Mechanisms of desiccation tolerance in the bromeliad *Pitcairnia burchellii* Mez: biochemical adjustments and structural changes

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**A R T I C L E   I N F O**

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- Water storage tissue
- Starch
- Secondary metabolism
- Antioxidant substances
- Cell wall
- Desiccation tolerance
- Bromeliaceae

**A B S T R A C T**

Rocky outcrops represent the diversity center of vascular desiccation tolerant (DT) plants. Vegetation in this environment is exposed to an extended dry season and extreme conditions due to rocky soils and high sun exposure. In this study, we demonstrated that *Pitcairnia burchellii*, a bromeliad from rocky outcrops, tolerates intense desiccation for about 90 days due to strategies as accumulation of compatible osmolytes and antioxidant substances together with leaf morphological changes. In dehydrated plants, an increase in antioxidant activity was observed and the vacuolization of parenchyma cells was accompanied by proline accumulation in leaves and rhizomes. Precursors related to phenylpropanoid pathway increased significantly during plant dehydration. Accordingly, increases in anthocyanin and phenolic contents as well as lignin deposition were observed in leaves of dehydrated plants. Cell divisions and a decrease in stored starch were observed in the rhizomes indicating starch mobilization. Anatomical analyses revealed the presence of a more developed water-storage tissue in dehydrated leaves. During desiccation, leaves curl upwards and the adaxial V deep water-storage tissue is supported by two larger lateral vascular bundles. Cell wall folding and an increased proportion of arabinose-containing polymers was observed in leaves under dehydration, suggesting increasing of cell wall flexibility during desiccation. Such biochemical and morphological changes are consistent with the ability of *P. burchellii* to tolerate intense desiccation and behave as a resurrection species.

**1. Introduction**

The Brazilian cerrado is a savanna-like biome exposed to a regular and predictable drought season in which the vegetation is subjected to a prolonged period of water deficit (Franco et al., 2014). In the xeric savanna sites, rainfall deficit over several years results in the depletion of soil moisture, inducing plants to morpho-physiological adjustments to tolerate severe drought (Galmés et al., 2012). Rocky outcrops present as main characteristics the almost complete absence of soil cover and great topographic heterogeneity, promoting the establishment of a vegetation type distinct from that of contiguous areas (Parmentier, 2003).

The vegetation of rocky outcrops is composed predominantly of herbaceous-shrub species, growing in Litholic Neosols, in outcrops slots, or directly on the rocks. Rupicolous Araceae, bromeliads and orchids form a typical flora, with many endemic and rare species presenting xeromorphic characteristics (Carvalho et al., 2012). Many of these plants are perennial and their biomass is stored in a great diversity of underground organs (rhizomes, rhizophores, bulbs, among others). Starch and other polysaccharides, besides nitrogen, are common storage compounds found in these underground organs, allowing the regeneration of individual plants and vegetative propagation after seasonal droughts or other environmental disturbances (Moraes et al., 2016).

Water deficiency responses involve a complex interaction of physical and metabolic processes in cells, tissues and organs (Lawlor and Cornic, 2002). However, the desiccation tolerance phenomenon depends on the tolerated degree of dehydration and on the capacity of rapid rehydration, which are related to the tissue stability and longevity in the dry state (Gaff and Oliver, 2013). The intensity of the damage resulting from mechanical stress depends on factors such as the adhesion strength between plasmalemma and cell wall, the degree of disruption of the plasma membrane, and the cell wall flexibility (Gall et al., 2015). Moore et al. (2006), studying desiccated leaves of *Myr-othamnus flabellifolia* (Myrothamnaceae), showed an increased cell wall...
flexibility associated with changes in pectins. The authors emphasize that the proportion of arabinose-containing polymers, which have high flexibility and capacity of water absorption, seems to be decisive for leaf rehydration after the drying period.

Resurrection plants developed enzymatic and non-enzymatic mechanisms to avoid damages caused by reactive oxygen species (ROS) (Farrant et al., 2015). The enzymatic mechanism is formed by superoxide dismutase, catalase and peroxidase, among others. The non-enzymatic mechanism includes carotenoids, ascorbic acid, tocopherols, and oxidized and reduced glutathione (Dinakar and Bartels, 2013). Under conditions of moderate stress, the radicals are efficiently eliminated by the antioxidant defense system. However, during periods of severe water stress, such radical disposal system becomes saturated by increasing ROS production rate, and damages are unavoidable (Mundree et al., 2002).

