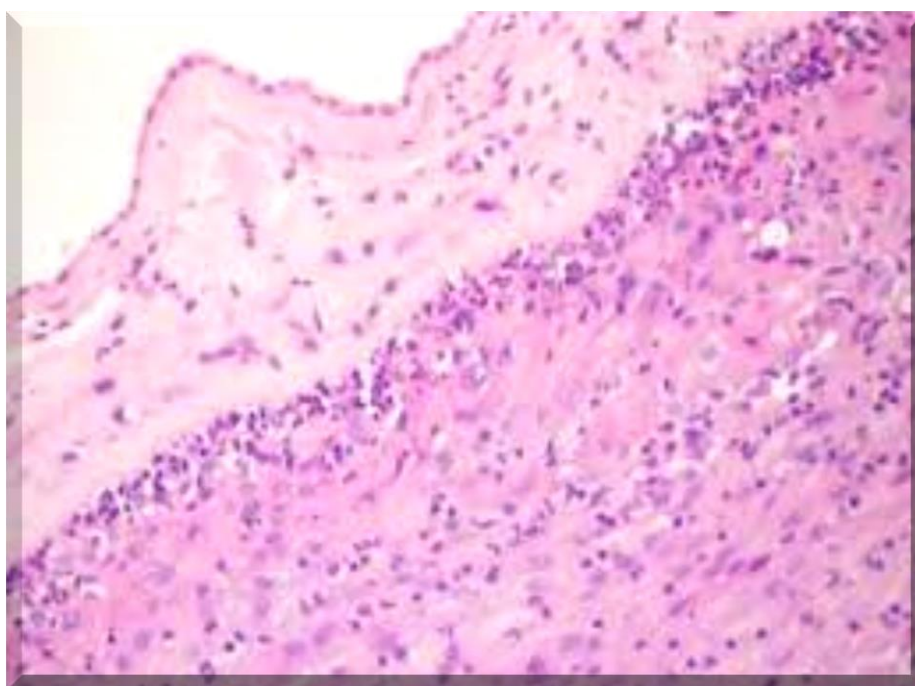


Figura 2. Fotomicrografia das membranas corioamnióticas demonstrando corioamnionite histológica. Evidencia-se epitélio amniótico em monocamada sobre o tecido conjuntivo frouxo avascular e rico infiltrado polimorfonuclear no âmnio e cório. HE. Aumento de 400x.

O mecanismo inflamatório observado no ambiente uterino deve ser compreendido como uma síndrome e, curiosamente, ser interpretado com cautela. O mesmo pode representar um nítido processo de invasão microbiológica, mais comumente compreendido, ou ocorrer em um ambiente de caráter estéril e inflamatório, nesse último caso, com a

ausência de microrganismos demonstráveis e possivelmente induzido por “sinais de perigo” liberados em várias condições fisiopatológicas em que se observa estresse, injúria e/ou morte celular (Romero et al., 2014; Romero et al., 2015).

Os chamados “sinais de perigo”, estudados em pesquisas recentes e que procuram encontrar o elo definitivo envolvendo a etiopatogenia da prematuridade sugerem que os distúrbios maternos da imunidade, inata ou adquirida, estão entre as principais causas de parto pré-termo e englobariam duas condições: aquelas de origem infecciosa e outra ainda não totalmente esclarecida e sem o isolamento específico de agente biológico cujo componente inflamatório provavelmente provém de respostas individuais (Romero et al., 2014).

A esse respeito, Menon (2014), refere-se à intrigante relação entre os processos inflamatórios e os desfechos obstétricos, quer fisiológicos, quer patológicos. Para o autor o trabalho de parto a termo ou mesmo pré-termo tem o envolvimento de mediadores inflamatórios, indicando que, no termo, a manifestação imune-inflamatória parece ser mais restrita e de caráter fisiológico, enquanto que, no nascimento pré-termo, os mecanismos são desencadeados por uma maior atividade inflamatória e de vulto patológico. Essa condição de hiperestimulação inflamatória, observada no parto pré-termo, parece mais relacionada à presença de um estímulo infeccioso como relatado em cerca de 50% dos casos de TPP e, em até, 70% dos casos de RPM-PT (Romero et al., 2006).

Assim, considerando a participação dos agentes biológicos na etiopatogenia da prematuridade admite-se, de forma geral, que a rota da infecção para a cavidade amniótica se dá pela ascensão de bactérias presentes no trato genital inferior, uma vez que, esse sítio anatômico alberga os microrganismos mais envolvidos (Romero et al., 2006). Todavia, apesar de ser a via mais frequente de infecção da cavidade uterina, observa-se que nem todas as gestantes desenvolvem de forma documental a infecção intra-amniótica e essa possível proteção é provavelmente garantida pela presença do muco cervical que se constitui em uma barreira à ascensão dos agentes biológicos durante a gravidez (Hein et al., 2001; Hansen et al., 2014).

Outro dado relevante quanto à etiopatogenia da corioamnionite foi a documentação de que não há, obrigatoriamente, a necessidade da rotura das membranas corioamnióticas para se instalar a infecção intra-amniótica (Galask et al., 1984). A corioamnionite tem sido identificada em casos de trabalho de parto prematuro com membranas íntegras (Combs et al., 2015), em mulheres com insuficiência ístmocervical (Oh et al., 2010), em gestantes portadoras de colo uterino encurtado (Romero et al., 2014; Vaisbuch et al., 2010), em casos de hemorragia genital idiopática da gravidez (Gomez et al., 2005) e na placenta prévia (Madan et al., 2010).

Esses exemplos demonstram de maneira muito particular que os agentes biológicos, em especial as bactérias, podem transpor as membranas corioamnióticas e atingir a cavidade uterina a despeito de sua integridade e, em geral, permitir que se desenvolva nos tecidos gestacionais um ambiente de infecção de forma subclínica (Galask et al., 1984; Gravett et al., 1986; Romero et al., 2001).

Outras possíveis rotas de infecção menos frequentes incluem a via hematogênica ou transplacentária. Essas são decorrentes de infecções maternas sanguíneas que se estendem até os espaços intervilosos da circulação fetal como observado, por exemplo, nos casos das doenças periodontais subclínicas e suas íntimas relações com a prematuridade (Offenbacher et al., 2001; Leon et al., 2007). Outras vias como a infecção retrógrada da pelve e a infecção transuterina, esta última, causada por procedimentos como a amniocentese, são eventos de muito maior raridade (Fahey, 2008).

Os mais frequentes microrganismos encontrados na cavidade amniótica de gestantes com infecção intra-amniótica são *Ureaplasma urealyticum* e *Mycoplasma hominis* e espécies de *Fusobacterium*; ocasionalmente também são encontrados bacilos Gram-negativos, como os do gênero *Bacteroides* e *Prevotella*, ambos presentes na vaginose bacteriana; coliformes como *Escherichia coli* e *Streptococcus* do grupo B (Sperling et al., 1988; Romero et al., 1994; Gibbs et al., 1982), com destaque, nesse cenário, para o core patológico da vaginose bacteriana os quais se instalam nas membranas e invadem a cavidade amniótica proliferando-se no líquido amniótico (Kim et al., 2010). Admite-se, ainda,

que o desequilíbrio da microbiota vaginal, representado pela vaginose bacteriana, possa contribuir para o gatilho da resposta inflamatória caracterizada por maior concentração de interleucinas (IL) -1β , IL-6 e IL-8 e de sialidades que podem representar um fator de maior risco para resultados gestacionais adversos (Ferreira et al., 2015; Discacciati et al., 2011).

A infecção intra-amniótica ou corioamnionite, como já referido, pode, ainda, se apresentar nas condições clínica e histológica. A corioamnionite clínica acomete cerca de 1% a 2% dos partos de termo e 5% a 10% dos partos pré-termo, havendo aumento da sua incidência quando há RPM-PT por tempo prolongado (Gibbs et al., 1991). Seu diagnóstico é geralmente definido pela presença de temperatura $\geq 37,8^{\circ}\text{C}$ e pelo menos dois dos seguintes achados: taquicardia materna (acima de 120 bpm), leucocitose materna (acima de $18.000\text{ células/mm}^3$), presença de sensibilidade uterina, líquido amniótico purulento ou de odor fétido ou taquicardia fetal (acima de 160 bpm) (Ramsey et al., 2005). A forma histológica de corioamnionite tem sido descrita em aproximadamente 20% das gestações de termo e em mais de 50% dos partos pré-termo, sendo que a maioria dos casos não são seguidos de sinais clínicos ou sintomas de infecção (Edwards, 2005; Conti et al., 2015; Newton, 2005; Menon et al., 2010).

Considerando os agentes biológicos como fatores fundamentais na etiopatogenia do parto pré-termo há, nesse sentido, clareza que a resposta inflamatória subsequente é protagonizada pela participação de *Toll-Like Receptors* (TLRs) que merecem destaque devido seu papel crucial contra a invasão microbiana tendo em vista sua capacidade de reconhecer amplo espectro de padrões moleculares (Brodsky et al., 2007; DiGiulio et al., 2008).

O reconhecimento dos Padrões Moleculares Associados à Patógenos (PAMP_s) pelos TLRs ativa diversas vias de sinalização intracelulares que culminam com a ativação de fatores de transcrição responsáveis pela expressão de genes envolvidos nas respostas inflamatórias e antivirais (Anwar et al., 2013; Kawai et al., 2010). Todas essas vias são iniciadas pela interação do TLR com seu ligante específico na superfície da célula ou nos compartimentos celulares o que leva a dimerização dos mesmos. Essa dimerização resulta

na aproximação dos domínios do Receptor Toll / IL-1 (TIR) de um TLR com o domínio TIR do outro. Em seguida são recrutadas moléculas adaptadoras que participam do quimiotaxia de outras proteínas e da ativação de diversas quinases (Abbas et al., 2012). Dentre os fatores de transcrição ativados pelas vias de sinalização dos TLRs destaca-se o Fator Nuclear κ B (NF- κ B), a proteína ativadora 1 (AP-1), o Fator Regulador de Interferon 3 (IRF3) e o Fator Regulador de Interferon 7 (IRF7) (Abbas et al., 2012). A ativação de NF- κ B e AP-1 resulta na produção de citocinas pró-inflamatórias, quimiocinas e moléculas de adesão endotelial, enquanto que a ativação de IRF3 e IRF7 resulta na produção de interferons (IFN) do tipo I (IFN- α e IFN- β), os quais atuam nas respostas anti-virais (Abbas et al., 2012; Murphy et al., 2010).

Essa resposta inflamatória mediada pelos TLRs, é, em última análise, motivada pelo recrutamento de neutrófilos ativados e, em menor grau, por macrófagos e mediadores pró-inflamatórios. Esses mediadores inflamatórios são os responsáveis pela indução da ciclooxigenase-2 (COX-2) nas células do âmnio e decídua, assim como, pela produção de prostaglandinas e metaloproteínases que deflagram as contrações uterinas e fragilizam as membranas corioamnióticas até a sua rotura, respectivamente (Challis et al., 2001).

Entre os diversos mecanismos endógenos de deflagração do nascimento pré-termo, e, em associação aos fatores de risco acima mencionados, vale enfatizar o papel do estresse oxidativo como, também, uma via etiopatogênica envolvida e intrinsecamente relacionada à atividade inflamatória e os resultados gestacionais adversos, notadamente aqueles que se relacionam à prematuridade.

1.4. A formação de radicais livres e o estado de estresse oxidativo

O fornecimento de energia para a célula provém de um complexo mecanismo respiratório com sede na mitocôndria. Durante esse processo são liberados pelo sistema de transferência de elétrons formas reativas de oxigênio que permanecem disponíveis como metabólitos que participam dos mecanismos homeostáticos celulares (Droge, 2002).

As formas reativas de oxigênio, também denominadas de espécies reativas de oxigênio (ERO_s), são radicais livres (RL_s) que possuem um único elétron sem um par correspondente localizado na órbita externa do átomo cuja energia criada é, por essa particular configuração, instável, efêmera e liberada através de reações moleculares subsequentes compartilhadas com outras substâncias químicas, orgânicas e inorgânicas, tais como proteínas, lipídeos – principalmente aquelas moléculas constituintes das membranas celulares – e ácidos nucleicos (Hensley et al., 2000).

As ERO_s são representadas pelo ânion superóxido (O₂⁻), molécula derivada do O₂ após reações enzimáticas oxidativas, que ocorre em diversos segmentos celulares como no retículo endoplasmático, mitocôndrias, membrana citoplasmática, peroxissomos e citosol. Uma vez submetido à reação de dismutação pela enzima superóxido dismutase o O₂⁻ é convertido em peróxido de hidrogênio (H₂O₂) que, na presença de cofatores como o Cu²⁺ / Fe²⁺, pode ser catalisado para a formação do radical hidroxila (OH[•]), um segundo e potente mediador de reações oxidativas (Beckman et al., 1990; Mouithys-Mickalad et al., 1999).

