



# Antiproliferative effect of apocynin in cervical epithelial cells infected by HPV 16 involves change of ROS production and cell cycle

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**Abstract** The cervical cancer is characterized as a public health problem. The human papillomavirus, especially the high-risk types 16 and 18, is present in 99.7% of cases of invasive cervical cancers. Due to high prevalence, the search for new drugs for the treatment is continuous. The apocynin, compound belonging to the class of catechol-methoxy acetophenone, has been used as an effective and non-toxic inhibitor of the NADPH oxidase complex, in many experimental models. Some early studies have indicated that apocynin also exerts antiproliferative activity inducing cell death by apoptosis. Thus, we evaluated the effect of apocynin in cervical epithelial cells infected by human papillomavirus 16 (SiHa cells) by analyzing oxygen species production, cell cycle, cell morphology, cell

volume, membrane integrity and mitochondria membrane potential. Our data showed that apocynin induces anti-proliferative effects by decreasing reactive oxygen species production and inducing cell cycle arrest, activating pathways that induce apoptosis cell death.

**Keywords** SiHa · HPV 16 · Apocynin · Reactive oxygen species

## Introduction

Cancer of the cervix is the second most gynecologic malignancy among women, accounting for approximately 12% of all female cancers (Pisani et al. 2002). According to the latest report from the International Agency for Research on Cancer/WHO, the incidence was estimated to be 12.7 million new cases annually, with a mortality rate of around 7.6 million people worldwide each year (INCA 2012). The human papillomavirus (HPV) is present in 99.7% of cases of invasive cervical cancers (Dunne et al. 2007; Spangle and Munger 2010). Studies have shown that HPV, especially the carcinogenic high-risk genotypes 16 and 18, are etiologically related to cervical cancer (Pilch et al. 2001). Factors such as suppression of apoptosis and cell adhesion appear to play an important role in the development of pathogenesis (DeFilippis et al. 2003).

Reactive oxygen species (ROS) are produced by mitochondria, peroxisomes, cytochrome P-450 and other cell components such as NADPH oxidase. ROS are essential players in many physiological signaling events, however the excessive production of ROS has been implicated in the progression of many diseases (Bedard and Krause 2007). For example, in many types of tumors ROS play an

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important role in the first steps of carcinogenesis and tumor progression by inducing DNA damage and cellular alteration such as up regulation of growth factors (Lee et al. 2006).

In recent years, studies have been conducted demonstrating a broad spectrum of action of apocynin, a methoxy-substituted catechol that inhibits the production of ROS by NADPH oxidase through the disruption of NADPH oxidase complex assembly (Barbieri et al. 2004). This complex is involved in important signaling pathways, including cell growth, cell survival and cell death (Bedard and Krause (2007); Stefanska and Pawliczak 2008). Studies also demonstrate the effect of apocynin on cancer cell lines such as, prostate cancer, with decrease in oxidative stress, anti-proliferative effect and increase in the number of apoptotic cell death (Suzuki et al. 2013).

Due to the high incidence of cervical cancer caused by the HPV 16 the present study investigated cell alterations induced by apocynin in SiHa cells (HPV 16). Our data showed that apocynin induces a decrease of reactive oxygen species production in cervical neoplastic cells immortalized by HPV 16 triggering biochemical alterations that lead to cell cycle arrest and antiproliferative effects.

## Materials and methods

### Preparation of apocynin

The stock solution of apocynin (Sigma–Aldrich Chemical Co. St. Louis, MO, USA) were prepared in dimethyl sulfoxide (DMSO) 60 mM followed by sonication, sonicator (Sonics, USA). The solution was diluted in DMEM at final concentrations of 10, 50, 100, 250, and 500  $\mu\text{M}$  for use in subsequent experiments so that the final DMSO concentration did not exceed 1%.

