

Toxicology

A perspective of mitochondrial dysfunction in rats treated with silver and titanium nanoparticles (AgNPs and TiNPs)



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ABSTRACT

Nanotechnology is a growing branch of science that deals with the development of structural features bearing at least one dimension in the nano range. More specifically, nanomaterials are defined as objects with dimensions that range from 1 to 100 nm, which give rise to interesting properties. In particular, silver and titanium nanoparticles (AgNPs and TiNPs, respectively) are known for their biological and biomedical properties and are often used in consumer products such as cosmetics, food additives, kitchen utensils, and toys. This situation has increased environmental and occupational exposure to AgNPs and TiNPs, which has placed demand for the risk assessment of NPs. Indeed, the same properties that make nanomaterials so attractive could also prove deleterious to biological systems. Of particular concern is the effect of NPs on mitochondria because these organelles play an essential role in cellular homeostasis. In this scenario, this work aimed to study how AgNPs and TiNPs interact with the mitochondrial respiration chain and to analyze how this interaction interferes in the bioenergetics and oxidative state of the organelles after sub-chronic exposure. Mitochondria were exposed to the NPs by gavage treatment for 21 days to check whether co-exposure of the organelles to the two types of NPs elicited any mitochondrion-NP interaction. More specifically, male Wistar rats were randomly assigned to four groups. Groups I, II, III, and IV received mineral oil, TiNPs (100 µg/kg/day), AgNPs (100 µg/kg/day), and TiNPs + AgNPs (100 µg/kg/day), respectively, by gavage. The liver was immediately removed, and the mitochondria were isolated and used within 3 h. Exposure of mitochondria to TiNPs + AgNPs lowered the respiratory control ratio, causing an uncoupling effect in the oxidative phosphorylation system. Moreover, both types of NPs induced mitochondrial swelling. Extended exposure of mitochondria to the NPs maintained increased ROS levels and depleted the endogenous antioxidant system. The AgNPs and TiNPs acted synergistically—the intensity of the toxic effect on the mitochondrial redox state was more significant in the presence of both types of NPs. These findings imply that the action of the NPs on mitochondria underlie NP toxicity, so future application of NPs requires special attention.

1. Introduction

Nanotechnology is a growing process in domestic and industrial in recent years, and is dedicated to the development of materials and

particles of structural characteristics with at least one dimension in the nano range. The International Organization for Standardization (ISO) has defined “nanomaterial” as a “material with any external dimension in the nanoscale or having internal structure or surface structure in the

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nanoscale” and “nanoparticle” as a “nano-object with all three external dimensions in the nanoscale” where nanoscale is defined as the size range from approximately 1–100 nm [1]. In particular, silver and titanium nanoparticles (AgNPs and TiNPs, respectively) are known for their biological and biomedical properties [2,3]. AgNPs display antimicrobial action and are potentially useful in the areas of food preservation, antibacterial surfaces and textiles, nanomedicine, and dentistry [2,4]. In turn, TiNPs have proven to be useful in cancer photodynamic therapy, drug delivery systems, cell imaging, biosensors for biological assay, and genetic engineering [3], not to mention that they provide interesting products such as opaque plastics [5]. Additionally, AgNPs and TiNPs are often present in consumer products such as cosmetics, food additives, kitchen utensils, and toys [6–8].

Increased environmental and occupational exposure to AgNPs and TiNPs has placed demand for the risk assessment of nanoparticles (NPs) [9]. NPs may penetrate the organism by oral, dermal contact or by inhalation [7,10,11]. Therefore, the same properties that make nanomaterials so attractive could also prove deleterious to biological systems [12] because the small size and large surface area of NPs could increase their toxicity as compared with the parent micrometer-sized particles [4,13]. Both, the manufacturing processes of AgNPs and their use increase the possibility of human exposure, basically through the gastrointestinal tract, through contaminated water and food [14]. While, TiNPs for example, can enter the human body through different routes such as inhalation (respiratory tract), ingestion, dermal penetration and injection [15]. In addition, TiNPs is among the nanoparticles most produced. However, AgNPs are the most popular advertised and together, silver and TiO₂ are the NMs most combined with other NMs in the various consumer products containing NPs [8].

