

Phototoxicity in a laryngeal cancer cell line enhanced by a targeting amphiphilic chlorin photosensitizer

Milene N.O. Moritz^a, Carlos Rossa Junior^b, Kleber T. de Oliveira^c, Marciana P. Uliana^c, Janice R. Perussi^{a,d,*}

^a Programa de Pós-Graduação Interunidades Bioengenharia EESC/FMRP/IQSC, Universidade de São Paulo, São Carlos, SP, Brazil

^b Departamento de Diagnóstico e Cirurgia, Universidade Estadual Paulista Júlio de Mesquita Filho, Araraquara, SP, Brazil

^c Departamento de Química, Universidade Federal de São Carlos, São Carlos, SP, Brazil

^d Instituto de Química de São Carlos, Universidade de São Paulo, São Carlos, SP, Brazil

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ABSTRACT

Background: Photodynamic therapy (PDT) has been established in several countries as an alternative therapy for the treatment of various malignancies. This therapy involves the incorporation of a photosensitizer (PS) that is activated by visible light and form reactive oxygen species leading to target cell death by apoptosis or necrosis. Previously, our group has demonstrated that CHL-T (semi-synthesized from chlorophyll *a* and containing a linked solubilizing group TRISMA[®]) presented a pronounced potential to induce death in HeLa cell line after PDT. In the present study, besides confirm the high cytotoxicity in another cell line, we have further investigated the cell death mechanisms caused by CHL-T as a photosensitizer in laryngeal carcinoma cells.

Methods: Cells were exposed to different concentrations of three photosensitizers, namely, hypericin (HY), unmodified chlorin (CHL) and a synthesized amphiphilic chlorin derivative (CHL-T). PSs accumulation and localization were accessed by fluorescence assays. Photosensitization was induced at 6 J cm^{-2} using red LEDs ($630 \pm 10 \text{ nm}$). Viability was assessed by mitochondrial function (MTT); whereas apoptosis/necrosis was evaluated by fluorescence microscopy and flow cytometry. Expression of pro-apoptotic p53 protein was studied by Western blot.

Results and conclusions: All PS showed similar localization profile in the HEP-2 cells. The use of CHL-T increased the percentage of apoptotic cells and also p53 expression in comparison with the use of HY and CHL as photosensitizers. This study shows a significant effect of CHLT associated with red light ($630 \pm 10 \text{ nm}$ and 18 mW cm^{-2}) irradiation on a cancer cell line, indicating the potential of this amphiphilic chlorin in enhancing the therapeutic effectiveness of Photodynamic Therapy (PDT).

1. Introduction

Photodynamic therapy (PDT) is a modality of cellular or micro-organism damage which allows for a greater selectivity of the treated area, since the light stimulus and its biological effects can be precisely directed and restricted to the targeted tissue/area [1,2]. PDT involves the incorporation of a photosensitizer (PS), a chemical compound that is activated by visible light in the presence of oxygen leading to formation of Reactive Oxygen Species (ROS), and consequently to tumor cell death [2,3]. However, to establish PDT as a mainstream therapeutic option, some limitations have to be eliminated [4].

New photosensitizers (PSs) have been developed in order to overcome limitations such as the prolonged photosensitivity caused by

porphyrins, as well as to absorb light at longer wavelengths [5]. Importantly, the amphiphilic character of a PS is crucial both for its transport in the blood stream and for its entry into the cells with their lipid-containing plasma membrane [6,7].

Chlorins and hypericin are PSs, characterized by absorption at longer wavelengths, shorter periods of photosensitivity and higher production of singlet oxygen in comparison with porphyrins. However, many chlorin derivatives and hypericin are poorly soluble in water-based vehicles and have high tendency for aggregation as well, which limit their use in PDT [8]. To overcome these mentioned inefficiencies, modified chlorin derivatives have been synthesized achieving a number of physico-chemical properties more suitable for PDT treatments [9–12].

* Corresponding author at: Departamento de Química e Física Molecular, Instituto de Química de São Carlos, Universidade de São Paulo, Av. Trabalhador São Carlense, 400, 13566–590 São Carlos, SP, Brazil.

E-mail address: janice@iqsc.usp.br (J.R. Perussi).

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Intrinsic regulatory pathways of cell survival and death are rigorously controlled, and identifying which pathways are involved in mediating the survival of cancer cells may have therapeutic implications [13]. The p53 protein plays an important role in regulating apoptosis, cell cycle, cell senescence and DNA repair. Upon a stress signal, p53 is translocated to the mitochondria and interacts with the Bcl-2 family proteins, triggering the caspase cascade and chromatin condensation, which are initial events leading to apoptosis [14].

There is much interest in identifying the molecular mechanisms associated with PDT-induced cell death, as this understanding can enable the use of novel strategies improving the efficiency of PDT [15,16]. In the present study, methylpheophorbide *a* (CHL) was semi-synthesized from chlorophyll *a*, and a amphiphilic chlorin derivative (CHL-T) obtained from (CHL) after transamidation reaction with TRISMA® (2-amino-2-(hydroxymethyl)propane-1,3-diol) [17]. That previous paper from our group indicated that this chemical modification activated cell death in cervical tumor cells in low concentrations, whereas a non-neoplastic cell line was affected only at higher concentrations, demonstrating selectivity for neoplastic cells. Therefore, the aim of the present study was characterize the cytotoxic effects and to elucidate the molecular mechanisms in HEP-2 cell line of CHL-T in comparison with CHL and with another well-studied photosensitizer, hypericin.