### Cell culture

Cervical neoplastic epithelial cells (SiHa cell, HPV-16 positive) donated by Dr. Luísa Lina Villa, ICESP-USP, São Paulo, Brazil, and African green monkey kidney *Cercopithecus ethiops* ATCC CCL-81(VERO) were grown in DMEM medium supplemented with 5000  $\mu\text{g}$  streptomycin and 125  $\mu\text{g}$  amphotericin B and 10% FBS at 37 °C in CO<sub>2</sub> incubator. After confluence and the cell monolayer formation, cells were trypsinized for 1 min, resuspended in DMEM containing 10% FCS and transferred into new plastic bottles.

### Cell viability and toxicity assay

A suspension of SiHa and Vero cells were plated in DMEM with 10% bovine fetal serum and antibiotics in 96-well plates at a concentration of  $5.0 \times 10^5$  cells/ml. The plate

was incubated for 24 h at 37 °C in 5% CO<sub>2</sub>. The monolayer obtained after 24 h was treated with different concentrations ranging from 10 to 500  $\mu\text{M}$  apocynin, and its respective controls. After incubation at 37 °C with 5% CO<sub>2</sub> for 48 h (SiHa) and 72 h (VeRo) the cells were evaluated by the method of 3-(4,5-dimethyl-2-thiazolyl) -2,5-diphenyl-2H-tetrazolium bromide (MTT), used to assess cytotoxicity and incubated for 4 h. Intracellular formazan crystals formed by the metabolism of MTT were solubilized with dimethyl sulphoxide and the absorbance of the solution was measured at 570 nm in a spectrophotometer (Bio Tek—Power Wave XS). The percentage of viability was calculated as (optical density (OD) of the cultures with treatment/DO control sample)  $\times$  100%.

### Treatment concentrations

On the basis of MTT results, two different doses IC<sub>50</sub> (50% inhibitory concentration) and IC<sub>90</sub> (90% inhibitory concentration) of apocynin were selected for further experiments. Control groups received only media without any apocynin treatment. Cells treated with apocynin were incubated for 48 h in CO<sub>2</sub> incubator at 37 °C for all experiments.

### Measurement of total ROS production

ROS production was evaluated after exposure of SiHa cells ( $5.0 \times 10^5$  cells/ml) to apocynin using 2',7'-dichlorodihydrofluorescein diacetate (H2DCF-DA) as a detector of intracellular ROS. H2DCF-DA can be converted by intracellular esterase to H2DCF, which is oxidized by ROS to highly fluorescent DCF. The cells were washed twice in Hanks' Balanced Salt Solution (HBSS) and incubated with 10.0 mM DCFH-DA in HBSS in 5% CO<sub>2</sub> at 37 °C for 30 min. Then, the cells were washed twice again in HBSS and incubated with HBSS buffer with iron free or iron supplemented medium. After, the SiHa cells were treated with apocynin for 48 h at 37 °C, washed twice with HBSS and read. Total ROS were measured as an increase in fluorescence that is caused by the conversion of non-fluorescent dye to highly fluorescent 2',7'-dichlorofluorescein (DCF) in a fluorescence microplate reader (Victor X3, PerkinElmer) at  $\lambda$  excitation = 488 nm and  $\lambda$  emission = 530 nm.

### Analysis of cell cycle

Cell cycle was evaluated after exposure of SiHa cells ( $5.0 \times 10^5$  cells/ml) to apocynin for 48 h at 37 °C. Then, the cells were suspended in phosphate-buffered saline (PBS) and fixed by addition of 70% ice cold methanol. The fixed cells were harvested, and washed with PBS and RNase (1  $\mu\text{g}/\mu\text{l}$ ) was added to the samples and the cells re-suspended in PI staining (10  $\mu\text{g}/\text{ml}$ ). Data acquisition and analysis were performed using a FACS Calibur flow cytometer equipped with

CellQuest software. A total of 10,000 events were acquired in the region that was previously established as the one that corresponded to the SiHa cells.

### Microscopy analysis

Morphology was evaluated in SiHa cells ( $5.0 \times 10^5$  cells/ml) seeded in 6-well plates with apocynin after 48 h. The cells were observed under a differential interference contrast (DIC) microscopy (Axiscope plus 2, Zeiss, Germany) and compared with the control group.