One of the main concerns about the toxicity of nanomaterials is that they can produce oxidative stress. NPs can also be transported across cell membranes, especially into mitochondria [16]. Besides being able to accumulate in hepatic cells, for example and mitochondria [17,18]. Although it is unclear whether nanomaterials target the mitochondria directly or act secondary to oxidative stress, they can damage the organelle [12,19].

Mitochondria have important functions in cellular bioenergetics—they distribute the energy they produce throughout the cell, thereby playing an essential role in cellular homeostasis. Some of the mitochondrial metabolic pathways trigger the electron transport chain and oxidative phosphorylation, to generate ATP [20]. However, these processes also produce reactive oxygen species (ROS). Continuous ROS generation and elimination in biological systems help to regulate cell-signaling processes, but excess ROS culminate in oxidative stress and cell damage [21].

To protect the cell against oxidative stress, mitochondrial and cytosolic enzymes as well as non-enzymatic antioxidants, such as glutathione (GSH), scavenge ROS [20,22]. Depletion of these cellular antioxidants and increased ROS production due to the presence of xenobiotics, like nanomaterials, lead to oxidative stress, thereby damaging DNA, lipids, and proteins [23].

Besides raising ROS production, NPs can reduce the mitochondrial membrane potential and elicit a cascade of cytotoxic events, such as damage to the mitochondrial inner membrane, to cause cell death [23]. Hence, investigating whether NPs induce mitochondrial swelling can indicate if the permeability transition pores open. Opening of these pores reflects the loss of organelle ability to maintain ion and solute gradients across the inner membrane, which culminates in bioenergetic deficit and cell death [12].

Bearing the wide application of nanomaterials in mind, this work aimed to study how AgNPs and TiNPs interact with the mitochondrial respiration chain and to analyze how this interaction interferes in the bioenergetics and oxidative state of the organelle after sub-chronic exposure to the NPs. This work also examined the toxic effects of co-exposure of mitochondria to AgNPs and TiNPs. With regard to the constitution of the NPs mixture, we hypothesized that the combined

effects will lead to synergistic interactions between the compounds, where the toxic effects caused by mixture will exceed the sum of the separated NPs, and aimed to bring new insights to NPs toxicity. So the study aimed to bring new knowledge about ecotoxicological risk assessment of these environmental pollutants.

2. Materials and methods

2.1. Chemicals

Silver (CAS No. 7440-22-4) and titanium dioxide (CAS No 13463-67-7) nanoparticles were obtained from Sigma-Aldrich (St. Louis, MO, USA). According to the supplier the Silver nanoparticles have <100 nm of particle size and 5.0 m²/g of surface area. While, titanium dioxide nanoparticles have 21 nm of particle size and 35–65 m²/g of surface area. Solutions of dispersed titanium and silver particles were prepared with mineral oil, which was used as the control vehicle. The reagents rotenone, carbonyl cyanide 3-chlorophenylhydrazone (CCCP), glutamate, malate, adenosine 5-diphosphate (sodium salt) (ADP), safranin-o, o-phthalaldehyde (OPT), ethylene glycol bis(β-aminoethyl ether)-N,N,N,N-tetraacetic acid (EGTA), and *tert*-butyl hydroperoxide solution (t-BOOH) were purchased from Sigma-Aldrich Chemical Co (St Louis, MO, USA). The reagent 2,7-dichlorodihydrofluorescein diacetate (H₂DCFDA) was obtained from Molecular Probes (OR, USA). All the other reagents were of the highest commercial degree. All the stock solutions were prepared with glass-distilled deionized water.

2.2. Characterization

Dynamic light scattering (DLS) measurements were performed with a Zetasizer Nano ZS90 DLS equipment (Malvern Instruments Ltd., England) to obtain information about the average hydrodynamic radius and the size distribution of the particles. A cuvette QS 3 mm was used as a sample container. Surface charge of nanoparticles was judged by zeta potential measurement on a Malvern Zetasizer 2000 HS (Malvern, UK).

