



## Review

## Highlights in nanocarriers for the treatment against cervical cancer



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## ABSTRACT

Cervical cancer is the second most common malignant tumor in women worldwide and has a high mortality rate, especially when it is associated with human papillomavirus (HPV). In US, an estimated 12,820 cases of invasive cervical cancer and an estimated 4210 deaths from this cancer will occur in 2017. With rare and very aggressive conventional treatments, one sees in the real need of new alternatives of therapy as the delivery of chemotherapeutic agents by nanocarriers using nanotechnology. This review covers different drug delivery systems applied in the treatment of cervical cancer, such as solid lipid nanoparticles (SNLs), liposomes, nanoemulsions and polymeric nanoparticles (PNPs). The main advantages of drug delivery thus improving pharmacological activity, improving solubility, bioavailability to bioavailability reducing toxicity in the target tissue by targeting of ligands, thus facilitating new innovative therapeutic technologies in a too much needed area. Among the main disadvantage is the still high cost of production of these nanocarriers. Therefore, the aim this paper is review the nanotechnology based drug delivery systems in the treatment of cervical cancer.

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## 1. Introduction

Cervical cancer is malignant carcinoma type of cancer originate in cervix region. The cervix is the narrow portion of the uterus where it joins with the top of the vagina. Most cervical cancers are squamous cell carcinomas, arising in the squamous epithelial cells that line the cervix. Approximately, 500,000 new cases of cervical cancer are diagnosed each year, with 280,000 deaths worldwide, making cervical cancer the second most common malignancy affecting women worldwide [1]. Clinical, epidemiological, and molecular data associate high-risk HPV infection with cervical cancer development [2].

Chemotherapy uses anti-cancer drugs that are injected into a vein or given by mouth by patients. These drugs enter the bloodstream and can reach all areas of the body, making this treatment useful for killing cancer cells in most parts of the body [3]. In recent years, drug delivery systems have been developed, along with anticancer agents for those systems based on the concept of achieving a better clinical response and tolerability [4,5]. From the aspect of pharmacokinetics, in particular drug distribution, these may cause low bioavailability of the anticancer drug at the site of action as well as high organ toxicity limiting the maximum tolerated dose [6].

Some important technological advantages of drug delivery systems include prolonged half-life, improved distribution, increased circulation time of the drug, controlled and sustained release of the drug, versatility of route of administration, increased intercellular concentration of drug [7] and enhances the bioavailability of the poorly soluble drugs [8–10].

Liposome technology research culminated in 1995 in the U.S. Food and Drug Administration (FDA) approval of Doxil®, the first FDA-approved nanodrug [11]. After, other systems were approved as medicines and these commercialized drug delivery systems are listed in Table 1.

The effectiveness of a treatment can be increased by incorporating nanotechnology-based drug delivery systems. Some of these new platforms, which aim to improve the bioavailability, pharmacokinetics, and pharmacodynamics of drugs while reducing their side effects, or improving the selectivity in the tumor cells are discussed in this review.

## 2. Cervical cancer

Uterine cervical cancer is the second most common malignant tumor in women worldwide and presents a high mortality rate, especially in developing countries [19–21]. According to Kessler [22], cervical cancer has an incidence of 527,624 women/year, resulting in 265,672 deaths. In addition, cervical cancer accounts for 4% of the cases of cancer diagnosed in the world. About 84% of cervical cancer cases occur in less developed countries, such as Africa, Latin America and the Caribbean.

In Brazil it is the second most frequent in women population and the incidence and mortality, according to Brazilian Cancer Foundation [23], is, approximately, 530,000 new cases and 275,000 deaths each year in young women [24].

Cervical cancer is associated with high-risk human papillomavirus (HPV) and is responsible for causing benign lesions (genital warts or papilloma) or malignant lesions. HPV has been associated with more than 90% of cervical and anal cancers, 70% of the vaginal and vulvar cancers, caused by high-risk HPV, such as types 16 and 18 [25,26].

HPV is a public health problem that primarily affects undeveloping countries, where the population with low social status and poor hygiene habits becomes the main focus of viral infection that progresses to malignancy [19]. Infection with high-risk oncogenic subtypes of HPV is the major risk factor for the development of malignant lesions in the cervix. Although HPV infection may be the triggering factor, studies show that a linkage between genetic factors and immune functions are correlated to cervical carcinogenesis and infection by the major subtypes of high-risk [27].

Over 200 types of HPV have been isolated, and there is no doubt that there are other types that have not been identified. HPV leads to large epithelial lesions, mostly benign, such as warts or papillomas, with low malignant potential. A small fraction of people infected with the type of high-risk HPV will develop cancer, which usually arise many years after initial infection [28]. There are about 30 types of HPV and genital mucosa divided into low risk (types 6, 11, 42, 43 and 44) and high risk that are associated with precancerous lesions (types 16, 18, 31, 33, 35, 45, 51, 52 and 56), according to their presence in malignant lesions of the cervix [29].

Only a small number of women with chronic HPV infection can progress and develop disease [30]. In addition to HPV infection, other factors can trigger cervical cancer, such as malignant and invasive phenotypic factors, smoking and benzo[a]pyrene, BaP carcinogenic smoke [30,31].

HPV proteins, particularly E6 and E7, integrate DNA viral genes (antigens) into human DNA which are responsible for the development of malignant form and tumor growth, for this reason the development of vaccines against this type of proteins [32].

Three main methods are used in the treatment of tumors: surgical procedures, radiotherapy and chemotherapy, and these can be used with curative, palliative or prophylactic purposes, alone or combined [33–36].