Outra importante fonte de liberação de radicais livres são aqueles derivados do óxido nítrico, também conhecido como fator de relaxamento derivado do endotélio, cuja finalidade é regular o fluxo sanguíneo e inibir a agregação das plaquetas e das células brancas no contato com a parede vascular (Webster et al., 2008). A ação pró-oxidante do óxido nítrico é atribuída a reações intermediárias que envolvem o nitrogênio e que, ao reagir com o O₂⁻, formam o peroxinitrito (ONOO[•]). Ambos possuem um elétron não compartilhado o que os torna um radical livre altamente reativo capaz de danificar macromoléculas e, em conjunto com outros mediadores inflamatórios, lesionar a célula (Vega et al., 1998; Rosselli et al., 1998).

O peroxinitrito é um potente oxidante para a maioria das moléculas e por sua capacidade de rápida difusão transforma-se em outros radicais livres como: radical hidroxil (OH[•]) e radical nitro (NO₂[•]), resíduos responsáveis pelos fenômenos de hidroxilação e nitração, respectivamente (Mouithys-Mickalad et al., 1999).

Da mesma forma que EROs, as espécies reativas de nitrogênio (ERNs) têm sido associadas a condições patológicas como aquelas derivadas dos fenômenos de isquemia/reperfusão, choque séptico e aterosclerose (Reynaert et al.,2005; Schrier et al., 2004), bem como aos processos que envolvem o sistema imune envolvendo os monócitos, macrófagos e lipopolissacarídeos tendo como resposta a produção de citocinas pró-inflamatórias (Rosselli et al.,1998; Osborn et al.,2002).

Em contrapartida à produção dos radicais livres, fisiologicamente produzidos pelo organismo humano e, particularmente presentes no período gestacional, as células procuram manter um balanço estável entre os mesmos e os mecanismos antioxidantes (Agarwalet al., 2012) representados em três níveis distintos de atividade: (a) prevenção na formação de RL_s (b) eliminação de RL_s formados e (c) reparo de moléculas danificadas pelas RL_s (Sies, 1993). Nesse contexto e, em condições de homeostase, o compartimento intracelular disponibiliza moléculas com capacidades redutoras ou antioxidantes.

É importante salientar que em concentrações aceitáveis os radicais livres, produzidos nas reações fisiológicas, frequentemente participam dos sistemas biológicos e são importantes para a divisão e sobrevivência celular, e, são, ainda, mediadores moleculares de sinalização para os processos inflamatórios, para ativação da autoimunidade, da autofagia, da apoptose e resposta ao estresse (Sies, 1991).

A mensuração, *in vivo*, dos radicais livres é possível embora esteja sujeita a dificuldades de detecção em função da presença de artefatos metodológicos. Em geral, procura-se analisar aqueles onde, na sua estrutura molecular, acha-se disponível a presença de um elétron livre, altamente reativo, obtendo-se, assim, o intuito de aumentar a sensibilidade do método (Valgimigli et al.,2001).

Entre os biomarcadores do estresse oxidativo, universalmente utilizados, pode-se citar os produtos da peroxidação lipídica como o malondialdeído (MDA), um dialdeído formado a partir da oxidação dos ácidos graxos poliinsaturados que, entre eles, destaca-se, o ácido araquidônico cujo subproduto é detectado como um dos reagentes do ácido

tiobarbitúrico (TBAR) (Lima et al., 2001). Pode-se, ainda, pesquisar o biomarcador 3-nitrotirosina (3-NT), um subproduto do dano oxidativo ocasionado pela nitração das proteínas a partir do peroxinitrito (Myatt, 2010) e, por fim, a detecção do dano oxidativo ao ácido desoxirribonucléico (DNA) que pode ser revelado por alterações na estrutura de suas bases nitrogenadas, em especial a guanina, pela medida dos níveis de 8-hidroxi-2'-deoxiguanosina (8-OHdG) (Menon, 2014).

Vale ressaltar que estes marcadores não são específicos para a atividade de uma ERO_s ou ERN_s em particular, assim como, não o são para o tecido no qual presume-se que esteja ocorrendo o estresse oxidativo. Assim sendo, a mensuração de múltiplos marcadores torna ainda mais específica a presença da lesão oxidativa e, idealmente, devem ser analisados no tecido ou líquido supostamente submetido às agressões bioquímicas (Henrotin et al., 2009).

1.5. O estresse oxidativo e sua participação no trabalho de parto prematuro e na rotura prematura das membranas pré-termo

Estudos recentes têm atribuído ao estresse oxidativo uma participação importante nos processos relacionados à reprodução, quer fisiológicos, quer patológicos, como por exemplo, sua interação no fenômeno de deflagração do trabalho de parto por ocasião do termo da gestação, ou, sua participação nos mecanismos etiopatogênicos da pré-eclâmpsia, aborto de repetição e prematuridade (Agarwal et al., 2005; Hung et al., 2010; Chai et al., 2012). No campo da prematuridade, os estudos relacionam o estresse oxidativo aos mecanismos inflamatórios como componentes inseparáveis e, embora, presentes em patologias distintas eles parecem ter papéis importantes como vias efetoras que convergem para a deflagração do nascimento pré-termo (Menon, 2014).

Nesse sentido, a gestação, pelas suas peculiaridades, transforma-se em um ambiente propício ao desequilíbrio entre a produção e controle dos radicais livres. Os tecidos gestacionais, uma vez submetidos a uma maior concentração de RL_s, podem sofrer

as consequências do dano oxidativo que, em conjunto com a exacerbação da atividade inflamatória, dá origem a um ciclo vicioso com características potencialmente patológicas. A possibilidade de dano celular oxidativo se manifesta em todos os componentes celulares, porém o DNA é um dos alvos críticos para onde se dirigem os RL_s. Essa lesão se dá em consequência da íntima relação deles com cadeia respiratória mitocondrial e, em grande parte, ao bloqueio da enzima aconitase, proteína mitocondrial que participa das reações entre o Fe²⁺ e H₂O₂, moléculas fundamental para a ativação das reações de Fenton e Haber-Weiss, suscitando, assim, a formação de radicais hidroxila que, como um metabólito, são capazes de fomentar a nitração das proteínas mitocondriais, gerar a oxidação do DNA nuclear, desencadear alterações estruturais no telômero e amplificar a produção de O₂⁻ mantendo, assim, a continuidade do estresse oxidativo (Orrenius et al.,2011).

O dano ao DNA se caracteriza, molecularmente, por quebras em suas cadeias simples ou duplas, trocas entre cromátides irmãs, reticulação do DNA ou mesmo modificações nas bases nitrogenadas (Richter et al., 1988; Fraga et al.,1990). Entre estas, a base mais suscetível a alterações induzidas pelos RL_s, é a guanina, cujo produto de oxidação é representado pelo metabólito 8-OHdG que, em elevadas concentrações, indica claramente um processo patológico (Subash et al.,2010).

De forma semelhante os RL_s podem ter como alvo as membranas fosfolipídicas e nelas determinar importantes modificações estruturais. Para alguns autores, representa o evento citotóxico primário em função da capacidade dos mesmos em reagir com os ácidos graxos poliinsaturados permitindo o processo de peroxidação lipídica representando um fator desencadeador da falência dos mecanismos de troca dos metabólitos, do desequilíbrio dos nutrientes celulares e da clivagem das cadeias do próprio DNA que, em situações extremas de grande duração e extensão no processo de oxidação, culminam com a morte celular (Benzie, 1996).

Entretanto, o mecanismo de estresse oxidativo extrapola o nível intracelular e se estende ao meio extracelular proporcionando a desestruturação dos componentes da matriz extracelular dirigindo-se aos proteoglicanos, ao colágeno e à elastina contribuindo, nesse

ambiente, para os fenômenos que culminam com o nascimento pré-termo (Lima et al., 2001).

1.6. Fundamentos básicos dos mecanismos ativadores da apoptose nos tecidos gestacionais

Envelhecimento celular e apoptose, embora com algumas semelhanças, caracterizam-se como fenômenos distintos que se encontram presentes nos processos patológicos da prematuridade. O conceito de senescência é um fenômeno que pressupõe uma associação entre a necessária parada do processo de divisão celular com uma atividade inflamatória subsequente (Menon, 2014). Apoptose, ao contrário, é um fenômeno de morte celular programada em que, pela sua rápida progressão, não há, por parte do hospedeiro, a concomitância de atividade inflamatória (Kumar et al., 2012).

Polettini et al. (2015), referem-se ao tema admitindo que o envelhecimento dos tecidos placentários pode ter um papel importante nos resultados adversos da gestação permanecendo, porém, a dúvida de como interpretá-los no contexto dos mecanismos da prematuridade, se como eventos dependentes ou apenas interrelacionados.

Assim sendo, estudos indicam que o processo de envelhecimento celular pode, principalmente em condições de estresse oxidativo crônico, desencadear efeitos adversos como a incapacidade de regeneração tecidual e a liberação de moléculas bioativas, incluindo, entre estas, radicais livres, citocinas pró-inflamatórias, quimiocinas, eicosanóides, metaloproteinases e fatores como os de crescimento e angiogênicos. Esses elementos em conjunto compreendem o que atualmente se denomina como fenótipo secretor associado à senescência (Correia-Melo et al., 2014).

Na tentativa de elucidar os mecanismos que envolvem esse fenômeno foi possível determinar, *in vitro*, que células expostas a um fator reconhecidamente relacionado ao estresse oxidativo, como os resíduos do fumo, podem provocar dano oxidativo celular, em especial ao DNA, e interferir na fisiologia dos telômeros proporcionando seu encurtamento e consequentemente um fenótipo de senescência (Menon, 2014; Menon et al., 2012). O

encurtamento observado nos telômeros é consequência da perda dos fatores protetores do cromossomo (de Lange, 2002) e/ou motivado por danos focais ao DNA, em geral, relacionados à persistência do agente indutor (Correia-Melo et al., 2014). Outro aspecto curioso das pesquisas relacionadas ao envelhecimento celular é que, após exposição das células às substâncias derivadas do fumo, houve a ativação das proteinoquinas, especificamente a p38 proteinoquinase ativada por mitógenos (p38 MAPK), que, uma vez fosforilada em seus receptores específicos, promove também o bloqueio do ciclo celular (Brancho et al., 2003).

Neste contexto, baseado nas pesquisas que reconheceram as vias metabólicas da senescência celular, os autores propõem que a presença do processo inflamatório, observado nas condições de prematuridade, não é exclusivamente fruto da migração de fagócitos mas decorrentes do estresse oxidativo como um desencadeador do processo de envelhecimento placentário relacionado à ativação do chamado fenótipo secretor associado à senescência cujas manifestações se traduzem pela marcante ação inflamatória em concomitância com metabólitos procedentes do próprio dano oxidativo.

Em outro contexto, pesquisas têm procurado definir o papel da apoptose no mecanismo etiopatogênico da prematuridade. Múltiplas vias estão sendo estudadas nesse sentido e, isoladamente ou em sinergismo, parecem confluir para o desfecho da morte celular. O que há de comum entre elas é a participação da proteína p53. Molécula codificada por um gene situado no cromossomo de número 17, o qual leva o mesmo nome (gene *p53*) em consequência de seu peso molecular de 53 kDa, cuja principal função está relacionada à preservação da integridade do código genético em cada célula, ou seja, à manutenção da mesma sequência de nucleotídeos ao longo de toda a molécula de DNA igualmente presente em cada célula do organismo humano (Pinho, 2000; Irwin et al., 2001).

Durante o ciclo de divisão celular a proteína p53 é responsável por uma verificação quanto à eventual ocorrência de mutação na sequência do código genético. Caso seja verificada a existência de mutação, é função da proteína p53, o desdobramento de uma cascata de reações com o intuito de impedir que essa célula entre em processo de mitose e

complete a divisão celular (Vousden et al.,2002). Na vigência de um dano recorrente ao DNA, processos inflamatórios ou mesmo fatores ainda desconhecidos (Fortunato et al., 2001), múltiplas vias relacionadas à apoptose são ativadas e entre elas citam-se: (1) aquelas relacionadas ao mecanismo de reparo do DNA, (2) aquelas decorrentes da fragmentação do DNA, (3) aquelas subsequente à ativação do complexo entre o fator de necrose tumoral- α e o seu receptor ligante Fas (TNF- α – FasL), (4) aquela procedente de uma maior expressão de metaloproteinases ou bloqueio do fator tecidual de inibição de metaloproteínaes.

