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## Original Article

## Plasma and peritoneal fluid concentrations of ceftriaxone after intravenous and intraperitoneal administration in horses



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## ABSTRACT

Intraperitoneal (IP) use of antimicrobial agents may lead to therapeutic effects with better clinical results than intravenous (IV) administration. The aim of this study was to compare plasma and peritoneal fluid concentrations of ceftriaxone after IP and IV administration in horses, and to evaluate possible adverse effects. One group of five horses received 25 mg/kg ceftriaxone diluted in 1 L saline solution by IP catheter once daily for 5 days, while a second group of five horses received 25 mg/kg ceftriaxone diluted in 250 mL saline solution by IV injection once daily for 5 days and 1 L saline solution by IP catheter once daily for 5 days. Peritoneal fluid and plasma were collected to determine ceftriaxone concentrations after the first and fifth administration. IP administration of ceftriaxone resulted in concentrations above a minimum inhibitory concentration (MIC) of 1 µg/mL for 24 h in peritoneal fluid and for 12 h in plasma, while IV administration of ceftriaxone resulted in lower peritoneal fluid concentrations, which remained above a MIC of 1 µg/mL for 12 h in peritoneal fluid and 10 h in plasma. No adverse effects were observed. Comparisons of ceftriaxone concentrations, time of occurrence of the maximum ( $T_{max}$ ) and minimum ( $T_{min}$ ) concentrations, and the mean residence time (MRT), between the two groups showed that IP administration provided greater availability of cephalosporin in peritoneal fluid. The IP use of ceftriaxone (25 mg/kg diluted in 1 L saline solution once daily) may be useful for the prophylaxis and/or treatment of peritonitis in horses.

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## Introduction

The incidence of colic in horses is 4.2–10.6 cases/100 horses per year (Tinker et al., 1997). Among these cases, 1.4% will require surgical intervention (Traub-Dargatz et al., 2001) and approximately 3.1% will develop septic peritonitis (Mair and Smith, 2005), which is related to mortality rates that exceed 60% (Schein et al., 1992; Faria et al., 1999; Browning, 2005; Nógrádi et al., 2011). Established therapy for peritonitis in horses is based on a combination of antimicrobial agents and supportive care; despite the adoption of those measures, peritonitis is associated with high mortality, necessitating the application of more effective therapeutic strategies (Browning, 2005).

Ceftriaxone is a third-generation cephalosporin with a broad antibacterial spectrum that has an established clinical efficacy and

high tolerance (Ringger et al., 1996, 1998; Lamb et al., 2002; Bijie et al., 2005; Albarellos et al., 2007). Cephalosporins are antibiotics that inhibit bacterial cell wall synthesis; their activity is time dependent and the best therapeutic outcome is obtained using a dosing regimen that provides longer drug concentrations above the minimal inhibitory concentration (MIC) at the site of infection (Levison and Levison, 2009).

The aim of this study was to compare the profiles of plasma and peritoneal fluid concentrations of ceftriaxone after intraperitoneal (IP) and intravenous (IV) administration in horses and to evaluate the possible adverse effects of IP administration.

## Materials and methods

## Animals

Ten healthy male horses were used, comprising six mixed breeds and four Arabian horses, with a mean ± standard deviation (SD) age of 5.1 ± 1.3 years and a mean ± SD body mass of 317.6 ± 26.9 kg. The animals were housed in stalls and received *Cynodon dactylon* hay and water ad libitum. Prior to the start of the study,

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the horses were determined to be healthy on the basis of physical examination and a complete blood count. The experiment was approved by the São Paulo State University Ethics Committee on Animal Experimentation (CEUA approval number 105/2013; date of approval 14 June 2013).