The surgical procedure is very particularly between patients since it depends on the age, size, stage of disease and the patient's response to post-surgical. Radiotherapy combat the disease by ionizing radiation, which depends on the characteristics of cancer and patient being difficult to control damage to any adjacent normal tissue cell. Currently, it is common the use of combined chemotherapist to enhance the desired effect and to low the toxicity.

Recently, two prophylactic vaccines against HPV, Gardasil® and Cervarix® have demonstrated efficacy as preventive vaccines, 2 which act to produce antibodies against HPV serotypes types 6, 11, 16 and 18 (Gardasil®) and 16, 18 (Cervarix 16 and 18) [37–39].

However, these conventional treatments are very aggressive or non-specific [234]. Currently, cancer research focuses on improving cervical cancer therapy by focusing on other treatment such as the delivery of chemotherapeutic agents by nanocarriers using the nanotechnology [40–42].

## 3. Nanotechnology-based drug delivery systems

Nanotechnology has offered many advances in the area of science especially in the area of pharmaceutical nanotechnology. Pharmaceutical and Materials sciences leads to the innovation of drug delivery thereby improving the pharmacological activity, reducing toxicity and

**Table 1**  
Approved drugs commonly referred to as drug delivery systems.

Drug	Delivery system	Proprietary name	Indication	Approval (year) <sup>a</sup>	Reference
Doxorubicin	Liposome	Doxil®	AIDS-related Kaposi's sarcoma	1995	[12,13]
Daunorubicin	Liposome	Daunoxome®	AIDS-related Kaposi's sarcoma	1996	[14]
Amphotericin B	Liposome	Ambisome®	Antifungal agent	1997	[15]
Cytarabine	Liposome	Depocyt®	Lymphomatous meningitis	1999	[16]
Paclitaxel	Albumin-conjugated	Abraxane®	Metastatic breast cancer	2005	[17]
Vincristine	Liposome	Marqibo®	Acute lymphoblastic leukemia	2012	[18]

<sup>a</sup> Food and Drug Administration (FDA) in U.S.

improving the physicochemical characteristics to improve the solubility and the stability of drugs [43–46].

In recent years, nanotechnology has contributed as excellent platform for the treatment of cancer exhibiting efficient entrapment of drugs incorporated in the nanocarriers, reducing the toxic effects of drugs and targeting or delivery in the site of action, thus improving the bioavailability of drugs [47,48]. Thereby, several types of nanocarriers have shown an interest in the treatment of cervical cancer, these systems have the capacity to encapsulate and release drugs, vaccines, genes, proteins, etc., with different nanocarriers, for example solid lipid nanoparticles (SLNs), liposomes, nanoemulsions, polymer nanoparticles (PNPs) and others [46,48–50] (Fig. 1).

The enhanced permeability and retention (EPR) effect is a concept by which nanocarriers of certain sizes (typically liposomes, nanoparticles (NPs), and others) tend to accumulate in tumor tissue much more than normal tissues [51–55]. The general explanation of this phenomenon is that, in order for growth of tumor cells, they must stimulate the production of blood vessels in the tumor microenvironment [56] (Fig. 2). They are poorly aligned defective endothelial cells with wide fenestrations, lacking a smooth muscle layer, or innervation with a wider lumen, and impaired functional receptors for angiotensin II [57,58]. Furthermore, tumor tissues usually lack effective lymphatic drainage [58].

The EPR effect is further enhanced by many pathophysiological factors involved in enhancement of the extravasation of macromolecules in solid tumor tissues. The EPR effect is important for nanocarriers' delivery to cancer tissue [59]. The EPR effect helps to carry these systems and spread inside the cancer tissue [60].

### 3.1. Lipid-based nanocarriers

Lipid nanocarriers are lipid-based nanocarriers have a great potential for solubilizing, encapsulating and administering drugs with a potential to improve drugs absorption thereby contributing with their bioavailability and minimizing side effects [61,62]. For

synthesis of these nanocarriers the most materials are used, as biocompatible lipids like phospholipids, cholesterol and triglycerides, with characteristics of biocompatibility and biodegradability. Among the lipidic nanocarriers, the use liposomes in the cancer treatment, solid lipid nanoparticles (SLNs), nanostructured lipid carriers (NLCs) and lipid polymer hybrid nanoparticles (LPN) can also be used for this purpose [63].

#### 3.1.1. Solid lipid nanoparticles

Solid lipid nanoparticles (SLNs) emerged as a class of colloidal drug transporters in the early 1990s [64] with a widely used application in drug delivery used in clinical medicine [65]. SLNs are the first generation of solid lipid matrix systems on the nanometric scale well tolerated by the *in vivo* systems, because they are aqueous colloidal dispersions whose solid matrix forms biodegradable lipids [66–68]. Among these solid lipids are alba wax, carnauba wax, saturated glycerol esters, palmitic palmitate, stearic acid, beeswax PEG-8, cetyl palmitate and glyceryl dibehenate [69–71].

The advantages of using these nanocarriers are increase drug solubility, dose reduction, improving the stability due to its lipid matrix having the ability to protect the chemically unstable chemicals, as modulate its drug release, to provide binding and internalization in the tumor cell, this active targeting can improve SLNs distribution within the tumor vasculature and MDR cells [63,72]. This type of systems has limitations due to low loading capacity of the drug and premature expulsion of the drug during storage [73,74].

