



## Genetic association between *HLA-G* 14-bp polymorphism and diseases: A systematic review and meta-analysis

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### ABSTRACT

**Background:** HLA-G is an immune checkpoint molecule. Since a differential molecule expression has been reported even for healthy individuals, many studies have focused on polymorphisms at *HLA-G* regulatory regions, particularly the 3' untranslated region (3'UTR). The presence/absence of a 14-bp sequence was the first polymorphism described and it is the most studied in association between *HLA-G* and disorders.

**Methods:** In this study, we performed a systematic review and meta-analysis of all association studies published regarding the *HLA-G* 14-bp.

**Results:** We verified association between 14-bp alleles and diseases in the following situations: (1) presence of 14-bp (insertion) conferred susceptibility to preeclampsia (child alleles evaluated) and systemic lupus erythematosus (OR = 1.42; 95%CI = 1.04–1.93; p = 0.026 and OR = 1.13; 95%CI = 1.01–1.27, p = 0.028); (2) 14-bp absence (deletion) was associated with increased risk to breast cancer (OR = 1.23; 95%CI = 1.06–1.43; p = 0.006) and human Cytomegalovirus infection (OR = 2.06; 95%CI = 1.60–2.64; p < 0.0001); and (3) a risk association was observed between the group of reproductive disorders and the 14-bp insertion (OR = 1.12; 95%CI = 1.01–1.24; p = 0.034).

**Conclusions:** Considering that others 14-bp associations were inconclusive and that other variation sites observed at *HLA-G* 3'UTR exhibit a proven role on post-transcriptional regulation of *HLA-G* expression, the complete 3'UTR segment should be analyzed in terms of disease susceptibility, instead of a single polymorphism.

### 1. Introduction

The non-classical human leukocyte antigen G (*HLA-G*) gene is located at 6p21.3 chromosome region, within the class I major histocompatibility complex (MHC) gene cluster [1]. Among the biological properties that differentiate *HLA-G* from classical HLA class I (-A, -B, -C) molecules are a limited protein variability, restricted tissue expression in non-pathological conditions and modulation of cells involved on the immune response. In contrast to classical HLA molecules, *HLA-G* has no important role in antigen presentation, inhibits CD8 + T and NK cell cytotoxic activity, inhibits CD4 + T cell proliferation and dendritic cell

antigen-presentation, inhibits B cell function and induces T regulatory cell lines, through direct binding mainly to the ILT-2 and ILT-4 leucocyte receptors, which can also interact with classical HLA molecules, but have higher affinity for *HLA-G* [2,3].

Although first described in choriocarcinoma cells, the tolerogenic properties of *HLA-G* have been initially associated with the protection of the semi-allogeneic fetus against the maternal immune response. Today, *HLA-G* is considered to be an immune checkpoint molecule and its immunoregulatory functions have also been exploited in a variety of physiological and pathological conditions, for which these responses can be profitable or pernicious depending on the underlying disorder.

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For instance, in tumors, HLA-G expression can be used as an immune escape mechanism, whereas HLA-G expression by grafted tissues may delay allograft rejection [2–4].

Since the magnitude of HLA-G expression is regulated in part by the gene promoter and 3' untranslated region (3'UTR), and since a differential expression of HLA-G has been reported even for healthy individuals [5], many studies have focused on the study of variable sites at the regulatory segments [2,6]. In contrast to classical HLA class I genes, the variability observed at the *HLA-G* regulatory regions is relatively higher than that observed for the coding region [6,7]. The nucleotide sequence of *HLA-G* 3'UTR was first described by Geraghty (1987), encompassing approximately 1000 nucleotides and presenting several variations sites, some of them associated with distinct expression profiles [6,7].

At least nine *HLA-G* 3'UTR variation sites have polymorphic frequencies in worldwide populations, including the 14-base pair (14-bp) polymorphism (rs371194629), +3003 C/G (rs1707), +3010 G/C (rs1710), +3027 C/A (rs17179101), +3035 C/T (rs17179108), +3142 C/G (rs1063320), +3187 A/G (rs9380142), +3196 C/G (rs1610696) and +3227 (rs1233331). Of these, the 14-bp, +3142C/G and 3187A/G have been functionally studied [8,9], and the differential *HLA-G* expression levels have been associated with mRNA instability, mRNA degradation by microRNAs or both mechanisms [2,3,6]. The presence/absence of the 14-bp fragment (14-bp insertion/deletion), located between +2961 and +2974 positions [6,10], was the first polymorphic site described at the *HLA-G* 3'UTR and is the most studied one. In trophoblast samples, the presence of the 14-bp is associated with lower mRNA production for most of HLA-G membrane-bound and soluble isoforms [11,12]. Additionally, the presence of 14-bp is related to an alternative splicing of the *HLA-G* primary transcript, that results in a more stable mRNA, but apparently, this higher stability does not compensate the lower HLA-G production already associated with the 14-bp insertion sequence [6]. Overall, the 14-bp insertion has been associated with lower HLA-G production and the 14-bp deletion with higher HLA-G production [10,13].

Several studies have associated the 14-bp alleles with disease morbidity and disease susceptibility. Despite of the influence of the 14-bp fragment on gene expression, results are still considered inconclusive. Since all meta-analyses regarding the association between the 14-bp polymorphism have focused on particular diseases [14–22] or on a limited group of diseases [23–25], in this study we performed a systematic review of the literature followed by a meta-analysis of all association studies already published for the 14-bp polymorphism in several disorders, stratified according to groups of similar disorders, specific disorders, and even grouping disorders according to the putative beneficial or detrimental effect of the *HLA-G* expression.

