



## Original Research

## Prevalence of the Glycogen Branching Enzyme Deficiency Mutation in Quarter Horses in Brazil



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## ABSTRACT

Glycogen branching enzyme deficiency (GBED) is a fatal autosomal inherited disease affecting horses and caused by a nonsense mutation (c.102C>A) in the *GBE1* gene. This disease strongly impairs the glycogen metabolism of affected animals resulting in abortion or early death of foals. Although understanding the prevalence of heterozygous for GBED is imperative to estimate the impact of the disease, prevalence studies have yet to be performed in Brazil. The aim of this study was to determine the prevalence of heterozygous of the GBED mutation in a population of Quarter Horses in Brazil. Blood samples were obtained from 742 animals competing in distinct disciplines including cutting, halter, race, reining, and barrel racing. All samples were submitted to DNA purification, amplification, and sequencing of the target fragment. The overall GBED prevalence of carriers was 7.95% (59/742). The prevalence of heterozygotes by discipline was considered higher in cutting (19.75% [32/162]) and reining (10% [16/160]) subgroups followed by barrel racing (5% [8/160]) and halter (3% [3/100]) horses. There were none heterozygous in the racing subgroup. These results demonstrate the GBED causative mutation in the Brazilian Quarter Horse herd and suggest the occurrence of the disease. Therefore, GBED is a disease that should be considered in the differential diagnosis of abortion and stillbirths, especially if suspect foals are products of two heterozygous. Besides testing aborted foals for the GBED mutation, the molecular diagnosis should be recommended to owners and breeders, at least for those breeding the at-most-risk subgroups of horses, to guiding their mating selections and, therefore, prevent the transmission of the mutation.

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## 1. Introduction

Brazil, the fifth largest exporter of Quarter Horse (QH), has over 5,000 animals registered in the Quarter Horse Brazilian Breeders Association [1,2]. Eighteen diseases with

hereditary pattern are recognized in the QH breed, of which five have its molecular defect elucidated: hyperkalemic periodic paralysis (HYPP) [3], glycogen branching enzyme deficiency (GBED) [4], hereditary equine regional dermal asthenia [5], polysaccharide storage myopathy 1 [6], and malignant hyperthermia [7].

Glycogen branching enzyme deficiency was first described in humans (a.k.a. glycogenosis type IV) [8] and features three clinical variants with neuromuscular involvement, the congenital, juvenile, and adult forms [9]. This clinical heterogeneity is related to different mutations identified along the *GBE1* gene [10].

*Animal welfare/ethical statement:* All procedures were approved by the Board of Ethics and Animal Experimentation of the institution (protocol no 262/2011—CEUA).

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In horses, GBED is a fatal autosomal recessive monogenic disease affecting animals of the QH and Paint Horse breeds. The disease is caused by a nonsense mutation in exon 1 of *GBE1* (c.102C>A) resulting in a premature stop codon (TAA) and, therefore, incomplete translation and synthesis of glycogen branching enzyme (glycosyl 4,6 transferase) [4].

Glycogen branching enzyme is important for glycogenesis because it catalyzes the formation of branching points in the glycogen molecule. The tissues of affected foals are unable to synthesize normal branched glycogen [11], thereby impairing bioavailability and homeostasis of glucose and promoting the accumulation of abnormal structure and less branched polysaccharide [11–13]. In the absence of glycogen, tissues such as the cardiac muscle, renal pelvis, and brain are unable to maintain adequate activity, which in turn leads to death of foals [11,13].

Clinically, affected foals may have flexural deformities, difficulty or inability to stand, seizures, absence of sucking reflex, signs of cardiorespiratory insufficiency, and sudden death. There is no report of affected foals surviving for more than 18 weeks after birth, even under intensive medical care [4]. Due to abnormal glycogen accumulation in Purkinje fibers and insufficient supply of glucose to the myocardium, these foals present arrhythmias and sudden death when exercised [11]. Accurate diagnosis is performed using molecular tests using blood and/or hair DNA samples from affected animals [14].

Abortions, stillbirths, and premature births also characterize this disease [4,13]. The frequency of abortions in horses can vary, but abortion and stillbirth are important causes of economic loss [15–19]. However, studies conducted in the United Kingdom, France, and the United States determined that in 7.8%–25.1% of the abortion cases, the etiology was not identified [18–20]. In Brazil, this scenario is even worse, and it is estimated that the cause of abortion in horses is unknown in 47.2%–54% of the cases [21,22]. In the United States, 1.3%–3.8% of abortion cases in QHs are caused by GBED [13].

Previous studies in the United States reported a frequency of heterozygous for GBED between 8.3% [13] and 11% [23], and higher frequencies were estimated in western pleasure (26.3%) and cutting subgroups (13.6%) [13]. It is unknown whether there is the GBED causative mutation in Brazil as well as its prevalence.

The mutation is expected to be present in the Brazilian herd as the genetic basis of these animals derives from QHs in the United States. The aim of this study was to determine the prevalence of heterozygous of the GBED causative mutation in a population of QHs used in five equestrian sports practiced in Brazil.