Uma dessas vias reporta-se ao contínuo mecanismo de reparo do DNA, notadamente à base nucleotídica guanina, subsequente à agressão gerada pelos radicais livres. O estresse oxidativo, não controlado pelos mecanismos antioxidantes, pode desencadear reações moleculares como determinar a conjugação das proteínas 8-Oxoguanina glicosilase (OGG1) ao radical livre 8-OHdG formando o complexo enzimático OGG1:8-OHdG. Esse complexo tem por característica ativar a enzima trifosfato guanosina hidroxilase (Ras-GTPase) que estimula a transcrição da proteína p53 resultando na apoptose das células coroamnióticas como descrito por Menon (2014) e Klungand et al (2017) e tendo como desfecho subsequente RPM-PT (Menon, 2014; Klungand et al., 2007).

Dando continuidade aos eventos que se seguem à incapacidade de reparo do DNA e à sua fragmentação ocorre a ativação da proteína p53 responsável pela expressão das proteínas *bax* e *Bcl-2*. Essas proteínas em condições de homeostase acham-se em equilíbrio numa proporção de 1:1 e são responsáveis, respectivamente, em promover a apoptose e a proliferação celular (Reed, 1994).

Na condição de superexpressão da proteína *bax*, pela maior concentração de p53, dá-se início aos mecanismos de desestruturação da membrana mitocondrial e posterior liberação do citocromo C permitindo, assim, a conversão da pró-caspase 9 para sua forma ativa e subsequente cascata de caspases efetoras (caspases 2, 3, 6 e 7), também relacionadas à apoptose. Uma maior expressão da proteína p53 pode, ainda, inibir a produção de *Bcl-2*, um agente anti-apoptótico, responsável pela integridade da membrana

mitocondrial e contenção do citocromo C responsável pela cascata de reações bioquímicas descritas anteriormente (Menon et al., 2007).

Outras vias podem, ainda, ser mencionadas e também determinam a apoptose como aquelas que envolvem a interação entre o fator de necrose tumoral- α e o seu receptor ligante Fas (TNF- α – FasL). Essa via dá início a sinais de transdução celular com a formação de outros complexos proteicos como: (a) receptor TNF- α associado ao domínio de morte (TRADD) e (b) Fas associado ao domínio de morte (FADD). Esses complexos se caracterizam por também ativarem as caspases iniciadoras e efetoras da apoptose (Menon et al., 2002; Menon et al., 2007).

A maior concentração da proteína p53 pode, ainda, estar relacionada ao mecanismo que envolve a superexpressão gênica de metaloproteinases, em especial a MMP-2, assim como, o bloqueio do fator tecidual inibidor de metaloproteinases (TIMP). Essa combinação de eventos culmina com a modificação estrutural dos tecidos gestacionais e a deflagração do parto no termo, em especial, na RPM-PT e no TPP (Fortunato et al., 2000).

Busca-se, nessa revisão de literatura, compreender os múltiplos mecanismos envolvidos na etiopatogenia e fisiopatologia da prematuridade admitindo que esses fenômenos fisiológicos, permanecendo sob controle homeostático, participam do curso bem-sucedido da gestação e que uma possível interferência de fatores intrínsecos ou extrínsecos ao ambiente humano parecem transformá-los em gatilhos importantes para o desequilíbrio dos mesmos e permitir suas participações em resultados gestacionais adversos.

Justificativa

2. Considerando que o parto pré-termo:

1. Apresenta-se como um problema médico, social e humano que tem elevada taxa de incidência global oscilando entre 5 – 18% e com prevalência estável ao longo de décadas;
2. Que seu entendimento etiopatogênico e fisiopatológico ainda não se encontra totalmente esclarecido e que múltiplos mecanismos estão implicados na sua gênese;
3. Que, entre esses mecanismos, os processos inflamatórios dos tecidos gestacionais estão possivelmente implicados nos resultados perinatais adversos;
4. Que outros mecanismos como o estresse oxidativo e a apoptose aparecem como possíveis fatores interrelacionados;

Propusemos-nos a avaliar mecanismos fisiopatológicos relacionados ao parto pré-termo, incluindo a análise do dano de DNA em membranas corioamnióticas de gestações complicadas por prematuridade, a relação existente entre o dano ao DNA, a corioamnionite histológica e a prevalência da apoptose e finalmente a análise da associação de resultados adversos neonatais e corioamnionite histológica na vigência de prematuridade.

Objetivos

3. Objetivo Geral

O objetivo desse estudo é analisar os mecanismos fisiopatológicos relacionados ao parto pré-termo espontâneo: corioamnionite histológica, estresse oxidativo, apoptose e a associação entre a corioamnionite histológica e resultados neonatais adversos.

3.1. Objetivos específicos

3.1.1. Avaliar os níveis de 8-oxo-2'-deoxiguanosina (8-OHdG) em membranas corioamnióticas de gestações à termo e naquelas complicadas pelo nascimento pré-termo espontâneo incluindo, entre estes, aqueles vinculados ao Trabalho de Parto Prematuro com membranas íntegras e a Rotura Prematura de Membranas Pré-Termo;

3.1.2. Analisar a ocorrência da expressão da proteína p53 em membranas corioamnióticas de gestações pré-termo e sua associação com os níveis de 8-OHdG e a presença de corioamnionite histológica;

3.1.3. Analisar os resultados neonatais adversos em gestações pré-termo associados à corioamnionite histológica.

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8-OXO-2'-DEOXYGUANOSINE LEVELS IN AMNIOCHORION MEMBRANES FROM PREGNANCIES COMPLICATED BY PREMATUREITY

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ABSTRACT

Objective: To evaluate the levels of 8-oxo-2'-deoxyguanosine (8-OHdG) in amniochorion membranes from pregnancies complicated by prematurity. **Methods:** In this cross-sectional study, were enrolled 31 with Preterm Labor and intact membranes (PTL) and 35 with Premature Rupture of Preterm Ovular Membranes (pPROM) who presented preterm delivery. As control group was included 37 pregnant women that delivery at term. Amniochorion membranes were collected and total DNA extraction was performed by ILLUSTRA tissue & cells genomic-Prep Mini Spin Kit and 8-OHdG levels were measured by an ELISA Highy Sensitive 8-OHdG Check kit. The distribution of the data was checked by Kolmogorov-Smirnov normality test and comparisons between the groups were performed using non-parametric Mann-Whitney and Kruskal-Wallis tests. Statistical significance was considered at $p < 0.05$ **Results:** Regarding to data, only gestational age at delivery and newborn weight at birth were statistically higher in term group when compared to PTL and pPROM groups. 8-OHdG levels in amniochorion membranes of term group (2,90 ng/mL [1,54 – 4.06]) were significantly higher than preterm labor group (0,61 ng/mL [0,37 – 0,92]) ($p < 0.001$). 8-OHdG levels were also higher in term group than in PTL (0,71 ng/mL [0,40 – 1,47]) or pPROM groups (0,53 ng/mL [0,37 – 0,71]) ($p < 0.001$). **Conclusion:** Our data reinforces that oxidative damage are present at term pregnancies as physiologic process of amnionchorion aging.

Keywords: 8-OHdG, Preterm Labor, Preterm Premature Rupture of Membranes.

INTRODUCTION

Reactive Oxygen Species (ROS) are generated as metabolites of cellular respiration¹ and participate in several functions such as cellular signaling², defense against pathogens³, activation of transcription factors and cell reproduction⁴. Elevated ROS levels may cause extensive oxidative lipids, protein and DNA damage². Oxidative stress is referred to as an imbalance between the generation of ROS and their clearance by defensive antioxidants⁵.

During pregnancy, the multiple changes that occur in maternal organism culminate in an increase in the baseline level of oxygen, which characterizes the gestational period as susceptible to oxidative stress⁶. Although the fetoplacental unit generates abundant antioxidants in order to keep the oxidative stress under control, the increase of ROS during the gestational period has been associated with several complications in pregnancy as preeclampsia⁷ first-trimester spontaneous abortion^{8,9} and premature rupture of preterm ovular membranes (pPROM)¹⁰.

Oxidation caused by high levels of ROS can lead to cell genotoxicity and genomic instability¹¹. Guanine-rich sequences, such as the telomere sequence, present a higher reactivity compared to those who have a single guanine¹². Telomere sequence consists in a repetition of six nucleotides (TTAGGG) what makes this region more susceptible to oxidative stress than the rest of the genome¹³. Among the multiple lesions caused by ROS that may occur in the telomere region, 8-hydroxylation of guanine is one of the most common¹⁴ causing a transverse mutation exchanging GC for TA. Accumulation of DNA single strand breaks in the region of the telomeres occurs when the lesion 8-oxoG is not safe repaired by the 8-oxoguanine glycosylase (OGG1) leading to its shortening and senescence¹⁵. In pregnancy, lower levels of gene and protein expression of OGG1 were found in fetal membranes from pPROM cases in comparison to spontaneous preterm birth (PTB)¹⁶.

It has been established that cases of pPROM has a similar outcome to the parturient at term, especially in regard to factors such as degradation of membranes, apoptosis and signs of oxidative damage^{17,18,19}. Oxidative damage may cause either direct effects in the

mechanisms of birth and the rupture of the membranes or indirect effects in the inflammatory mediators.

Elevated ROS levels in amnion cells may induce PTB and pPROM via senescence associated secretory phenotype (SASP)²⁰, a phenotype that has the capacity of turn senescent cells in proinflammatory cells¹¹.

Telomere shortening caused by 8-hydroxylation of guanine can lead to cellular senescence of membranes and eventual rupture. Larger telomeres in cases of PTB when compared with cases of pPROM and parturient at term sustained this affirmation¹⁷.

Therefore, considering a possible correlation between oxidative stress and adverse gestational outcomes, the aim of this study was to evaluate the levels of 8-oxo-2'-deoxyguanosine (8-OHdG) in amniochorion membranes from pregnancies complicated by prematurity, including PTB in labor (PTL) and pPROM.

MATERIAL AND METHODS

Study population

A cross-sectional study was conducted in the Obstetrics Unit of the Lauro Wanderley Hospital, Federal University of Paraíba (UFPB), João Pessoa, Paraíba State, Brazil and in Botucatu Medical School, São Paulo State University, UNESP. A total of 103 pregnant women participated in this study. The 66 women that delivered preterm, including 31 PTL with intact membranes and 35 pPROM were recruited for this study between January 2014 and December 2015. As a control group, 37 healthy pregnant women that delivered at term were included. Women were eligible if they were having a singleton term and uneventful pregnancy defined as being free from any chronic or gestational medical conditions, including any condition that would require activity restrictions, intact membranes and irrelevant obstetric history.

Gestational age was calculated from the first day of last menstrual period and/or by first-trimester ultrasound examination. Clinical diagnoses of PTL were made with the

following criteria: Uterine contractions of the frequency ≥ 4 per 20 minutes, cervical dilatation of at least 1 cm and cervical ripening (21). Rupture of fetal membranes was confirmed with vaginal discharge pH ≥ 7 and/or positive result of Amni Sure test²².

Exclusion criteria for the groups were pregnant women with BMI < 25 kg/m², preeclampsia, HELLP syndrome, gestational diabetes, hypertension, multiple pregnancies, cervical isthmus incompetence, placenta previa, placental abruption, RH-incompatibility, oligamnios or polyhydramnios, intrauterine growth restriction, malformation or fetal deaths, systemic infection, thyroid disease, HIV infection and drug users.

The research project was approved by the Ethics Committee in Research of UFPB (Protocol: 1.806.905) and written informed consent was obtained from all the participants.

Measurement of 8-OHdG levels

Amniochorion membranes were collected in sterile conditions after placenta expelling and immediately frozen in liquid nitrogen and stored at -80°C until processing.

Total DNA extraction was performed with ILLUSTRATE tissue & cells genomic-Prep Mini Spin Kit (GE Healthcare, Little Chalfont, UK), in accordance with manufactured instructions. DNA samples were denatured at 95°C for 3 minutes in ThermoMixer Comfort (Eppendorf, Hamburg, Germany). The total extracted DNA was quantified in the spectrophotometer absorbance of 260nm and purity was determined by the ratio of the absorbance 260nm/absorbance 280nm (A_{260}/A_{280}). Reasons higher than 1.75 were considered acceptable. Samples had DNA concentrations adjusted to 50ng/ μL .

For the enzymatic digestion of DNA were added 2.5 μL of sodium acetate (20 mM), followed by the addition of 1.5 units of nuclease P1 (USBiological, Salem, USA) in each sample. The samples were incubated at 37°C for 30 minutes in ThermoMixer Comfort (Eppendorf, Hamburg, Germany). After that, it was added 0.5 unit of alkaline phosphatase (Thermo Scientific, Massachusetts, USA) and the samples were incubated at 37°C for 10 minutes in ThermoMixer Comfort (Eppendorf, Hamburg, Germany). The hydrolysates were

filtered through Millipore Microcon YM 10 columns (Millipore, Massachusetts, USA) for 10 minutes at 14000 RPM to remove enzymes and other macromolecules.