## 2. Material and Methods

### 2.1. Search strategy

We performed a systematic review of the relevant literature using PubMed and SciELO databases up to March 2017. In our search strategy, we used four terms: “HLA-G”, “Polymorphism”, “3'UTR” and “14 bp” we also included all their entry terms registered in those databases. Between the four terms, we used the Boolean operator “AND” and between all entry terms the operator “OR”. At the end, our search strategy was performed as described below: “HLA-G” OR “HLA-G Antigens” OR “HLA G Antigens” OR “HLA-G Antigen” OR “HLA G Antigen” OR “HLA G” OR “HLA-G” OR “HLA-G2 Isoform” OR “HLA G2 Isoform” OR “HLA-G2” OR “HLA-G7 Isoform” OR “HLA G7 Isoform” OR “HLA-G7” OR “HLA-G7 Antigen” OR “HLA G7 Antigen” OR “HLA-G4 Isoform” OR “HLA-G4” OR “HLA-G5 Isoform” OR “HLA-G5” OR “HLA-G6 Isoform” OR “HLA G6 Isoform” OR “HLA-G6” OR “HLA-G1 Isoform” OR “HLA G1 Isoform” OR “HLA-G1” OR “HLA-G3 Isoform” OR “HLA G3 Isoform” OR “HLA-G3” AND “Polymorphism” OR “Polymorphism,

Genetic” OR “Genetic Polymorphism” OR “Polymorphism (Genetics)” OR “Genetic Polymorphisms” AND “3'UTR” OR “3' Untranslated Regions” OR “3'UTR” OR “3'UTRs” OR “3' Untranslated Region” OR “3' UTR” OR “3' UTRs” AND “14 bp” OR “14-bp” OR “14 bp” OR “14 bp” OR “indel” OR “insdel”.

### 2.2. Inclusion and exclusion criteria

All articles identified by database searching were screened and selected according to the inclusion and exclusion criteria. Firstly, the studies were evaluated by titles and abstracts. All studies considered irrelevant for this meta-analysis were excluded. The second stage was the article contents analysis. The full texts of the remaining articles were read to determine whether they contained information about the topic of interest. Studies were included if they met the following criteria: (1) case-control study; and (2) the presence of original data containing the 14-bp allele frequencies. We excluded: (1) studies that contained duplicated data; (2) familial studies; and (3) studies with incomplete 14-bp allele frequency data.

### 2.3. Data extraction

Data extracted from the selected articles included: (1) article title; (2) first author's name; (3) year of publication; (4) country of origin; (5) clinical situation/disease of patients; (6) genotyping method; (7) Hardy-Weinberg equilibrium (HWE) in control group; (8) number of cases and controls; (9) 14-bp insertion/deletion frequencies for cases and controls; (10) presence or not of significant association, and (11) if significant, which allele was associated. Data were extracted by two independent researchers and eventual disagreements were resolved by consensus.

### 2.4. Statistical analysis

We performed a meta-analysis for each disease/clinical situation whenever three or more published studies were available. In addition, clinical situations/diseases were grouped as follows: (1) cancer, (2) autoimmune diseases, (3) inflammatory diseases, (4) infectious diseases, (5) transplant rejection, and (6) reproductive disorders. Finally, clinical situations/diseases were organized into two distinct groups, considering the biological activity of the immune checkpoint HLA-G molecule: i) pathological conditions with hypothetical high production of HLA-G; i. e., conditions for which the *a priori* hypothesis was an expected association with the 14-bp deletion, reported to be associated with high HLA-G production, and ii) pathological conditions with hypothetical association with the 14-bp insertion related to low production of HLA-G.

All possible associations between the 14-bp polymorphism and clinical situations/diseases were measured by calculating a pooled Odds Ratio (OR) and 95% confidence intervals (CI) for fixed and random effect models (FEM and REM, respectively). We used the *p* value resulting of Q test,  $\tau^2$  value and  $I^2$  value to measure between-studies heterogeneity. The effect of heterogeneity  $I^2$  ranges from 0 to 100% and represents the proportion of variability attributable to heterogeneity (values of 25, 50, and 75% were considered low, moderate, and high, respectively). The fixed-effects model assumes that a genetic factor has a similar effect on disease susceptibility across all investigated studies, and that the observed variations among the studies are caused by chance alone. While random effects model assumes that different studies show substantial diversity and assesses both within study sampling errors and study between variances. When the study groups are homogeneous, the two models are similar. In contrast, when the groups are not homogeneous, the random-effects model usually provides wider CI than the fixed-effects model. The random-effects model is best choice in the presence of significant heterogeneity between studies. Because of these, we assumed that, if  $I^2 > 50\%$  or Q test *p* value was  $< 0.01$ , a

random effect model was applied to pool data. Otherwise, a fixed and a random effect models were employed for analysis. Publication bias was evaluated by using Egger's linear regression test, which measures funnel plot asymmetry using a natural logarithm scale of ORs. If  $p$  value  $< 0.05$  indicates publication bias. Due to the defined parameters for this statistical test, we only evaluated Publication bias in those groups encompassing ten or more studies [26].

All data analyses were performed by R Statistical Software using the “meta” package. This systematic review and meta-analysis was conducted according to Preferred Reporting Items for Systematic Reviews and Meta-Analysis (PRISMA) guidelines. The PRISMA checklist was included as Supplementary Material (Supplementary Material 1). The protocol for this systematic review and meta-analysis was registered at PROSPERO Systematic Review Database (PROSPERO 2017:CRD42017067176).

### 2.5. HLA-G polymorphisms and proteins data collection

We additionally analyzed the relations between the 14-bp polymorphism and others HLA-G polymorphic sites. We realized comparisons between the 14-bp polymorphism alleles and the more frequent HLA-G promoters, coding regions, 3'UTRs haplotypes and proteins. Data used for these comparisons were organized based on our own database and all available data for HLA-G 3'UTR in the 1000Genomes Project database (<http://www.internationalgenome.org/>).

## 3. Results

### 3.1. Study identification and selection

A total of 389 articles were identified by database searching for the systematic review. After the first screening, 172 articles were excluded after title and abstract analyses. During the second evaluation, 90 studies were excluded after further detailed assessment. All exclusions occurred on the basis of the inclusion and exclusion criteria. At the end, the remaining 125 studies were included in this meta-analysis (Fig. 1).