2. Materials and methods

2.1. Cell culture

Human laryngeal carcinoma cells (HEP-2 ATCC® CCL-23™) were obtained from Adolfo Lutz Institute (São Paulo-SP, Brazil). Cells were cultured in Iscove's medium supplemented with 10% fetal bovine serum and 0.01% of antibiotics (penicillin and streptomycin) at 37 °C and 5% CO₂. For all experiments the minimum cell viability considered for plating was 90%, using the trypan blue test.

2.2. Photosensitizers (PSs)

The hypericin (HY) was synthesized by Dr. Anderson O. Ribeiro from Center of Natural Sciences and Humanities of Federal University of ABC (Santo Andre, SP, Brazil) according to described protocols [18] and chlorin derivatives (CHL and CHL-T) were synthesized by Dr. Kleber T. Oliveira [17] from Chemistry Department of Federal University of Sao Carlos (Sao Carlos, SP, Brazil). The stock solutions were prepared in dimethyl sulfoxide (DMSO) at 1000 µg mL⁻¹, sonicated, sterilized by filtering through a 0.22 µm pore membrane and stored at 4 °C with protection from light. The absorption spectra are presented in Fig. 1. The molar absorption coefficients are 2.29×10^4 , 5.51×10^4 and 2.16×10^4 M⁻¹ cm⁻¹ respectively to CHL (667 nm), CHL-T (670 nm) and HY(599 nm).

2.3. Intracellular accumulation of photosensitizers

Fluorescence emission was used to determine the amount of PSs incorporated by the cells after 1; 2; 4; 8; 16 and 24 h of incubation with the PSs after the lysing of the cells with ethanol. First, 10⁵ cells were seeded in 6 cm plate dishes and after 24 h the photosensitizers were incubated during the different periods mentioned above. Then, cells were lysed with ethanol, centrifuged and PSs in the supernatant were measured by fluorescence. The fluorescence intensities were normalized by the protein concentration of each sample obtained according to the Lowry method using the Folin reagent [19]. Analytical curves of each tested PS were previously obtained in ethanol. Fluorescence measurements were performed in a spectrofluorimeter (HITACHI F-4500, Japan). Data were analyzed in OriginPro 8 program.

2.4. Intracellular localization of photosensitizers

Fluorescence images were accessed by fluorescence microscopy to determine the PSs localizations. The cells were plated (10⁴ cells per well) in a 96 well black plate (greiner) and incubated overnight. After, the PSs (CHL, CHL-T and HY) were added at 5 µM and incubated for 1 h. Then, the cells were washed twice with PBS, fixed with 4% formaldehyde and the nuclei were stained with 2.5% DAPI (4'-6-Diamidino-2 Phenilidol). The images were acquired by automated fluorescence microscopy with the Digital Confocal Option at MetaXpress software (ImageXpress®, Molecular Device) at a 600 × magnification. The PSs were excited at 628/40 nm and detected at 692/40 nm; DAPI fluorescence were excited at 374/50 nm and detected at 447/60 nm.

2.5. Irradiation conditions

For all cellular assays was used an illumination table (Biotable, LAT-CEPOF, Sao Carlos, Brazil) containing a matrix of 5 × 10 LEDs emitting red light (630 ± 10 nm) at an irradiance of 18 mW cm⁻². The total light dose used was 16 J cm⁻² and corresponds to 13 min and 51 s.

2.6. Cell photosensibilization

For photodynamic assays, cells were initially incubated with different concentrations of CHL, CHL-T or HY for 2 h and 16 h to allow the cellular uptaking of the PSs. For the cytotoxic assays, 2 × 10⁴ cells mL⁻¹ were seeded in 96-well plates with 200 µL of medium per well. 1 × 10⁶ cells mL⁻¹ were seeded for apoptosis/necrosis/Western Blot assays in 6-well plates with 2 mL of Iscove's Modified Dulbecco's medium supplemented with 10% FBS and grown at 37 °C and 5% CO₂.

2.7. MTT cell viability assay

A total of 2 × 10⁴ cells per well were plated in each well of 96-well plates. After 24 h, the different PSs were added at the indicated concentrations in culture medium for 2 or 16 h (predetermined by the accumulation assay). Then, the cells were washed with PBS and irradiated. Twenty-four h post irradiation, MTT was added to each well and after 4 h the formazan crystals formed were solubilized with 50 µL of absolute ethanol and 150 µL of isopropyl alcohol. Absorbance at 570 nm were determined using an absorbance microplate reader (VersaMax, Molecular Devices) and the median inhibitory concentrations (IC₅₀) calculated using the program CalcuSyn [20]. Controls included untreated cells; cells treated with PSs but not irradiated; and cells that were irradiated in the absence of PSs. Three independent assays with sextuplicates were performed.

2.8. Cell death assays

Cell death (apoptosis and necrosis) induced by photodynamic process was evaluated by fluorescence microscopy and flow cytometry. For fluorescence microscopy, cells were stained with ethidium bromide and acridine orange [21]. Visualization was performed with a fluorescence microscope (Olympus BX41), at 200 × magnification, excitation filter at 460/90 nm, 500 nm dichromatic mirror and 520 nm barrier filter. A trained operator unaware of the experimental conditions counted 200 cells in random fields of each well to calculate the percentage of cell death. Two independent assays with triplicates were performed.