A strategy used by desiccation tolerant species to cope with water deficit is the great capacity to produce and accumulate osmotically active compounds. These compounds act replacing the water lost during the drying process and protecting tissues against the deleterious effects of high ion amounts (Gaff and Oliver, 2013), maintaining the stability of the membranes in the dehydrated state (Hoekstra et al., 2001). In Eragrostis nidenses (Poaceae), Vander–Willigen et al. (2004) demonstrated that the mechanical stress is avoided by the wall folding regulation in mesophyll while the volume of the bundle sheath cells is maintained by the accumulation of proline and proteins in small vacuoles.

Pitcairnia burchellii Mez is an endemic Brazilian terrestrial bromeliad exhibiting xeromorphic characteristics like thorns at the base of the leaves and a rhizome as underground storage organ. It occurs in the North and Midwest Brazil, frequently in rocky outcrops of cerrado (Forzza et al., 2015) in slots or directly on the rock. Recently, we demonstrated that P. burchellii is a resurrection plant as it tolerates long periods of protoplasmic dehydration without suffering permanent injuries, recovering its metabolic competence after rehydration (Vieira et al., 2017b). The aim of this study was to evaluate the metabolic adjustments and structural changes in leaves and rhizomes of P. burchellii subjected to dehydration and rehydration. We analyzed anatomical characteristics and changes in biochemical parameters and showed that P. burchellii plants exhibit alternative dormancy strategies based on starch accumulation in the final stages of the desiccation process.

2. Materials and methods

2.1. Plant material and water deficit conditions

Plants of Pitcairnia burchellii Mez were collected in rocky outcrops in a cerrado area located in Coxin-MS, Brazil (18° 28’53.21’S, 54° 45’32.85’W), and maintained in a greenhouse of the Department of Plant Physiology and Biochemistry, Institute of Botany, São Paulo, Brazil, in 5.0 L pots filled with organic soil. The experiment was carried out in a completely randomized design and consisted of 30 plants submitted to desiccation during 90 days, followed by rehydration. Analyses were performed at 0, 30, 60 and 90 d during desiccation and 192 h (8 d) after rehydration; all extractions and analyses were performed on five leaves and three rhizomes per sampling time. Biochemical and structural analyses were performed in the middle portion of fully expanded leaves, positioned in the third row from the base to the apex of the rosette, and in the middle portion of the rhizomes.

2.2. Relative water content (RWC)

Relative water content was estimated in two leaves per sampling time and used as reference to evaluate the water status of the plants, using the formula: RWC (%) = (FW-DW/TW-DW) × 100, where FW, DW and TW correspond to fresh, dry and turgid weight mass, respectively.

2.3. Phenylpropanoid pathway metabolite analyses

The main precursors of the phenylpropanoid pathway were analyzed in leaves by gas chromatography and mass spectrometry (GC/MS), according to Roessner et al. (2001), with minor modifications. Samples of 100 mg of fresh leaves were extracted in 500 μl of methanol: chloroform: water (12: 5: 1 v/v/v) with the addition of 50 μl of adonitol (0.2 mg ml⁻¹) as internal standard. The mixture was incubated at 60 °C, shaken for 30 min and centrifuged at 13.000 g for 5 min. Following, 350 μl of water was added to 350 μl of the collected supernatant for polar phase separation. Aliquots of 300 μl were dried and derivatized with pyridine and N, O-Bis(trimethylsilyl)trifluoroacetamide (BSTFA), and shaken for 1 h at 75 °C. Samples were analyzed on an Agilent 7890 gas chromatograph coupled to a Leco Pegasus 2 time-of-flight mass spectrometer (LECO, St. Joseph, MI, USA) and a Combi-PAL autosampler (Agilent Technologies GmbH, Waldbronn, Germany). Peak detection, retention time and library matching were performed using Target Search R-package. Chromatograms were exported to Leco ChromaTOF software (version 3.25) and the metabolites were quantified by the peak intensity of a selective mass.

2.4. Anthocyanin content

Anthocyanin quantification was performed in dried leaves (15 mg), using 1 ml of acidified methanol (15% HCL v/v) and overnight stirring at room temperature. Anthocyanin containing basil extract (150 μl) was added to 1 ml of acidified methanol and its absorbance was read at 535 nm. Cyanidin-3-glucoside in acidified methanol was used as standard and total anthocyanin concentration was evaluated using a slightly modified version of Abdel–Aal and Huel (1999).