The crystalline phases of the nanoparticles were determined using an X-ray diffractometer (XRD 6000, Shimadzu). The data were collected from 20 to 80° 2θ at a step width of 0.5°, 10 s per step, at 40 kV, 200 mA, and CuKα radiation (λ = 1.540560 Å). Silicon was used as an external standard.

2.3. Animals

Male Wistar rats weighing 180–200 g were used. The Committee for Experimental Animal Care and Use of the University of Sao Paulo, Brazil, approved all the experimental procedures (number 14.1.763.53.0). Animals were kept under a 12 h light:dark cycle, at an ambient temperature of 24 ± 2 °C, with free access to food and water.

2.4. Treatments

Male Wistar rats were randomly assigned to four groups of seven rats each. Groups I, II, III, and IV received mineral oil, TiNPs (100 µg/kg/day), AgNPs (100 µg/kg/day), and TiNPs + AgNPs (100 µg/kg/day), respectively, by gavage. The total treatment time was 21 days, and the compounds were administered on a daily basis. After treatment, the animals were euthanized by applying an overdose of ketamine and xylazine, which was followed by collection of liver.

2.5. Mitochondria isolation and performed assays

After immediate removal of the rat liver (10–15 g), this organ was sliced into 50 mL of medium containing 250 mM sucrose, 1 mM EGTA, and 10 mM HEPES-KOH, pH 7.2, and homogenized three times in a Potter-Elvehjem homogenizer for 15 s, at 1 min intervals. Rat liver mitochondria were isolated by standard differential centrifugation

[24]. Homogenates were centrifuged at 580g for 5 min; the supernatant was further centrifuged at 10,300g for 10 min. The pellets were suspended in 10 mL of medium containing 250 mM sucrose, 0.3 mM EGTA, and 10 mM HEPES–KOH, pH 7.2, and centrifuged at 3400g for 15 min. The final mitochondrial pellet was suspended in 1 mL of medium containing 250 mM sucrose and 10 mM HEPES–KOH, pH 7.2, and used within 3 h. All the procedures were carried out at 4 °C, and the mitochondrial protein content was determined by the biuret reaction.

2.5.1 Mitochondrial swelling was estimated from the decrease in apparent turbidity at 540 nm measured with a Model DU-70 spectrophotometer (Beckman, Coulter Inc., Fullerton, CA, USA). The mitochondrial suspension (0.4 mg protein/mL) was incubated with the standard reaction medium plus 2.5 μM Ca²⁺, 2.5 μM rotenone, and 5 mM/L succinate, at 30 °C. Kinetics was evaluated for 10 min [25]. Inorganic phosphate was used as positive control for mitochondrial (just for information, without necessarily showing the data).

2.5.2 Mitochondrial respiratory rate was monitored on an oxygraph (Hansatech, Norfolk, England) equipped with a Clark-type oxygen electrode [26,27]. The mitochondria (1 mg of protein/mL) were incubated in 1 mL of standard medium containing 125 mM sucrose, 65 mM KCl, 10 mM HEPES–KOH, 0.5 mM EGTA, and 10 mM K₂HPO₄, pH 7.2, at 30 °C. Glutamate and malate at 5 mM were used as the oxidizable substrates for complex I of the respiratory chain. The phosphorylation was induced with 400 nmol of ADP for all assays.

2.5.3 Mitochondrial reactive oxygen species and reactive nitrogen species (ROS/RNS) production/accumulation was monitored on a spectrofluorometer by using 5 μM 2',7'-dichlorodihydrofluorescein diacetate (H₂DCFDA) [27] as probe and the 503/529 nm excitation/emission wavelength pair. The mitochondria (1 mg of protein/mL) were incubated in 2 mL of the standard reaction medium containing 125 mM sucrose, 65 mM KCl, 10 mM HEPES–KOH, 2.5 μM rotenone, and 5 mM succinate at 30 °C. The kinetic evaluation lasted 10 min.