### Cell volume determination

Cell volume was evaluated after exposure of SiHa cells ( $5.0 \times 10^5$  cells/ml) to apocynin for 48 h at 37 °C. Then, the cells were collected by centrifugation, washed twice in PBS, resuspended in PBS, and analyzed using fluorescence-activated cell sorting and a FACSCalibur flow cytometer. Actinomycin D (20.0 mM) was used as a positive control. A total of 10,000 events were acquired in the region that was previously established as the one that corresponded to the SiHa cells. Histograms were generated, and the analysis was performed using CellQuest software; forward light scatter (FSC-H) represents the cell volume.

### Cell membrane integrity assay

Cell membrane integrity was evaluated after exposure of SiHa cells ( $5.0 \times 10^5$  cells/ml) to apocynin for 48 h at 37 °C using propidium iodide (PI), a probe that binds to DNA of ruptured membrane cells. Afterward, the SiHa cells were washed twice in PBS and incubated with 0.2 mg/ml PI for 10 min to verify cell membrane integrity. Digitonin (40.0 mM) was used as a positive control. Data acquisition and analysis were performed using a FACSCalibur flow cytometer equipped with CellQuest software. A total of 10,000 events were acquired in the region that was previously established as the one that corresponded to the SiHa cells. Alterations in the fluorescence of PI were quantified as the percentage of increase in the fluorescence compared with the control (untreated SiHa cells).

### Mitochondrial membrane potential assay

Mitochondrial membrane potential was evaluated after exposure of SiHa cells ( $5.0 \times 10^5$  cells/ml) to apocynin in DMEM medium for 48 h at 37 °C, using the fluorescent probe Rh123, which accumulates with in mitochondria. Afterward, the SiHa cells were washed twice, suspended in 0.9% saline and incubated with 5 mg/ml Rh123 for 15 min. Control cell cycle progression (CCCp) (100.0 mM) was used as a positive control. The data acquisition and analysis

were performed using a FACSCalibur flow cytometer (Becton–Dickinson, Rutherford, NJ, USA) equipped with CellQuest software (Joseph Trotter, The Scripps Research Institute, La Jolla, CA, USA). The wavelength for excitation was 507 nm and for emission was 529 nm. A total of 10,000 events were acquired in the region that was previously established as the one that corresponded to the SiHa cells. Alterations in Rh123 fluorescence were quantified using an index of variation (IV) obtained from the equation  $(MT\_MC)/MC$ , in which MT is the median fluorescence for the treated SiHa cells and MC is the median fluorescence for the control SiHa cells. Negative IV values correspond to depolarization of the mitochondrial membrane.

### Statistical analysis

Statistical analysis of results (GraphPad Prism version 4.00 for Windows, GraphPad Software, San Diego, CA, USA) was performed by one-way analysis of variance (ANOVA) followed by the Newman–Keuls multiple comparison test or by two-way ANOVA when the effects of two different factors were studied in the same experiment. The results were obtained from three independent experiments and the bar represents the mean  $\pm$  SE. \**P*-values of  $< 0.05$  were considered significant.

## Results and discussion

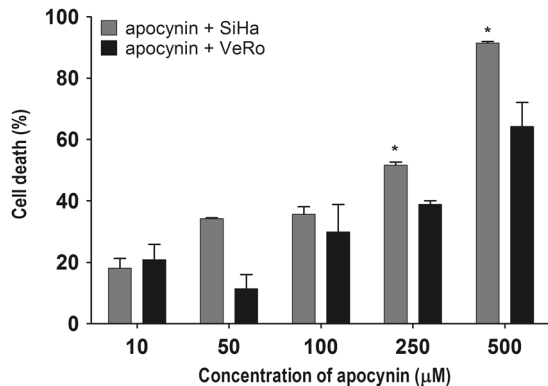
### Apocynin induces antiproliferative effects in SiHa cells