### 3.2. Characteristics of included studies

Articles included were published between 2001 and 2017 and all of them were written in English. Studies had been carried out in populations from 28 different countries: Australia, Brazil, Canada, China, Denmark, USA, France, Germany, Greece, India, Iran, Iraq, Ireland, Israel, Italy, Japan, Korea, Mexico, Netherlands, New Zealand, Norway, Poland, Saudi Arabia, South Africa, Spain, Taiwan, Tunisia and Zambia. The *HLA-G* 3'UTR 14-bp polymorphism genotyping was performed by different methodologies being the most used PCR followed by agarose or polyacrylamide gel electrophoresis (about 70% of studies). Other techniques as real time PCR and sequencing by capillary electrophoresis were also used. Articles included comprised case-control studies involving the *HLA-G* 3'UTR 14-bp polymorphism and clinical situations/diseases. Studies were grouped according to clinical characteristics, pathogenesis and immune response as follow: (1) **cancer**<sup>2</sup> – B-Cell Lymphoma [27], Breast Cancer [28–32], Cervical Cancer [33–36], Colorectal cancer [37], Esophageal Cancer [38], Hepatocellular Carcinoma [39–41], Head and Neck Squamous-Cell Carcinoma (HNSCC) [42], Lung Cancer [43], Neuroblastoma [44], Papillary Thyroid Cancer [45] and Prostate Cancer [46]; (2) **autoimmune diseases**<sup>3</sup> – Hashimoto's Thyroiditis [45], Juvenile Idiopathic Arthritis [47], Multiple Sclerosis [48–51], Non-segmental Vitiligo [52], Pemphigus Vulgaris

<sup>2</sup> Chen et al., 2012 [37] appears two times in this group, because two different populations are described in the same article.

<sup>3</sup> Veit et al., 2008 [46] appears two times in this group, because two distinct diseases data are described in the same article.

[53], Rheumatoid Arthritis [47,54–58], Systemic Lupus Erythematosus (LES) [59–67] and Type 1 Diabetes [68–70]; (3) **inflammatory diseases**<sup>4</sup> – Acute Coronary Syndrome [71], Atopic Asthma [72], Behcet's Disease [73,74], Celiac Disease [75,76], Coronary Disease [77,78], Crohn's Disease [79,80], Renal Disease [81,82], Type 2 Diabetes [71], and Ulcerative Colitis [79]; (4) **infectious diseases** – Hepatitis B Chronic Infection (HBV) [83], Helicobacter pylori Infection [84], Human Immunodeficiency Virus Infection (HIV) [85], HIV Vertical Transmission [86–89], Human T-cell Lymphotropic Virus Infection (HTLV-1) [90], Human Cytomegalovirus Infection (HCMV) [82,91,92], Human Papillomavirus Infection (HPV) [35,36,93,94], Leprosy [95] and Septic Shock [96]; (5) **transplant rejection**<sup>5</sup> – Acute Allograft Rejection [82,92], Allogeneic Hematopoietic Cell Transplantation [97], Allogeneic Hematopoietic Stem Cell Transplantation (Allo-HSCT) [98], Bone Marrow Transplantation [99], Heart Transplantation [100,101], Liver transplantation [102,103] and Kidney Transplantation [104–106]; (6) **reproductive disorders** – Implantation Failure [107–111], Preeclampsia [112,113,122,123,114–121], Recurrent Miscarriage [107,124,133–142,125,143,126–132], Reproductive Failure [111,144] and Spontaneous Miscarriage [117,134,145,146]. Additionally, two large groups were analyzed: (A) **diseases/clinical situations associated with hypothetical high HLA-G expression**, comprising articles about cancer, and infectious diseases; and (B) **diseases/clinical situations with hypothetical low HLA-G expression**, including studies about autoimmune diseases, inflammatory diseases, transplants rejection, and reproductive disorders. The characteristics of all articles included in this meta-analysis are detailed and summarized in Table 1. Additional information about the characteristics of included studies is available in Supplementary Table 1.

### 3.3. Overall meta-analysis data

For all analyses, we only used the *HLA-G* 3'UTR 14-bp allele frequency data. Some articles appeared in more than one analysis because these studies presented data for different groups of patients or diseases/clinical situations. We firstly analyzed the two large groups (A and B). Subsequently, we evaluated the six groups described above (1 to 6). The main meta-analysis data obtained are presented in Table 1. Due to diseases similar characteristics, we analyzed autoimmune and inflammatory diseases groups together, but we didn't find significant differences from the separated groups analysis ( $-14$  bp; OR = 1.04; 95%CI = 0.96–1.12;  $p = 0.385$ ). This also happened when we stratified the *Transplant Rejection* group in four subgroups for comparisons: solid transplants ( $+14$  bp; OR = 1.23; 95%CI = 0.77–1.98;  $p = 0.385$ ), cell transplants (OR = 1.04; 95%CI = 0.84–1.29;  $p = 0.717$ ), patients against donors ( $+14$  bp; OR = 1.20; 95%CI = 0.69–2.11;  $p = 0.514$ ) and transplants with or without rejection ( $+14$  bp; OR = 1.10; 95%CI = 0.72–1.69;  $p = 0.655$ ). Statistic data from these supplementary analyses are not showed in Table 1. A meta-analysis was also performed for each disease/clinical situation with three or more published studies (Breast cancer, Cervical cancer, Hepatocellular carcinoma, Multiple sclerosis, Rheumatoid arthritis, Systemic lupus erythematosus, Type 1 diabetes, HIV vertical transmission – mothers, Human cytomegalovirus infection, Human papillomavirus infection, Heart transplantation, Kidney transplantation, Preeclampsia – when maternal alleles were evaluated, Preeclampsia – when children alleles were evaluated, Implantation failure, and Miscarriage). Considering the presence of *HLA-G* 3'UTR 14-bp as a risk factor, we found significant results for the group called *Reproductive Disorders*, which includes

<sup>4</sup> García-González et al., 2014 [69] and Glas et al., 2007 [77] appear two times in this group, because two distinct diseases data are described in each article.

<sup>5</sup> Waterhouse et al., 2013 [ ] appears two times in this group, because two distinct groups are described in the same article.