2.5. Proline analysis

Leaves and rhizomes were lyophilized, milled, weighed (200 mg), and immersed in 80% ethanol; the mixture was homogenized and incubated in a water bath at 80 °C for 15 min. After centrifugation at 3000g for 15 min, the supernatants were combined and concentrated on a rotary evaporator (R-215, Buchi, Switzerland). The extracts were taken up in distilled water and proline content was determined according to Bates et al. (1973) based on proline to ninhydrin reaction at 520 nm, using L-proline (Sigma–Aldrich) as standard.

2.6. Phenol content and antioxidant activity

The Total phenols were quantified in samples of leaves and rhizomes oven dried for 48 h at 50 °C. The material (20 mg) was mixed with 1 ml of 80% aqueous methanol and shaken overnight at room temperature. The mix was centrifuged at 13.000g for 20 min and the supernatant was collected for phenol quantification according to Ainsworth and Gillespie (2007), based on Folin–Ciocalteau reagent, and using gallic acid as standard. Samples were submitted to extraction as described in item 2.4 and tested for antioxidant activity through capture of the radical 2,2-diphenyl-1-picrylhydrazyle (DPPH, Sigma–Aldrich®). Quantitative analysis was done by adding 71.4 μl of a methanol solution of DPPH (0.3 mM) and 178.5 μl of the extract. Methanol was used as negative control and Quercitin (Sigma–Aldrich®) at 5 μg ml⁻¹ as positive control. The microplate was maintained at room temperature and the absorbance at 518 nm was measured after 5 min in an ELISA reader (KC4-Bio-Tek Instruments, Inc., USA).

2.7. Glycosyl composition and glycosyl linkage analyses of leaf cell walls

Leaf cell walls were extracted from leaves sampled at 0, 60 and 90
days of desiccation and after rehydration, using the methanolic-insoluble residue (item 2.5). The material was suspended in 90% dimethylsulfoxide (DMSO) and incubated with amiloglucosidase (AMG) (one enzyme unit to 10 mg) for starch removal. The remaining residue was washed thoroughly with distilled water and lyophilized. The samples were then washed twice with 10 ml of 100 mM potassium phosphate buffer pH 7.0, and subsequently with 10 ml of chloroform: methanol (v/v), 10 ml acetone and 10 ml of ethyl ether. At each step, the material was washed with distilled water, centrifuged and the supernatants were discarded. The final residue was subjected to drying at 60 °C for 72 h (Gorschkova et al., 1996). For cell wall glycosyl composition analysis, about 300 μg of material were hydrolyzed in methanolic HCl in sealed tubes for 18 h at 80 °C. After cooling and removal of solvent under N2 flow, the samples were treated with a mixture of methanol, pyridine and acetic anhydride, and solvents were evaporated and derivatized using Tri-Sil (Pierce) at 80 °C for 30 min. The analysis methylated alditol acetates were analyzed on an Agilent 7890A chromatograph coupled with a mass spectrometer 5975C (electronic impact ionisation mode), using a capillary column Supelco SP-2331 (30 m).

2.8. Anatomical analysis

Samples taken from the middle portion of leaves and rhizomes from hydrated plants, from desiccated plants at 90 days of experiment and from rehydrated plants, 8 d after rehydration (98 days) (three samples per organ, per treatment) were fixed in FAA 50 (37% formaldehyde, glacial acetic acid, 50% ethanol, 1:1:18 v/v) (Johansen, 1940) and then transferred to 70% ethanol, except for the dehydrated material, which was transferred to 100% ethanol to avoid rehydration. Alternatively, dehydrated plants were also submitted to an increasing ethanolic series (70–100%) in order to demonstrate that the observed anatomical differences were due to the imposed environmental conditions and not to the differentiated dehydration process mentioned above.

After dehydation in 80, 90, and 100% ethanol, samples were embedded in (2-hydroxyethyl)-methacrylate (Leica HistoResin Embedding Kit) (Gerrits and Smid, 1983), and sectioned at 4–8 μm on a rotary microtome (Leica RM 2245) for light microscopy analyses. Sections were stained with periodic acid–Schiff’s reagent (PAS) and toluidine blue and mounted on slides using Entellan (Merck). Handmade sections were also obtained using a razor blade, and bleached with 20% sodium hypochlorite, followed by staining with Astra blue and safranin, and mounting on slides with glycerine. The following histochemical tests were also performed: 5% tannic acid and 3% FeCl3 for mucilage (Pizzolato and Lillie, 1973), and ruthenium red for pectin (Chamberlain, 1932). The images were obtained with a microscope (Leica, DM 4000B) equipped with a camera (Leica, DFC 450), using the software LAS (Leica Application Suite Version 4.0.0). The schematic representation of a dehydrated leaf was edited using the Microsoft Office PowerPoint 2007 and Adobe Photoshop CS6 (v. 13.0 Extended). Morphometric analysis was performed using IMAGEJ software (http://imagej.nih.gov).