#### Experimental groups

This was a randomised study, blocked by breed, in which the horses were divided into two groups of five animals each using the coin toss method, with equal distribution of the breeds between groups; each group was composed of three mixed breed horses and two Arabian horses. The IP group was subjected to a Tenckhoff catheter implantation (Alonso et al., 2017) and received 25 mg/kg ceftriaxone (Ceftriaxone Sodium, Eurofarma) diluted in 1 L of saline solution IP, in an infusion of 10 min duration, every 24 h for 5 days. The IV group received 25 mg/kg ceftriaxone through an IV catheter (Abbott Laboratories), placed in the left jugular vein, in an infusion of 5 min duration, every 24 h for 5 days, along with 1 L saline solution IP, in an infusion of 10 min duration, every 24 h for 5 days. The possible occurrence of adverse effects was monitored daily through the evaluation of heart and respiratory rates, colour of mucous membranes, rectal temperature, pain at the injection site, faecal consistency, intestinal motility, alertness and hypersensitivity reactions.

#### Sample collection

Serial samples of peritoneal fluid and blood samples were collected into tubes containing ethylene diamine tetra-acetic acid (EDTA). Sample collections were performed before administration and 5, 15 and 30 min, as well as 1, 2, 4, 6, 8, 10, 12, 16 and 24 h, after the first and fifth doses. The peritoneal fluid samples were obtained from the ventral midline of the abdomen through a 21 G hypodermic needle. Plasma samples were obtained through a venous catheter (BD Angiocath) in the right jugular vein prior to disposal of 10 mL of blood. Both samples were centrifuged (1087 g for 10 min), divided into duplicates and frozen at  $-80^{\circ}\text{C}$  for subsequent determination of ceftriaxone concentrations. Plasma and peritoneal fluid protein concentrations were determined using refractometry before, and 1, 3 and 5 days after, ceftriaxone administration.

#### Determination of plasma and peritoneal fluid ceftriaxone concentrations

Plasma and peritoneal fluid concentrations of ceftriaxone were determined using ultra-efficient liquid chromatography (UPLC; Acquity Class, Waters Corporation) equipped with an ultraviolet (UV)-Vis detector (Campos et al., 2017). The chromatographic analysis was performed in column (Acquity; HSS T3 C18;  $2.1 \times 100$  mm;  $1.8 \mu\text{M}$ ) protected by an HSS C18 column guard (Vanguard;  $2.1 \times 5$  mm;  $1.8 \text{mM}$ ) at  $40^{\circ}\text{C}$ . The mobile phase was a mixture of methanol and 20 mM ammonium acetate (21:79 V/V) in isocratic mode with detection at 260 nm. The flow rate was 0.4 mL/min and the injected sample volume was  $1 \mu\text{L}$ . The total run time was 8 min. The ratio of the analyte peak area to the peak area of the internal standard (cefoperazone; 1 mg/mL in water) was used for quantification of the drug (Campos et al., 2017). The method quantification limit was  $0.24 \mu\text{g/mL}$  for peritoneal fluid and  $0.49 \mu\text{g/mL}$  for plasma.

Individual curves of ceftriaxone plasma and peritoneal fluid concentration versus time were constructed for each animal. The maximum concentration ( $C_{\text{max}}$ ) and the time of occurrence of the maximum concentration ( $T_{\text{max}}$ ) for both fluids were obtained from the experimental values. The trapezoidal method was used to

determine the area under the curve (AUC) from zero to the last sampling time ( $\text{AUC } 0-t$ ), and the mean plasma concentration ( $C_{\text{p,m}}$ ) was calculated using the equation:  $C_{\text{p,m}} = \frac{\text{AUC}_0-t}{\text{sample interval}}$ . The mean residence time (MRT) for both fluids was obtained using statistical moments, assuming the time course of drug concentration in plasma and peritoneal fluid as a distribution time curve. Therefore, it was calculated by the quotient of the first-moment by the zero-moment versus time

curves, according to the equation:  $\text{MRT} = \frac{\int_0^{\infty} t C dt}{\int_0^{\infty} C dt}$  (Gibaldi and Perrier, 1982). The

values of the maximum ( $C_{\text{max}}$ ) and minimum ( $C_{\text{min}}$ ) concentrations of ceftriaxone in peritoneal fluid, as well as the respective occurrence times ( $T_{\text{max}}$  and  $T_{\text{min}}$ ), were obtained directly from the experimental data, while the peritoneal mean concentration ( $C_{\text{p,m}}$ ) was calculated using the above equation.