Apoptosis was assessed by flow cytometry using a commercially available kit (FITC-Annexin V Apoptosis Detection Kit, BD Biosciences), according to the manufacturer's instructions and the data was acquired on a FACS Verse (BD Biosciences) cytometer. Cells were plated (1 × 10⁶ cells/well) in 6-well plates. After 24 h, PSs were incubated at 0.52 µM during 2 h. This pre-incubation time was chosen once cellular accumulation was similar for both chlorin derivatives at the mentioned

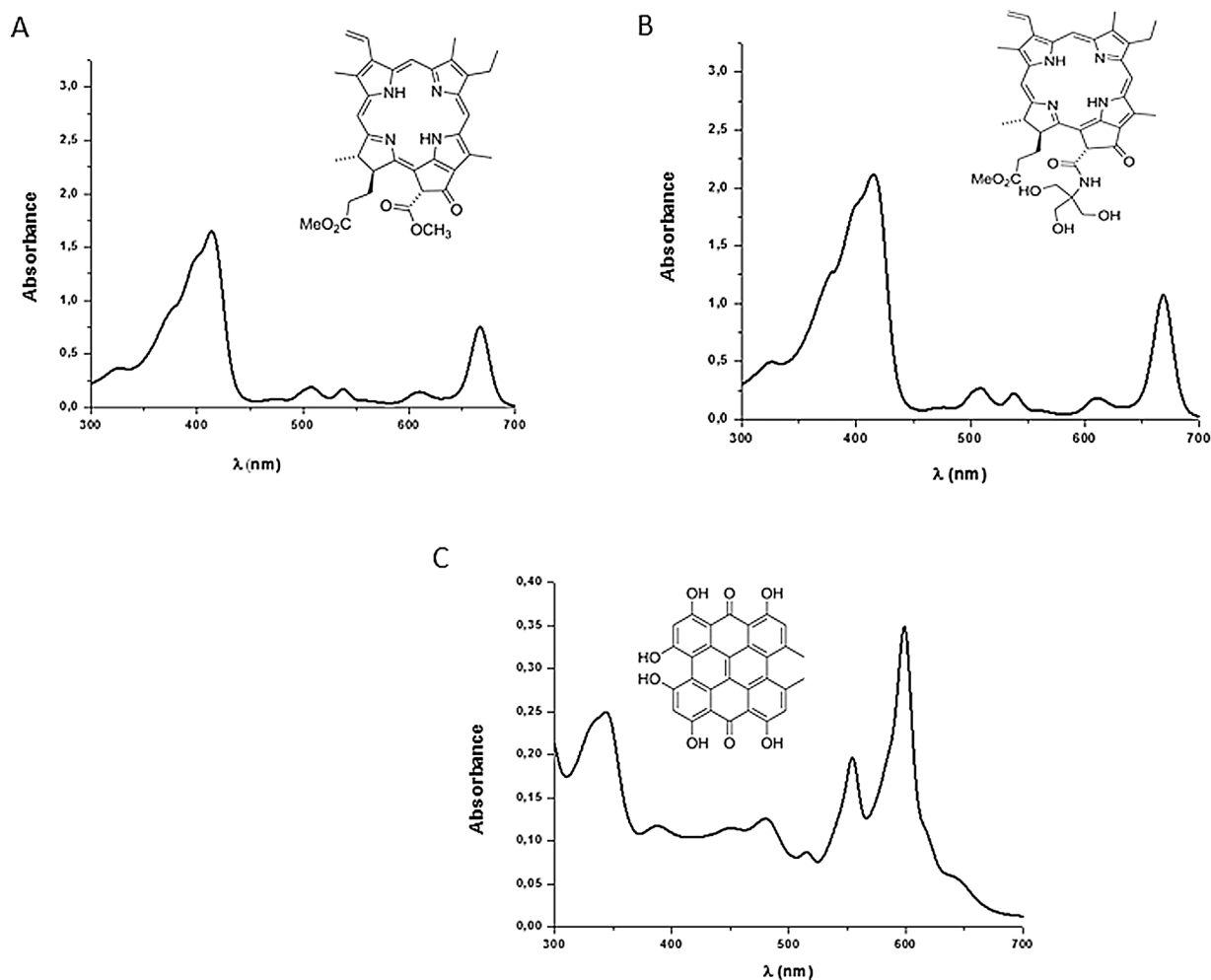


Fig. 1. Absorption spectra of 2×10^{-5} M PS solutions in DMSO. A: CHL; B: CHL-T; C: HY.

condition. Cells were washed with PBS and irradiated. After an additional 24 h cells were detached from the plates, combined with unattached cells suspended in the culture medium and stained with Annexin V-FITC and PI. A minimum of 10,000 events acquired in two independent experiments with triplicates were considered for the analysis of the results.

For both cell death assays, controls were included: untreated cells; cells treated with PSs but not irradiated; and cells irradiated in the absence of PSs. In the flow cytometry experiment, the gating strategy initially excluded cell debris (on a FSC-SSC dot-plot), generating 'P1' and subsequently the cell doublets were excluded on two dot-plots: FSC-Area x FSC-Width and SSC-Area x SSC-Width. These dot-plots generated P2 (considering only 'P1' events, i.e., cells minus cell debris and excluding cell doublets) and P3 (considering only 'P2' events, i.e., cells and a 'second pass' to exclude cell doublets). A fourth dot plot (considering only 'P3' events) was set up with the parameters FITC x PE to identify fluorescence signals emitted by Annexin V-FITC and propidium iodide (PI) after excitation with the 488 nm laser. Compensation for the spectral overlap between fluorescence detection in FL1 (FITC) and FL2 (PE) channels was based on the experimental controls and adjusted after data acquisition using the median fluorescence intensity of positives in the negative channel.