2.9. Statistical analysis

Biochemical parameters and morphometric analyses data were subjected to ANOVA and any contrast between means was evaluated by Tukey test (P ≤ 0.05), using the statistical package Assistat Software Version 7.7.
3. Results

3.1. Phenylpropanoid pathway metabolites

Phenylalanine content increased significantly (62.4%) at 60 days (Fig. 1A), while enhancements of 62% and 37% were observed, respectively, in the 4-coumarate (Fig. 1B) and tyrosine concentrations (Fig. 1C) at 90 days. After rehydration, these compounds reached values similar to the control group.

3.2. Anthocyanins

After 40 days of water deficit imposition, foliar border winding towards the central vein was observed in leaves of *P. burchellii* due to the decrease in RWC. Close to the main vein, changes in the composition of foliar pigments were also detected with appearance of bands of reddish cells with increase in the content of anthocyanins. Indeed, increases of 5.8 and 8.3 times were detected in the total anthocyanin content in the leaves at 60 and 90 days from the beginning of water suppression (T0), respectively. After rehydration, anthocyanin content decreased (Fig. 1D).

3.3. Proline, phenols and antioxidant activity

Increases of 2.4 times and 5.4 times in the proline content were observed, respectively, at 60 days in leaves and at 90 days in the rhizomes, following the decrease in RWC (Fig. 2A). Proline levels decreased in both organs after rehydration, reaching values close to that of the hydrated plants. The content of phenolic compounds was higher in leaves than in rhizomes. Increased phenol content was observed with the intensification of the water deficit reaching maximum values of 73.2 mg g$^{-1}$ DW at 90 days of water withholding. In the rhizomes, the total phenolic content increased significantly to 32.8 mg g$^{-1}$ DW only at 90 days of desiccation (Fig. 2B). After rehydration, the amount of total phenols decreased significantly in the rhizomes but a lower decrease was observed in leaves compared with rhizomes (Fig. 2B).

Decrease in leaf RWC were followed by an increase in the antioxidant activity from 30 days on of water suppression (Fig. 2C). Higher antioxidant activity was observed in leaves when compared to the rhizomes, with an increase of 28.7%. A significant relation between RWC and antioxidant activity was only observed at 60 days of water withholding. Again, rehydration promoted a decrease in antioxidant activity in both organs (Fig. 2C).

3.4. Monosaccharide and glycosyl linkage composition of leaf cell walls

Total carbohydrate content of leaf cell walls of *P. burchellii* was around 20–25% in plants submitted to desiccation for 90 days, and decreased to about 17% after rehydration. The analyses of the composition of the non-cellulosic polysaccharides present in leaf cell walls revealed xylose as the predominant monosaccharide, making up more than 80% of the total carbohydrates. Arabinose was the second most abundant sugar, representing ca. 15%, followed by glucose and galactose with less than 4% (Table 2). This proportion of monosaccharides is indicative of the presence of arabinoxylan as the major non-cellulosic polysaccharide in leaves. The arabinose/xylose ratio found in leaves before desiccation (0.16) increased in leaves submitted to water deficit at 60 (0.19) and 90 days (0.18), suggesting the presence of more branched molecules containing arabinose in the dried-plants. Rehydration caused a reduction in the arabinose ratio, indicating a decrease in the substitution of arabinoxylan. Glycosyl-linkage analysis confirmed the presence of a 4-linked arabinofuranosyl (high proportion of 4-Xyl residues) as the major hemicellulose found in leaf cell walls and showed that this polysaccharide is substituted at the O-2, O-3 and O-2,3 by arabinose residues, as deduced by the proportions of 2,4-Xyl, 3,4-Xyl and 2,3,4-Xyl residues (Table 3). The reduction in arabinose substitution after the hydration of dried leaves is suggested by the data presented in Table 3 and is consistent with the decrease in the ratio of the 3,4-Xyl and 2,3,4-Xyl residues observed by the glycosidic composition analyses. Apparently, the reduction of substitution occurs in the residues that are substituted at the O-3 position and simultaneously at
treatments, but these changes in the cellulose proportions could not be
the residues found in the cellulose (Table 3), which varied among
much smaller amounts than arabinoxylans. The values of 4-Glc refer to
Glycosyl linkage composition in the cell walls of

Table 3
Glycosyl linkage composition in the cell walls of P. burchellii leaves submitted to desiccation for 90 days and subsequent rehydration. R = rehydrated plants.