## 2. Material and Methods

### 2.1. Animals

Considering the total population of QHs in Brazil of 515,000 animals and the published GBED carrier frequency of 8.3%, a sample of at least 731 horses would be needed to estimate the prevalence of the GBED heterozygous in Brazil.

The sample size was calculated under a margin of error of 2% and 95% confidence interval [24].

Seven hundred forty-two QHs were selected, from both genders, older than 6 months of age, and competing in five distinct disciplines: cutting (n = 162), halter (n = 100), race (n = 160), reining (n = 160), and barrel racing (n = 160). The convenience sampling included the participation of 42 stud farms and/or training centers in São Paulo and Rio Grande do Sul states. Blood samples were collected with ethylenediamine tetraacetic acid anticoagulant from all animals under strict confidentiality agreement to ensure the anonymity of farms, owners, and animals. These samples were kept under refrigeration until the DNA isolation. All procedures were approved by the Board of Ethics and Animal Experimentation of the institution (protocol no 262/2011—CEUA).

### 2.2. DNA Purification

DNA was purified from blood samples using a commercial kit (Illustra Blood GenomicPrep Mini Spin Kit [GE Healthcare]) following the manufacturer's recommendations. The DNA was diluted in 100 µL of water-free DNase and RNase. A sample of 2 µL DNA was tested for purity (A260/280) and concentration using a spectrophotometer and immediately stored at –80°C.

### 2.3. Polymerase Chain Reaction

The PCR was designed to amplify a 267 base pairs fragment of the *GBE1* gene by using samples of genomic DNA and primers [4]. The standard reactions were prepared to a final volume of 25 µL, including 2.0 µL of DNA, 11 µL of master mix (GoTaq Green Master Mix, 2× [Promega]), 0.4 µM of each primer, 4.0 µL of PCRx enhancer solution (Invitrogen) (final concentration of 1.6X reaction), and nuclease-free water q.s.p. Polymerase chain reactions were used with the following programmed cycles (Mastercycler EP Gradient S Eppendorf, Hamburgo, Alemanha): 95°C for 5 minutes followed by 35 cycles of 95°C for 30 seconds, 59°C for 1 minute, and 72°C for 1 minute and final extension at 72°C for 7 minutes.

### 2.4. Agarose Gel Electrophoresis

The size of the amplified products was confirmed by electrophoresis (Major Science, Saratoga, CA) system using stained (GelRed [Biotium, Halward, CA]) 1.5% agarose gel and compared to the DNA ladder (LowRanger 100 pb DNA [Norgen, BioTek Corporation, Ontario, Canada]), and then, the gels were documented (ImageQuantimager [GE Healthcare]).

### 2.5. Purification of the Amplified Products

The amplified products were purified with a commercial kit (PCR cleanup Gel extraction kit [Macherey-Nagel, Duren, Germany]), according to the manufacturer's recommendation. After purification, the concentration was standardized to 10 ng/µL and submitted to sequencing reaction.

## 2.6. Sequencing Reaction

The sequencing reaction was prepared to a final volume of 10  $\mu$ L: 1.0  $\mu$ L of the forward primer used in the PCR at 5  $\mu$ M, 2  $\mu$ L (approximately 20 ng) of the purified amplified product, 1.0  $\mu$ L of commercial mix (BigDye Terminator v3.1 Cycle Sequencing Kit [Applied Biosystems, Foster City, CA]), 1.5  $\mu$ L of buffer solution (BigDye Terminator v1.1 & v3.1 5X Sequencing Buffer [Applied Biosystems]), and water “nuclease-free” q.s.p. After preparing the reaction, all samples were subjected to automated direct sequencing with 3500 Genetic Analyzers (Applied Biosystems, Foster City, CA). After sequencing, the quality control of the sequences and obtained electropherograms was analyzed using the appropriate software (Sequencing Analysis 5.3.1 [Applied Biosystems]).

## 2.7. Analysis of the Sequences

The sequences were aligned against the *GBE1* reference genome sequence (accession number AY505110.1) available in the National Center for Biotechnology Information database using the BLAST tool (Basic Local Alignment Search Tool) to determine that a fragment of the equine *GBE1* gene was amplified. After confirmation, the nucleotide sequences and electropherograms were analyzed using an appropriate software (Ridom TraceEdit [Ridom GmbH, Münster, Germany]), enabling genotypic identification.

## 2.8. Data Analysis

The genotype data analysis was performed using SAS software. The prevalence of heterozygous was calculated, and the prevalences of the subgroups were compared using the chi-square statistical test. Statistical significance was considered for  $P \leq .05$ .

## 2.9. Pedigree Analysis

All animals had their genealogy traced back to 10 generations, consulting the database of Quarter Horse Brazilian Breeders Association, searching for the presence of the stallions King P-234 and Zantanon, which are considered the major disseminators of the GBED mutation.

## 3. Results

The GBED causative mutation was identified only in heterozygosis in animals with 2.5–29 years of age and in four of the five subgroups studied. All heterozygous had Zantanon or King P-234, at least once, in their pedigree in either the mare and/or sire bloodlines. King P-234 was found, on average, six times in each horse's pedigree. On the other hand, pedigree analysis of the wild-type homozygous horses showed inconsistent parentage with King P-234 or Zantanon.