2.9. p53 protein expression

Effect of PDT on p53 protein expression was assessed by Western blot. Briefly, 1×10^6 cells were plated in each well of 6-well plates. After 24 h, the PSs were incubated at a concentration of 0.52 μ M during

2 h (standardized conditions). Then, the cells were washed with PBS and irradiated. After 24 h, total cell lysates were collected under non-denaturing conditions using a Tris-Cl, Triton-X-based lysis buffer (Cell lysis buffer, Cell Signaling) supplemented with a cocktail of protease inhibitors (Complete EDTA-free, Santa Cruz). Protein quantitation was carried out using the Bradford method, according to the supplier's instructions (Bio-Rad Lab). 40 μ g of each sample were diluted in a denaturing sample buffer containing glycerol, SDS, DTT and bromophenol blue. A mouse monoclonal antibody for p53 (cat# ab26, Abcam) was used at 1:4000 dilution. Loading control was assessed by detecting GAPDH with a rabbit monoclonal antibody (cat# 2118, Cell Signaling) at 1:1000 dilution. Detection of proteins was performed by incubating the membranes with species-specific secondary antibodies conjugated to HRP and a chemiluminescence system (Super Signal West Pico Chemiluminescent Substrate – Thermo Scientific/Pierce). Images were obtained on a digital documentation system (Chemi-Doc Xr, Bio Rad Lab) and relative quantitation was done by densitometric analysis of the images using the Image J software and normalizing to GAPDH band densities. Two independent experiments were carried out and the samples were performed twice to the Western blot analysis.

2.10. Statistical analysis

The purpose of data analysis was to compare the results of interest among the different PSs used. In general, when data distribution was near-normal we used ANOVA followed by post-hoc Tukey for multiple comparisons, unless otherwise indicated. All analysis was performed using GraphPad 5.0 software with significance level set to 5%.

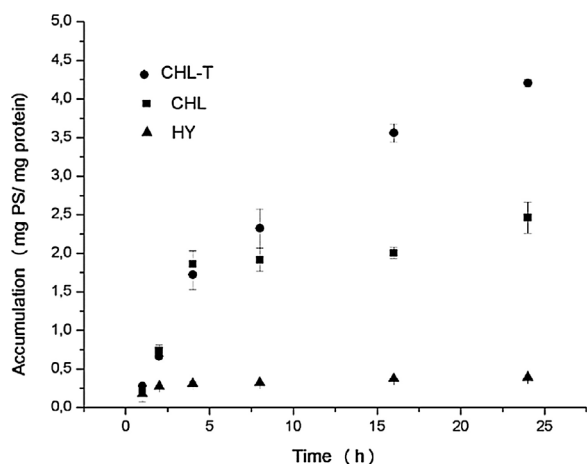


Fig. 2. Intracellular accumulation (PS mg/mg cell protein) of photosensitizers at concentration of 1.4×10^{-6} M in HEP-2 cells as a function of incubation time, $n = 3$.

3. Results

3.1. Intracellular accumulation of photosensitizers

Cell lysates prepared at different time points were used to determine the accumulation of the different PSs by quantitating the fluorescence emitted, which was directly proportional to the quantity of PSs in the cytosol. The data for intracellular PS accumulation over time is shown in Fig. 2.

Intracellular accumulation of both (CHL and CHL-T) was markedly greater than for hypericin after 2 h of incubation. At the same concentration, accumulation of the modified chlorin (CHL-T) was clearly greater than for CHL after 16 and 24 h of incubation.

3.2. Photosensitizers localization assay

The localization of each PS (CHL, CHL-T and HY) are shown in Fig. 3. The PSs are perinuclear located (indicated by arrows) in the cytoplasm and their distribution appears similar comparing each one.

3.3. MTT cell viability assay

The effects of CHL, CHL-T and HY on cell viability are indicated as the relative percentages of cell viability in comparison to the corresponding control. To determine the mean inhibitory concentration (IC_{50}) of the PSs at the defined irradiation conditions (6 J cm^{-2}), we used two incubation periods: 2 and 16 h. Irradiation was done using red LED at $630 \pm 10 \text{ nm}$.

The results presented in Table 1 and Fig. 4 suggests that the structural modification performed in CHL-T improved the efficiency by 10 fold in both incubation times used. The IC_{50} of CHL-T after 2 h incubation is 15 fold lower than for HY. However, after 16 h of incubation, CHL-T was only about two times more cytotoxic than HY [22]. Previous studies in our group showed the same in other cell line and

Table 1

Mean inhibitory concentrations (IC_{50}) for PSs incubated for 2 h and 16 h. Cells were irradiated during 13 min 51 s with red light ($630 \pm 10 \text{ nm}$) at dose of 6 J cm^{-2} ; 18 mW cm^{-2} and evaluated after 24 h, $n = 3$.

Incubation Time	IC_{50} (HEP-2) [μM]	
	2 h	16 h
CHL	0.52 ± 0.14	0.34 ± 0.19
CHL-T	0.06 ± 0.02	0.03 ± 0.01
HY	0.72 ± 0.16	0.05 ± 0.01

support that the period of 2 h is enough to chlorin derivatives to achieve lower IC_{50} , while HY needs more time to accumulate and consequently to reducing its IC_{50} [17].

In addition, we verified that the concentrations of the three PSs used showed no cytotoxicity in the absence of irradiation (data not shown).

3.4. Determination of cell death type after photodynamic treatments

3.4.1. Fluorescence microscopy

After PDT using the different PSs (incubation period of 2 h), cells were labeled with ethidium bromide (EB) and acridine orange (AO) for detection of apoptosis (green nuclei with condensed chromatin) and necrosis (orange nuclei). A trained examiner counted a total of 200 cells in each well on a fluorescence microscope. The percentages of apoptotic and necrotic cells according to the experimental conditions are shown in Table 2. Percentage of live cells in the untreated controls, cells treated with PSs only without irradiation and cells irradiated but not exposed to the PSs were always greater than 80% (data not shown).