The time above the MIC ( $t > \text{MIC}$ ) was estimated using the ceftriaxone curve concentration as a function of time, calculating the percentage of time that the drug was maintained above a MIC of  $1 \mu\text{g/mL}$ , which is the estimated MIC for susceptible Enterobacteriaceae (CLSI, 2014).

#### Statistical analysis

Drug concentrations were expressed as mean  $\pm$  SD and were compared within each group between days 1 and 5 using a paired  $t$  test, and between the IP and IV groups using an unpaired  $t$  test. The Mann-Whitney test was used for the evaluation of protein concentrations, comparing the groups between time points, and Wilcoxon's test was used for the paired samples to compare each time point to before administration. Statistical analysis was performed using GraphPad Prism version 5.00. Statistical significance was defined as  $P < 0.05$ .

## Results

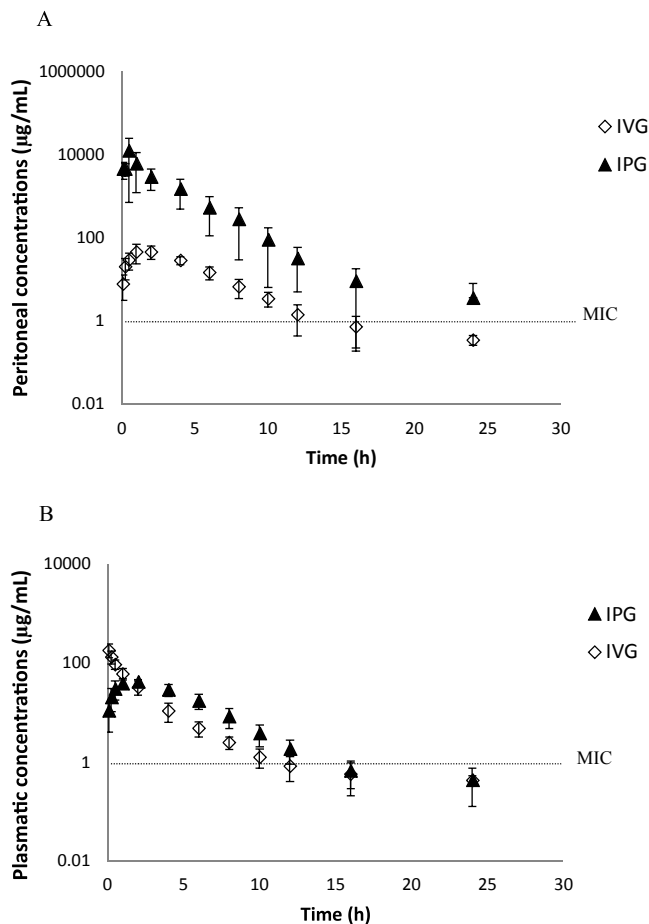
No statistically significant differences were observed in any of the evaluated pharmacokinetic parameters between the first (day 1) and last (day 5) day of administration in both groups (Table 1). After IP administration, IP ceftriaxone concentrations remained above the MIC for 24 h (Fig. 1A) and plasma concentrations remained above the MIC for 12 h (Fig. 1B). After IV administration, ceftriaxone concentrations remained above the MIC for 12 h in the peritoneal fluid (Fig. 1A) and 10 h in the plasma (Fig. 1B).

The comparisons of ceftriaxone concentration,  $T_{\text{max}}$ ,  $T_{\text{min}}$  and MRT between the routes of administration showed that IP administration provided greater availability of ceftriaxone in the peritoneal fluid and a lower peak of ceftriaxone plasma concentrations (Table 2). Following IP drug administration, the MRT of ceftriaxone was higher and drug levels remained above the limit of quantification of the assay throughout the inter-dosing interval. There were no statistically significant differences in the mean and minimum plasma concentrations, nor  $T_{\text{min}}$  in plasma, between the IP and IV groups. There were no significant differences in

**Table 1**

Mean  $\pm$  standard deviation (SD) peritoneal fluid and plasma ceftriaxone concentrations ( $n=5$ ), time of occurrence of the minimal ( $T_{\text{min}}$ ) and maximal ( $T_{\text{max}}$ ) concentrations, and mean residence time (MRT), for intraperitoneal (IP) and intravenous (IV) administration (25 mg/kg) after the first and fifth days of administration.