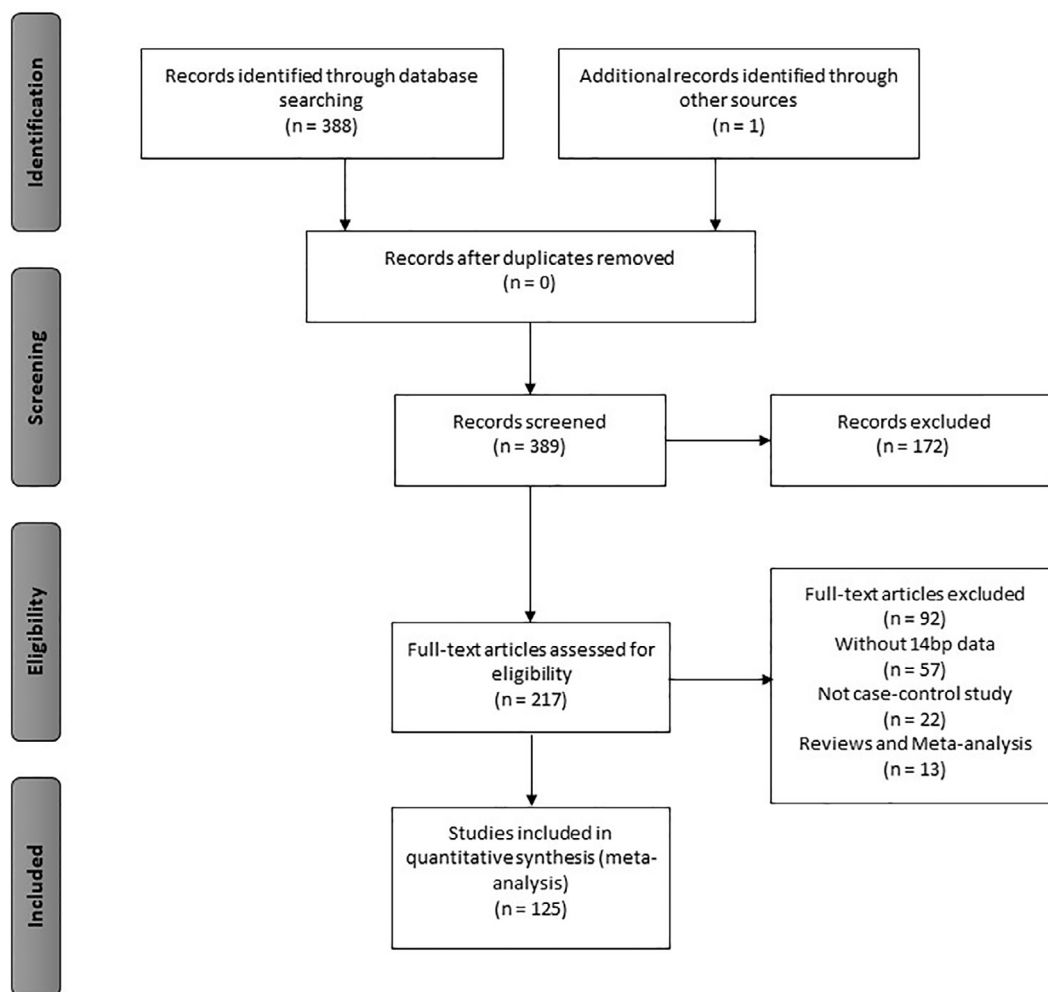


Fig. 1. Flowchart illustrating the search strategy used to identify relevant studies.

studies about Implantation Failure, Preeclampsia, Recurrent Miscarriage, Reproductive Failure and Spontaneous Miscarriage (Fig. 2); and for the following diseases analyzed individually: Preeclampsia – when children alleles were evaluated (Fig. 3A) and Systemic Lupus Erythematosus (Fig. 3B). On the other hand, considering the absence of *HLA-G* 3'UTR 14-bp as a risk factor, we observed significant results only for two conditions analyzed separately: Breast cancer (Fig. 4A) and Human cytomegalovirus infection (Fig. 4B). Despite our main purpose was to perform a global analysis, we took into account the genetics differences between worldwide populations and we reanalyzed all data excluding specific populations groups that could interfere in the results obtained (e.g. Chinese Han population). However, we didn't observe significant differences excluding these populations (data not showed). The only exception was the Human cytomegalovirus infection meta-analysis, in which two of the three publications included were about Chinese Han population. Finally, about publication bias, we just verified a significant result in *Autoimmune Diseases* group meta-analysis ( $p = 0.0009$ ).

### 3.4. Associations between the 14-bp polymorphism alleles and *HLA-G* promoters, coding regions, 3'UTRs haplotypes and proteins

To better understand the relations between the 14-bp polymorphism and others *HLA-G* polymorphic sites, we organized Table 2, which contains the main associations between the 14-bp polymorphism alleles and the more frequent *HLA-G* promoters, coding regions, 3'UTRs haplotypes and proteins. In the first column are indicated the two alleles of

14-bp polymorphism (absence/deletion and presence/insertion). In the second column are classified the most frequent UTRs for each allele. The third column describes the more frequent *HLA-G* promoter haplotypes and we could highlight that, the haplotypes belonging to the same haplotype groups appear associated with the both 14-bp alleles (e.g. promoter 0104 with absence of 14-bp and promoter 0102 and presence of 14-bp). In the fourth column are described the most frequent coding region haplotypes with each 14-bp alleles. And, in the last column are listed the most frequent proteins, where we can observe that the G\*01:01 protein is the most frequent for both 14-bp alleles. In addition, although different proteins are associated with the 14-bp alleles, their frequencies are generally low and studies show that these variants maintain the *HLA-G* functions.

## 4. Discussion

In this systematic review followed by meta-analysis, we observed a substantial number of published articles (125) that had studied, as a major objective, the association between the *HLA-G* 14-bp polymorphism (presence or absence) with many different disorders. We believe that among the main reasons for the large number of studies is the assumption that the 14-bp polymorphism can be directly related with *HLA-G* expression levels. Since the alternative splicing that happens in this region can generate complete sequences as well as sequences with 92-bp deletion, distinct *HLA-G* expression levels could be observed [6,10–12]. It is also important to emphasize that, the 14-bp polymorphism is easily detected by a simple and cheap technique,