Increasing concentrations of all three PSs are associated with a corresponding increase in the percentage of cell death. It is noteworthy that the percentages of cell death achieved with CHL-T are only obtained with CHL or HY at concentrations approximately 10 times greater. These results indicate that the efficiency of the novel CHL-T is markedly superior in inducing cell death than CHL or HY.

Cell death (apoptosis and necrosis) was also assessed after a 16 h incubation with a concentration equivalent to $2 \times IC_{50}$ (obtained for 2 h of incubation) of each PS (Table 3).

After 16 h of incubation with the tested PSs, the percentage of both apoptotic and necrotic cells was significantly higher for all PSs; however, this increase was noticeably greater for both chlorin derivatives (about 5-fold increase) in comparison with HY (about 2-fold increase).

The concentration of $0.52 \mu\text{M}$ (IC_{50} of CHL at 2 h of incubation) was chosen to compare the effect of the three PSs. Representative images of fluorescence microscopy are shown in Fig. 5.

The standardized concentration of $0.52 \mu\text{M}$ was not cytotoxic for HY and CHL; in contrast to the noticeable cell death induced when CHL-T was used as the PS.

3.4.2. Flow cytometry

To confirm the induction of cell death by apoptosis or necrosis we used flow cytometry as an alternative experimental approach. These experiments were performed using standardized conditions: $0.52 \mu\text{M}$ of

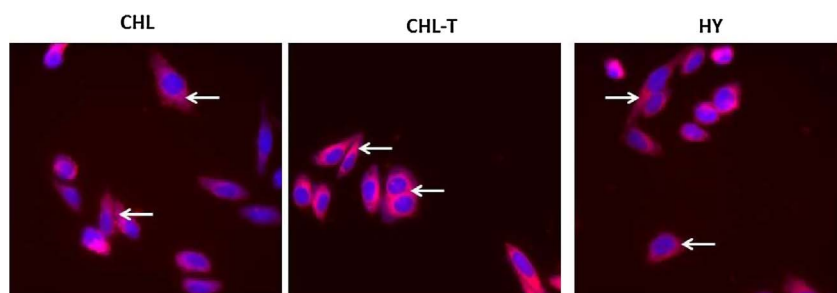


Fig. 3. Fluorescence microscopy image of HEP-2 cells simultaneously incubated with CHL (A), CHL-T (B) or HY (C) at $5 \mu\text{M}$ during 1 h and DAPI (2,5%). Overlays of the PSs fluorescence images (red) and nuclei stained with DAPI (blue). (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

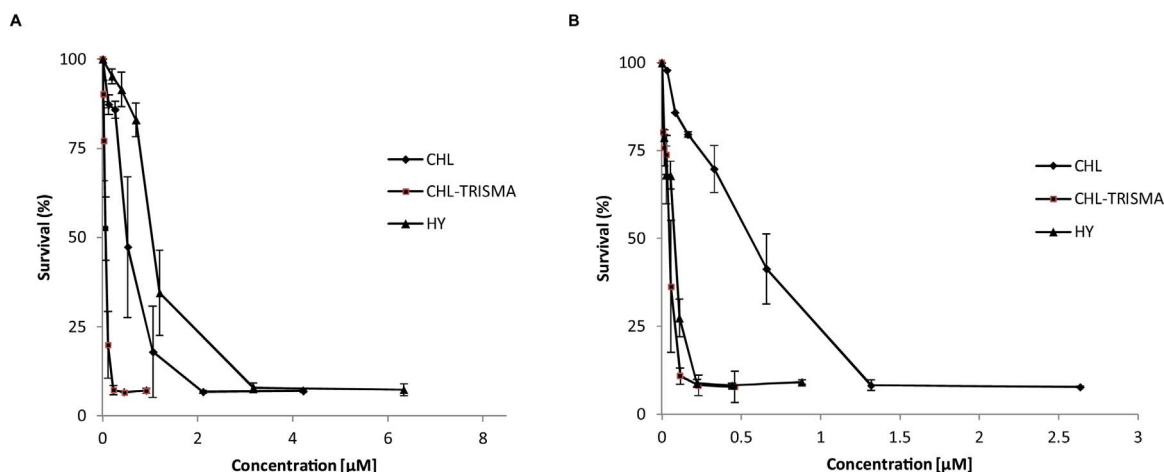


Fig. 4. Percentage of cell survival as a function of the PS. Cells were irradiated with red light (630 ± 10 nm) at 6 J cm^{-2} and cell viability evaluated after 24 h. A: 2 h incubation time. B: 16 h incubation time, $n = 3$. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

Table 2

Percentages of cell death (apoptosis and necrosis) assessed by fluorescence microscopy in HEp-2 cells labeled with ethidium bromide and acridine orange 24 h after photodynamic treatment using the three tested PSs at the indicated concentrations (2 h incubation period, irradiation during 13 min 51 s with red light – 630 ± 10 nm- at 6 J cm^{-2} ; 18 mW cm^{-2}). * $p < 0.05$, ANOVA followed by Tukey, in comparison with untreated control cells, $n = 2$.