Peritoneal fluid	IP		IV	
	Day 1	Day 5	Day 1	Day 5
Maximum concentration ( $\mu\text{g/mL}$ )	4233.3 $\pm$ 1447.7	5583.0 $\pm$ 2051.6	36.7 $\pm$ 6.3	65.7 $\pm$ 15.8
Mean concentration ( $\mu\text{g/mL}$ )	965.1 $\pm$ 582.3	779.5 $\pm$ 534.4	14.9 $\pm$ 3.8	17.3 $\pm$ 3.0
Minimum concentration ( $\mu\text{g/mL}$ )	4.3 $\pm$ 5.0	2.9 $\pm$ 4.2	0.7 $\pm$ 0.5	0.9 $\pm$ 0.4
$T_{\text{max}}$ (h)	0.2 $\pm$ 0.2	0.1 $\pm$ 0.1	2.8 $\pm$ 1.1	1.2 $\pm$ 0.4
$T_{\text{min}}$ (h)	2.4 $\pm$ 0.0	22.4 $\pm$ 1.6	16 $\pm$ 2.2	15.2 $\pm$ 2.3
Plasma	IP		IV	
	Day 1	Day 5	Day 1	Day 5
Maximum concentration ( $\mu\text{g/mL}$ )	40.9 $\pm$ 4.7	45.4 $\pm$ 7.9	199.2 $\pm$ 69.3	160.9 $\pm$ 32.2
Mean concentration ( $\mu\text{g/mL}$ )	13.3 $\pm$ 3.0	9.6 $\pm$ 0.9	14.9 $\pm$ 5.2	9.1 $\pm$ 1.2
Minimum concentration ( $\mu\text{g/mL}$ )	0.7 $\pm$ 0.3	0.5 $\pm$ 0.1	0.8 $\pm$ 0.2	0.9 $\pm$ 0.3
$T_{\text{max}}$ (h)	2.4 $\pm$ 0.4	1.2 $\pm$ 0.2	-	-
$T_{\text{min}}$ (h)	17.6 $\pm$ 1.6	16 $\pm$ 2.2	12 $\pm$ 1.1	16.8 $\pm$ 2.0
MRT (h)	4.5 $\pm$ 0.3	3.8 $\pm$ 0.8	1.9 $\pm$ 0.2	2.5 $\pm$ 0.5



**Fig. 1.** Mean  $\pm$  standard deviation (SD) of peritoneal fluid (A) and plasma (B) concentrations of ceftriaxone after intraperitoneal (IP) and intravenous (IV) administration at a dose of 25 mg/kg.

**Table 2**

Mean  $\pm$  standard deviation (SD) peritoneal fluid and plasma ceftriaxone concentrations ( $n=10$ ), times of occurrence of the minimal ( $T_{\min}$ ) and maximal ( $T_{\max}$ ) concentrations, and mean residence times (MRTs), after intraperitoneal (IP) and intravenous (IV) administration of 25 mg/kg ceftriaxone.

Peritoneal fluid	IP	IV
Maximum concentration ( $\mu\text{g/mL}$ )	$4908.2 \pm 1818.8$	$51.2 \pm 19.0^*$
Mean concentration ( $\mu\text{g/mL}$ )	$872.3 \pm 536.1$	$16.1 \pm 3.5^*$
Minimum concentration ( $\mu\text{g/mL}$ )	$3.8 \pm 4.2$	$0.8 \pm 0.5^*$
$T_{\max}$ (h)	$0.2 \pm 0.1$	$2.0 \pm 1.1^*$
$T_{\min}$ (h)	$23.2 \pm 2.5$	$15.6 \pm 4.8^*$
Plasma	IP	IV
Maximum concentration ( $\mu\text{g/mL}$ )	$43.2 \pm 6.6$	$180.0 \pm 54.8^*$
Mean concentration ( $\mu\text{g/mL}$ )	$11.4 \pm 2.9$	$12.0 \pm 4.7$
Minimum concentration ( $\mu\text{g/mL}$ )	$0.5 \pm 0.1$	$0.7 \pm 0.3$
$T_{\max}$ (h)	$1.9 \pm 0.3$	–
$T_{\min}$ (h)	$16.8 \pm 1.3$	$14.4 \pm 4.2$
MRT (h)	$4.2 \pm 0.7$	$2.2 \pm 0.5^*$