The size of NPs and their volume provide that small NPs have capacity of encapsulating drugs on the surface on the hand, the modification with targeting ligands on surface of them increases the selectivity of the target and the release of the drug into tumor cells. Thus, these types of NPs can be ideal for targeting to cancer tumors for increasing of retention in the tumor area [75,76]. Other advantage is the small dimensions of these NPs permit the protection of the drug and facilitate administration by parenteral route (e.g. intravenous) and oral route, however the contact with gastrointestinal fluids has been a critical problem due to

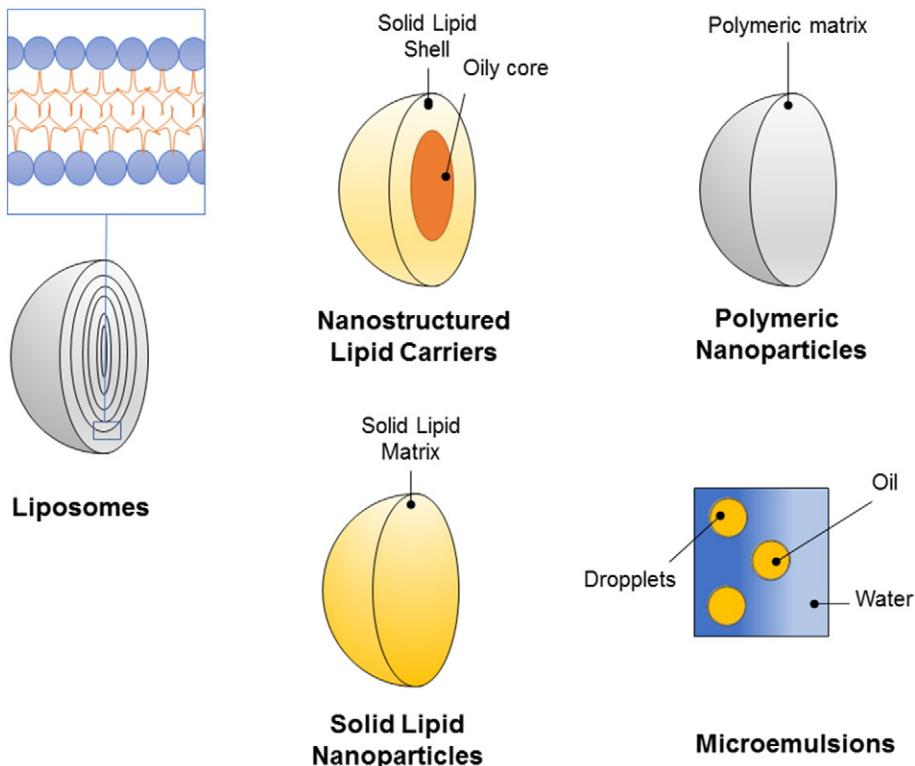
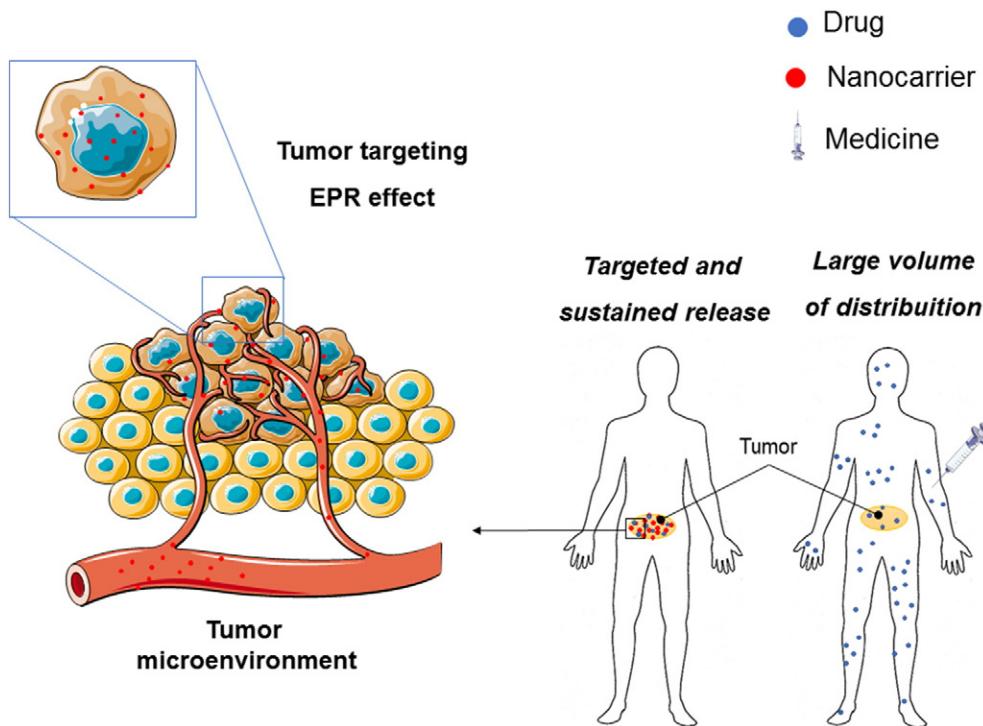


Fig. 1. Schematic representation of nanostructured drug delivery systems.



**Fig. 2.** Nanotechnology application in the treatment of cancer: tumor targeting of long-circulating polymer therapeutics occurs passively by the enhanced permeability and retention (EPR) effect. Tumor vasculature allows preferential extravasation of circulating nanocarriers. Once present in the tumor interstitium, nanocarriers act either after endocytic internalization or extracellularly.

the particle size which maximizes the surface area for enzymatic degradation, for example, and it has an impact for drug stability [64,77].

Liu et al. [78] designed a novel pro-drug docetaxel-loaded nanostructured lipid carrier (DTX-NLC), with the aim of reducing toxicity and improving therapeutic efficacy. The cytotoxicity assays against A549 cells induced greater apoptosis and more G2/M uptake. The inhibition rates of DTX-NLC (10 mg/kg and 20 mg/kg) were 42.74%, 62.69% and 90, 36%, respectively, indicating that DTX-NLC could more effectively inhibit tumor growth.