2.5.4 Determination of the GSH/GSSG ratio. A mitochondrial suspension (1 mg of protein/mL) was treated with 0.5 mL of 13% trichloroacetic acid and centrifuged at 900 g for 3 min. To determine GSH, aliquots (100 μL) of the supernatant were mixed with 2 mL of 100 mM NaH₂PO₄ buffer, pH 8.0, containing 5 mM EGTA. Next, 100 μL o-phthalaldehyde (1 mg/mL) was added, and fluorescence was measured 15 min later by using the 350/420 nm excitation/emission wavelength pair [28]. GSSG was determined by the addition of aliquots (250 μL) of the supernatant to 250 μL of 0.04 M N-ethylmaleimide. After 20 min of incubation at room temperature, 500 μL of 1 M NaOH was added. Then, 100 μL of the resulting solution was added to 2 mL of 1 M NaOH and 100 μL of o-phthalaldehyde (1 mg/mL). The fluorescence was measured 15 min later in a model F-4500 Hitachi fluorescence spectrophotometer by using the 350/420 nm excitation/emission wavelength pair [28].

2.6. Statistical analysis

The results were evaluated by analysis of variance (ANOVA), followed by Dunnett test for comparison of the several treated groups with the control group; the program GraphPrism, version 5.1 for Windows was used. Results with $p \leq 0.05$ were considered statistically significant.

3. Results

The qualitative analyses of the XRD patterns of the nanoparticles indicated that the sample TiNP is constituted of anatase (JCPDS 1-562) and rutile (JCPDS 1-1292). The sample AgNP is formed by a single phase due to the metal silver (JCPDS 4-783). The mean size of AgNP crystallites were < 100 nm with a surface area of 5.0 m²/g and for TiNP the mean size were 21 nm and the surface area was 35–65 m²/g. The zeta potential of the TiNP and AgNP were -5.07 ± 1.11 and -5.73 ± 1.23 , respectively. These low zeta potential values indicate

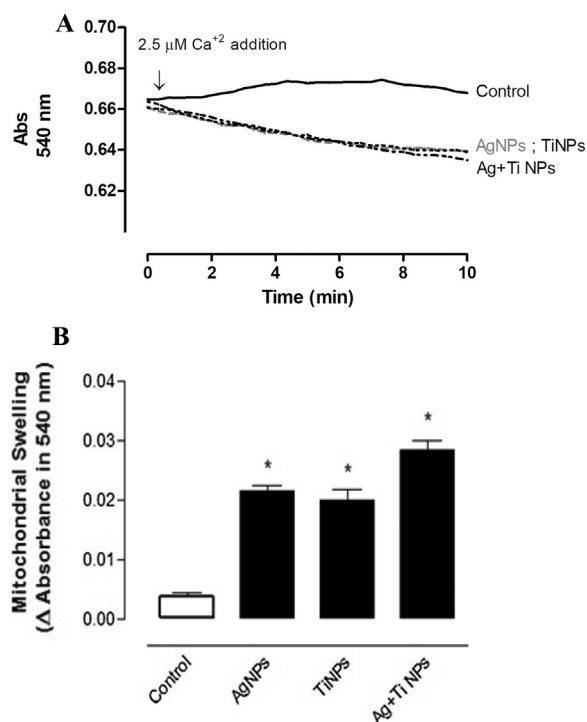


Fig. 1. Mitochondrial swelling monitored with the change of absorbance at 540 nm (A540) of the mitochondrial suspension over 10 min. The arrow indicates addition of 2.5 μM CaCl₂. The traces represent typical direct recordings of experiments performed for each group. Control = mineral oil; AgNPs = Silver nanoparticles (100 μg/kg/day); TiNPs = Titanium Nanoparticles (100 μg/kg/day); and AgNPs + TiNPs = Co-exposure to Silver and Titanium Nanoparticles (100 μg/kg/day). Data represent the mean + SEM of different mitochondrial preparations. *Indicates statistically significant difference versus control ($p < 0.05$).

that the particles are poorly charged and attract each other due to the low particle stabilization by the surfactant, which results in agglomeration of particles.