**Table 1**  
Combined results of all meta-analyses performed in the present study.

Group of diseases or clinical situations	14 bp Allele	Number		Fixed Model			Random Model			Heterogeneity ( $I^2$ , $\tau^2$ , $p$ values)	Publication Bias Egger's Test		
		Studies	Diseases or clinical situations	Cases	Controls	OR	IC	p	OR			IC	p
Diseases or clinical situations with hypothetical high HLA-G expression	Del	32	20	6091	8687				1.09	0.98–1.21	0.097	74%, 0.072, < 0.01	0.3109
	Ins							0.92	0.83–1.02	0.097			
Diseases or clinical situations with hypothetical low HLA-G expression	Del	107	32	16,641	20,721				0.98	0.92–1.05	0.617	75%, 0.091, < 0.01	0.2346
	Ins							1.02	0.95–1.09	0.620			
Cancer	Del	21	11	3815	5802				0.94	0.84–1.05	0.312	68%, 0.046, < 0.01	0.5915
	Ins							1.06	0.95–1.19	0.312			
Autoimmune diseases	Del	27	8	6008	6866				0.99	0.92–1.08	0.089	55%, 0.024, < 0.01	0.0009
	Ins							1.01	0.93–1.09	0.089			
Inflammatory diseases	Del	15	9	2942	4889				1.11	0.94–1.32	0.224	82%, 0.087, < 0.01	0.1447
	Ins							0.90	0.76–1.07	0.225			
Infectious diseases	Del	17	9	2276	2885				1.14	0.93–1.39	0.196	79%, 0.133, < 0.01	0.5016
	Ins							0.88	0.72–1.07	0.196			
Transplant rejection	Del	15	8	1226	1507				0.87	0.61–1.23	0.429	89%, < 0.01, 0.415	0.127
	Ins							1.15	0.81–1.64	0.429			
<b>Reproductive disorders</b>	Del	45	7	4189	4574				0.89	0.81–0.99	0.034	58%, 0.065, < 0.01	0.701
	Ins							1.12	1.01–1.24	0.034			
<b>Breast cancer</b>	Del	5	–	726	811	<b>1.23</b>	<b>1.06–1.42</b>	<b>0.006</b>	<b>1.23</b>	<b>1.06–1.42</b>	<b>0.006</b>	0%, 0, 0.45	*
	Ins					0.81	0.70–0.94	0.006	0.81	0.70–0.94	0.006		
Cervical cancer	Del	4	–	592	1383				1.04	0.78–1.38	0.787	65%, 0.051, 0.04	*
	Ins							0.96	0.72–1.28	0.787			
Hepatocellular carcinoma	Del	3	–	518	1071				1.14	0.76–1.69	0.529	79%, 0.096, < 0.01	*
	Ins							0.88	0.59–1.31	0.529			
Multiple sclerosis	Del	4	–	799	705	0.93	0.80–1.08	0.322	0.93	0.80–1.08	0.322	0%, 0, 0.91	*
	Ins					1.08	0.93–1.26	0.322	1.08	0.93–1.26	0.322		
Rheumatoid arthritis	Del	6	–	1501	1486	1.04	0.94–1.15	0.462	1.04	0.94–1.15	0.462	0%, 0, 0.82	*
	Ins					0.96	0.87–1.07	0.463	0.96	0.87–1.07	0.463		
<b>Systemic lupus erythematosus</b>	Del	10	–	2906	3412				0.88	0.79–0.99	0.028	51%, 0.016, 0.03	0.314
	Ins							1.13	1.01–1.27	0.028			
Type 1 diabetes	Del	3	–	361	412	1.24	1.01–1.52	0.036	1.24	1.01–1.52	0.049	12%, 0.005, 0.32	*
	Ins					0.80	0.66–1.00	0.036	0.80	0.66–1.00	0.049		
HIV vertical transmission	Del	5	–	468	702				1.08	0.60–1.95	0.798	88%, 0.386, < 0.01	*
	Ins							0.93	0.51–1.67	0.798			
<b>Human cytomegalovirus infection</b>	Del	3	–	198	642	<b>2.06</b>	<b>1.60–2.64</b>	<b>&lt; 0.0001</b>	<b>2.06</b>	<b>1.60–2.64</b>	<b>&lt; 0.0001</b>	0%, 0, 0.76	*
	Ins					0.49	0.38–0.63	< 0.0001	0.49	0.38–0.63	< 0.0001		
Human papillomavirus infection	Del	4	–	593	702				1.17	0.89–1.56	0.270	60%, 0.049, 0.06	*
	Ins							0.85	0.64–1.13	0.270			
Heart transplantation	Del	3	–	337	261	0.92	0.73–1.17	0.504	0.92	0.73–1.17	0.507	0%, 0, 0.43	*
	Ins					1.08	0.86–1.37	0.504	1.08	0.86–1.37	0.507		
Kidney transplantation	Del	3	–	165	166	1.19	0.87–1.64	0.281	1.19	0.87–1.64	0.281	0%, 0, 0.70	*
	Ins					0.84	0.61–1.15	0.281	0.84	0.61–1.15	0.281		
Eclampsia (mothers)	Del	12	–	1059	1457				0.86	0.72–1.04	0.116	54%, 0.052, < 0.01	0.227
	Ins							1.16	0.96–1.39	0.116			
<b>Eclampsia (children)</b>	Del	3	–	122	299	0.71	0.52–0.96	0.026	0.71	0.52–0.96	0.026	0%, 0, 0.70	*
	Ins					<b>1.42</b>	<b>1.04–1.93</b>	<b>0.026</b>	<b>1.42</b>	<b>1.04–1.93</b>	<b>0.026</b>		
Implantation failure	Del	4	–	127	214				1.38	0.60–3.18	0.447	83%, 0.597, < 0.01	*
	Ins							0.72	0.31–1.67	0.447			
Miscarriage	Del	24	–	2773	2475				0.89	0.79–1.01	0.075	54%, 0.048, < 0.01	0.786
	Ins							1.12	0.99–1.27	0.077			

All possible associations between 14-bp polymorphism and the clinical situations/diseases were measured by calculating a pooled Odds Ratio (OR) and 95% confidence intervals (CI) for fixed and/or random effect models. The  $p$  values resulting from the Q test,  $\tau^2$  values and of the  $I^2$  value were used to measure between-studies heterogeneity. If  $I^2 > 50\%$  or Q test  $p$  value was  $< 0.01$ , only the random effect model was applied to the pooled data. Otherwise, fixed and random effect models were employed. Meta-analysis results that show association between *HLA-G* 3'UTR 14-bp and the diseases or clinical situations evaluated are highlighted in boldface. \*Due to the defined parameters for this statistical test, Publication bias was not evaluated in groups with  $< 10$  studies.

justifying the choice of this marker for genetic studies.