Other study, NPs were developed. (TOS-CDDP) (TAT-PTX/TOS-CDDP SLNs) with co-administration of paclitaxel (PTX) and  $\alpha$ -tocopherol succinate-cisplatin prodrug (TOS-CDDP) -cisplatin prodrug objective of achieving synergistic tumor activity against cervical cancer, achieving satisfactory results of internalization in HeLa cells and showing a synergistic effect on suppression of cervical tumor cell growth with high tumor tissue accumulation, superior antitumor efficiency and low in vivo toxicity [79].

Hyaluronic acid (HA) and pluronic 85 (P85) coated solid lipid nanoparticles (SLN) loaded with paclitaxel (HA-PTX-P85-SLN), with the aim of improving the antitumor efficacy in cervical cancer-bearing mice, the results by HA-PTX-P85-SLN showed 88.2% of entrapment efficiency (EE) and 4.9% of drug loading capacity (LC), with prolonged release profile when compared to the free drug up to 5 times [48].

Paclitaxel is a chemotherapeutic agent used in the treatment of lung cancer, breast cancer, cervical cancer caused by the HPV virus, this drug is a microtubule-stabilizing and inhibits the G<sub>2</sub> or M cell phases of the cell cycle causing the cell death [80,81]. Topotecan hydrochloride is a drug used in the cervical cancer treatment associated with SLNs with attractive formulation characteristics in vitro release. Studies of cytotoxicity of carcinoma cell HeLa and carcinoma human cell line (SiHa), mouse embryonic fibroblast cells (3T3-L1) and African green monkey kidney epithelial (Vero) cells in vitro were conducted. This studies revealed effect cytotoxic efficacy, biocompatibility and release profile in vitro for the developed system [82].

### 3.1.2. Liposomes

Liposomes were discovered by Bangham and his colleagues in 1965, and in the following decades, liposomes rapidly became a useful drug carrier [83]. Liposomes are closed spherical vesicles with a central aqueous cavity surrounded by two lipid membranes formed by natural phospholipids (egg yolk lecithin and soybean lecithin), synthetic phospholipids (semisynthetic dimyristoyl phosphatidylcholine - DMPC) and cholesterol [84].

Liposomes may be formulated with innumerable phospholipids and excipients generating versatile systems that can easily be modified in the formulation and this changes in formulations parameters may affect the encapsulation capacity of drugs, the permeability, stability and liposome size and lamellarity [85].

Thus, liposomes can be prepared by various methods, such as agitation, sonication, extrusion, lyophilization, freeze-thaw process, and reverse phase evaporation, detergent depletion method, ether/ethanol injection [86,87], emulsification methods and a transmembrane pH gradient-driven encapsulation technique [88,89]. Another technique is to apply dense gas, or supercritical fluid techniques [90,91], and this techniques are eco-friendly because avoid the use of organic solvents which may be toxic to human and environment.

Different techniques and methods of preparation can form unilamellar vesicles (SUV) having diameters of 40 to 80 nm and large unilamellar vesicles larger than 100 nm, multilamellar vesicles (MUV) and large unilamellar vesicles (LUV) with a size range greater than 60 nm [92]. Some strategies can be achieved by attaching ligands or antibodies to the surface of liposomes that bind to receptors, thus the drug is delivered in the site of action by binding receptor reducing the toxic effects on other regions not targeted [93]. The liposomes are used as strategies for administering hydrophilic or hydrophobic drugs and they allow to use in the clinic because they have a rapid distribution, however the low absorption and toxicity limit the therapeutic efficacy, in order to overcome the undesired effects liposomes appear as an alternative with cell surface receptors and active administration, and many

liposomal formulations have been developed to release directly to specific stimuli such as pH, heat, external magnetic field, ultrasound. However, the development of liposomes allowed introduction some products on the market [94].

Liposomes are capable of incorporating both lipophilic and hydrophilic drugs, and these systems show the reducing the toxicity and show a biocompatibility due to the similarity with the cellular membranes, thus are considered one of the most convenient systems in the treatment of cancer [84,95–97].

Hybrid systems – liposomes and chitosan particles have been used to overcome these deficiencies, the mucoadhesive, nanocarrier designed for being the advantage of this type of treatment in cervical cancer, studies [98,99] have shown that the liposome-chitosan nanocarrier system has significantly increased the permeability of curcumin resulting in a superior formulation compared to conventional systems of vaginal administration phospholipid-chitosan hybrid nanoliposomes promoting cell entry for drug delivery against cervical cancer [100].

Paclitaxel (PTX) loaded multilayered liposomes assembled layer by layer positively charged liposomal to aid administration of lyophilized formulation of subsequent liposomal-chitosan coated with (PAA) anionic polyacrylic acid (PAA-PTX). This system was stable in gastrointestinal fluids simulated, the in vitro release assays demonstrated that the liposomal chitosan formulation exhibited controlled release of drug, and this formulation showed increased cytotoxicity in human cancer cells of PTX compared to PTX-liposomes [101].

Doxorubicin is an effective anticancer drug, which induces caspase-dependent apoptosis in cancer cells through oxidative DNA damage due to the topoisomerase II inhibition [102,103]. In order to reduce undesirable side effects of doxorubicin the use of liposomes may have the ability to target specific receptors, Sriraman et al. [104] evaluated the anticancer activity of liposomes loaded with PEGylated doxorubicin-loaded liposomes with folic acid (F), transferrin (Tf) or both (F and Tf) and the liposomes increased by up to 7 fold when compared to single ligand compounds in monolayers of human cervical carcinoma cells (HeLa). The liposomes (F) and liposomes (F and Tf) showed a tumor growth

inhibition of 75% and 79%, respectively, compared to the untreated group, the non-targeted liposomes showed 42% inhibition of tumor growth.