8-OHdG levels were measured by an ELISA Highly Sensitive 8-OHdG Check kit (JalCA, Shizuoka, Japan), according to the manufacturer's instructions. A volume of 50µL 8-OHdG standard was used for the assay. A standard curve was obtained in parallel to each assay and the absorbance results were converted to ng/mL. At the end of reaction, the absorbance was read spectrophotometrically at 450nm in an automatic ELISA reader (Biotek Instruments Inc, Winooski, USA) and the concentration of 8-OHdG in each sample were determined by comparison against a standard curve. All the samples were tested in duplicate. The minimum detectable 8-OHdG level for assays was 0.031ng/mL.

Statistical Analysis

The Kolmogorov-Smirnov test was used to check the normality of the data. Regarding sociodemographic and obstetrics variables, ethnicity was compared among the groups using Fisher's Exact Test, while the variable maternal age was compared by the ANOVA. The variables gestational age at delivery and newborn weight were compared among PTL, pPROM and term groups using Kruskal-Wallis test.

Regarding to 8-OHdG levels, comparison between preterm group and term group were made using Mann-Whitney test. Comparison of 8-OHdG levels among PTL, pPROM and term groups were made using Kruskal-Wallis test. Statistical analysis were conducted using statistical software SigmaStat 3.5 and statistical significance was considered at $p < 0.05$.

RESULTS

Sociodemographic characteristics of the pregnant women included in the study are presented in Table 1. There were no statistical differences in maternal age, ethnicity and parity among the groups. As expected due to the study design, gestational age at delivery ($p < 0.001$) and newborn weight ($p < 0.001$) were statistically higher in term group when compared to PTL and pPROM groups.

Table 1. Characteristics of the pregnant women included in the study.

Characteristics		Term (n=37)	PTL (n=31)	pPROM (n=35)	p-value
Maternal age (years)*		23.650 ± 6,604a	24.35±6,002a	26.1 ± 6,703a	NS
Ethnicity	White	15% (3/20)a	30% (6/20)a	30% (6/20)a	NS
	Non-White	85% (17/20)a	70% (14/20)a	70% (14/20)a	NS
Gestational age at delivery (days)		273 (259-294)a	240.5 (165-256)b	245 (179-252)b	<0.001
Parity	=1	40%(8/20)a	40% (8/20)a	35% (7/20)a	NS
	>1	60(12/20)a	60% (12/20)a	65% (13/20)a	NS
Newborn weight (grams) **		3257.5 (2825-3600)a	2272.5 (630-3085)b	2305 (740-2980)b	<0.001

* values expressed as mean ± SD

* *values expressed as median (min/max)

NS: Not significant

Regarding 8-OHdG, the term group (2,90 ng/mL [1,54 – 4.06]) amniochorion membranes exhibited significantly higher levels than preterm group (0,61 ng/mL [0,37 – 0,92]) ($p<0.0001$). Similarly, 8-OHdG levels in term group were higher than in PTL (0,71 ng/mL [0,40 – 1,47]) ($p<0.0001$) and pPROM groups (0,53 ng/mL [0,37 – 0,71]) ($p<0.0001$) (Figure 1).

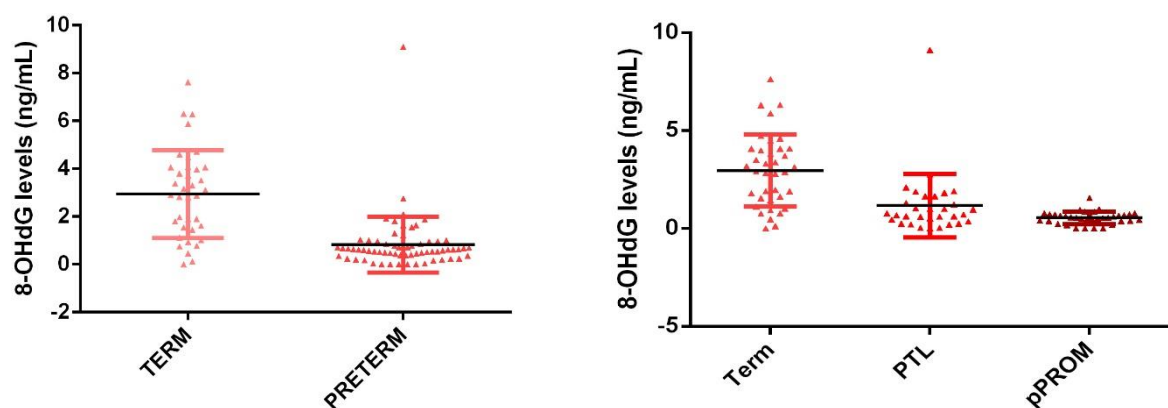


Fig 1. (A) 8-OHdG levels in amniochorion membranes from term and preterm groups. * Mann-Whitney test. $p<0.001$. **(B)** 8-OHdG levels in amniochorion membranes from term, preterm labor with intact membranes (PTL) and premature rupture of preterm ovular membranes (pPROM). **Kruskal-Wallis test. $p<0.001$.

DISCUSSION

Given the considerable burden imposed by prematurity on the maternal-fetal health, a great deal of research has been conducted to understand the mechanisms and the risk factors that are involved in preterm delivery.

There are many explanations for the ROS contribution in cases of preterm birth such as upregulation of proinflammatory mediators that initiate labor²³ collagen degradation of chorioamniotic membranes resulting in membrane rupture¹⁰ and also nucleotide oxidation leading to senescence and pPROM¹⁸.

Pregnancy outcome of parturient at term and pPROM have similarities such as membrane degradation and rupture before labor, apoptosis and elevated ROS levels^{17,18,19}. Previous research demonstrated shorter telomeres in parturient at term and pPROM when compared with PTB cases^{17,19}. However, there is a lack of solid evidence for the association between placental aging and PTB and/or pPROM due to the scarcity of studies on this topic²⁰.

Contrary to expected, our results demonstrated that 8-OHdG levels in amniochorion membranes from term pregnancies were significantly higher in comparison with pPROM membranes. Similarly, 8-OHdG levels in term group were higher than in PTL membranes.

A possible explanation for lower 8-OHdG levels found in pPROM group when compared with term group may be correlated with the fact that 8-OHdG levels progressively increase as pregnancy progress. The aging of term placental tissues is a physiologic phenomenon. As pregnancy advances, the production of ROS increases due to the higher metabolic demands of the growing fetus and maximum production occurs prior to term delivery^{21,22}. Ferguson et al.²³ measure 8-OHdG levels in urine of pregnancy woman at 10, 18, 26 and 35 weeks and verify that they increased in a quadratic form according with the progress of pregnancy.

Another point to consider is the concept of sterile inflammation has recently arise in the pregnancy context. One third of pPROM pregnancies present sterile intra-amniotic

inflammation²⁴evidencing that microbialintraamniotic infection is not the only source of inflammation. In this line, Behnia et al.²⁵have suggested two independently pathways for prematurity considering the presence of infection or oxidative stress.In this work, the authors demonstrated NF- κ B activation, apoptosis and minimal DNA damage of amnion cells after LPS-stimulation, mimicking intraamniotic infection. On the other hand, cigarette smoke extract mimicking oxidative stress has driven generation of 8-OHdG, telomere attrition and sterile inflammation. In accordance, maternal smoking increases the level of the oxidative DNA damage biomarker 8-OHdG in umbilical cord²⁶.Therefore, a limitation of this study is that we did not consider the histologic chorioamnionitis status in preterm membranes, a well-document feature of intraamniotic infection.Seventy per cent of our preterm samples presented chorioamnionitis, which may have influenced our results. The subgroup analysis was not feasible as the sample size is limited.

Further studies evaluating combined comparison of 8-OHdG levels, biomarkers of senescence and proinflammatory mediators throughout the last weeks of pregnancy and considering the histologic chorioamnionitis status are necessary to better understanding of the possible correlation between 8-OHdG levels and preterm delivery.

CONCLUSION

Present data show that 8-OHdG are higher in parturient at term than women with pregnancies complicated by PTL or pPROM. It reinforces that oxidative damage are present at term pregnancies as physiologic process of amnionchorion aging.

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**p53 PROTEIN EXPRESSION IN AMNIOCHORION MEMBRANES: ASSOCIATION
BETWEEN HISTOLOGIC CHORIOAMNIONITIS, OXIDATIVE STRESS, AND
PRETERM BIRTH**

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ABSTRACT

Introduction: Etiology of preterm delivery is not fully understood and preterm birth remains responsible for the high rates of perinatal morbidity and mortality. Infection of the amniotic cavity and chorioamnionitis, are certainly the most studied mechanisms, being manifested by an excessive production of inflammatory mediators. Other mechanisms, such as oxidative stress and apoptosis, may also contribute for this pregnancy adverse outcome. Guanine, whose DNA oxidation product is represented by the 8-oxo-2'-deoxyguanosine (8-OHdG) is the nucleotide base most susceptible to changes induced by free radicals. Apoptosis is another route possibly related to preterm birth, being characterized by a rapid progression of degenerative cellular phenomena. Its mechanisms may also be related to DNA damage and infection. **Objective:** The aim of this study was to analyze the prevalence of the histological chorioamnionitis, oxidative stress (8-OHdG), and p53 protein expression (apoptosis) in amniochorion membranes in women affected by premature rupture of preterm ovular membranes (pPROM) and preterm labor (PTL) and investigate which of these events is most associated with apoptosis occurrence. **Methods:** It was a prospective study conducted in the Obstetrics Unit of the Lauro Wanderley University Hospital (HULW), Federal University of Paraíba (UFPB), Paraíba State, Brazil from January to December 2014 and a total of 60 pregnant women were enrolled, being 31 pregnant women who presented pPROM and 29 with PTL. After delivery, the amniochorion membranes were subjected to a histopathological examination, to 8-OHdG levels analysis by an ELISA Highly Sensitive 8-OHdG Check kit and occurrence of apoptosis by p53 protein immunohistochemical study. **Results:** Histologic chorioamnionitis was detected in 64.5% of the amniochorion membranes from pPROM group and in 44.8% from PTL group ($p=0.12$). The 8-OHdG levels in the PTL group [0.71 (min: 0.43 – max: 1.38)] were significant higher than in the pPROM group [0.53 (min: 0.37- max: 0.69)] ($p=0.02$). The occurrence of apoptosis in the pPROM group (32.2%) was similar in the PTL group (24.1%) ($p=0.48$). Logistic regression analysis among these mechanisms showed that only histologic chorioamnionitis is related to apoptosis (OR=3.7; 95%CI: 1.19-14.9; $p=0.04$). **Conclusion:** Among the factors studied, histologic chorioamnionitis seems to be more clearly associated with apoptosis occurrence in amniochorion membranes from pregnancies complicated by spontaneous prematurity.

Keywords: Preterm birth, histologic chorioamnionitis, apoptosis, 8-oxo-2'-deoxyguanosine.

INTRODUCTION

Preterm birth has variable incidence, in the range 5-18% of all pregnancies [1]. Its etiology is not fully understood, and thus its occurrence rates continuerising in the last three decades. Furthermore, preterm birth also remains as responsible for the high rates of perinatal morbidity and mortality [2,3].

Infection of the amniotic cavity designates the state in which this inflammatory process occurs. It's characterized by involvement of the amniochorion membranes, amniotic fluid, placenta, and/or maternal decidua [4], being a risk factor strongly related to the maternal and neonatal adverse outcomes [5]. Chorioamnionitis is caused by several bacterial species, being certainly one of the most studied mechanisms. It occurs by excessive production of inflammatory mediators which act in the gestational tissues and contribute with the events that lead to the preterm birth [6].

It is likely that other mechanisms participate in the inflammatory environment and form alternative and distinct molecular pathways still little known. Among these mechanisms, the oxidative stress and apoptosis are currently hypotheses associated with the physiopathology of the preterm birth.

A complex respiratory mechanism is necessary to supply power to the cell. It allows a residual release of reactive oxygen species (ROS), which react with other organic constituents via subsequent molecular reactions [7]. In contrast to the production of ROS, which are physiologically produced, the cells need to maintain a stable balance between them and the antioxidant antagonist mechanisms [8,9]. Repair of the cumulative oxidant effects observed in the cells may occur by prevention and elimination of free radicals produced as well as fixing already damaged molecules [10]. Therefore, oxidative stress (OS) results from this imbalance, being one of the mechanisms capable of causing damage to cellular macromolecules such as lipids, proteins and DNA [7,11].