Mitochondrial swelling accounts for the release of proteins located in the matrix or in the intermembrane space of mitochondria exposed to xenobiotics [29,30]. Fig. 1A shows how exposure to NPs induced mitochondrial swelling and 1B shows the variation in absorbance observed during the monitored time. Both AgNPs and TiNPs induced mitochondrial swelling. However, concomitant administration of these NPs, to simulate co-exposure, shows synergistic effects with respect to mitochondrial swelling. In other words, when they were administered together, AgNPs and TiNPs induced swelling more extender as if they were administered alone.

To check the effect of exposing mitochondria to either AgNPs or TiNPs and to both types of NPs simultaneously on mitochondrial bioenergetics, we conducted a mitochondrial respiration assay using mix with glutamate + malate as oxidizable substrates that donate electron to complex I of the respiratory chain. Fig. 2A illustrates how AgNPs, TiNPs, and the association of these NPs affected glutamate and malate-supported respiration. The respiratory control ratio (RCR) decreased upon exposure of the mitochondria to the combination AgNPs + TiNPs, but not upon exposure of the organelles to AgNPs or TiNPs alone. The ADP consumption by oxygen molecule (ADP/O) diminished in the group treated with AgNPs alone and with the association AgNPs + TiNPs (Fig. 2B). In addition, State IV respiration significantly increased in the group treated with AgNPs + TiNPs ($V_4 = 13.26 \pm 0.08$) as compared with the control group ($V_4 = 7.87 \pm 1.16$), which indicated uncoupling of the mitochondria (Fig. 2C).

The presence of toxic compounds can impact the mitochondrial respiratory chain negatively—ROS production may increase, to