The 14-bp is the most studied *HLA-G* variation site. Notwithstanding that, this meta-analysis revealed inconsistencies between some association studies that have already been published. This statement is based on the following results: i) when we observed data from many conditions (Cervical cancer, Hepatocellular carcinoma, Multiple sclerosis, Rheumatoid arthritis, HIV vertical transmission, Human papillomavirus infection, Heart transplantation, Kidney transplantation,

Preeclampsia (mothers), Implantation failure, Miscarriage, e.g), we could verify that some studies found the 14-bp insertion associated with susceptibility to disease development [108,112,117–119,138,140], whereas, others revealed the 14-bp deletion as the allele associated with susceptibility [47,53,79,82,91], and sometimes none was associated [48,49,80,98,101,105,147]; ii) when the disorders were grouped according to conditions exhibiting a hypothetical high (1) or low (2) *HLA-G* expression, no associations between the 14-bp alleles were

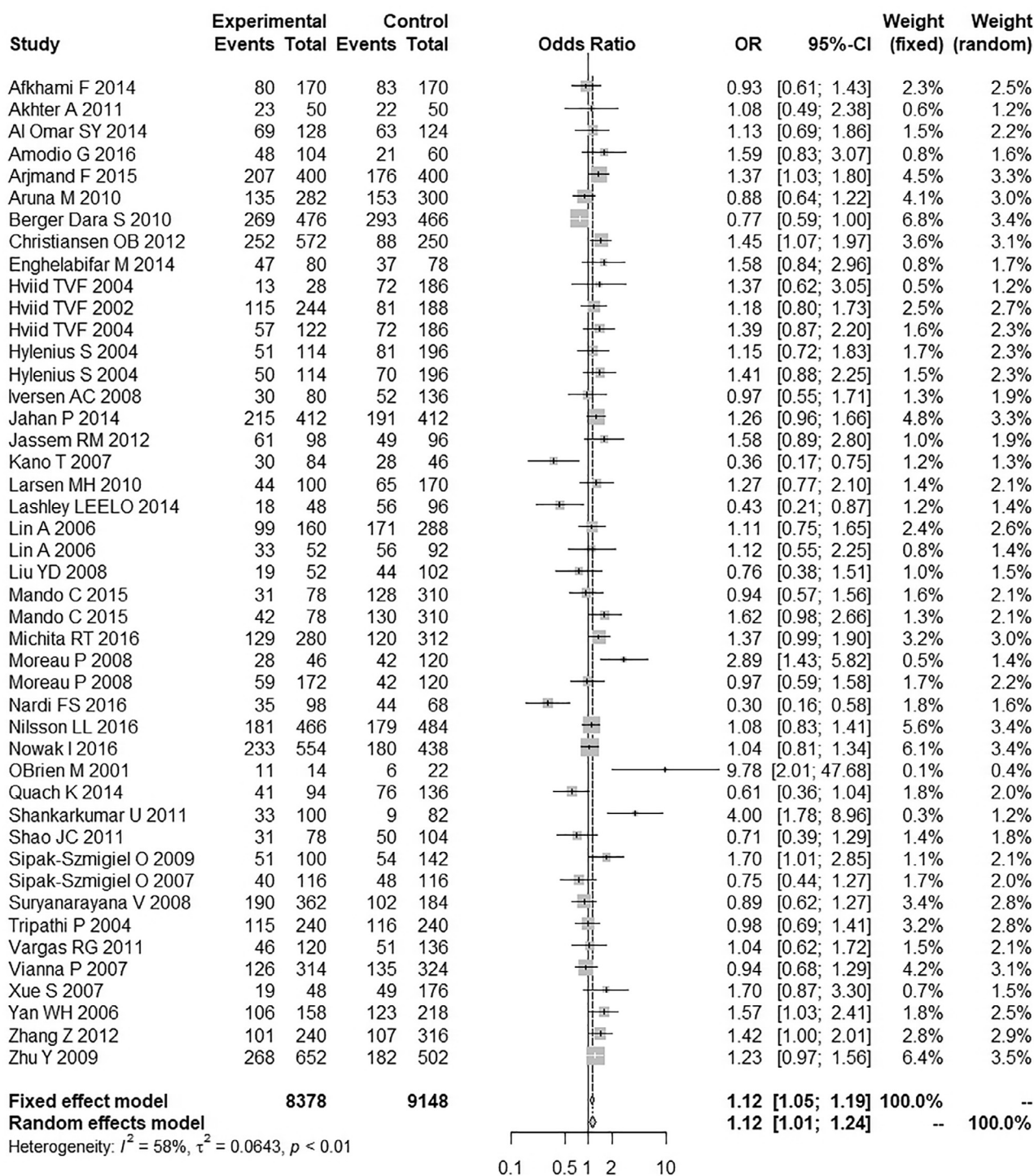
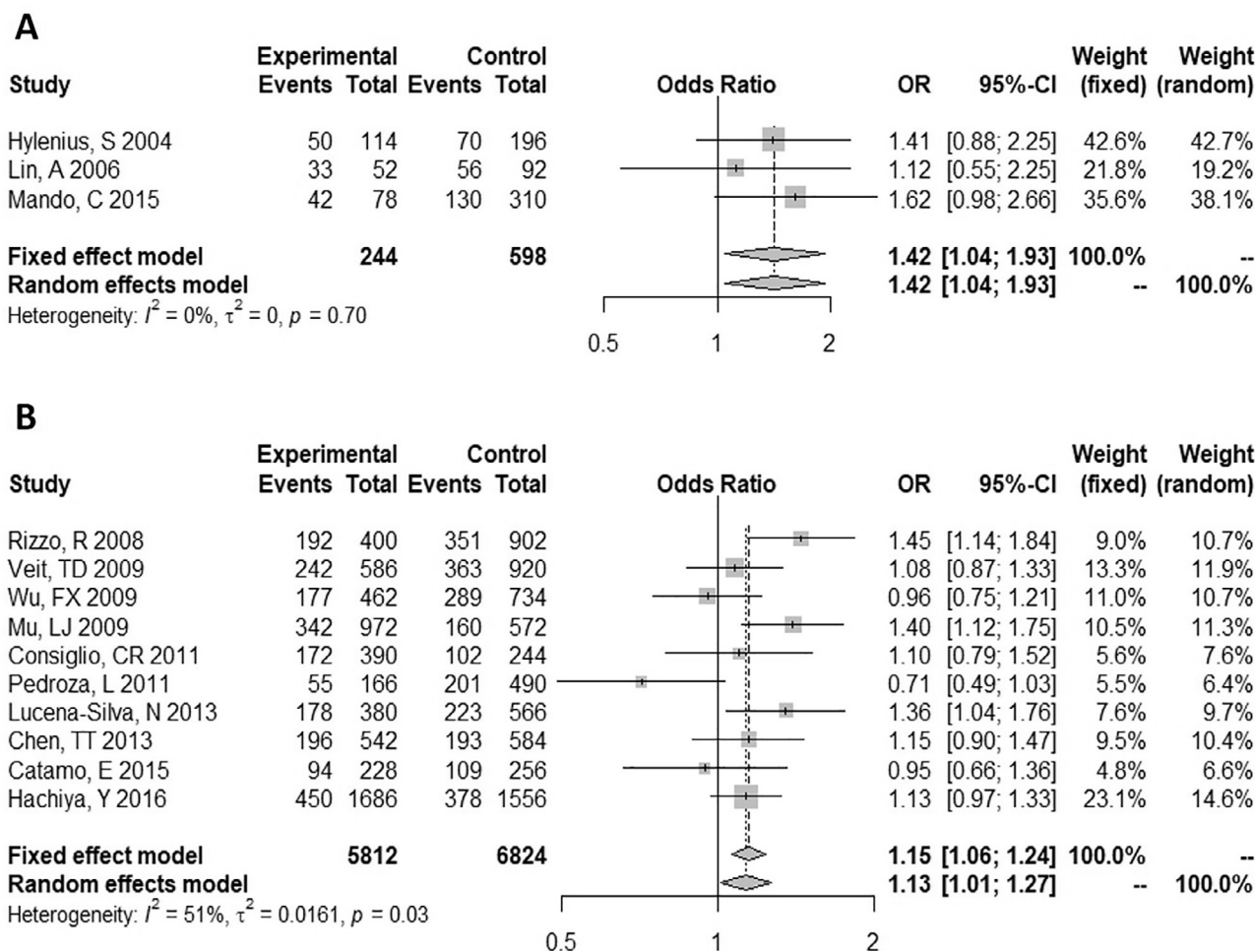