HEp-2			
PS	[PS] (μM)	Apoptosis (%)	Necrosis (%)
CHL	0.52	1.6 ± 1.2	1.0 ± 0.6
CHL	1.04	8.2 ± 2.7	5.7 ± 1.1
CHL	2.08	$37.5^* \pm 6.4$	5.8 ± 1.6
CHL	8.49	$22.2^* \pm 0.5$	$69.3^* \pm 0.3$
CHL-T	0.06	1.1 ± 0.1	0.7 ± 0.4
CHL-T	0.12	5.1 ± 1.1	5.5 ± 1.1
CHL-T	0.24	9.7 ± 0.1	$87.0^* \pm 15.9$
CHL-T	0.52	$20.3^* \pm 4.5$	$75.9^* \pm 6.1$
CHL-T	0.92	$50.1^* \pm 5.2$	$41.7^* \pm 5.3$
HY	0.52	5.1 ± 0.4	4.1 ± 1.7
HY	0.72	5.3 ± 0.4	4.4 ± 0.7
HY	1.44	8.1 ± 2.8	9.9 ± 1.3
HY	2.88	6.1 ± 2.7	$85.8^* \pm 5.5$

Table 3

Percentages of cell death (apoptosis and necrosis) assessed by fluorescence microscopy in HEp-2 cells labeled with ethidium bromide and acridine orange 24 h after photodynamic treatment with the three tested PSs at the indicated concentrations equivalent to $2 \times \text{IC}_{50}$ of CHL (16 h incubation period, irradiation at 630 ± 10 nm with 6 J cm^{-2}). * $p < 0.05$, ANOVA followed by Tukey, in comparison with untreated control cells, $n = 2$.

HEp-2			
PS	[PS] (μM)	Apoptosis (%)	Necrosis (%)
CHL	1.04	$31.3^* \pm 3.7$	$30.4^* \pm 5.6$
CHL-T	0.12	$28.6^* \pm 2.5$	$20.7^* \pm 5.5$
HY	1.44	$16.9^* \pm 2.8$	$21.1^* \pm 7.7$

PSs, 2 h of pre-incubation before the irradiation. Cells were evaluated 24 h after PDT. Controls included untreated cells, cells treated only with the PSs without irradiation, and cells irradiated but not exposed to any of the PSs. All controls had greater than 80% viable/live cells (data not shown).

To ensure that there was no interference from the fluorescence emitted by the PSs with that of the fluorophores FITC and PI used in the assay, cells treated with PSs only were analyzed. The results showed that the $0.52 \mu\text{M}$ concentration of the PSs was not detected by the FL1 and FL2 photodetectors in the flow cytometer (data not shown).

Cells in the lower left quadrant are viable cells (FITC/PI-negative),

in the lower right quadrant (FITC-positive/PI-negative) correspond to early apoptotic cells and in the right upper quadrant (FITC/PI-positive) the late apoptotic cells. Both CHL and HY did not reduce the percentage of viable cells, in contrast with the significant increase in early/late apoptotic cells observed with the use of CHL-T as the PS (Fig. 6).

3.5. Evaluation of p53 protein expression by Western blot

At the standardized concentration of $0.52 \mu\text{M}$ of CHL and HY, PDT caused a discrete increase in the expression of pro-apoptotic p53 protein; whereas CHL-T at the same concentration caused a markedly greater increase in p53 protein (Fig. 7), which supports the findings of increased cell death associated with the use of CHL-T as the PS in the fluorescence microscopy and flow cytometry experiments.

4. Discussion

Our studies have shown that the CHL and CHL-T accumulate more in tumor cells than hypericin. It has been reported that increased intracellular accumulation may affect their cytotoxic effect [23,24]. Previous studies by our group show that chlorin derivatives (CHL and CHL-T) accumulate more than HY in HeLa cells [17,22]. In this study, we confirmed that CHL and CHL-T have a greater uptake than HY in the studied incubation periods in laryngeal carcinoma cells, and that CHL-T presents even greater intracellular accumulation than CHL. The increased accumulation of photosensitizer inside the cell is a relevant factor for the cytotoxic effect of PDT; however other factors need to be considered such as cell type, sub-cellular localization of PSs, and singlet oxygen generation [25,26].

The localization of the three PSs studied in the cytoplasm was similar. It can be noticed that the distribution of PSs are homogeneous in the perinuclear space and did not distinguish for the three PSs. As the modification in the CHL structure to CHL-T increase its accumulation in HEp-2 cells and did not modify its localization, we conclude that the higher efficiency of CHL-T is due to the TRISMA group added, increasing its hydrophilicity and accumulation rate in the cells.

To compare the efficiency of cell death with PDT using CHL-T, we used a 2 h pre-incubation period, chosen because accumulation was similar for both CHL and CHL-T and also a 16 h pre-incubation period in which CHL-T intracellular accumulation markedly exceeded that of CHL. The irradiation conditions were also standardized. Results of the MTT assay demonstrate that the novel chemical modification performed in CHL improved its efficiency in inducing cell death by about 10-fold after both used incubation periods. When comparing cytotoxicity of CHL-T with that of HY, after the 2 h incubation the IC_{50} of HY

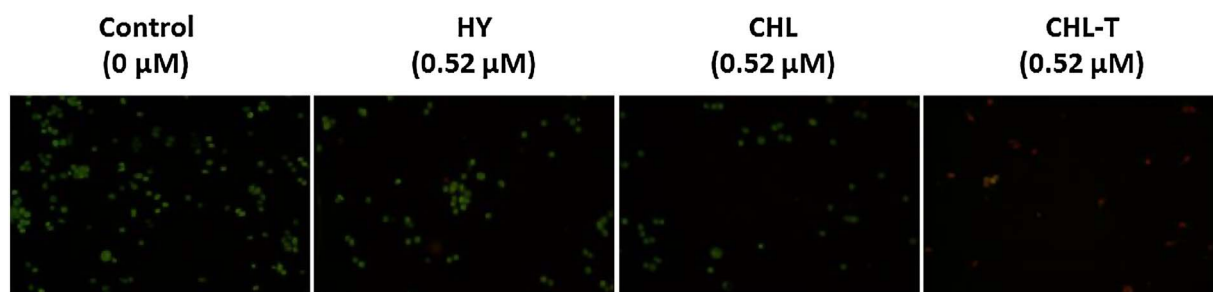


Fig. 5. Fluorescence microscopy of HEP-2 cells 24 h after PDT using a 2 h incubation period with 0.52 μM of HY, CHL and CHL-T and standardized irradiation conditions with red light ($630 \pm 10 \text{ nm}$, 6 J cm^{-2} , $I = 18 \text{ mW cm}^{-2}$) during 13 min 51 s. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