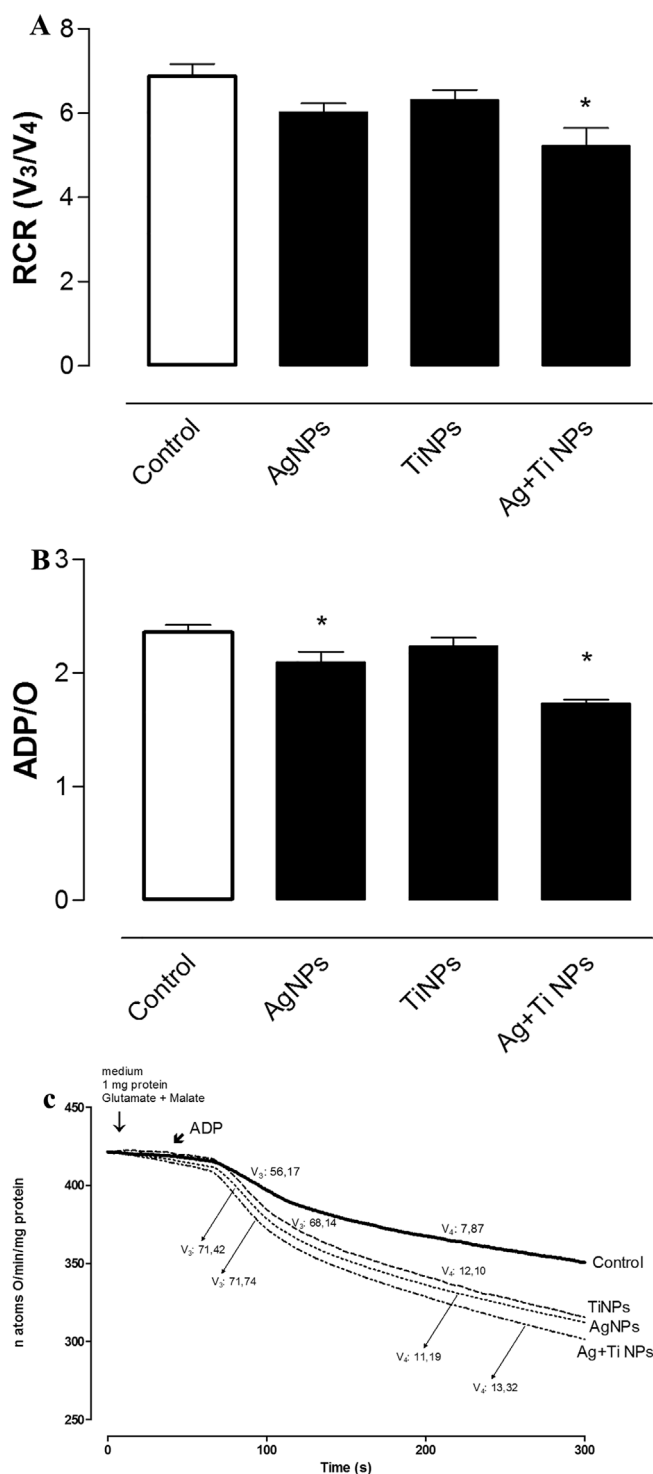


Fig. 2. Respiratory control ratio (RCR) in liver mitochondria (Fig. 2A), ADP/O (Fig. 2B) and their outline (Fig. 2C) upon incubation of mitochondria with nanoparticles. Data represent the mean + SEM of different mitochondrial preparations. *Indicates statistically significant difference versus control ($p < 0.05$). Control = mineral oil; AgNPs = Silver nanoparticles; TiNPs = Titanium Nanoparticles; and AgNPs + TiNPs = Co-exposure to Silver and Titanium Nanoparticles.

culminate in mitochondrial and cellular damage by oxidative stress [31].

Knowing that many NPs can induce oxidative stress and therefore impact mitochondrial bioenergetics, we evaluated ROS and RNS accumulation in mitochondria in the presence of the target NPs. According to Fig. 3, ROS/RNS levels augmented in succinate-energized

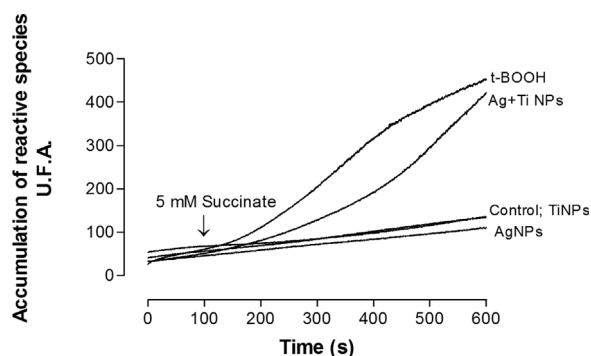


Fig. 3. Effect of exposure to nanoparticles on ROS accumulation as assessed with the fluorescence probe 2',7'-dichlorodihydrofluorescein diacetate (H₂DCFDA). The mitochondria were incubated in a standard reaction medium. Energization was achieved with 5 mM Succinate. Data are presented as the mean + SEM of different mitochondrial preparations. *Significantly different ($p < 0.05$) from the control (mineral oil). *tert*-butyl hydroperoxide (t-BOOH) 300 μ M was used to induce oxidative stress. Control = mineral oil; AgNPs = Silver nanoparticles; TiNPs = Titanium Nanoparticles; and AgNPs + TiNPs = Co-exposure to Silver and Titanium Nanoparticles.

mitochondria exposed to both NPs when treated concomitantly, as indicated by oxidation of the nonspecific probe H₂DCF-DA, a broad-spectrum probe that aids detection of reactive species in general. In the case of oxidative stress, co-exposure of mitochondria to AgNPs + TiNPs promoted the amount of reactive species significantly increased in Group IV that an exposure of a nanoparticle alone was not able to present. To check how the resulting reactive species influenced the endogenous antioxidant system, we calculated the GSH/GSSG ratio (Fig. 4). Treatment of mitochondria with TiNPs and co-exposure of mitochondria to AgNPs + TiNPs modified the GSH/GSSG ratio, but AgNPs did not deplete the endogenous antioxidant systems.