Therefore, the use of liposomes as drug delivery system for the treatment of cancer is ascending, as well as to cervical carcinomas caused by HPV infections. Studies of the use of liposomes to release drugs in cases of HPV starts around the year 90. In 1996, Lappalainen et al. [105] suggested that cationic liposomes containing antisense oligonucleotides for HPV 16 E7 mRNA could be released in CaSki cells, despite some negative points, other studies have demonstrated good results with liposome, as shown in the Table 2.

Most studies report liposomes with HPV to aim vaccine production. Cui and Huang [108] showed liposome-protamine-DNA (LPD) could be a potent vaccine carrier and/or adjuvant for many antigens due to mannan coating significantly increased the preventive and therapeutic activities of LPD/E7 (complex class I - restricted peptide antigen from HPV 16 E7 protein) with IFN- $\gamma$  release by isolated splenocytes obtained an improved response when mice were immunized with mannan-coated LPD/E7 than with LPD/E7 alone.

Daftarian et al. [117] developed a new platform for vaccine administration (VacciMax, VM), obtained good results in the eradication of tumors through the encapsulating antigens and adjuvants in multilamellar liposomes. After, the use of the DOTAP/E7-lipoprotein vaccine observed enhanced therapeutic effect for the treatment of a cervical cancer model. Mizuuchi et al. [113] described the OML-HPV (HPV 16 E6 and E7 gene plasmid containing oligomannose liposomes) was more effective than DNA vaccination using liposomes.

In the context, studies have shown that cervical cancer-specific antigens may be associated with incorporation into nanocarriers used to aid the production of antigens. This demonstrates that this association leads to a better response against the HPV 16 E7 tumor epitope and the proteins incorporated into the liposomes, results in potentially safer proteins with a strong immune response, with tumor regression studies evaluated *in vivo* [108,118].

Another drug used in the treatment of cancer is lipoplatin and this drug reduced systemic toxicity, however it presents limitation the low

**Table 2**  
Summary of liposomal nanocarriers applied in the treatment of cancer.

Liposomes	Drugs or active ingredients	Model	Major results	References
Liposomal AS-ODNs	Antisense oligodeoxyribonucleotides (AS-ODNs)	CaSki cells	Further studies are still required.	[105]
Liposome-protamine-DNA (LPD) NPs	Cholesterol-conjugated mannan	DC2.4 cells	Enhanced anti-tumor activity	[106]
Agarose/liposome/siRNA formulation	iRNA	Epithelial cancer cells	Successful topical gel-based delivery of inducers of RNAi to human epithelial cancer cells	[107]
LPD (liposome-polycation-DNA)	E7 antigens	Mice	Regressions of a model cervical cancer tumor; Potent vaccine carrier and/or adjuvant for many antigens.	[108]
siRNA of HPV 16 E6 was synthesized and transfected into CaSki cells by liposome	E6 and E7 antigens	CaSki cells	The interference of HPV 16 E6 gene occurs, being specific and highly efficient.	[109]
DOTAP/E7 complex	Peptide antigen derived from E7 oncoprotein of HPV type 16.	Mice	Antigen-specific anti-cancer activity.	[110]
Cationic liposomes	(si)RNA duplexes or small-hairpin (sh)RNA-expressing plasmids targeting the E7 genes of HPV-6b or HPV-11	Mice	iRNA specifically modulates expression of genes for HPV-6b/11 E7, being a useful method to control the condyloma acuminatum.	[111]
Biphase vesicles	INF- $\alpha$	Humans	Biphase vesicles such as INF- $\alpha$ delivery system can deliver significant levels of INF- $\alpha$ through intact skin and promote therapeutic effects in patients.	[112]
HPV 16 E6 and E7 gene plasmid containing oligomannose liposomes (OML-HPV)	E6-derived peptide (E6 66–74) and E7.	–	E6 66–74, a peptide derived from E6, can be a target for immunotherapy of cervical cancer.	[113]
Liposomal transfection of HPV16E7 siRNA	E6 and E7	CaSki cells	HPV16 E7, in cases of cervical cancer, may become a new target for gene therapy.	[114]
E6 siRNA complexed with pegylated lipoplexes	Cationic liposomes DOTAP/Cholesterol/DOPE 1/0.75/0.5 (N/P 2.5) with or without 50% DSPE-PEG2000	CaSki cells	Lipoplexes pegylated anti-E6, in the release of cytoplasmic siRNA has demonstrated its effectiveness to cross the cell membrane.	[115]
siRNAE7-DOPC-NPs	E6-E7 mRNA and E7 protein using siRNAE6 or siRNAE7	Mice	Antitumor activity of siRNA-DOPC-NP	[116]

availability in the site of action and for this reason are developed liposomes thermosensitive (HTLC). These liposomes release the drug by heating and show significant improvements in models canine and murine and was similar to ThermoDox (Celsion Corporation, Lawrenceville, NJ) for the delivery of doxorubicin [47,119,120].

Several types of liposomes have been developed for specific delivery in the drug tumor as thermosensitive liposomes, sensitive liposomes at pH lower and echogenic liposomes (ultrasound) used for hydrophilic drugs for the drug delivery, liposomes magnetic often used with lipophilic drugs, for example paclitaxel, or diagnostic imaging, [94,121–124].

Cationic liposomes are used especially like transport genes, however are reported to encapsulating substances such as curcumin acting preferentially targets the angiogenic endothelial and destroying the vascular function and limiting the metastasis, as well as curcumin there are also pre-clinical studies for cancer [125–127].