<table>
<thead>
<tr>
<th>Glycoside linkage</th>
<th>Mol (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>t-Araf</td>
<td>7.9</td>
</tr>
<tr>
<td>t-Araf</td>
<td>2.4</td>
</tr>
<tr>
<td>t-Araf</td>
<td>0.9</td>
</tr>
<tr>
<td>t-Araf</td>
<td>1.6</td>
</tr>
<tr>
<td>t-Araf</td>
<td>0.9</td>
</tr>
<tr>
<td>t-Galp</td>
<td>&lt; 0.1</td>
</tr>
<tr>
<td>4-Araf or 5-Araf</td>
<td>1.8</td>
</tr>
<tr>
<td>4-Xylp</td>
<td>60.9</td>
</tr>
<tr>
<td>3-Glp</td>
<td>0.2</td>
</tr>
<tr>
<td>2,4-Xylp</td>
<td>4.5</td>
</tr>
<tr>
<td>3,4-Xylp</td>
<td>12.0</td>
</tr>
<tr>
<td>3,4-Galp</td>
<td>0.2</td>
</tr>
<tr>
<td>3,4,6-Galp</td>
<td>–</td>
</tr>
<tr>
<td>2,4-Galp</td>
<td>0.3</td>
</tr>
<tr>
<td>4,6-Galp</td>
<td>0.3</td>
</tr>
<tr>
<td>2,3,4-Xylp</td>
<td>6.0</td>
</tr>
<tr>
<td>4-Mannp&lt;sup&gt;a&lt;/sup&gt;</td>
<td>(1.4)</td>
</tr>
<tr>
<td>4-Glcp&lt;sup&gt;a&lt;/sup&gt;</td>
<td>(64.1)</td>
</tr>
<tr>
<td>2,4-Rhap&lt;sup&gt;a&lt;/sup&gt;</td>
<td>–</td>
</tr>
</tbody>
</table>

3.5. Anatomical characterization

Two types of leaves form the rosette in plants of P. burchellii: photosynthesizing leaves and modified leaves that are narrow-lanceolate, coriaceous and spinous (Fig. 4A). Anatomically, the photosynthesizing leaves are dorsiventral (Fig. 3A–F). The epidermis is one-layered and covered by a thin cuticle (Fig. 3D–G). The abaxial epidermis is composed of cells with U-shaped thickened walls (Fig. 3D–G). The adaxial epidermis presents cells with slightly thickened walls in the hydrated leaves (Fig. 3D) whereas in dehydrated (Fig. 3E) and rehydrated leaves (Fig. 3F) cells have thickened and lignified walls. The epidermal cells facing the vascular bundles are completely thickened and lignified in both leaf surfaces regardless of the treatment (Fig. 3D). Peltate scales occur only on the abaxial leaf surface and are composed of basal cells, a two-celled stalk wholly immersed in the epidermis, and a wide multicellular shield (Fig. 3E). The stomata are also restricted to the abaxial leaf surface, in epidermal furrows, and the stomatal chambers are reduced (Fig. 3G).

Immediately beneath adaxial epidermis there is a multilayered hypodermis composed of rounded, colorless, thin-walled cells, forming a V deep water-storage tissue (Fig. 3A–F, K). The thickness and number of cell layers of water-storage tissue are significantly greater in dehydrated and rehydrated leaves compared with hydrated leaves (Fig. 3L). In the dehydrated leaves, the hypodermal cells are plasmolysed, with sinuous walls, mainly in the inner cell layers of hypodermis (Fig. 3B, E). The abaxial hypodermis consists of only one to two cell layers, with small, thin-walled cells, some of them containing anthocyanin (Fig. 3E–G).

The chlorenchyma is composed of two to four distinct palisade layers of compact, extended cells (Fig. 3E) above a loose tissue presenting small air channels filled with stellate cells with short arms (Fig. 3G). Vacuoles of chlorenchyma cells of hydrated and rehydrated leaves are centralised (Fig. 3H), whereas those of chlorenchyma cells of dehydrated leaves are polarized (Fig. 3I-arrow). Idioblasts containing raphides and polysaccharides occur in the chlorenchyma (Fig. 3E, F–asterisk).