was about 15-fold greater than CHL-T; whereas after the 16 h of incubation the IC_{50} of HY was only twice compared to CHL-T. Our results, obtained by the MTT assay for the efficacy of HY as a PS is supported by a study using nasopharyngeal carcinoma cells incubated at a similar concentration ($0.05 \mu\text{g/mL}$ – $0.09 \mu\text{M}$) using 20 h of pre-incubation [27]. Similarly, the use of chlorin derivatives as PS in PDT is reported to have cytotoxic effect in other neoplastic cell lines, when used in longer pre-incubation and at a concentration of $0.5 \mu\text{M}$, supporting our findings using CHL as the PS [28]. In breast tumor cells, with a 10-fold lower energy of irradiation (0.63 J cm^{-2}) in comparison with that used in this study, the IC_{50} of CHL was approximately $60 \mu\text{M}$ [29]. Collectively, these results indicate that the irradiation conditions play an important role in the efficacy of PDT; and also that the efficacy of PDT depends on the nature of the PS. An important aspect related with the nature of the PSs is the amphiphilicity, which affects its cellular uptake and intracellular localization [25]. Our results indicate that the novel

structural amendment increased the amphiphilic characteristic of CHL and contributed to its increased cytotoxicity (CHL-T) when used as a PS in PDT treatments.

The cell death pathway activated, apoptosis or necrosis, is influenced by the concentration and subcellular localization of photosensitizer, irradiation conditions and cell type [26,30,31]. We determined the IC_{50} of each PS tested and used these concentrations to analyze the type of cell death by fluorescence microscopy. Our results indicated that in a fixed period of incubation (2 h) and standardized irradiation conditions higher concentrations of PS increased the proportion of cell death by necrosis. Interestingly, this trend was not consistent for the novel CHL-T, with increased cell death by apoptosis in higher concentration ($0.92 \mu\text{M}$). This can be considered as a favorable result of this novel CHL-T, because with increasing concentration of this PS, there were more apoptotic cells, which is the desirable “clean” type of cell death.

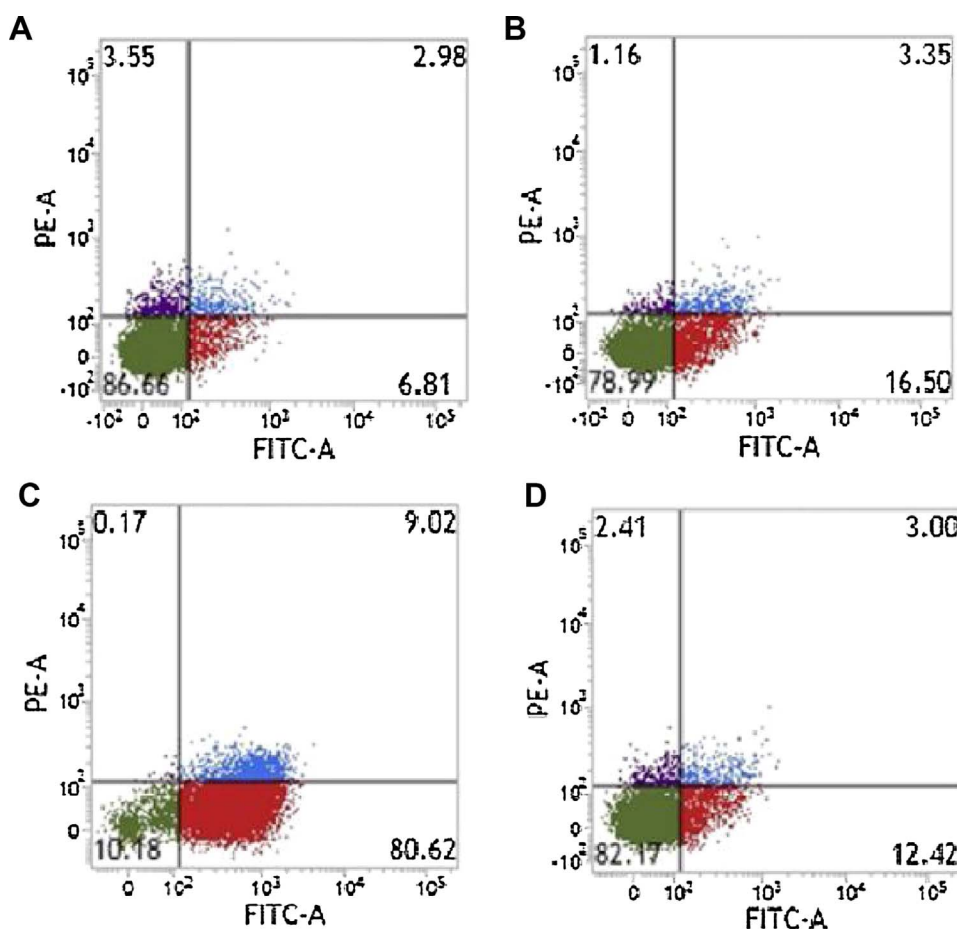


Fig. 6. Representative dot-plots of flow cytometry analysis of HEP-2 cells using the Annexin V-FITC/PI assay 24 h after PDT using the indicated PSs under standardized irradiation conditions with red light ($630 \pm 10 \text{ nm}$, 6 J cm^{-2} ; 18 mW cm^{-2}) during 13 min 51 s. A: negative control. B: $0.52 \mu\text{M}$ of CHL. C: $0.52 \mu\text{M}$ of CHL-T. D: $0.52 \mu\text{M}$ of HY. The values presented in each quadrant represent the cell percentages. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