\* Statistically significant difference between groups ( $P < 0.05$ ).

peritoneal fluid protein concentrations of ceftriaxone between groups (Fig. 2). Using the estimated MIC for Enterobacteriaceae ( $1 \mu\text{g/mL}$ ),  $t > \text{MIC}$  in the peritoneal fluid was 100% for the IP group and 50% for the IV group. In the plasma,  $t > \text{MIC}$  was 50% for the IP group and 41.7% for the IV group.

## Discussion

The antibacterial action of antibiotics depends on reaching the minimal inhibitory concentration. Therefore, when changing the route or method of administration, it is important to investigate how this affects drug concentrations. Our study demonstrated that there were no significant differences in IV or IP ceftriaxone concentrations and MRT between days 1 and 5 after IP and IV administration (Table 1). This indicates that there was no significant accumulation until the fifth dose and, even though the drug was administered multiple times (five times), each next daily dose was not dependent on the previous dose in order to reach an active concentration, and thus can be regarded as multiple administration of single doses.

The MIC of ceftriaxone for susceptible Enterobacteriaceae reported in humans is  $1 \mu\text{g/mL}$  (CLSI, 2014).

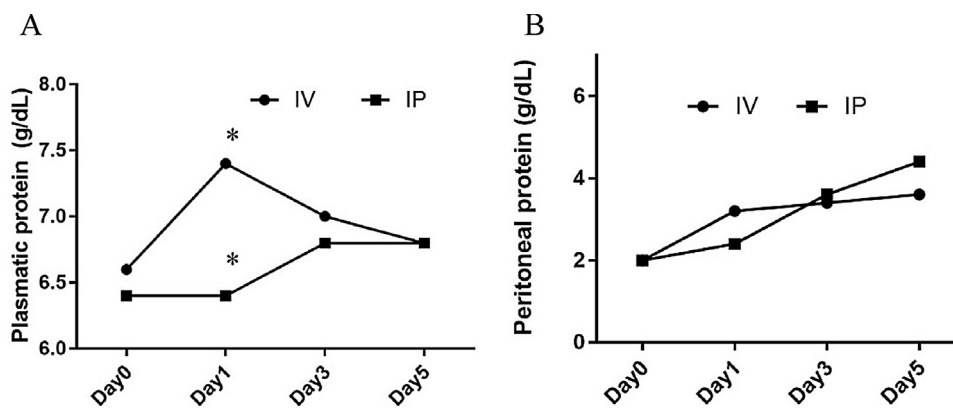
*Escherichia coli*, one of the potential causes of colic in horses, has a MIC of  $0.003 \mu\text{g/mL}$  in cats (Albarells et al., 2007) and cattle (Soback and Ziv, 1988). In the absence of a specific MIC for the main aetiological agents of peritonitis in horses, the highest value for the group of Enterobacteriaceae ( $1 \mu\text{g/mL}$ ) was selected in this study as the baseline MIC.

The maintenance of IP concentrations of ceftriaxone above the MIC for Enterobacteriaceae ( $1 \mu\text{g/mL}$ ) for 24 h and above the MIC in plasma for 12 h demonstrated that the IP route promoted adequate drug levels for antimicrobial activity in the interval between administrations. Since the pharmacological effect of ceftriaxone is closely related to the time exceeding the MIC (Albarells et al., 2007), higher and longer lasting peritoneal fluid concentrations of ceftriaxone after IP administration compared to IV administration suggest that the IP route may be therapeutically advantageous and might increase survival rates in horses affected by peritonitis.