Saengkrit et al. [125] have demonstrated an improvement in cervical cancer therapy results have become successful because the formulation contains cholesterol and phosphatidylcholine that allow better penetration into the tumor. In addition, the curcumin loaded can use in the cancer therapy and reinforce the use of the curcumin minimized the accumulation compared to drug free and reducing the toxic effects.

### 3.1.3. Nanoemulsions

Nanoemulsions are heterogeneous systems consisting of an oil phase dispersed into aqueous phase stabilized by a surfactant or emulsifying agents [128,129]. The emulsifying agents are amphiphilic surfactants which have the ability to reduce the interfacial tension between the immiscible liquids (oily phase and aqueous phase) in the interface [130].

Studies in the literature show that the tumor tissue is needed a good vascularization, so when there is a deficiency no formation of an aberrant basal membrane and fenestrations so as not functionality of lymphatic vessels leads to poor lymphatic drainage at the tumor site, resulting in an increase in permeability at the tumor site with vascular 380–780 nm pore size of this effect has led to the development of agents nanotherapeutic [54]. Nanodevices with a size less than 10 nm can be filtered by the kidney and the particles rapidly above 100 nm may be recognized by cells of the mononuclear phagocyte system (MPS) [131]. The charges the surface of a nanoemulsion are also a determinant neutral or negative system some authors have referenced with better therapeutic activity and the hydrophobicity are important at system aspects delivery efficiency [123,130].

Nanoemulsions have sizes which may range from 50 to 200 nm those having smaller droplet size provides a large surface area in this way a more rapid and uniform absorption of the drug administration [132]. Thus, they are excellent vehicles for the encapsulation of drugs by improving the delivery and decreasing the toxicity of the same [133].

Nanoemulsions with sizes less than 200 nm and with a negative surface charge prevent the coalescence of the droplets during the formulation and have a half-short life due to opsonization of mononuclear phagocyte system (MPS) and due this characteristic they can coated with polymers to avoid recognition of MPS cells [134,135].

Another strategy to increase the retention time in the tumor is to increase the chain of polyethylene glycol (PEG) Another strategy is to attach to specific component for target identification in this way allows specific delivery of the same tumor [130,136–138]. The nanoemulsions are commonly prepared with excipients approved by the Food and Drug Administration (FDA), and can be produced in large quantities by high pressure or mechanical extrusion process.

Melphalan is an anticancer drug that has been used in the treatment of ovarian cancer, breast cancer and multiple myeloma, this medicine is used in pharmaceutical tablet and injectable forms [139]. Pooja Rajpoot and colleagues (2012), incorporated melphalan in a nanoemulsion, these systems exhibited higher values of bioavailability in the ovary in comparison to the drug free, also showed a. The stability of the drug in the formulation was carried out at  $40 \pm 2^\circ\text{C}$  and  $75 \pm 5\%$  for 3 months

and showed above 98% of the drug content. This nano-emulsion showed 4.83 folds increase in bioavailability of the drug in comparison to drug suspension, which may enhance the clinical application of promising drugs incorporated into a nano-emulsion [133].

Due to the limitations of drugs such as cisplatin applied in the treatment of cervical cancer [130], the endothelial growth factor (EGFR) binding peptide was bound to the surface of the nanoemulsion to improve targeting ability and gadolinium providing the diagnostic capacity for an EGFR-overexpressed imaging therapy in ovarian cancers [140]. The pharmacokinetic study showed prolonged levels of platinum and gadolinium in the blood with nanoemulsions in mice. Nanoemulsions exhibited less toxicity and increased the survival time of mice compared to an equivalent treatment of cisplatin [140].

### 3.2. Polymeric nanoparticles (PNPs)

PNPs are particle with size range of 1–100 nm [141,142] with numerous advantages, as protection against enzymatic degradation, controlled release and high penetration capacity [143]. Into PNPs is possible loading molecules, as antibodies, DNA, RNA, and its allow a specific interaction in the specific targets, as cancer cells [79,144,145]. However, there are some disadvantages as the degradation (e.g. enzymatic) and high cost to manufacture [65,143].

PNPs are classified in nanospheres and nanocapsules and can be builded by polymers, as polyacrylamide, polyacrylate [146], gelatine [147], chitosans [148], polylactic acid [149] and others materials [46].

PNPs was used as antibacterials and chemotherapics in the treatment of cervical cancer. Silver nanoparticles using aqueous dispersion of chitosan-graft-poly (acrylamide) as reducing agent and polyethylene glycol (PEG) as agent stabilizer. The synthesized nanoparticles showed significant cytotoxicity to human cervical HeLa cancer cells and the inhibitory concentration at 50% cell death (IC 50) was found to 8 µg/mL [150].

### 3.3. Metallic nanoparticles

Metallic NPs are very versatile tools for biomedical applications, including the distribution of targeted drugs, gene delivery and used in the diagnosis [151]. There is great interest to study the silver NPs [152,153] for the use of the biochemical and biochemical materials in the biomedical field, such as immunoassays, diagnosis and delivery of drugs in cancer therapy [154]. Silver NPs may be associated with extract (*Styrax benzoin*) may be used in dressings in the treatment of chronic wounds [155]. The study of gold NPs has gained interest due to its medical applications, such as nanocarriers [156,157]. Due to their physical, chemical and photometric properties, they are applied in cancer therapy as drug transporters such as doxorubicin, a drug widely used in the treatment of cancer, or with other drugs for penetrating tumor cells, thus decreasing the dose of the drug and improving the response to tumor cells [158].