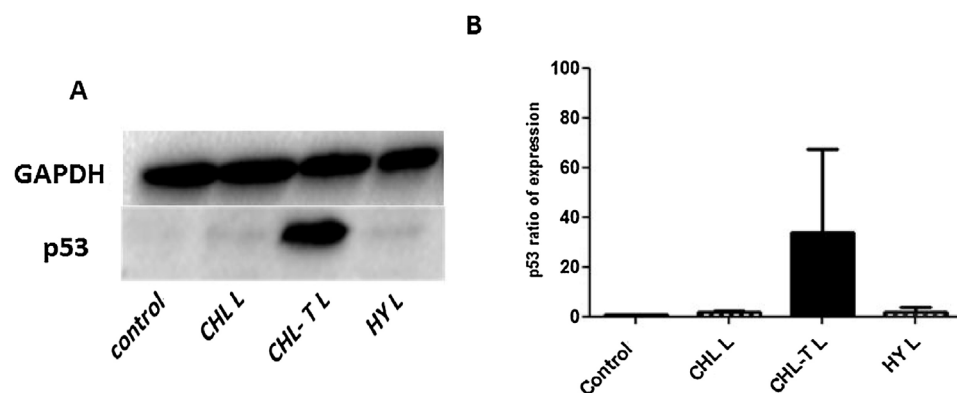


Fig. 7. (A) Representative image of western blot for p53 protein in HEp-2 cells 24 h after PDT using standardized concentration of the tested PSs (0.52 μM) and standardized irradiation conditions with red light ($630 \pm 10 \text{ nm}$, 6 J cm^{-2} ; 18 mW cm^{-2}) during 13 min 51 s. (B) Results of the semi-quantitative analysis by densitometry of the bands corresponding to p53 protein expression, normalized to the expression of GAPDH (ImageJ software), $n = 2$. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

In multiple experimental settings using different photosensitizers and cell lines, apoptosis was found to be a prevalent cell death type in PDT [32]. Our data derived from flow cytometry analysis which has confirmed that CHL-T at 0.52 μM markedly induces apoptosis in HEp-2 cells, whereas unmodified CHL and HY at the same concentration and irradiation conditions do not work similarly. The results of this experiment supports the findings of the other assays used in this study, demonstrating a greater potential of the novel CHL-T in inducing apoptosis of laryngeal cancer cells.

Cytotoxicity is usually measured by the mitochondrial enzyme activity (MTT assay) commonly interpreted as directly proportional and representative of cell viability and proliferation, however is an estimated colorimetric assay. According to Kepp et al., MTT-based assays are highly susceptible to metabolic interference, however these tests are very useful to obtain preliminary information and their results must be validated in secondary assays based on cell death markers [33]. Comparing the three methods used we expected different results. Despite the peculiarities of each method, it could be verified that CHL-T was the most cytotoxic PS compared to other two.

p53 is a tumor suppressor protein that rapidly responds to stress signals and can direct cells to mitochondria-mediated (intrinsic pathway) apoptosis [34,35]. Recently, over 3500 genes have been identified as targets of p53-mediated regulation, including genes associated with cell cycle control, DNA repair, apoptosis, metabolism and mRNA translation [36]. This protein is an important pro-apoptotic factor and several anti-tumor drugs target p53 activation as a therapeutic strategy. p53 activates other pro-apoptotic mediators such as Bax and DR-5 [37]. There is evidence indicating that p53 is involved in PDT-mediated cell death of human cells [26,38]. Importantly, a recent report associates increased p53 expression with the induction of apoptosis by a semi-synthetic analogue of a plant extract in HEp-2 cells [39]. We observed a clear and increase in p53 protein expression associated with PDT using the novel CHL-T as a PS, which correlated with the increased cytotoxicity and cell death by apoptosis using CHL-T. These results are supported by other studies, since the tumor death effects from PDT are associated with increased expression of p53; however the cytotoxic effects may also include p53-independent apoptosis [40,41]. Also, further studies will assess the biological role of this p53 increase for the enhanced apoptosis of HEp-2 cells subjected to PDT using CHL-T, as we cannot rule out that this increase in p53 expression is a feedback response to the apoptotic stimulus and not causally related with the outcome of apoptotic cell death. Even though the cytotoxic effects of PDT may not be exclusively dependent on p53 expression, there is a clear relationship between cell deaths induced by PDT effect and expression of p53. Our results demonstrate that the novel CHL-T used as PS enhances the cytotoxic effect of PDT in human laryngeal cancer cell line HEp-2.

5. Conclusion

Our experimental study demonstrates, for the first time, that the use of a new photosensitizer CHL-T strongly enhances the cytotoxic effect of PDT in HEp-2 cells. Moreover, the CHL-T presents increased intracellular accumulation and, at low concentrations this chemically modified chlorin strongly induces cell death predominantly by apoptosis, which is associated with increased expression of p53. Collectively, our results support a strong potential for this chemically-modified chlorin and should be further studied as a therapeutic approach for cancer treatment.

Conflict of interest statement

The authors declare that there are no conflicts of interest.

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