The vascular bundles are arranged in a single row, close to the abaxial surface (Fig. 3A–C). They are collateral and surrounded by a double sheath: the outer one is parenchymatous and the inner one is fibrous (Fig. 3D, F, J). Besides the central bundle, there are two other larger vascular bundles support ed by abaxial and adaxial surface layers delimiting the central region of the lamina (Fig. 3A–C, K-arrow heads). Such bundles have a well-developed adaxial fibrous sheath (Fig. 3J) and support the water-storage tissue when the leaves curl upwards under desiccation (Fig. 3K). Interestingly, the vascular bundles of dehydrated and rehydrated leaves are more strongly stained with safranin, indicating that desiccation induced lignin accumulation (Fig. 3A, C, J).

The rhizomes have a single-layered epidermis (Fig. 4B). The epidermal cells present thin walls and a smaller lumen compared to that of

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The O-2 and 3 positions.

Arabinans O-4 and O-5 linked also make up the sugar moiety of the cell wall, as suggested by the ratios of 4-Ara and 5-Ara residues, but in much smaller amounts than arabinoxylans. The values of 4-Glc refer to the residues found in the cellulose (Table 3), which varied among treatments, but these changes in the cellulose proportions could not be related to desiccation and rehydration events.

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Table 1
Anatomical changes in leaves and rhizomes of P. burchellii submitted to different water availability.

<table>
<thead>
<tr>
<th>Tissues or regions</th>
<th>Treatments</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Hydrated material</td>
</tr>
<tr>
<td></td>
<td>Cells with slightly thickened walls</td>
</tr>
<tr>
<td></td>
<td>Few layers of turgid cells</td>
</tr>
<tr>
<td></td>
<td>Cells with centralized vacuoles and high chlorophyll content</td>
</tr>
<tr>
<td></td>
<td>Large and abundant starch grains</td>
</tr>
<tr>
<td></td>
<td>Large and abundant starch grains</td>
</tr>
<tr>
<td></td>
<td>Small and scarce starch grains</td>
</tr>
<tr>
<td></td>
<td>Occurrence of cell divisions and intercellular spaces rich in pectin</td>
</tr>
</tbody>
</table>

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Table 2
Sugar composition of cell walls of P. burchellii leaves submitted to desiccation for 90 days and subsequent rehydration. R = rehydrated plants.

<table>
<thead>
<tr>
<th>Carbohydrate content</th>
<th>Mol (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Glucose</td>
<td>22.9</td>
</tr>
<tr>
<td>Arabinose</td>
<td>14.0</td>
</tr>
<tr>
<td>Xylose</td>
<td>83.4</td>
</tr>
<tr>
<td>Galactose</td>
<td>0.5</td>
</tr>
</tbody>
</table>

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<sup>a</sup> Monosaccharides not detected by the analysis of glycoside composition.

<sup>b</sup> Corresponding cellulose linkage.
the cortical cells (Fig. 4B). They usually contain silica bodies and are covered by a thin cuticle (Fig. 4B). The cortex is parenchymatous and has leaf traces (Fig. 4C-I). The cortical cells contain starch grains (Fig. 4C-H), except in the inner layers of the cortex (Fig. 4B). The vascular cylinder is delimited by a multilayered pericycle, which is composed of thin-walled cells (Fig. 4C-E). The vascular bundles are collateral, simple or compound, and are randomly arranged in a parenchymatous pith (Fig. 4C-E, J-K). Idioblasts containing raphides and polysaccharides occur in both, cortex and pith (Fig. 4C, E, F, H-J).

Cortex and pith cells also contain starch grains. Morphometric
analysis showed differences in number and size of starch grains in cortical cells of dehydrated and rehydrated rhizomes. Water restriction significantly increased the size of starch grains in the rhizomes (Fig. 4C, J), although starch amount remained unchanged (Fig. 4D, F). However, after rehydration both number and size of the grains were significantly reduced, indicating starch mobilization (Fig. 4E, G, H, K, L). In the cortex of rehydrated rhizomes cell divisions and intercellular spaces rich in pectin were observed (Fig. 4H and I). The anatomical changes observed in the hydrated, dehydrated, and rehydrated material are summarized in Table 1.
4. Discussion

The ability of *Pitcairnia burchellii* to tolerate desiccation for extended periods involves biochemical and structural changes in its leaves and rhizomes. These changes seem to be part of two distinct strategies. The first one is related to the maintenance of osmotic equilibrium and protective functions against ROS during drought. The second is based on the use of carbon/nitrogen-rich compounds for the regrowth after rehydration.