NPs binded with resveratrol (GNPs) generating supramolecular nanoassemblies of GNPs and doxorubicin (Dox), and these complex Dox-GNPs have high stability and showed high anticancer activity in human cervical carcinoma cell lines. These results show strong evidence that novel drug delivery vehicles have applications for diagnosis and treatment of cancer [159].

The titanium widely used in medicine because of its biological properties is widely used in the pharmaceutical and cosmetic industry [160,161]. Studies showed that exposure to UV radiation of titanium dioxide ( $\text{TiO}_2$ ) NPs produces reactive oxygen species (ROS) [162], and the cytotoxic and apoptosis inducing effect was reported in human lymphoblastic cells, and these mechanism of apoptosis for these NPs is still unknown [163].  $\text{TiO}_2$  NPs were desmonstred to increase caspase 3 activity in cervical carcinoma cells (HeLa cells), increasing auto-catalysis by inhibiting the growth of cervical carcinoma cells [164].  $\text{TiO}_2$  NPs may be associated with UV applications, resulting in 90% death of the cancer cells (HeLa cells) [165].

### 3.4. Inorganic nanoparticles

The copper oxide ( $\text{CuO}$ ) NPs have potential in the treatment of cervical cancer, lungs, among others. A study showed cytotoxicity against four lineages of cancer cells, such as human breast (MCF-7), cervical (HeLa), epithelioma (Hep-2) and lung (A549) and a normal human dermal fibroblast (NHDF) cell line [166].

Zinc oxide NPs ( $\text{ZnO}$ -NPs) have photocatalytic properties and have been used in cosmetics, as sunscreens, and for the degradation of environmental pollutants. In addition,  $\text{ZnO}$ -NPs in combination with paclitaxel and cisplatin in head and neck squamous cell carcinoma (HNSCC) have been shown to induce selective cell death of the tumor for in vitro studies [167].

Baum carbonate ( $\text{BaCO}_3$ ) is an important thermodynamically stable mineral of carbonates [168–170]. Used in the medical field and nanomaterials through the green synthesis of NPs that is an ecological method and does not involve expensive and dangerous chemicals that could pose a risk to health [171]. Studies report that use of NPs can induce apoptosis in tumor cells [172] and these NPs affect cell activity due to size, surface area and production of intracellular ROS [173]. Other research showed that  $\text{BaCO}_3$  NPs increased the expression of caspase-3 that promotes apoptosis [174].

### 3.5. Dendrimers

Dendrimers are monodisperse systems formed by molecular weight polyenes having a defined structure consisting of tree-like arms or branches [175–177]. Dendrimers can incorporate small guest molecules by electrostatic or hydrophobic interactions [178,179], and the drugs can be bound on their surface through polar interchanges such as amine and carboxyl groups. In some cases the surface groups are covalently modified and added sugar and drugs [180,181], for this reason the dendrimers are used in medical and biotechnological applications due to their biocompatibility [182,183]. Studies have shown that anticancer drugs are loaded in dendrimers and they show promise in the treatment against the tumor cells [184,185].

According to Donaliso et al. [186] dendrimers of peptides consist of a nucleus with peptide branches and/or surface functional units covalently bound. A series of dimeric and dendrimeric linear peptides with basic amino acids were evaluated against the HPV, showing that the peptide dendrimer SB105-A10 was a potent inhibitor of genital HPV types (i.e. types 16, 18 and 6) with a 50% inhibitory concentration of 2.8 and 4.2  $\mu\text{g}/\text{mL}$  (0.59 and 0.88  $\mu\text{M}$ ), and no evidence of cytotoxicity was observed. SB105-A10 can interact with immobilized heparin and heparin sulfates exposed on the cell surface and this inhibits the binding of the virus to the cell surface. Thus SB105-A10 is a major candidate for further development as an active ingredient of a topical microbicide against HPV.

Others studies with interfering RNA (siRNA) for cancer treatments, such as uterine cervix cancer, and the high-risk HPV E6 and E7 oncogenes are the primary cause of the disease. The use of the siRNA (DF3)-loaded dendrosomes show an optimal treatment and release of siRNA was observed [187]. This system shows promising use in the treatment of cancer, however in vivo studies should be conducted.

There is relevance for the use of dendrimers in the treatment of cervical cancer, these systems allow the accumulation of the nanocarriers in the tumor increasing the therapeutic effect and reducing the side effects.

### 3.6. Micelles

Micelles are nanocarriers with size around or less than 100 nm and they are readily prepared [188,189]. Micelles allow a great depth of tissue penetration for targeted drug delivery and they usually disintegrate rapidly in the body. Micelles can be formed by any amphiphilic molecule, as surfactants, in aqueous media. However, conventional surfactants have a very high critical micelle concentration (CMC), a concentration beyond which the surfactant forms micelles. High CMCs

implies that the micelles can dissociate upon dilution in the bloodstream or other biological fluids following dosing [190]. Due to this limitation, alternative amphiphilic materials including amphiphilic copolymers have been developed and these materials can form micellar structures in aqueous media, but at lower concentrations [191].

Micelles can be administered for most routes, such as intravascular [192–194], oral [195,196], topical [197,198] and others. Micellar formulations can be tailored for a given route of administration, adjusting the viscosity appropriately of them for topical or transdermal formulations, incorporating a mucoadhesive polymers for vaginal or rectal administration [199]. This non-invasive route of delivery provides advantages in avoiding both contact with the gastrointestinal tract and hepatic first-pass effects compared to oral route and is cosmetically more acceptable to many patients [200].