Of the 42 farms that collaborated with the study, 20 (47.62%) had at least one heterozygous horse. There was at least one heterozygous in 53.33% (8/15), 50% (11/22), 27.77% (5/18), and 15.38% (2/13) of farms with cutting, reining, barrel racing, and halter horses, respectively.

From the 742 animals tested, 59 were heterozygous for the mutation responsible for GBED representing a prevalence of 7.95% (59/742) in the studied population. The prevalence was significantly different among subgroups ( $P < .05$  and  $DF = 4$ ). The prevalence of heterozygous was highest in cutting horses (19.75% [32/162]), followed by reining (10% [16/160]), barrel racing (5% [8/160]), and halter (3% [3/100]) subgroups. We did not detect any carriers among racing horses. There was no statistical difference ( $P < .05$  and  $DF = 1$ ) between the frequency of carriers in both genders (not shown).

## 4. Discussion

It is not surprising that the mutation was not identified in homozygosis since the minimum age of the animals in this study was six months and that GBED is a fatal disease causing death in up to 18 weeks of life [4].

Although it is well known that the genetic basis of the Brazilian Quarter Horse herd is derived from the American herd [25] and there are previous studies that had already identified the presence of GBED-affected foals and heterozygous animals in the United States, it was not possible to affirm that the GBED mutation was present in the Brazilian herd. This is the first study to reveal the prevalence of heterozygous for GBED in Brazil. Considering that the prevalence of heterozygous in Brazil (7.95%) is similar to that in the United States (8.3%–11%) [13,23], it is likely that the same situation may be found in other countries, given that the United States is the largest exporter of QHs and Brazil ranks as the fifth larger. In 2016, the United States exported 45,123 animals, with is a much greater number than all other countries combined (2,618 animals) in the same time frame [2].

Similar to a previous study [23], different frequencies of heterozygous were identified in cutting, reining, barrel racing, and halter horses, and no heterozygous were identified in the racing subgroup. A higher prevalence of heterozygotes was observed in the reining subgroup (10%) compared to the halter subgroup (3%). However, Tryon et al (2009) demonstrated a higher rate of heterozygotes in halter subgroup (5.1%) compared to subgroup reining (3.1%). For the subgroup barrel racing, it was found 5% of heterozygotes in this study and 1.2% by Tryon et al (2009). In cutting subgroup, it was found 19.75% of heterozygous, but for the same subgroup, the rate observed in United States was 13.6% [23]. However, Tryon et al (2009) sampled among 100 top ranked performers QHs, whereas the current study sampled among farms. The differences in sampling methods and population structure may justify the discrepancy in prevalence between the studies [23].

The higher prevalence in cutting and reining groups may be associated with the fact that King P-234 sired horses with characteristics that are desirable in the cutting and reining lineages. This may justify the higher prevalence of heterozygous observed in those groups compared to the others groups. Animals belonging to these bloodlines are more likely of being heterozygous or affected homozygous.

The reproductive history of the animals was not obtained in the present study. Therefore, it is unknown how many abortions and/or stillbirths were produced from matings

between heterozygotes, and what diagnoses were established. Analysis of the mares' reproductive history along with the molecular testing of aborted or stillborn foals would explain how many of those animals were homozygous for the GBED mutation. Considering that in the last 5 years, more than 130,000 horses were registered in the Brazilian Association and the overall prevalence of heterozygotes for GBED of 7.95%, it can be estimated that more of 10,000 heterozygotes were registered in that period. As one would expect from a disease that follows a Mendelian inheritance pattern, the mating of two heterozygous would result in a probability of 0.25 of homozygous offspring for the mutant allele [26]. If the principle of Hardy-Weinberg equilibrium is considered, about 205 GBED-affected foals were conceived and died in the last 5 years in Brazil.

Since the etiology of approximately half of the cases of abortion in Brazil is unknown [21,22] and there is no previous information regarding the prevalence of the disease, it is possible that GBED has been silently contributing to abortion in horses throughout the years and resulting in large economic losses. This highlights the need to know the genotype of the animals to guide the mating selection, avoiding the production of affected foals. Thus, since January 2015, the American Quarter Horse Association (AQHA) requires the five-panel test of genetic diseases, which includes GBED, for the all stallions prior to the registration of their foals [27]. In Brazil, only the genetic test for HYPP is mandatory prior registration of foals. The Brazilian association requires the HYPP genetic testing for all QHs born after July 2004 that are descendants of the stallion Impressive (AQHA 0767246), and, if positive, the animals are no longer registered [28].

## 5. Conclusions

*GBE1* gene mutation, responsible for GBED when in homozygosis, is present in the Brazilian QH population. The causative mutation is more frequent in cutting and reining horses. The results of this study suggest that GBED disease may occur in Brazil; therefore, the GBED should be included in the differential diagnosis list of abortion cases and neonatal mortality in horses. In addition, standardized molecular testing should be used to guide the choice of mating pairs, which is the only preventive measure to avoid production of affected foals.

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