Apocynin was initially tested against SiHa cells to reveal its cytotoxicity. For this, we first performed MTT assay, a classic method to assess cell proliferation. The results indicated a progressive inhibition of SiHa cells proliferation in a dependent concentration (Fig. 1). The  $IC_{50}$  and  $IC_{90}$  value after 48 h of incubation was 228.5 and 457.1  $\mu$ M, respectively. For VeRo cells apocynin was less toxic in all tested concentrations with an  $CC_{50}$  (50% cytotoxic concentration) of 374.9  $\mu$ M. Similar antiproliferative effects of apocynin in prostate cancer cells has been previously described (Suzuki et al. 2013). To explore the mechanism of apocynin induced antiproliferative effect in SiHa cells, we performed additional biochemical and morphological analysis in apocynin-treated SiHa cells.

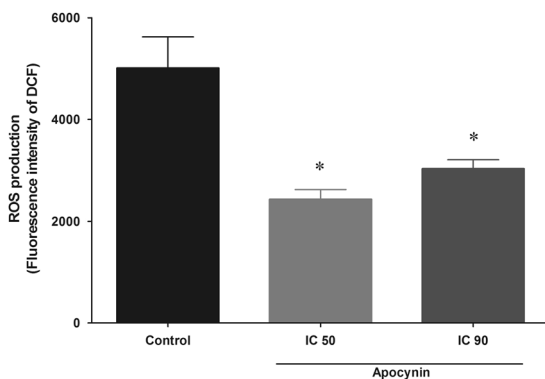
### Apocynin decreases total ROS production in SiHa cells

ROS are generated in cervical epithelial cells, the target cells for HPV 16 infection, by several mechanisms, including by the NADPH oxidase complex (Benedyk et al. 2007). Cancer cells commonly have a pro-oxidative activity as a consequence of many factors such as the inflammatory reactions that are associated with the continuous activation

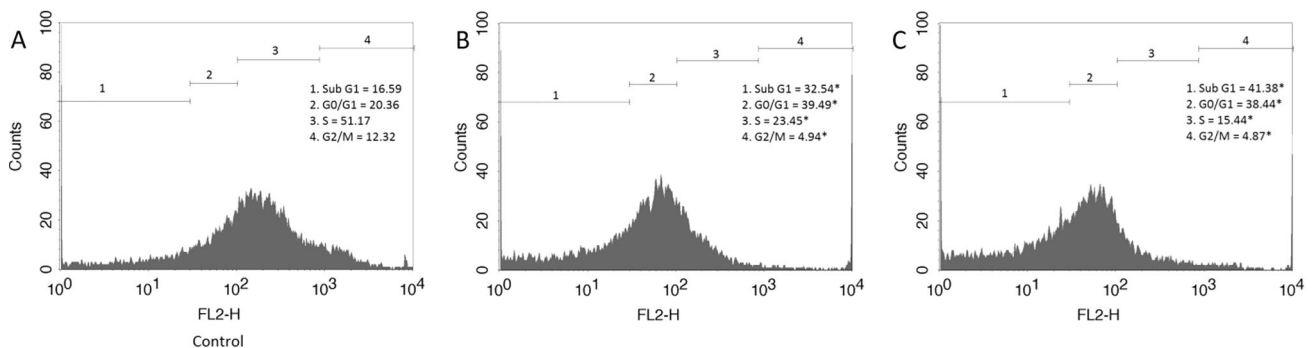
of the NADPH oxidase by inflammatory mediators (Munoz et al. 2004; Hopfl et al. 2000). Thus, we evaluate the total ROS production in SiHa cells treated with apocynin, a



**Fig. 1** Analysis of cytotoxic potentials of apocynin. Cells cultured in presence of various concentrations of apocynin (10–500 µM) for 48 h. Cell proliferation was measured using MTT assay. \* $P \leq 0.05$  indicates significant difference between the apocynin-treated VeRo cells and apocynin-treated cells