Fig. 2. Reproductive disorder meta-analysis results. In this figure, *Experimental* refers to patients' data, *Controls* refers to controls' data, *Events* refers to the number of risk alleles and *Total* refers to the number of alleles. *Odds Ratio (OR)* and *95% confidence intervals (CI)* values are presented for *fixed* and *random effect* models. As the *p* value resulting of *Q* test was  $< 0.01$  and *I*<sup>2</sup> value was  $> 50\%$ , the random effect model was applied to these data.

observed. In other words, tumor and chronically virus-infected cells may express HLA-G to diminish or impede the action of host cytotoxic cells, and in these conditions the expression of HLA-G may be hypothetically high regardless of the individual genotype. In contrast, in autoimmune and chronic inflammatory disorders, and in engrafted organs or hematopoietic cells, the low expression of *HLA-G* may hypothetically be associated with poor outcome. Therefore, in these conditions, one would expect the 14-bp deletion associated with a worse outcome in the case of tumor and virus-infected cells and with a

better outcome in autoimmune and in engrafted tissues. According to this *meta-analysis*, these associations were not observed; and iii) when we clustered diseases according to the major underlying condition; we only verified a risk association between the disease cluster called *Reproductive Disorders* (composed by studies about Implantation Failure, Preeclampsia, Recurrent Miscarriage, Reproductive Failure and Spontaneous Miscarriage) and the presence of 14-bp. Other metaanalyses realized by Fan et al. (2017) and Wang et al. (2013) also verified the presence of 14-bp as a risk to implantation failure and miscarriage,



**Fig. 3.** Preeclampsia – children (A) and Systemic lupus erythematosus (B) meta-analysis results. In this figure, *Experimental* refers to patients’ data, *Controls* refers to controls’ data, *Events* refers to the number of risk alleles and *Total* refers to the number of alleles. *Odds Ratio (OR)* and *95% confidence intervals (CI)* values are presented for *fixed* and *random effect* models. As the *p* value resulting of *Q* test was  $< 0.01$  and *I*<sup>2</sup> value was  $> 50\%$ , the random effect model was applied to these data.

respectively.

As reported at the present study, the presence of 14-bp insertion was associated with susceptibility to preeclampsia (when children alleles were evaluated) and systemic lupus erythematosus. This last data is in accordance with the meta-analyses performed by Catamo et al. (2015) and Zhang et al. (2014) that described the 14-bp insertion polymorphism as a risk to Lupus too. Whereas the 14-bp deletion was associated with risk to human cytomegalovirus infection and breast cancer. The meta-analysis realized by Ge et al. (2014) similarly described the 14-bp absence polymorphism as a risk factor for breast cancer in Asian populations as a result of a cancer meta-analysis.

Taken together, these findings indicate that the 14-bp variability at the *HLA-G* 3’UTR segment is not an efficient genetic marker for disease association studies. We must consider that these are complex diseases and, although the presence of *HLA-G* was already described in most of these pathologies, this is probably not a direct cause-and-effect relation. Besides that, the 14-bp variation site is not the only element responsible for the posttranscriptional control of the *HLA-G* expression. As previously mentioned, in addition to the 14-bp insertion (associated with decreased mRNA expression) at least two other 3’UTR variation sites (+3142C/G and +3187A/G) [8,9] have been functionally studied. The +3142G (associated with decreased expression due to the action of particular microRNAs) and +3187A (decreased stability of the mRNA due to an AU-rich motif) alleles have been associated with decreased *HLA-G* expression. Besides, other variation sites (+3003 C/G, +3010 G/C, +3027 C/A, +3035 C/T, +3196 C/G), which have not been

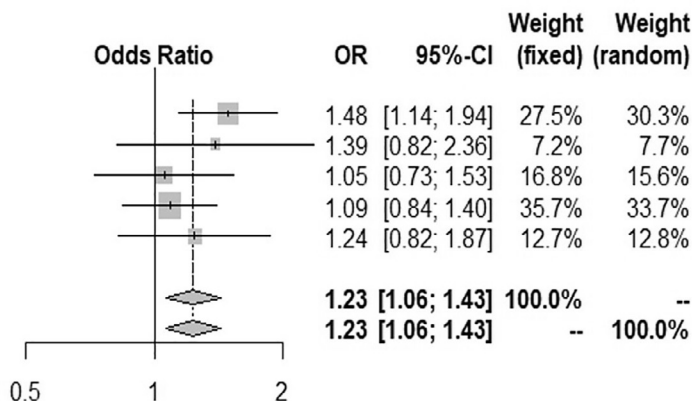
functionally studied, do exhibit *in silico* evidences for their putative posttranscriptional *HLA-G* modulation [6,148,149].