In-vivo measurement of free radicals is possible and their detection is more specific when multiple markers are investigated. They should ideally be analyzed in tissues or fluids

supposed to have suffered oxidative damage [9,12]. Among them, DNA damage is molecularly characterized by breaks in their single or double chains, exchanges between sister chromatids, DNA crosslinking or even changes in nitrogenous bases [13,14]. Guanine is the nucleotide base most susceptible to free radicals-induced changes. Its DNA oxidation product is 8-hydroxydeoxyguanosine (8-OHdG), which clearly indicates a pathological process when in high concentrations, with genomic instability that leads to cell death [15].

Apoptosis is another possible route related to preterm birth, being characterized by a rapid progression in the cellular degenerative phenomena. Its mechanisms may also be related to DNA damage triggered by the oxidative stress, infection, or other factors not yet fully understood [2, 6, 16 - 18].

To the apoptotic process, a complex cascade of biochemical reactions installs within the cell. One of the ways is related to the expression of p53 protein, a molecule encoded by the *p53* gene, so named because of its molecular weight (53 kDa) [19]. Its main function is related to integrity preservation of the genetic code in each cell, i.e., maintaining the same nucleotide sequence along all the DNA molecule. This gene is located on chromosome 17 and is also present in all cells of the human body [20].

During the cell division cycle, the p53 protein verifies any occurrence of mutation in the genetic code sequence. If the existence of a mutation is detected, p53 protein participates in a reaction cascade and prevents the cell from entering the mitosis process and completing cell division. For this purpose, two biochemical pathways can be activated, mutation correction by repair protein activation or induction of cell death by apoptosis, especially in situations of chronic stress with recurrent DNA damage [21].

Pregnancy is a period favorable for such imbalance, due to metabolic peculiarities that occur in gestational tissues. This occurs alone or together, triggering the pathways that lead to premature birth, notably the phenotypes associated with preterm premature rupture of membranes (pPROM) and preterm labor (PTL) [22-24].

The aim of this study was to analyze the association among histologic chorioamnionitis, apoptosis occurrence and 8-OHdG levels in amniochorion membranes from

pregnancies complicated by preterm premature rupture of membranes (pPROM) and preterm labor (PTL).

MATERIAL AND METHODS

It was a prospective study conducted in the Obstetrics Unit of the Lauro Wanderley University Hospital (HULW), Federal University of Paraíba (UFPB), Paraíba State, Brazil from January to December 2014 and a total of 60 pregnant women were enrolled, being 31 pregnant women who presented pPROM and 29 with PTL. The groups were between 23 and 36 gestational weeks confirmed by both date of last menstruation and obstetric echography performed up to the 12 week of pregnancy.

Diagnosis of pPROM was considered when spontaneous loss of amniotic fluid occurred, as visualized by physical examination. This exam was performed using a sterile vaginal speculum before the patients have completed 37 weeks of gestation, and confirmed by the Amni Sure test. The presence of regular uterine contractions (3/10 min) and cervical dilation (≥ 3 cm) were the definition of PTL.

Women with preeclampsia, HELLP syndrome, placenta previa, placental abruption, restriction in intrauterine growth, cervical incompetence, oligohydramnios, polyhydramnios, fetal malformation, stillbirth, HIV-AIDS, gestational diabetes, Rh incompatibility, and illicit drug users were excluded.

Information on maternal age, body mass index (BMI; as defined by the World Health Organization, WHO), ethnicity (self-reported), parity, gestational age, and newborn weight were obtained in the medical records to compose the general characteristics in the groups analyzed.

During the hospitalization period, all women participating in the study were assisted according to the clinical protocols of medical service at the HULW-UFPB. The research project was approved by the Ethics Committee Board in Research of UFPB (Protocol # 1.806.905) and written informed consent was obtained from all the participants.

Histopathological analysis of the amniochorion membranes

After birth, the placenta and ovular membranes were collected under sterile conditions, and fragments near the region of fetal membrane rupture were sectioned and fixed in 10% formalin. Subsequently, the samples were submitted to histopathological analysis by the hematoxylin-eosin technique, and the diagnosis was made by a single examiner, without prior knowledge of clinical conditions related to the case.

The histopathologic criteria adopted for the diagnosis of chorioamnionitis was established by Redline et al., 2003 and Society for Pediatric Pathology, Perinatal Section, Amniotic Fluid Infection Nosology Committee, considering the presence of maternal inflammatory response in the chorioamniotic membranes in the situations as follows: acute subchorionitis or early acute chorionitis, characterized by the presence of neutrophils in the subchorionic and/or chorionic spaces, (**stage 1**); acute chorioamnionitis, characterized by neutrophil infiltration in the chorionic connective tissue and/or chorionic plate, (**stage 2**); and necrotizing chorioamnionitis, a necrosis that reaches the amnion, (**stage 3**). Regarding degree: the group of maternal neutrophils diffusely found in the chorionic plate, chorium, or amnion were established as mild-to-moderate ([**grade 1**]) and presence of at least three microabscesses was established as severe (**grade 2**) [25].

Measurement of 8-OHdG levels

Fragments of the amniochorion membranes were collected in sterile conditions after placenta expelling and immediately frozen in liquid nitrogen and stored at -80°C until processing.

Total DNA extraction was performed with ILLUSTRATE tissue & cells genomic-Prep Mini Spin Kit (GE Healthcare, Little Chalfont, UK), in accordance with manufactured instructions. DNA samples were denatured at 95°C for 3 minutes in ThermoMixer Comfort (Eppendorf, Hamburg, Germany). The total extracted DNA was quantified in the spectrophotometer absorbance of 260nm and purity was determined by the ratio of the absorbance

260nm/absorbance 280nm (A_{260}/A_{280}). Reasons higher than 1.75 were considered acceptable. Samples had DNA concentrations adjusted to 50ng/ μ L.

For the enzymatic digestion of DNA were added 2.5 μ L of sodium acetate (20 mM), followed by the addition of 1.5 units of nuclease P1 (USBiological, Salem, USA) in each sample. The samples were incubated at 37°C for 30 minutes in ThermoMixer Comfort (Eppendorf, Hamburg, Germany). After that, it was added 0.5 unit of alkaline phosphatase (Thermo Scientific, Massachusetts, USA) and the samples were incubated at 37° C for 10 minutes in ThermoMixer Comfort (Eppendorf, Hamburg, Germany). The hydrolysates were filtered through Millipore Microcon YM 10 columns (Millipore, Massachusetts, USA) for 10 minutes at 14000 RPM to remove enzymes and other macromolecules.

8-OHdG levels were measured by an ELISA Highly Sensitive 8-OHdG Check kit (JalCA, Shizuoka, Japan), according to the manufacturer's instructions. A volume of 50 μ L 8-OHdG standard was used for the assay. A standard curve was obtained in parallel to each assay and the absorbance results were converted to ng/mL. At the end of reaction, the absorbance was read spectrophotometrically at 450nm in an automatic ELISA reader (Biotek Instruments Inc, Winooski, USA) and the concentration of 8-OHdG in each sample were determined by comparison against a standard curve. All the samples were tested in duplicate. The minimum detectable 8-OHdG level for assays was 0.031ng/mL.

Immunohistochemistry for p53 protein

The immunohistochemical study of the anti-p53 protein (Bp53-11; Roche Diagnostics; Indianapolis, IN, USA) was performed by using a technique with the automated BenchMark ULTRA equipment and Ventana (Ventana Medical Systems, Inc.; Tucson, Arizona, USA) detection kits. Sample slides were deparaffinized through a series of xylene, alcohol-water gradient, and appropriate buffer washings. The antigen unmasking procedure was performed, and the slides were transferred to the 1X APK wash. The primary antibody (Bp53-11) and the appropriate detection kit dispensers and required accessory reagents onto

the reagent tray and place them on the automated slide stainer. Each step in the staining protocol included incubation for a precise time and at a specific temperature. At the end of each incubation step, the sections were rinsed in the Ventana BenchMark ULTRA automated slide stainer to stop the reaction and remove the unbound material that would hinder the reaction course in the subsequent steps. To minimize evaporation of aqueous reagents from the specimen-containing slide, a coverslip solution was applied to the slide stainer. Staining was completed after incubation with a substrate chromogen, and the counterstaining (hematoxylin; 2-4 min) and post-counterstain (2-4 min) steps. The stained slides were read within two-to-three days of staining.

Detection of cells in the amniochorion membranes, stained by immunohistochemistry technique was performed by a single pathologist, without prior knowledge of the clinical data related to that sample. The p53-positive immunostaining was defined as being apoptosis diagnosis, when at least ten cells stained by the method were found in seven high-magnification fields, regardless of label immunolocalization and the presence of morphologic changes of the cells related with apoptosis status.

Statistical analysis

Statistical analyzes were performed by using the SigmaStat 3.5 Software (Copyright©2006 Systat Software, Inc. San Jose, CA, USA). Continuous variables were presented as medians and minimum and maximum values and analyzed by using the Mann-Whitney U-test. Categorical variables were analyzed by Chi-squared test, being presented as proportions when necessary. A logistic regression model, which was performed by using the public-domain R (Free Software Foundation's GNU General Public License) software was used to calculate the adjusted odds ratio for apoptosis occurrence for histologic chorioamnionitis, 8-OHdG levels and obstetric pathologies (pPROM and PTL). The p value < 0.05 was considered statistically significant.

RESULTS

General characteristics of the patients included in the study in pPROM and PTL groups are presented in Table 1. Similar results were observed for maternal age, body mass index, maternal ethnicity and gestational age at delivery.

Table 1. General characteristics of the pregnant women included in the study.

	pPROM (n=31)	PTL (n=29)	P
Maternal age* (years)	27.0 (19.2 – 32.0)	22.5 (19.0 – 24.0)	0.07
BMI*	26.4 (23.8 – 29.3)	25.2 (23.4 -27.5)	0.15
Ethnicity**			
White	25.0%	32.3%	0.39
Other	75.0%	67.6%	
Gestational age* (weeks)	34.0 (32.0 – 35.2)	34.0 (31.5 – 35.2)	0.77

BMI: Body Mass Index, pPROM: Preterm Premature Rupture of Membranes, PTL: Preterm Labor.

* Values expressed as median (min – max), and **chi-square test.

Histologic chorioamnionitis was detected in 64.5% of the amniochorion membranes from pPROM group and in 44.8% from PTL group and these frequencies were not significantly different ($p=0.12$). The 8-OHdG levels in the PTL group [0.71 ng/mL (min: 0.43 – max: 1.38)] were significant higher than in the pPROM group [0.53 ng/mL (min: 0.37- max: 0.69)] ($p=0.02$) (Figure 1). The occurrence of apoptosis in the pPROM group (32.2%) was similar in the PTL group (24.1%) ($p=0.48$). The amniochorion membranes with histologic chorioamnionitis showed a higher apoptosis occurrence (85,1%) compared to those without chorioamnionitis (14,8%) ($p=0.001$) in pPROM and PTL groups. Immunolocalization of p53 protein is more prevalent in the chorionic plate (71,7%). In 28,3% both of layers membranes were stained for protein p53.

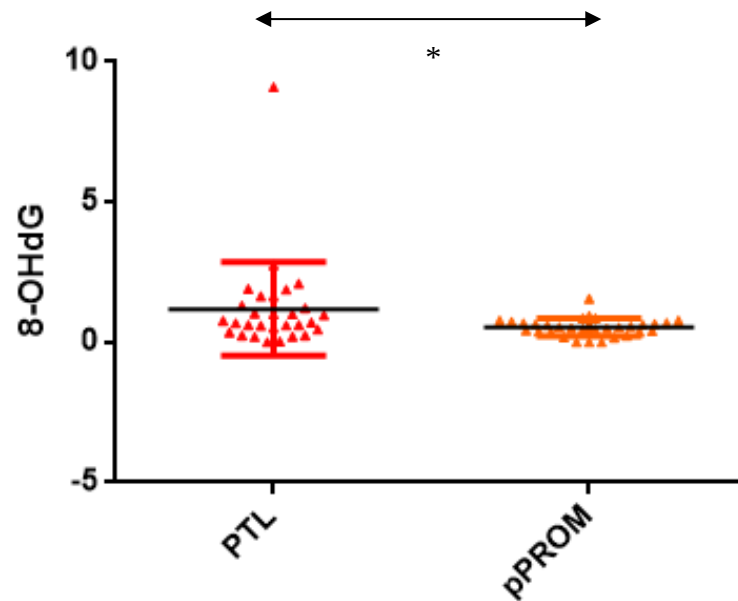
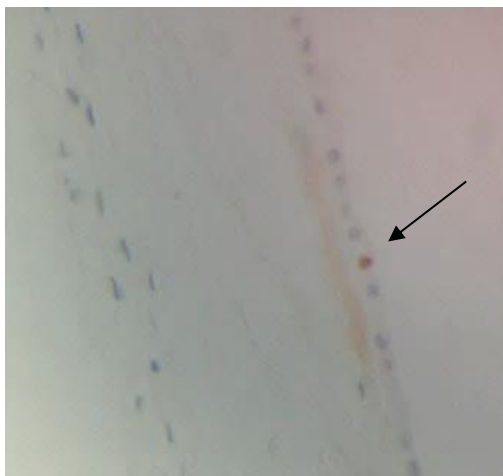
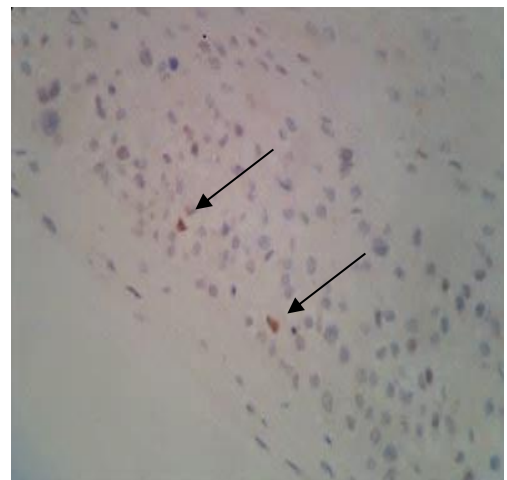


Figure 1. 8-OHdG levels in amniochorion membranes from obstetric pathologies * Mann-Whitney test. $p=0.02$. Preterm labor (PTL), Premature Rupture of Preterm Ovular Membranes (pPROM).