**Fig. 2** Total ROS production in apocynin-treated SiHa cells. Total ROS production was measured in cells stained with H<sub>2</sub>DCF-DA and analyzed by fluorescence intensity of DCF. SiHa cells ( $5.0 \times 10^5$  cells/ml) were treated with IC<sub>50</sub>: 228.5 and IC<sub>90</sub>: 457.1 µM apocynin for 48 h. \* $P \leq 0.05$  indicates significant difference between the control group (untreated cells) and apocynin treated samples



**Fig. 3** Cell cycle in apocynin-treated SiHa cells ( $5.0 \times 10^5$  cells/ml) using flow cytometry analysis. **a** Untreated SiHa cells. **b, c** SiHa cells treated with IC<sub>50</sub>: 228.5 and IC<sub>90</sub>: 457.1 µM apocynin, respectively for

standard NADPH oxidase inhibitor, using flow cytometry, in which the nonfluorescent H<sub>2</sub>DCF-DA is oxidized by ROS, producing fluorescent DCF. As expected, Fig. 2 shows that apocynin induced a significant decrease in intracellular oxidant species formation by SiHa cells at both concentrations tested after 48 h of treatment compared with the control group. For IC<sub>50</sub> treated cells the decrease was 51.5% and for IC<sub>90</sub> the decrease was 39.6%. This effect of apocynin was already described for other cancers cells such as prostate cancer cells (Suzuki et al. 2013). Additionally, several studies have shown that the use of antioxidants therapy has an inhibitory effect on tumor progression (Zhang et al. 2002).

### Apocynin arrests SiHa cells cycle

The cell cycle is a conserved mechanism responsible for cell duplication that involves a series of events performed by cyclins and cyclin dependent kinases (MacLachlan et al. 1995). It has been described that low level of ROS can CCCP through the expression and activity of these enzymes (Qin et al. 2011). However, high level of ROS results in dysregulation of the cell cycle components inducing tumor formation (Freinbichler et al. 2011). Based on our previous results, we evaluate the effect of apocynin on SiHa cell cycle, using PI, a probe that binds to DNA. Cell cycle analysis indicated that apocynin, at both concentrations tested, induced a similar effect in SiHa cell in sub-G0/G1 phase and in G2/M phase revealing a growth arrested population and a population undergoing cell death. As shown in Fig. 3 the cells showed a significant increase in sub-G0/G1 phase (94% for fig B and 89% for fig C) (cells with DNA fragmentation) (Mohan et al. 2010) and a significant decrease (40% for fig B and 39% for fig C) in the subpopulation of cells in the G2/M phase (DNA duplicated) compared with the control group (Fig. 3b, c). These data might be related to the inhibition of the NADPH oxidase system by apocynin which reduces the ROS level resulting

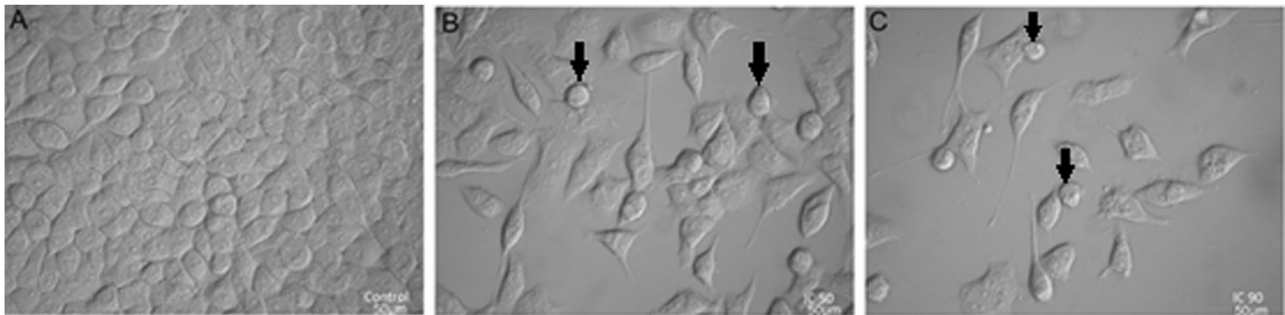
48 h. \* $P \leq 0.05$ , indicates significant difference between the control group (untreated cells) and apocynin treated samples

in cell arrest. Furthermore, the use of antioxidants therapy has shown to inhibit cyclin leading to G1 phase arrest (Zhang et al. 2002).