4. Discussion

Nanotoxicology, or the study of the potential adverse effects of nanomaterials on the human body and the environment, has become increasingly important and will continue to attract researchers' attention for many years to come because an ever-growing number of consumer products based on nanomaterials are continuously entering the market [32–34]. The lack of data on the impact of human exposure to

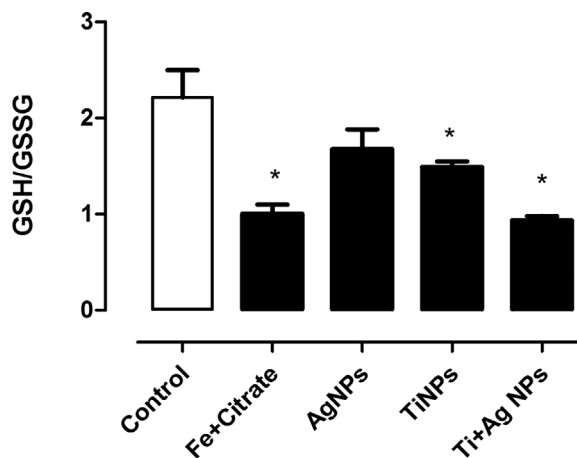


Fig. 4. Effects of exposure to nanoparticles on GSH/GSSG ratio as analyzed with the fluorescence probe *o*-phthalaldehyde (OPT). The mitochondria were incubated in a standard reaction medium. Energization was achieved with 5 mM Succinate, carried out as described in Section 2. Data are presented as the mean + SEM of different mitochondrial preparations. *Significantly different ($p < 0.05$) from the control (mineral oil). 50 μ M FeSO₄ plus 2 mM sodium citrate (Fe + Citrate) was used to induce oxidative stress. AgNPs = Silver nanoparticles; TiNPs = Titanium Nanoparticles; and AgNPs + TiNPs = Co-exposure to Silver and Titanium Nanoparticles.

NPs in the workplace and on the release of NPs from consumer products into the environment makes risk assessment of these materials difficult [35]. NPs can reach the systemic circulation after inhalation, ingestion, or intravenous injection, followed by further distribution and accumulation of NPs in several organs such as lung, liver, spleen, kidneys, brain, and heart [36,37]. Recent evidence has shown that liver and bile ducts are targets of AgNP toxicity: Ag⁺ accumulates in liver following exposure to AgNPs [38,39].

This study consisted in an attempt to identify the adverse effects of AgNPs, TiNPs and co-exposure to both, by using mitochondria isolated from rat liver. Our study demonstrated that AgNPs and TiNPs affected mitochondrial bioenergetics and co-exposure can induce oxidative stress, as evidenced by reactive species production and accumulation and deregulation of the endogenous antioxidant system.

In general, NPs and derivatives have been described to cause multiple effects on mitochondria, ultimately leading to hepatic cell death [40–42]. Although the present study involved isolated mitochondria, the results denoted the specific potential action that AgNPs and TiNPs have on this target organelle. The results also corroborated with reports that exposure to NPs can trigger cell death because mitochondria is intimately linked with regulation and signaling of cell death pathways [29,43,44]. Our results corroborate and may help explain the findings of Miranda et al. [45], these researchers observed that exposure to AgNPs resulted in hepatotoxicity, inducing cell death by apoptosis. Once we observed mitochondrial dysfunction in hepatic mitochondria, we suggest that there was the activation of the intrinsic apoptosis pathway [45].

Mitochondrial permeability transition pores (MPTPs) are related to calcium accumulation inside the mitochondria and to rise in oxygen free radicals [46]. Opening of these pores can lead to uncoupling of mitochondria and to massive matrix destruction [30]. If the pores remain open, cells cannot maintain their ATP levels, and cell death occurs. All the exposure conditions evaluated herein caused swelling of the organelle, a process that is closely related to MPTP opening [47]. This effect is consistent with literature results showing that NPs can induce mitochondrial dysfunctions after swelling [12,33].

The intracellular ATP content reflects the state of mitochondria. ATP depletion, a marked event of compound toxicity, can originate from impaired processes in mitochondria such as inhibition of electron transport in the mitochondrial membrane, membrane potential dissipation, and generation of reactive species [44,48]. Lower oxidative phosphorylation efficiency, as judged from the ADP/O rate and RCR ratio, added to mitochondrial swelling and induced oxidative stress, were in line with other works reporting that the amount of ATP in A549 lung cells exposed to TiNPs decreased [33].