A



B

Figure 2. Photomicrography of the amniochorion membranes. **A)** p53 protein immunolocalization in the amniotic epithelium (Arrow). **B)** p53 protein immunolocalization in the chorion (Arrows)

The statistical model of multiple logistic regression used in this study indicates that the risk of apoptosis occurrence amniochorion membranes with chorioamnionitis is 3.7 times greater than in those without inflammatory infiltrate (OR=3.7; 95%CI: 1.19-14.9; $p=0.04$), and the other criteria, 8-OHdG (OR=0.8; 95%CI: 0.38-1.46; $p=0.70$), and obstetric pathologies (OR=1.1; 95%CI: 0.32-3.94; $p=0.85$), showed to be not related to apoptosis (Table 1).

Table 1. Associations of histologic chorioamnionitis, 8-OHdG, and obstetric pathologies with the prevalence of apoptosis by regression analysis.

Variables	Adjusted OR (95% CI)	P
Histologic chorioamnionitis	3.7 (1.19 – 14.9)	0.04
8-OHdG	0.8 (0.38 – 1.46)	0.70
Obstetric pathologies	1.1 (0.32 - 3.94)	0.85

The model showed to be adequate according to the Hosmer & Lemeshow criteria [26], showing a moderate discriminatory power estimated to be 65% (sensitivity index: 76.5%; specificity index: 53.5%) according to the ROC curve (Figure 3)

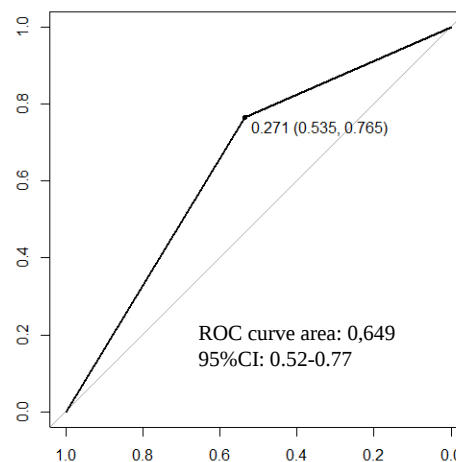


Figure 3. Area under the ROC curve for multiple logistic regression used.

DISCUSSION

This is a study on possible mechanisms involved in preterm birth taking into account that pathophysiology of preterm delivery is multifactorial, and it is not yet completely understood. The presence of histologic chorioamnionitis, oxidative stress, and apoptosis, which can alone or together, interfere with the success of human reproduction, are cited among these factors [27,28].

In our study, we observed that histologic chorioamnionitis was a frequent event, with similar behavior in pPROM and PTL groups, although its presence is an important element in its association with cell death diagnosis.

The presence of chorioamnionitis is a well-known factor in the occurrence of adverse pregnancy outcomes. Notably, in the preterm birth its participation is due to an exacerbated local inflammatory response [25,29]. Furthermore, activation of an inflammatory cascade is the trigger for the uterotonic signs that can induce preterm labor through intensive leukocyte activation. As a consequence, mediators of the inflammatory response and collagenases are produced, resulting in the typical loss of the contractile myometrium refractoriness and/or fragility of the amniochorion membranes [6, 30, 31, 32].

Our study showed findings similar to those of previous studies. Their authors refer that cells of the amniochorion membranes were prematurely destroyed by apoptosis in the presence of chorioamnionitis [17, 27, 33-35]. However, explanations on how the inflammatory infiltrate is associated with apoptosis are not fully clear. Kataoka et al. (2002) also observed similar results attributing this phenomenon to the lipopolysaccharide-induced inflammatory reactions and biochemical reactions involving the Fas protein and ligand [18, 36].

Regarding 8-OHdG levels, we observed that they were higher in the group affected by PTL. Although pregnancy itself is a period of intense metabolic demand, with the release of free radicals, oxidative stress only appears when an imbalance between its production and disposal occurs. Inhibition of the redox effect is necessary and depends on the enzymatic

and non-enzymatic antioxidant components of the human organism, which are able to maintain its homeostasis [37].

Similarly, apoptosis is a physiological phenomenon, known as a programmed cell death process that occurs in various conditions, especially those triggered by an inflammatory response or cell removal after cell damage caused by genotoxic agents [38].

In vitro studies, state that DNA injuries caused by oxidative stress, especially in inflammatory processes, can activate biomolecular pathways ending in apoptosis and adverse pregnancy outcomes [39].

One of these pathways corresponds to the continued DNA repair mechanism, notably guanine nucleotide base repair after aggression caused by free radicals. Oxidative stress not controlled by antioxidant mechanisms can trigger molecular reactions such as conjugation of the 8-oxoguanine glycosylase enzyme complex to the 8-OHdG free radical, resulting in the OGG1:8-OHdG complex. This complex is characterized by activation of the guanosine triphosphate hydroxylase (Ras-GTPase) enzyme, which stimulates p53 protein transcription resulting in apoptosis of chorioamniotic cells and pPROM as a subsequent clinical outcome [39,40].

Similarly, the RAS-GTPase enzyme can evoke the production of inflammatory mediators through expression of the NF- κ B protein complex, determining an inflammatory activity environment with release of uterotonic proteins and/or degradation of the ovular membrane cellular matrix. These conditions facilitate uterine contractile activity and/or pPROM, with the consequent deflagration of preterm labor [41,42].

Other pathways, such as those involving the interaction between tumor necrosis factor- α and its Fas receptor ligand (TNF- α – FasL), also determine apoptosis and may be mentioned in addition to the activator p53 protein pathway. These pathways are related to the presence of genotoxic and infectious agents and still unknown factors, allowing apoptosis to participate in the biochemical mechanisms that culminate with preterm birth [43].

The pathway involving TNF- α and FasL starts by transducing signals, with formation of other protein complexes containing cell death domains. These complexes activate a group

of proteases known as caspases (pro-enzymes found inside the cell), which are characterized by initiating apoptosis and being their effectors [6].

The pathway corresponding to p53 protein activation is initiated from DNA fragmentation, triggering its transcription, and activating the bax protein producing mechanisms. This protein becomes the responsible for the mitochondrial membrane disruption and subsequent cytochrome C release. Thus, pro-caspase 9 is converted to its active form with a subsequent cascade of effector caspases (caspases 2, 3, 6, and 7), also related to apoptosis. Similarly, an increased p53 protein expression can inhibit the production of Bcl-2, an anti-apoptotic agent responsible for the mitochondrial membrane integrity and cytochrome C contention [2].

A higher p53 protein concentration can also be related to another mechanism involving gene overexpression of metalloproteinases (MMPs), especially MMP-2, as well as blocking of metalloproteinase-inhibiting tissue factor (TIMPs). These combined biochemical events end the structural changes in gestational tissues and deflagration of term delivery, especially pPROM and PTL [16].

We conclude that histologic chorioamnionitis seems to be more clearly associated with apoptosis occurrence in amniochorion membranes from pregnancies complicated by spontaneous prematurity, possibly through the expression of pro-inflammatory mediators.

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**ADVERSE NEONATAL OUTCOMES IN PREGNANCY COMPLICATED BY
PRETERM PREMATURE RUPTURE OF MEMBRANES AND PRETERM LABOR
RELATED TO HISTOLOGICAL CHORIOAMNIONITIS**

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ABSTRACT

Introduction: Preterm birth persists globally as one of the main high-incidence obstetric complications. Histologic chorioamnionitis is found among the multiple risk factors associated with prematurity, which is characterized by the presence of polymorphonuclear cells infiltrate in the amniochorion membranes. **Objective:** To analyze the association of adverse neonatal outcomes, especially early neonatal sepsis, in pregnant women affected by Preterm Premature Rupture of Membranes (pPROM) and preterm labor (PTL) in the presence of histologic chorioamnionitis. **Methods:** It was a case-control study conducted in the Obstetrics Unit of the Lauro Wanderley University Hospital (HULW), Federal University of Paraíba (UFPB), Paraíba State, Brazil from January to December 2014 and a total of 73 pregnant women were enrolled, being 39 pregnant women who presented pPROM and 34 with PTL. After delivery, the membranes were subjected to a histopathological examination and the newborn infants were evaluated for the diagnosis of adverse events: Apgar score <7 at 5min and 10 min, admission to a neonatal intensive care unit, respiratory distress, use of continuous positive airflow pressure (CPAP), tracheal intubation and early neonatal sepsis (ENS), defined as being a clinical syndrome observed in the first 72 h of life of the newborn. **Results:** In both groups, the sample general characteristics (maternal age, body mass index, ethnicity, parity, gestational age, and weight of the newborn) were not statistically different. Except ENS, which was the most prevalent in the pPROM and chorioamnionitis groups ($p=0.04$), the other neonatal adverse outcomes showed no statistical difference. In a logistic regression model, we found that the presence of histologic chorioamnionitis ($OR=7.4$; $95\%CI=1.95-35.9$; $p=0.0005$), respiratory distress ($OR=3.5$; $95\%CI=1.02-12.9$; $p=0.049$) and pPROM ($OR=9.8$; $95\%CI= 2.95-38.5$; $p=0.0004$) among the independent variables, directly influenced ENS occurrence. ROC analysis reinforced that choriomnionites and pPROM are as criteria of relevant sensitivity (76.0%) and specificity (82.0%) for the ENS event. **Conclusion:** Histologic chorioamnionitis and occurrence of pPROM are associated with adverse neonatal outcomes, especially the occurrence of early neonatal sepsis.

Keywords: Histologic chorioamnionitis, neonatal morbidity, early neonatal sepsis.

INTRODUCTION

Prematurity constitutes one of the most important clinical intercurrents related to human reproduction and it's defined as delivery before 37 completed weeks of gestation. Its incidence is variable, oscillating in the range of 5-18% among all pregnancies, despite the scientific advances related to the knowledge of its pathophysiology [1,2]. It occurs spontaneously in 70% of cases, spontaneous preterm birth includes preterm delivery preceded by preterm labor with intact membranes (PTL) and preterm premature rupture of membranes (pPROM)) [3].

Inflammatory mechanisms are among those most associated with prematurity, and special attention has been given to amniochorion membranes, as they are a commonly involved tissue, being able to trigger immune-inflammatory responses with local and systemic effects [4, 5].

Chorioamnionitis or intra-amniotic infection designates the state in which this inflammatory process is evidenced, being characterized by impairment of the amniochorion membranes, amniotic fluid, placenta, and/or maternal decidua [6], being yet a risk factor probably related to the maternal and neonatal adverse outcomes [7].

The most common cause of amniotic cavity contamination comes from biological agents that rise from the lower female genital tract [8,9]. The hematogenic pathway and microorganism migration from the abdomen into the uterus through the uterine tubes or as a result of obstetrical procedures, such as amniocentesis or chorionic villus biopsy, are other less common forms of contamination [10,11]. Other apparently-sterile pathological conditions of the uterine cavity are also observed, being probably an innate inflammatory response of constitutional character [12].

In its clinical form, chorioamnionitis is observed in term births (1-2%) and preterm births (5-10%) [13]. The prevalence is variable in its histological form, seeming intrinsically related to gestational age with rates that vary in the range 5-94% [14].