The anatomical analysis also confirmed that in *P. burchellii*, the rhizomes function as storage organs during the water stress, since larger and more abundant starch grains were observed in the rhizomes of dehydrated plants. On the other hand, in the cortical region of dehydrated rhizomes, morphometric analysis showed a significant reduction in size and number of starch grains, pointing to the mobilization of this carbohydrate. Indeed, after rehydration, the starch grains were rapidly metabolized, especially those of the pith, which are considerably smaller. In agreement with this observation, starch quantification by colorimetric assay revealed that starch mobilization in the leaves and rhizomes of *P. burchellii* occurs during dehydration, suggesting that it seems to be an important osmoregulatory mechanism in this species (Vieira et al., 2017b). Starch is an important polysaccharide involved in the osmotic equilibrium, regulating metabolic activities during maintenance and repair of leaf tissues, as well as for the development of new leaves (Appezzato da Glória, 2015). Thus, the increased use of hydrolysis product in the rehydrated plants is probably related to the restoration of the plant aerial part, including the unwinding of the leaf blade and the repair of the photosynthetic tissue. As observed in other species, the metabolized sugars provide energy and carbon supply for the recovery of the metabolism in rehydrated organs (Norwood et al., 2003).

In *P. burchellii*, starch mobilization occurred concomitantly with cell division and accumulation of pectic polysaccharides in the cortical region of rehydrated rhizomes. Large amounts of pectic polysaccharides are able to form hydration zones, which provide a suitable microenvironment allowing cell division (Leroux et al., 2007). This accumulation is consistent with previous observations that the formation of pectin-rich zones is important to provide rapid hydration and precedes events of cell division and expansion (Leroux et al., 2007). This fact confirms the existence of a second strategy, when plants of *P. burchellii* are submitted to very long periods of drought, mobilizing starch for the production of new tissues rather than the recovery of pre-existing ones.

Leaves of *P. burchellii* also showed modified cell wall chemical composition after rehydration. The high content of arabinosine-containing polymers detected in the leaves provides greater flexibility to the cell walls during desiccation. According to Moore et al. (2013), arabinogalactans function as “plasticizers”, acting as dispersants polymer blends to increase the plasticity and/or flow ability, providing mechanical stabilization to the cell wall. A study with bromeliads of the genus *Aechmea* reported that glucoarabinogalactan (GAXs) were the most abundant non-cellulosic polysaccharide in cell walls and its structure was strongly related to the greater resistance of the chloro-enzyme walls (Ceuters et al., 2008). These authors emphasize that xylose chains that presented lower substitution by arabinose polymers in cell walls were more resistant to cell disruption, implying a higher mechanical resistance, with greater possibility of withstanding internal pressures during the inflow of water.

In *P. burchellii*, the cells of water-storage tissue of hydrated leaves were rounded and turgid, whereas those of dehydrated leaves were flaccid, resulting in the upward curling of leaf blades. During the desiccation process, the larger, lateral lignified vascular bundles seem to play a supporting function, sustaining the central region of the leaf blade. The later has a more developed water-storage tissue when compared to hydrated leaves, allowing a rapid rehydration of the tissue. Thus, in *P. burchellii* arabinose polymers appear to play an important role in maintaining the flexibility of the cell wall during the leaf folding in dehydrated plants, whereas xylose chains provide resistance to the high pressure during the rehydration process. In leaves of *Cranesbillia wilmsii* (Scrophulariaceae), a significant increase in pectins and xyloglucans led to a change in the mechanical properties of the cell walls, allowing their folding and avoiding cell collapse in the dry state (Vicré et al., 2004).

When leaves curl, its abaxial surface and consequently the stomata become more exposed, therefore the peltate scales with a wide shield are important to reduce water loss by transpiration and protect the leaf blade against sun radiation. The peltate scales of Bromeliaceae can also absorb water and nutrients (Brighina et al., 1984; Benzing, 2000) what may represent an adaptive advantage for *P. burchellii* to cope with drought. It has been already demonstrated in *Haberlea rhodopensis* (Gesneriaceae), that leaves can absorb water as a complementary mechanism to survive long periods of drought (Péli et al., 2012). The presence of peltate scales, stomata restricted to the abaxial surface, idioblasts with raphides and water-storage tissue in the mesophyll are common characteristics of Bromeliaceae leaves (Tomlinson, 1969) and are related to the habit, since most of the species are ephiphytic or rupicolous.

In our study, dehydrated and rehydrated leaves showed thicker and multilayered water-storage tissue compared to hydrated leaves. The increased number of cell layers prevents the contact of the underlying cells with the transpiration surface, suggesting a strategy to avoid excessive water loss during desiccation. This hypothesis is supported by the fact that the number of layers of this tissue decreases significantly after rehydration.