On the hand, the administration of bioadhesive thermoresponsive systems has been reported to vaginal drug delivery [201–204]. These delivery systems introduce the convenience of a single dose of dosage forms that can be applied at any time, and control release properties of drugs [205]. Besides, mucoadhesive systems provide intimate contact between a dosage form and the vaginal mucosa, which may result in drug concentration in a local area and hence high drug flux through the vaginal mucosa [206].

Environmentally sensitive formulations are systems that can alter their physical characteristics as a result of exposure to environmental changes [204] or designed systems which enable drugs to be encapsulated, targeted to a specific region and released "on demand" in response to an external stimulus, for example exposure to pH of vagina or temperature of body [204]. In this way, micelles with these properties for triggered delivery have been developed [207–212]. Thus, the use of externally or internally applied triggers of drug delivery to materials has significant potential for improved delivery of drugs [213].

For cancer, micelles have been extensively studied and they are proposed as drug delivery systems [208,209,214,215]. Few clinical trials are being conducted for polymeric micelles and these systems are used for improving the solubility of poorly soluble drugs such as anti-cancer drugs [192]. Recently, the advances of Molecular Biology field, the gene delivery from nanocarriers has potential because of the wide variety of genes that could be delivered and targeted to cells [189,209,216,217] for cancer therapy [218,219].

Some studies show a direct application against cervical cancer [220]. Polymeric micelles were targeted with folic acid and loaded with paclitaxel and inhibited tumor growth and caused cell apoptosis of U14 cervical cancer tumors both in vitro and in vivo [221]. Folic acid conjugated polymeric micelles loaded with a curcumin showed high anticancer activity causing significant cell population [222] and conjugation of molecules' ligand-mediated, e.g. hyaluronic acid, folic acid gave to conjugated polymeric micelles the ability to accumulate into cells resulting in better anticancer activity [223].

In vitro and in vivo experiments show that paclitaxel-loaded micelles formulations possess effective cellular uptake and potent cytotoxicity, and exhibit reduced systemic toxicity and enhanced antitumor efficacy towards human cervical tumor [224].

Folic acid-conjugated micelles had superior cytotoxicity against HeLa cells compared to non-conjugated micelles. HeLa cells were xenografted into nude mice and subjected to radiotherapy, micelle treatment or both treatments together. The results showed the tumor volume measurements decreases and calculated survival rate increases, as well as micelles in combination with radiotherapy had significant and superior in vivo antitumor activity compared to single treatment [225].

## 4. Other delivery systems

### 4.1. Vaccines

Use of vaccines to maximize immunogenicity without compromising safety and tolerability has been researched. On the hand, the use of Early

vaccines often induced long-lived protective immune responses, but tolerability was a major problem. To overcome this problem, the use of NPs-based vaccines in the 1970s, scientists worried about safety, thus using the protein subunits specific for the vaccines responsible for the induction of neutralizing antibodies such as (hemagglutinin from influenza virus), this class of vaccines has a safety profile similar to but does not induce life long, immunity with low immunogenicity. Nanoparticles (NPs) have emerged to solve this safety problem and long immunogenicity, nanoparticle-based vaccines have shown the ability to generate safer vaccines with excellent immunological profile [226–228].

The NPs used in vaccines include virus-like particles (VLPs), and the NPs used to transport vaccines include liposomes, or lipid or polymeric NPs [229]. The use and production of these vaccines can to result in immunogenicity and protection efficacy of polyvalence of surfaces, which are a structural pattern associated with potent geometric pathogens (PASP), and are capables of producing a strong antigen-specific response [226,230,231].

Studies have shown HPV proteins, particularly E6 and E7, integrate DNA viral genes (antigens) into human DNA which are responsible for the development of malignant form and tumor growth, for this reason the development of vaccines against this type of proteins [32]. VPL vaccines were approved for human use, under the trade name Cervarix® and Gardasil®, with efficacy by 50% as preventive vaccines, and they are able to produce antibodies against HPV serotypes types 6, 11, 16 and 18 (Gardasil®) and serotypes types 16 and 18 (Cervarix®) [37–39,232,233].

HPV subtypes (16 and 18) are associated with the development of cervical cancer, with the E6 and E7 oncoproteins, responsible for the disease. A peptide RALA which condenses DNA into cationic nanoparticles (NPs) was loaded into polymeric polyvinylpyrrolidone (PVP) microneedle (MN) patch for cutaneous delivery. RALA condensed E6/E7 DNA into NPs not exceeding 100 nm in diameter, and afforded the DNA protection from degradation in PVP. In vivo assays showed that the sera from mice vaccinated with patch were richer in E6/E7 specific IgG, exhibited the increase of T cell-mediated cytotoxicity and increase level of interferon gamma (IFN- $\gamma$ ). In this study, it has demonstrated successful cutaneous delivery of a DNA vaccine via in vivo delivery, resulting in a robust antigen-specific immune response [39].

## 5. Conclusions

In summary, there is a great need to find new treatment alternatives for cervical cancer and HPV, which is a major responsible for the cases this cancer. Among the nanocarriers reported in the work are relevant for the treatment of cervical cancer and these nanocarriers show advantages: the increase of drug solubility, minimize the number of doses, provide better stability, control and modulate of drug release, ability to internalize and target to the tumor cell volume-surface ratio becomes susceptible to enzymatic.

The systems cited above have the ability to use for vaccines and they are able to produce a better response.

Nanocarriers-based formulations can offer attractive tool for the use, safety and effective delivery of drug, however, more studies should be performed on animal models, mainly model of cervical cancer, as a pre-clinical stage, in addition to the toxicological studies, for the development and safety of nanocarriers-based medicines.

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## Conflict of interest statement

The authors declare the research was conducted in the absence any commercial relationship and there is not potential conflicts of interest.

## Authors contributions

All authors contributed and approved to the final version of the manuscript.

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