Among the microorganisms most found in the uterine cavity of pregnant women with intra-amniotic infection are as follows: *Ureaplasma urealyticum* and *Mycoplasma hominis*, which are *Fusobacterium* species; occasionally, Gram-negative bacilli, such as those of the *Bacteroides* and *Prevotella* genera, both present in bacterial vaginosis, are also found coliforms such as *Escherichia coli* and group-B *Streptococcus*. In this scenario, we highlight the pathological core of bacterial vaginosis, which installs itself in the fetal membranes and invades the amniotic cavity, proliferating in the amniotic fluid [15-17].

Once infected, the amniotic cavity induces an exaggerated inflammatory response mediated by the increase in the levels of pro-inflammatory cytokines, metalloproteinases, and prostaglandins. They favor the events that culminate with delivery deflagration, which generally is premature [18-21]. Its presence also seems related to an amplification of immediate damage to the neonate, especially early neonatal sepsis (ENS), possibly due to their inflammatory and/or infectious environment that occurs from the uterine cavity. In the long term, sequels such as motor, visual, and cognitive disabilities is also reported in this condition [22-24].

The purpose of this study is to examine obstetric complications involving prematurity and analyze the association between adverse neonatal outcomes, especially, ENS, related to the presence of histologic chorioamnionitis.

MATERIAL AND METHODS

It was a case-control study conducted in the Obstetrics Unit of the Lauro Wanderley University Hospital (HULW), Federal University of Paraíba (UFPB), Paraíba State, Brazil from January to December 2014 and a total of 73 pregnant women were enrolled, being 39 pregnant women who presented pPROM and 34 with PTL. The groups were between 23 and 36 gestational weeks confirmed by both date of last menstruation and obstetric echography performed up to the 12 week of pregnancy.

Diagnosis of pPROM was considered when spontaneous loss of amniotic fluid occurred, as visualized by physical examination. This exam was performed using a sterile vaginal speculum before the patients have completed 37 weeks of gestation, and confirmed by the Amni Sure test. The presence of regular uterine contractions (3/10 min) and cervical dilation (≥ 3 cm) [3] were the definition of PTL.

Women with preeclampsia, HELLP syndrome, placenta previa, placental abruption, restriction in intrauterine growth, cervical incompetence, oligohydramnios, polyhydramnios, fetal malformation, stillbirth, HIV-AIDS, gestational diabetes, Rh incompatibility, and illicit drug users were excluded.

Information on maternal age, body mass index (BMI; as defined by the World Health Organization, WHO), ethnicity (self-reported), parity, gestational age, and newborn weight were obtained in the medical records to compose the general characteristics in the groups analyzed.

The neonatal morbidity criteria were defined as APGAR score < 7 at 5 min and 10 min of life, admission to the neonatal intensive care unit (ICU-Neo) for at least 7 days, and early neonatal sepsis, which was established as being a clinical syndrome observed in the first 72h of the newborn's life. To diagnose it, we have defined it as being a clinic syndrome considering the following criteria: maternal risk factor (pPROM or PTL diagnosis), presence of respiratory distress (tachypnea, moaning, chest retractions, nasal wing beats, with persistent need for oxygen supplementation and the need for continuous positive airway pressure and/or tracheal intubation for at least one day), and presence of laboratory abnormalities (elevation in blood levels of C-reactive protein (CRP), ≥ 6 mg/L, and immature neutrophils / total neutrophils ratio, (I/T), ≥ 2 [25].

After birth, the placenta and amniochorion membranes were collected in sterile conditions, and fragments near the rupture region of fetal membranes were sectioned and fixed in 10% formalin. Then, the samples were subjected to histopathological analysis by using the hematoxylin-eosin preparation technique, and the diagnosis was performed by a single examiner, without prior knowledge of the clinical conditions related to that case.

The histopathologic criteria used for chorioamnionitis diagnosis was that one established by Redline et al.[26] considering the presence of maternal inflammatory response in the chorioamniotic membranes in the following conditions: acute subchorionitis or early acute chorionitis, characterized by the presence of neutrophils in the subchorionic and/or chorionic spaces (**stage 1**); acute chorioamnionitis characterized by neutrophil infiltration in the chorionic connective tissue and/or chorionic plate (**stage 2**), and necrotizing chorioamnionitis, a necrosis that reached the amnion (**stage 3**). Regarding degree, the criterion establishes that the group of maternal neutrophils, which are diffusely in the chorionic plate, chorion, or amnion, as being mild to moderate (**grade 1**) and refers to the presence of at least three microabscesses as severe (**grade 2**) Redline et al.[26].

During the hospitalization period, all women participating in the study were assisted according to the clinical protocols of medical service at the HULW-UFPB. The research project was approved by the Ethics Committee Board in Research of UFPB (Protocol: 1.806.905) and written informed consent was obtained from all the participants.

Statistical analyzes were performed by using the SigmaStat 3.5 Software (Copyright©2006 Systat Software, Inc. San Jose, CA, USA). Continuous variables were presented as medians and minimum and maximum values and analyzed by using the Mann-Whitney U-test. Categorical variables were analyzed by the Fisher's exact or chi-squared tests, being presented as proportions when necessary. A logistic regression model, which was performed by using the public-domain R (Free Software Foundation's GNU General Public License) software, was used to establish the adjusted ENS odds ratio for each preset control variable (chorioamnionitis, gestational age ≤ 34.0 weeks, respiratory distress, CRP value ≥ 6 mg/L, I/T ratio ≥ 2 , and obstetrical pathology). The p value <0.05 were considered statistically significant.

RESULTS

General maternal and neonatal characteristics of the patients included in the study in pPROM and PTL groups are presented in Table 1. Similar results were observed for maternal age, body mass index (BMI), ethnicity, parity, gestational age and weight of the newborn.

Table 1. General maternal and neonatal characteristics of the patients included in the study groups.

	pPROM n = 39	PTL n = 34	p
Maternal age* (years)	25 (19.2 – 32.0)	23.5 (19.0 – 27.0)	0.261
BMI*	26.4 (23.8 - 29.3)	25.2 (23.4 – 27.5)	0.155
Ethnicity			
Mulatto [£]	27 (69.2%)	21 (61.7%)	0.50
Black**	02 (5.1%)	02 (5.8%)	1.00
White [£]	10 (25.6%)	11 (32.3%)	0.52
Parity			
< 3	37 (94.8%)	28 (82.3%)	0.13**
> 3	02 (5.2%)	06 (17.7%)	
Gestational age* (weeks)	34.0 (32.1-35.3)	33.8 (31.4-35.2)	0.69
Newborn weight (grams)*	2335 (1780-2656)	2270 (1655-2595)	0.69

BMI: Body Mass Index, pPROM: Preterm Premature Rupture of Membranes, PTL: Preterm Labor.

* Values expressed as median (min - max), [£] Fisher's exact test and **chi-square test.

The diagnostic of histological chorioamnionitis was present in 64.1% (25/39) of the patients with pPROM and in 50.0% (17/34) in PTL group and no significant difference was found in the chorioamnionitis frequency in the both groups (p=0.22).

The frequency of the histologic chorioamnionitis was estimated considering the gestational age at delivery. The data obtained in this study reflect that the proportion was not statistically different in the groups 23-34 weeks (32.4%) and 34-36 weeks (25.0%) (p=0.48).

The adverse neonatal outcomes were analyzed in each group and between the groups pPROM and PTL related to the presence/absence of histological chorioamnionitis and the data are exposed in Table 2.

Table 2. Adverse neonatal outcomes in pPROM and PTL groups related to histologic chorioamnionitis presence.

pPROM (n = 39)			<i>p</i>	PTL (n = 34)		<i>p</i>	<i>p</i> between groups
Presence of chorioamnionitis n = 25				Presence of chorioamnionitis n = 17	Absence of chorioamnionitis n = 17		
Apgar 5 min			0.47	8(47.0%) 9(52.9%)	3(21.4%) 14(82.3%)	0.06	1.00 0.14
< 7	10(40.0%)	4(28.5%)					
> 7	15(60.0%)	10(71.4%)					
Apgar 10 min			0.52	4(23.5%) 13(76.4%)	2(11.7%) 15(88.2%)	0.65	1.00 0.20
< 7	2(8.0%)	0 (0.0%)					
> 7	23(92.0%)	14(100.0%)					
Respiratory distress	15(60.0%)	7(50.0%)	0.54	6(35.1%)	7(41.1%)	0.72	0.19
Admission to ICU-Neo ≥ 7 days	17(68.0%)	11(78.5%)	0.71	6(35.2%)	3(17.6%)	0.43	1.00
CPAP use ≥1 day	15(60.0%)	7(50.0%)	0.54	6(35.2%)	7(41.1%)	0.72	0.19
Tracheal intubation ≥1 day	14(56.0%)	9(64.2%)	0.61	9(53.0%)	6(35.2%)	0.30	0.95
Early neonatal sepsis	10(40.0%)	3(21.4%)	0.04	4(23.5%)	2(11.7%)	0.27	0.99
CRP > 6 mg/L	15(60.0%)	4(28.5%)	0.04	11(64.7%)	5(29.4%)	0.03	0.70
I/T> 2	10(40.0%)	1(7.1%)	0.03	8(47.0%)	2(11.7%)	0.02	0.58
Early neonatal mortality	-	-		1(5.9%)	-	-	-

CPAP: Continuous positive airway pressure; CRP: C-reactive protein; I/T: Rate of immature/total neutrophils, pPROM: Preterm Premature Rupture of Membranes, PTL: Preterm Labor. The *p* values for categorical variables were calculated by the chi-square and Fisher's exact tests when appropriated.

The APGAR indices at 5^o and 10^o minutes, presence of respiratory distress, need for admission in the ICU-Neo, use of continuous positive airway pressure and tracheal intubation did not differ in the groups and among the analyzed groups, considering the histologic chorioamnionitis status.

A higher prevalence of children affected by early neonatal sepsis was observed in the pPROM group in association with histologic chorioamnionitis ($p=0.04$) whereas a significant difference was not observed in the PTL group ($p=0.27$), and such prevalence was also not different between groups ($p=0.99$) considering the presence of inflammatory infiltrate. It was also demonstrated that levels of CRP > 6 mg/L in the pPROM and PTL groups associated with histologic chorioamnionitis are different from those not associated with chorioamnionitis, although the difference between presence or absence of chorioamnionitis between the pPROM and PTL groups is not statistically significant ($p=0.70$). Similarly, the rates of immature and total neutrophils ($I/T > 2$), are different in the pPROM and PTL groups associated ($p=0.03$) and not associated ($p=0.02$) with chorioamnionitis, although the difference between presence or absence of chorioamnionitis between the pPROM and PTL groups is not statistically significant ($p=0.58$).

The odds ratios estimated for the occurrence of early neonatal sepsis were assessed as a function of variables: histologic chorioamnionitis, gestational age, respiratory distress, C-reactive protein, rate of immature/total neutrophils and obstetrical pathology. Histologic chorioamnionitis ($p=0.005$), respiratory distress ($p=0.049$) and pPROM ($p=0.0004$) confer significant probabilities to the development of an ENS compared to the other variables, demonstrating an excellent discriminatory power as a whole, with sensitivity around (76.0%) and specificity (82.0%) levels as exposed in the ROC curve (Table 3, Figure 3).

Table 3. Associations of histologic chorioamnionitis, respiratory distress, pPROM with the prevalence of early neonatal sepsis by regression analysis.

Variables	Adjusted OR (95% CI)	P
Histologic chorioamnionitis	7.475 (1.956 – 35.932)	0.0058
Respiratory distress	3.491 (1.026 - 12.928)	0.0497
pPROM	9.876 (2.958 – 38.519)	0.0004

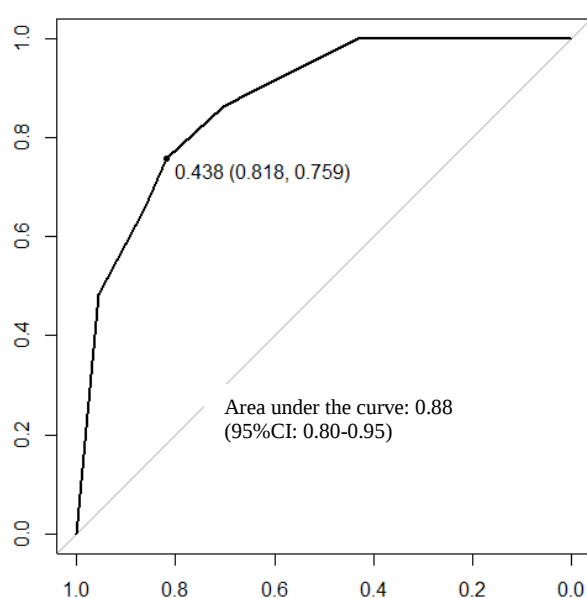


Figure 3. Area under ROC curve for predictive value of histologic chorioamnionitis, respiratory distress, Preterm Premature Rupture of Membranes for early neonatal sepsis.