In leaves and rhizomes of *P. burchellii*, an increase in the proline content was initiated at 30 days and maintained up to 90 days of water withholding, possibly contributing to the osmotic equilibrium, structure protection and as a source of nitrogen after rehydration (Vieira et al., 2017a). Proline acts as a nitrogen reserve for the synthesis of specific enzymes and as a molecular chaperone, stabilizing protein structures and protecting cells against ROS accumulation (Vicré et al., 2004; Krasensky and Jonák, 2012). During dehydration of the desiccation tolerant plant *Eragrostis nidenses* (Poaceae), the accumulation of proline in small vacuoles and cytoplasm of the sheath cells of the vascular bundle contributed to the osmotic regulation and cellular stabilization (Vander-Willigen et al., 2004). Curiously, dehydrated leaves of *P. burchellii* showed proline accumulation and polarized vacuolization of chlorenchymatic cells, resulting in suppression of cytoplasmic structures, clearly observed in the anatomical analyses. The loss of vascular water induced plasmalemma retraction, resulting in cell wall tension and increasing compaction of organelles and macromolecules resulting in plasmolysis (Walters et al., 2002). The large central vacuole is divided into smaller vacuoles, in which water is replaced by compatible solutes, such as amino acids. These subcellular modifications are related to changes in the cell turgor that have already been observed in other resurrection plants (Farrant et al., 2003; Vicré et al., 2004; Moore et al., 2006).

Significant increases in precursors of secondary metabolites were observed during the desiccation of *P. burchellii*. Among these precursors are phenylalanine, 4-coumarate and tyrosine, all phenylpropanoid pathway intermediates, responsible in part for the synthesis of phenolic compounds, such as anthocyanin, flavonoids and lignin (Laursen et al., 2015). The increased content of these precursors was consistent with the significant increase of total phenolic compounds in leaves and rhizomes and with the leaf anthocyanin content detected in *P. burchellii*. Phenylpropanoid pathway intermediates represent a main course of carbon from primary to secondary metabolism, whose compounds are frequently involved in plant defense and stress acclimation (Zandalinas et al., 2017).

Anatomical analysis also showed anthocyanin accumulation predominantly in the abaxial hypodermis of *P. burchellii* leaves at 90 days, whose role has been related to the protective effect on light-induced
oxidative damage during desiccation. Leaves exposed to light generally exhibit increased anthocyanin content on the abaxial surface during dehydration, which may function as a “sun screen”, reflecting the excess of photosynthetically active radiation before and during chlorophyll degradation (Farrant et al., 2015). As shown by Vieira et al. (2017b), the degradation of chlorophylls in *P. burchellii* occurs concomitantly with the increase of carotenoids that, together with the accumulation of anthocyanins seen here, certainly protects photosynthetic machinery against photoinhibition.

Lignin accumulation was observed in the epidermal cells and vascular bundles of dehydrated and rehydrated leaves, contributing to the protection of the mesophyll and as a support to the tension imposed by the influx of water during rehydration. The activation of secondary metabolism in plants subjected to water restriction has been related to drought tolerance due to its potent antioxidant action, controlling the excessive production of ROS in tissues, therefore mitigating the damaging effects of desiccation (Aagåt and Tattini, 2010; Zandalinas et al., 2017).

The involvement of secondary metabolites as antioxidants was clearly shown in *Larrea divaricata* (Zygophyllaceae), a drought-tolerant species that occurs in arid Patagonian regions, in which the higher phenol production observed in leaves compared to roots was essential to maintain the balance between the production and the elimination of ROS (Varela et al., 2016). In *P. burchellii*, an efficient mechanism of ROS capture was demonstrated by the increase in antioxidant activity in leaves (greater than 90%) and rhizomes (above 70%) related to the increase of phenolic compounds. These results support the hypothesis that *P. burchellii* produces secondary metabolites that function as non-enzymatic antioxidants, as a mechanism to tolerate desiccation in their natural environment.

5. Conclusion

Here we demonstrated that *P. burchellii* was able to survive extended drought periods due to ROS-scavenging strategies, avoiding water loss during desiccation and accumulating reserve in the rhizome for the production of new tissues after rehydration. Overall, biochemical and structural changes observed in leaves and rhizomes during desiccation suggest that the xeromorphic characteristics of this bromeliad may be related to an evolutionary process to cope with drought by allowing it to behave as a resurrection species. These strategies can be a competitive advantage in environments under prolonged drought periods.

Contributions

E. Vieira, K. Silva and C. Moro performed the experiments. All authors designed the research, contributed to the data interpretation, discussion and paper writing. The final version of the manuscript was reviewed and approved by all authors.

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