Another evidence based on the association of the *HLA-G* 3’UTR variability and the levels of soluble *HLA-G* indicates that the 14-bp, +3010 G/C, +3027 C/A and +3035 C/T polymorphic sites have been associated with *HLA-G* expression [5]. Taken together, at least four of the nine variation sites commonly observed in worldwide populations may exert alone or in combination their effect on post-transcriptional regulation of *HLA-G* expression. Therefore, instead of genotyping just the 14-bp variation site, it would be more reasonable to type the entire 3’UTR segment to study the influence of the *HLA-G* 3’UTR association with diseases. Besides that, to better understand *HLA-G* expression it is also necessary to take into consideration the gene transcriptional regulation, that is determined mostly by the promoter region. Once it is no use to have an efficient post-transcriptional regulation mechanism if there is no gene transcription. Additional studies, as *in vitro* assays, could help to understand the role of *HLA-G* regulation regions polymorphisms and how they could affect gene interactions with transcriptional factors and miRNA and, consequently, the gene expression. It is also important to consider the *HLA-G* intense linkage disequilibrium, that could eventually justify some of associations observed between the 14-bp alleles and several diseases. Many associations observed in the studies evaluated at the present meta-analysis could be a reflection of another *HLA-G* polymorphic site with high linkage disequilibrium.

To better understand the relations between the 14-bp polymorphism

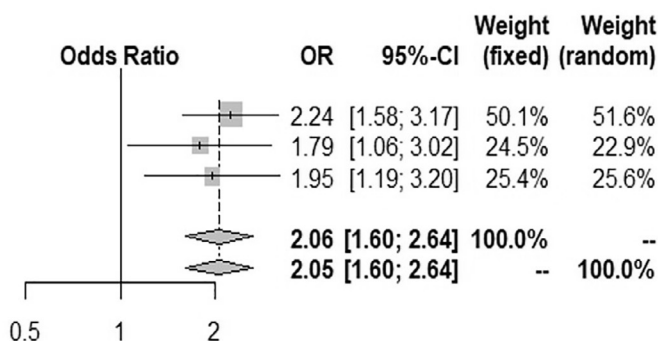
**A**

Study	Experimental		Control	
	Events	Total	Events	Total
Eskandari-Nasab, E 2013	266	472	189	406
Jeong, S 2014	129	160	120	160
Ramos, CS 2014	90	160	210	382
Haghi, M 2015	239	454	258	510
Zidi, I 2016	114	206	82	164
<b>Fixed effect model</b>	<b>1452</b>		<b>1622</b>	
<b>Random effects model</b>				
Heterogeneity: $I^2 = 0\%$ , $\tau^2 = 0$ , $p = 0.45$				



**B**

Study	Experimental		Control	
	Events	Total	Events	Total
Zheng, ZQ 2009	164	216	386	660
Jin, ZK 2012	63	86	213	352
Misra, MK 2013	64	94	142	272
<b>Fixed effect model</b>	<b>396</b>		<b>1284</b>	
<b>Random effects model</b>				
Heterogeneity: $I^2 = 0\%$ , $\tau^2 = 0$ , $p = 0.76$				



**Fig. 4.** Breast Cancer (A) and Human cytomegalovirus infection (B) meta-analysis results. In this figure, Experimental refers to patients’ data, Controls refers to controls’ data, Events refers to the number of risk alleles and Total refers to the number of alleles. Odds Ratio (OR) and 95% confidence intervals (CI) values are presented for fixed and random effect models. As the p value resulting of Q test was < 0.01 and I2 value was > 50%, the random effect model was applied to these data.

**Table 2**

Main associations between the 14-bp polymorphism alleles and the more frequent *HLA-G* promoters, coding regions, 3’UTRs haplotypes and proteins.

14-bp	<i>HLA-G</i> 3’UTR	<i>HLA-G</i> Promoter	<i>HLA-G</i> Coding Region	<i>HLA-G</i> Protein
14-bp absence (deletion)	UTR-1	010101a	G*01:01:01:01	G*01:01
	UTR-3	010101b	G*01:01:01:04	G*01:04
	UTR-4	010101c	G*01:01:01:05	
	UTR-6	010101d	G*01:04:01	
	UTR-18	010101f	G*01:04:04	
14-bp presence (insertion)	UTR-2	010102a	G*01:01:02:01	G*01:01
	UTR-5	0103a	G*01:03:01:01	G*01:03
	UTR-7	0103d	G*01:01:03:01	G*01:05N
			G*01:05N	G*01:06
			G*01:06	

and others *HLA-G* polymorphic sites, we organized Table 2, which contains the main associations between the 14-bp polymorphism alleles and the more frequent *HLA-G* promoters, coding regions, 3’UTRs haplotypes and proteins. Considering the entire table data, we realized that the 14-bp polymorphism is not a good marker to understand the different *HLA-G* expressions, neither to evaluate the gene function, once there are high similarities between the most frequent haplotypes for both 14-bp alleles.

Finally, although some associations were observed, the lesson learned from this meta-analysis is that the *HLA-G* 3’UTR 14-bp indel

should be analyzed in the context of the entire 3’UTR or even the entire gene, since this whole region is under a strong linkage disequilibrium [150]. This is the first meta-analysis including a global data analysis of all disease association studies already published focusing the *HLA-G* 14-bp polymorphism as target. As previously mentioned, the others available meta-analyses evaluated this 3’UTR gene variability focusing on only one disease [14–22,151] or a small group of diseases [23–25]. Considering the meta-analysis performed in the present studied, we can conclude that, although 14-bp *HLA-G* 3’UTR polymorphism is an easily detected variation site widely used in disease association studies, this polymorphism cannot be used as a sole genetic marker for disease susceptibility.

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**Conflict of interest**

The authors declare no conflicts of interest in the research. The funders had no role in study design, data collection and analysis, decision to publish or preparation of the manuscript.



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## Appendix A. Supplementary data

Supplementary data associated with this article can be found, in the online version, at <https://doi.org/10.1016/j.humimm.2018.08.003>.

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