DISCUSSION

Preterm birth persists as a major medical and social problem, responsible for several short and long-term morbidities during infancy [1]. The lack of better-accurate predictive methods has contributed to maintain high rates of premature births, largely because of both multiple factors involved in its pathophysiology and the intriguing fact that spontaneous preterm birth in women without clinical and/or gestational risk factors is the most commonly observed phenotype [27].

Chorioamnionitis is one of the most well known risk factors related to prematurity [28,29]. In this regard, emphasizing the role of amniochorion membranes is important, because they behave as a tissue capable of initiating inflammatory phenomena, especially those arising from the presence of biological pathogens such as bacteria. They cross the amniochorion membranes, reach the uterine cavity, install themselves in the gestational tissues, giving rise to an environment of subclinical septic [30, 31, 10].

The phenomena that follow chorioamnionitis installation are described as higher concentration of pro-inflammatory cytokines [32-35], significant gene expression of matrix metalloproteinases, which degrade the ovular membrane protein matrix and result in their fragility (as observed in the pPROM cases), and increased production of prostaglandins that insidiously change the cervix anatomy and activate myometrial contractions in PTL[36-38].

In recent studies, damage to the fetus and newborn has been attributed to these mediators, in addition to their deleterious effects on the pregnancy course. The risk of early neonatal sepsis, chronic lung disease, necrotizing enterocolitis, intraventricular hemorrhage, periventricular leukomalacia, cerebral palsy, and neuromotor development failure are among the perinatal adverse outcomes associated with chorioamnionitis [39]. The presence of pro-inflammatory agents, which are produced in the maternal-fetal compartment and determine systemic injuries initiated since the intrauterine life, is added to these damage, which result from the prematurity-related immaturity of fetal tissue [40-43].

Early neonatal sepsis is a clinical syndrome related to maternal risk factors such as pPROM (>18h), clinical and/or histologic chorioamnionitis, maternal fever (>37.5 °C), colonization by *Streptococcus agalactiae*, and urinary tract infection at birth, being defined as a set of clinical signs of neonatal impairment and laboratory test changes in the first 72 h of life [25].

The confirmed ENS rate vary in the range of 0.01-0.52 per 1000 live births, and about 395,000 newborns is treated as clinical conditions suspected of ENS[44]. As the supplementary laboratory tests demonstrate conflicting results, the presence of clinical signs and symptoms remain as elements of great importance in the diagnosis of neonatal sepsis. Blood culture is a laboratory test that has shown low sensitivity and with a high number of false-positive results, although it is considered a gold standard examination [45]. Tracheal aspirate culture can be a useful examination in the first 8 h of life to identify cases of congenital pneumonia [46]. The overall leukocyte count showsto be unreliable in the first hours of life due to the variability in leukopoiesis dynamics, although a more specific analysis of the blood white series can significantly contribute to the diagnosis. Neutropenia, for example, seems to be a better predictor of early neonatal sepsis, as it demonstrates the rapid depletion of marrow reserve. Similarly, the relationship between immature and total neutrophils ratio proves to be a better predictor of sepsis when their values are equal to or greater than 0.2 [47]. The C-reactive protein is a rapid-phase marker of inflammatory activity and its serial rise in the first 24-48 h has been believed to provide a diagnostic sensitivity for neonatal sepsis of about 92% [48-50].

The data obtained in the present study showed to be consistent with those of the literature that correlate chorioamnionitis with premature birth, especially those that occur in women affected by pPROM [51,52], thus confirming previous studies that emphasize the role of acute inflammation withpregnancy interruption by the second gestational trimester [53,54]. Likewise, we have observed that the isolated criteria established as chorioamnionitis related adverse neonatal outcomes, do not seem to be different between the groups affected by

pPROM, PTL, or even between them, except for the evidence of a higher prevalence of early sepsis in the pPROM and chorioamnionitis groups.

Taking into account the neonatal outcome of early sepsis, our results allow us to infer that the presence of inflammatory infiltrate, respiratory distress and pPROM represent the conditions most related to the objective of this study. They resulted in an almost tenfold chance of developing neonatal sepsis and showed to be as criteria variables of important sensitivity and specificity in relation to the outcome.

In this sense, our results were similar to those reported in the study by Dexter et al. [55] where the chances of early neonatal sepsis in low-weight newborns and chorioamnionitis had about five times higher. In a case-control study, Arayici et al. [6] refer a probability of about 40% for infants with less than 32 gestation weeks to develop neonatal sepsis. Similarly, Ahn et al. [56] found an odds ratio of about nine times more for early neonatal sepsis when chorioamnionitis was present, and Bersani et al. [57] reported a higher chorioamnionitis contribution to the early neonatal sepsis rates. Interestingly, these authors reported a protective effect of inflammation on the respiratory stress syndrome and of late neonatal sepsis in neonates.

Despite the limitations of this study, which include the sample size, diversity of diagnostic criteria for histologic chorioamnionitis and early neonatal sepsis, it was possible to conclude that the early neonatal sepsis of the newborn is directly related to the presence of histologic chorioamnionitis, respiratory distress and pPROM. Besides that, the reduction in the number of adverse neonatal outcomes, including prematurity and its consequences, still need a better understanding of the pathophysiological mechanisms and development of predictive methods with higher accuracy.

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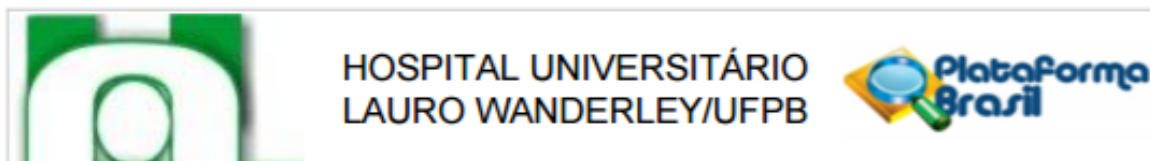
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Conclusões

Considerando o tamanho amostral incluído nesse estudo bem como as metodologias empregadas para atingir os objetivos propostos, podemos concluir que:

- 1) Nossos dados reforçam que os danos oxidativos estão presentes em gestações a termo como processo fisiológico do envelhecimento das membranas corioamnióticas;
 - 2) A corioamnionite histológica, entre os mecanismos analisados, parece estar mais claramente associada à ocorrência de apoptose em membranas corioamnióticas de gestações complicadas pela prematuridade espontânea.
 - 3) A Rotura Prematura de Membras Pré-Termo e a corioamnionite histológica estão associadas a desfechos neonatais adversos, especialmente à ocorrência de sepse neonatal precoce.
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PARECER CONSUBSTANCIADO DO CEP

DADOS DA EMENDA

Título da Pesquisa: Análise dos mecanismos fisiopatológicos relacionados ao parto pré-termo: corioamnionite histológica, estresse oxidativo e apoptose

Pesquisador: Moisés Diogo de Lima

Área Temática: A critério do CEP

Versão: 4

CAAE: 19474713.8.0000.5183

Instituição Proponente: Hospital Universitário Lauro Wanderley/UFPB

Patrocinador Principal: FUNDAÇÃO DE AMPARO A PESQUISA DO ESTADO DE SÃO PAULO

DADOS DO PARECER

Número do Parecer: 1.806.905

Apresentação do Projeto:

Trata-se de uma Emenda ao protocolo de pesquisa, que tem como pesquisador responsável Dr. Moisés Diogo de Lima, aprovado por este CEP - Número do Parecer: 1.255.858.

A emenda foi solicitada devido sugestão de alteração do título da pesquisa pela orientadora, não havendo quaisquer outras alterações no conteúdo metodológico do estudo.

Título primário: Análise de mediadores pró e anti-inflamatórios e de marcadores de estresse oxidativo em membranas corioamnióticas de gestações complicadas por Rotura Prematura de Membranas Pré-Termo e Trabalho de Parto

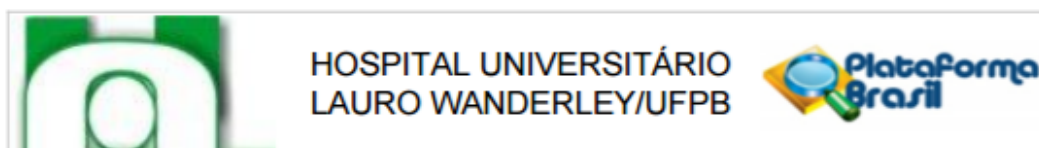
Título proposto: Análise dos mecanismos fisiopatológicos relacionados ao parto pré-termo: corioamnionite histológica, estresse oxidativo e apoptose

Objetivo da Pesquisa:

OBJETIVO PRIMÁRIO

O objetivo do presente estudo é avaliar a expressão de mediadores pró e anti-inflamatórios (IL-1, IL-6, IL-8, IL-10, IL-18, IL-33, ST2, TNF-alfa, PTX-3, Galectina-1, TLR-1, TLR-2, TLR-4, TLR-6, Ativina A, Receptor de Ativina, NOD-1 e NOD-2) e de marcadores de estresse oxidativo (8-IsoP,

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Continuação do Parecer: 1.808.905

MDA, 3-NT e 8-OHdG) em membranas corioamnióticas de gestações de termo e complicadas por TPP e RPM-PT que culminarem em parto pré-termo, bem como caracterizar os perfis desses marcadores nestas diferentes manifestações clínicas da prematuridade.

Avaliação dos Riscos e Benefícios:

Riscos e benefícios avaliados e declarados adequadamente, em consonância com a Resolução 466/2012, do CNS/MS.

Comentários e Considerações sobre a Pesquisa:

Considerando a manutenção dos aspectos éticos e metodológicos do estudo, conforme aprovação por este Colegiado anteriormente, não há qualquer impedimento para alteração do título proposto, uma vez que não haverá mudanças no protocolo de pesquisa.

Considerações sobre os Termos de apresentação obrigatória:

Foram apresentados:

Documento solicitando mudança de título da pesquisa emitida pelo pesquisador responsável, com anuência da Orientadora.

Recomendações:

Recomendamos que ao término do estudo seja enviado ao CEP/HULW, o relatório final para emissão da certidão definitiva.

Conclusões ou Pendências e Lista de Inadequações:

Diante da solicitação, em atendimento às diretrizes éticas da Resolução 466/2012, somos de parecer favorável a mudança do título do estudo.

Considerações Finais a critério do CEP:

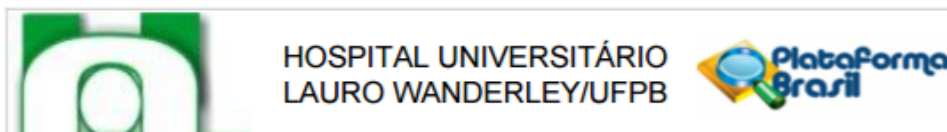
Ratificamos o parecer de APROVAÇÃO da Emenda, emitido pelo Colegiado do CEP/HULW, em 'ad referendum'.

O presente projeto, seguiu nesta data para análise da CONEP e só tem o seu início autorizado após a aprovação pela mesma.

Este parecer foi elaborado baseado nos documentos abaixo relacionados:

Tipo Documento	Arquivo	Postagem	Autor	Situação
Informações Básicas do Projeto	PB_INFORMAÇÕES_BASICAS_820993 E1.pdf	04/11/2016 13:16:32		Aceito
Outros	TITULO_MOISES_DEFESA.pdf	04/11/2016 13:14:30	Moisés Diogo de Lima	Aceito
Folha de Rosto	folha_rosto_moises.pdf	04/11/2016	Moisés Diogo de	Aceito

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Continuação do Parecer: 1.806.905

Folha de Rosto	folha_rosto_moises.pdf	13:10:05	Lima	Aceito
TCLE / Termos de Assentimento / Justificativa de Ausência	TERMODECONSENTIMENTO.doc	23/09/2015 16:37:48	Moisés Diogo de Lima	Aceito
Projeto Detalhado / Brochura Investigador	Projeto Pesquisa.docx	24/03/2015 14:30:21		Aceito
Outros	Carta CONEP JP 2015.docx	24/03/2015 10:39:10		Aceito
Outros	Carta de Anuência ICV 2015.pdf	24/03/2015 10:35:17		Aceito
Outros	CEGEP 2015.pdf	24/03/2015 10:35:04		Aceito

Situação do Parecer:

Aprovado

Necessita Apreciação da CONEP:

Sim

JOAO PESSOA, 06 de Novembro de 2016

Assinado por:
MARIA ELIANE MOREIRA FREIRE
 (Coordenador)

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