**Apocynin induces morphological changes in SiHa cells related to apoptosis**

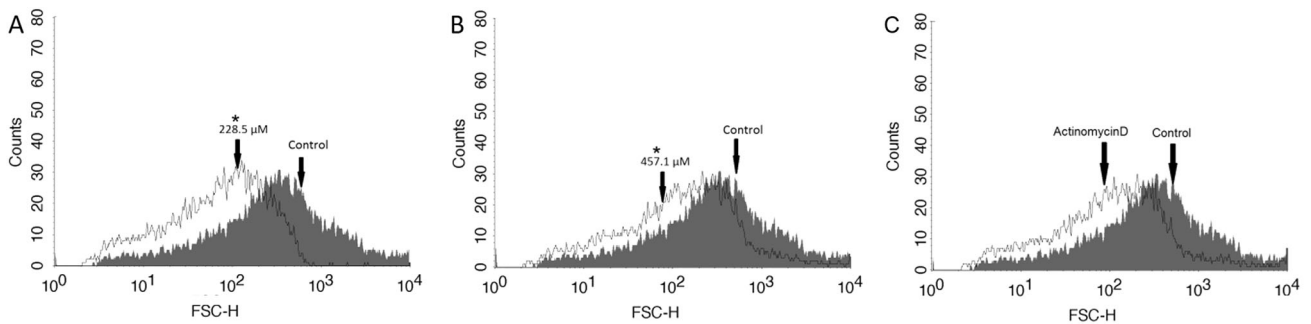
The cytotoxic effects of apocynin might also induce morphological alterations on SiHa cells as a reflect of the changes at metabolic level. Thus, we evaluated the effect of

apocynin on SiHa cell morphology, using phase microscope of interference contrast difference (DIC). As shown in Fig. 4 apocynin induced apoptotic-like cell death morphology in SiHa cells in a dose-dependent manner. At IC<sub>90</sub>, apoptotic round-shaped and shrunk cells (arrow) were observed all around (Fig. 4c), compared with the control group (Fig. 4a). Apoptosis is characterized by distinctive morphological features and is essential to maintain tissue growth homeostasis (Yu and Choi 2000). Cancer cells are known to have deregulated cell proliferation and suppression of



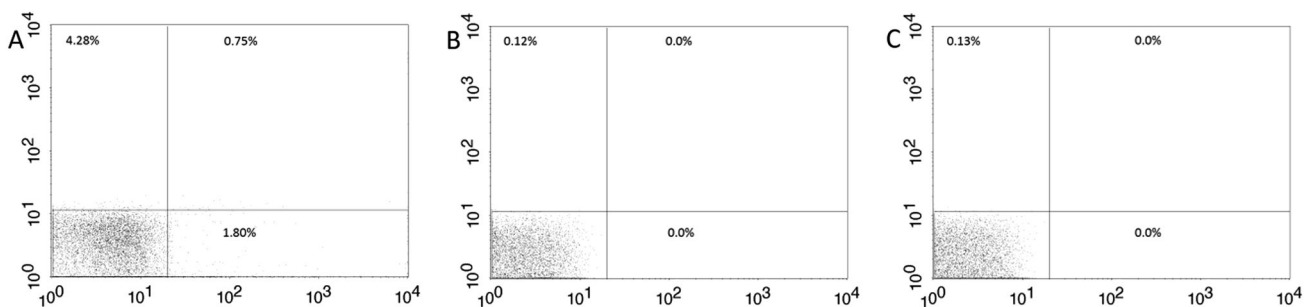
**Fig. 4** Morphological changes in apocynin-treated SiHa cells ( $5.0 \times 10^5$  cells/ml) using microscope of interference contrast difference ( $\times 400$ ). **a** Untreated SiHa cells. **b, c** SiHa cells treated with IC<sub>50</sub>: 228.5 and