The value  $t > \text{MIC}$  of 100% for IP administration of ceftriaxone is also relevant. For cephalosporins, a dosing interval resulting in a  $t > \text{MIC}$  of 35–40% corresponds to a bacteriostatic effect, while a  $t > \text{MIC}$  of 60–70% is required for a bactericidal effect (Craig, 1988; Toutain et al., 2002; Albarells et al., 2007). The mechanism behind this is not fully understood; however, even at concentrations below half the MIC, ceftriaxone results in increased phagocytosis and reduced intracellular survival of bacteria (Craig, 1988; Tullio et al., 1994; Toutain et al., 2002).

For time-dependent antimicrobial agents, such as ceftriaxone, it is desirable to reach concentrations above the MIC at the infected site for as long as possible, since the effectiveness depends on the amount of time the antibiotic is available to bind to microorganisms. The requisite pharmacodynamic parameter can be simplified to the time that serum concentrations remain above the MIC during the dosing interval ( $t > \text{MIC}$ ) (Levison and Levison, 2009). The maintenance of high concentrations in the peritoneal cavity during the administration interval is a major advantage of IP administration for the treatment of peritonitis.

The recommended dose of ceftriaxone for horses is 25–50 mg/kg every 12 h (Levison and Levison, 2009). A dose of 50 mg/kg is often used in adult animals (Ringger et al., 1996), whereas 25 mg/kg is used in foals (Ringger et al., 1998). In the present study, the use of 25 mg/kg via the IP route was sufficient to obtain therapeutic concentrations for 24 h in adult horses. Thus, the use of the IP route allowed a reduction to half the dose for an adult horse, while doubling the duration of action, which could possibly reduce any toxic effects of the drug and lower the treatment costs. At the first sampling point,  $T_{\max}$  in the peritoneal fluid after IP administration was not as high as expected. This is likely to have occurred because ceftriaxone was administered through the left flank and gradually spread by gravitational and motility action to the ventral aspect of the abdomen, where the samples were harvested.



**Fig. 2.** Mean plasma (A) and peritoneal fluid (B) protein concentrations of ceftriaxone in horses that received ceftriaxone intravenously (IV) and intraperitoneally (IP). \*Significant difference between groups ( $P=0.036$ ).

Our results showed that IV administration of ceftriaxone leads to higher plasma concentrations than IP administration; although this may be seen as an advantage, it could also be related to a higher incidence of adverse effects (Gardner and Aucoin, 1994; Ringger et al., 1998). Conversely, on the basis of lower plasma concentrations, the incidence of adverse effects after IP administration is expected to be lower following IP administration. Concerning side effects, our results differed from those of Ringger et al. (1998) and Gardner and Aucoin (1994), who reported the occurrence of colitis, depression and decreased appetite after the administration of intravenous ceftriaxone in healthy horses at doses of 50 mg/kg and 14 mg/kg, respectively. No adverse effects were observed with the dose used in the present study. This is in agreement with studies in human beings reporting a low incidence of adverse effects for this antimicrobial agent (Moskovitz, 1984; Brodgen and Ward, 1988; Freitas, 2014). The absence of clinical signs suggesting the occurrence of adverse effects after drug administration for both administration routes allows us to consider them to be safe in healthy horses.

## Conclusions

The IP use of ceftriaxone resulted in peritoneal fluid concentrations above a MIC of 1  $\mu\text{g}/\text{mL}$  for 24 h, suggesting the usefulness of an IP dosage regimen of 25 mg/kg at 24 h intervals. After IV administration, ceftriaxone concentrations remained above the MIC for 12 h in peritoneal fluid and 10 h in plasma. Our results suggest that the IP route promotes higher and longer lasting peritoneal fluid concentrations of ceftriaxone compared to IV administration; this may be therapeutically advantageous and might increase survival rates in horses affected by peritonitis. Further studies on clinical cases of horses with peritonitis are needed to establish the effectiveness of this therapy.

## Conflict of interest statement

None of the authors of this paper has a financial or personal relationship with other people or organisations that could inappropriately influence or bias the content of the paper.

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