IC<sub>90</sub>: 457.1  $\mu$ M apocynin, respectively for 48 h. *Scale bar* 50  $\mu$ M. At IC<sub>90</sub>, apoptotic round-shaped and shrunk cells (arrow) were observed all around (Fig. 4c), compared with the control group (Fig. 4a)



**Fig. 5** Cell volume in apocynin-treated SiHa cells ( $5.0 \times 10^5$  cells / ml) using flow cytometry analysis. **a** SiHa cells treated with IC<sub>50</sub>: 228.5  $\mu$ M. **b** SiHa cells treated with IC<sub>90</sub>: 457.1  $\mu$ M for 48 h. **c** SiHa cells treated with 20  $\mu$ M actinomycin D for 48 h. FSC-Height was

considered as a function of cell size. *Arrows* correspond to apocynin concentrations tested.  $*P \leq 0.05$ , indicates significant difference between the control group (untreated cells) and apocynin treated samples



**Fig. 6** Cell membrane integrity in apocynin-treated SiHa cells ( $5.0 \times 10^5$  cells/ml). Cell membrane integrity was measured using flow cytometry in cells stained with PI. **a** Untreated SiHa cells. **b, c** SiHa

cells treated with IC<sub>50</sub>: 228.5 and IC<sub>90</sub>: 457.1  $\mu$ M, respectively for 48 h. Percentage of PI-stained positive cells is shown in the *upper right* and *left* quadrants

apoptosis which support tumor progression (Okada and Mak 2004).

### Apocynin decreases SiHa cells volume

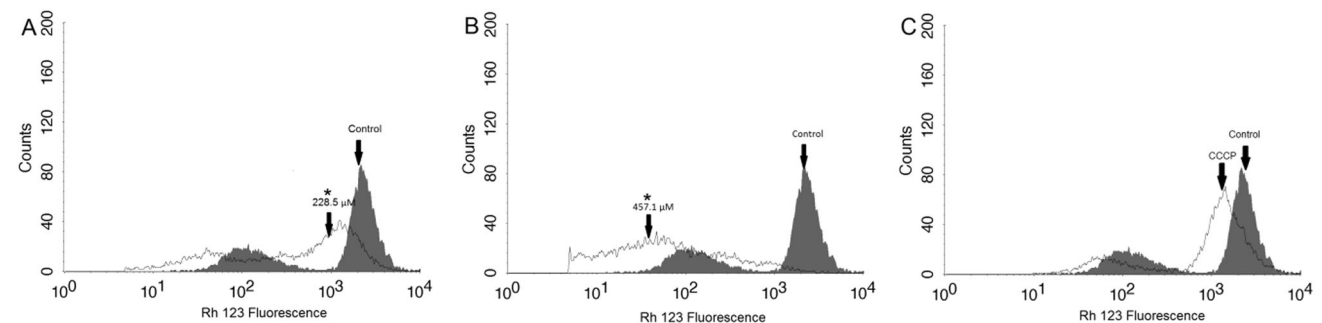
To confirm the morphological alterations induced by apocynin on SiHa cells we analyzed SiHa cells volume. All the cells have a well-defined mechanism to maintain a constant and normal cell volume (Koeppen and Stanton 2007). Any stress that changes the cell tonicity will affect cell volume and the cells will shrink or swell. Thus, we evaluate the effect of apocynin on SiHa cells volume using flow cytometry. As shown in Fig. 5, there was a decrease in cell volume on SiHa cells in both concentrations tested of apocynin after 48 h, with reductions around 75 and 57% for 228.5  $\mu\text{M}$  and 457.1  $\mu\text{M}$  of apocynin (Fig. 5a, b), respectively compared with the control group. The positive control, actinomycin D, decreased cell volumes 64%. This effect will certainly affect the normal cell morphology and function and might be a signal for cell death. In fact, cell shrinkage is a known hallmark of apoptosis (Yu and Choi 2000).

**Table 1** Mitochondrial membrane potential assay in SiHa cells treated with apocynin for 48 h and stained with Rh123

SiHa $\mu\text{M}$	Median	IV <sup>a</sup>
Control	1893.4	0.0
228.56	598.89*	-0.6
457.12	54.25*	-0.9

<sup>a</sup>  $IV = (M_T - M_C)$ , where  $M_T$  corresponds to the median the fluorescence for treated SiHa cells and  $M_C$  to that for control SiHa cells

\* $P \leq 0.05$ , significant difference relative to the control group (untreated cells)



**Fig. 7** Mitochondrial membrane potential in apocynin-treated SiHa cells. Mitochondrial membrane potential was measured in cells stained with Rh123, which accumulates within mitochondria and analyzed by fluorescence intensity of Rh123. **a** SiHa cells ( $5.0 \times 10^5$  cells/ml) treated with  $IC_{50}$ : 228.5  $\mu\text{M}$  apocynin. **b** SiHa cells treated with  $IC_{90}$ :

### Apocynin does not alter SiHa cells membrane integrity

The cell membrane controls the entry and exit of substances maintaining the homeostasis inside the cell (Koeppen and Stanton 2007). Thus, assessing cell membrane integrity will certainly measure cell viability and cytotoxic effects. Thus, we evaluated the effect of apocynin on SiHa cells membrane integrity using PI, a probe that is excluded from healthy cells but binds to DNA in ruptured membrane cells. According to Fig. 6, apocynin does not affect the membrane integrity of SiHa cells after 48 h of treatment, compared with the control group. The histograms show, at both concentrations tested, the same intensity of PI fluorescence of control group (Fig. 6a, b), indicating no alterations of cell membrane integrity. Bright fluorescence was observed with the positive control, digitonin (data not shown). Thus, apocynin might be inducing other alterations, instead of membrane rupture, in SiHa cells that trigger cytotoxic and antiproliferative effects. However, it is important to highlight that cell membrane integrity is another known hallmark of apoptosis which might be a SiHa cell death pathway induced by apocynin (Liu et al. 2015).

### Apocynin induces mitochondrial membrane potential alterations in SiHa cells

Mitochondria are essential organelles within the cell in which a number of biochemical reaction take place, including the energy production and the regulation of cell death by apoptosis (Mejia and Hatch 2015). Thus, dysfunction of the mitochondria will certainly result in cell function alteration that might ends with cell death. Based on our previous result we evaluate the  $\Delta\Psi_m$  in apocynin-treated SiHa cells stained with Rh 123, in which Rh123 accumulates within normal mitochondria using flow cytometry. Histograms of total Rh123 fluorescence showed a marked decrease in fluorescence intensity, indicating that

457.1  $\mu\text{M}$  apocynin for 48 h. **c** SiHa cells treated with 100 mM CCCP for 48 h. Arrows correspond to concentrations tested. \* $P \leq 0.05$ , indicates significant difference between the control group (untreated cells) and apocynin treated samples

the mitochondria were depolarized in SiHa cells treated with 228.5 and 457.1  $\mu\text{M}$  of apocynin for 48 h. As shown in Table 1 and Fig. 7, the reductions of  $\Delta\Psi\text{m}$  were 68 and 97% for 228.5 and 457.1  $\mu\text{M}$  of apocynin, respectively compared with the control group. The positive control, CCCP, induced 36% the reductions changes in mitochondrial membrane potential. Other anticancer drug has also shown effects on mitochondria as well as inducing cell death, inhibition of cell cycle/proliferation (Kuznetsov et al. 2011).

## Conclusion

Our data showed that apocynin induces antiproliferative effects on SiHa cells by decreasing ROS production and inducing cell cycle arrest, activating pathways that induce cell death by apoptosis. We believe that the effect of apocynin on SiHa cells is closely related to ROS decrease, which might be associated to the inhibition of the NADPH oxidase system by apocynin, a known inhibitor of NADPH oxidase (Barbieri et al. 2004), inducing cell detention in phase G1 (Mohan et al. 2010). Thus, the use of antioxidant therapy might induce an interesting inhibitory effect in tumor progression of cervical cancer (Zhang et al. 2002).

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no competing interests.

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