The mitochondria of AgNP-treated rats presented less efficient oxidative phosphorylation and lower ADP/O rate. This effect was even more pronounced in the mitochondria of rats treated with AgNPs + TiNPs (Fig. 2B). Teodoro et al. [11] also exposed mitochondria to NPs during the time of the *in vitro* assays and verified altered mitochondrial bioenergetics in the presence of AgNPs. Like us, these researchers [12] detected smaller RCR, MPTP opening, and mitochondrial swelling related to uncoupling of mitochondria. Another study showed that exposure to TiNPs also reduced RCR in lung mitochondria [49]. In the present study, this effect clearly took place *in vivo* upon exposure of the animals to both AgNPs and TiNPs. Taken together, these results indicated loss of oxidative phosphorylation capacity, justified by increased oxygen consumption in State IV of mitochondrial respiration.

Adaptive or maladaptive responses can activate MPTP and cause intra- and intermitochondrial redox environment changes [50]. Free radical production bears direct correlation with NP cytotoxicity both *in vivo* and *in vitro* [51–53]. Oxidative damage of cellular constituents by ROS generation or inactivation of the antioxidant defense system probably induces NP cytotoxicity [54]. Consequently, NPs can induce DNA damage and apoptosis through ROS generation and oxidative

stress [55,56], leading to cellular damage, DNA adducts, and genotoxicity [57,58]. Indeed, genotoxic effects have already been observed in Human Fibroblasts Cells exposed to AgNPs [55].

Based on the results of this study, co-exposure to AgNPs and TiNPs may have induced considerable hepatic oxidative stress after oral exposure, as judged from increased reactive species formation and reduced activity of the endogenous antioxidant system represented by the GSH/GSSG ratio. The Glutathione S-Transferase (GST) enzymes together with the endogenous tripeptide glutathione (GSH) can operate to limit ROS-induced injury in organelles, cells, and tissues by maintaining the intracellular redox balance [59–61].

Concomitant administration of AgNPs and TiNPs decreased the redox state of the endogenous antioxidant system, represented by the GSH/GSSG ratio, as a result of the increased reactive species production measured by the DCF probe. In these cases, GSH did not kept the liver tissue of animals treated with NPs free of oxidative stress. Furthermore, co-exposure of rat liver to both AgNPs and TiNPs may have promoted a synergistic effect, as attested by the higher intensity of the toxic effect on the mitochondrial redox state in the presence of both types of NPs.

NPs induce mitochondrial damage *via* ROS production. Treatment of a rat liver cell line (BRL 3A cells) with AgNPs resulted in reduced GSH levels and a 25- $\mu\text{g}/\text{mL}$ increase in ROS [62]. Treatment of mitochondria from lung tissue with TiO₂ NPs augmented ROS by 46%, but it was not enough to modify important enzymatic and nonenzymatic antioxidants and lipid peroxidation of the mitochondrial protein after exposure to the NPs for one hour [49]. However, the present work demonstrated that extended exposure with concomitant administration of AgNPs and TiNPs (for 21 days by gavage treatment) was sufficient to maintain increased ROS levels and deplete the endogenous antioxidant system.

In line with these observations, accumulation studies showed that NPs can harm various animal organs, including lung, liver, spleen, and kidney [63], and induction of oxidative stress after exposure to different NPs was the main mechanism of toxicity [64–66]. Additionally, antioxidant enzyme levels changed significantly, and other literature works have reported altered antioxidant system in animals and plants exposed to NPs [41,66,67]. Many studies have been reported adverse effects observed for AgNP, for example, in mammalian cells in the mg/kg/day range. In this work we present toxic effects with exposure 100 times lower ($\mu\text{g}/\text{kg}/\text{day}$).

In conclusion, the growing popularity and increasing use of NPs has aroused the interest in nanotoxicology. This work has described a small portion of the toxicity of NPs and NP associations. Gathering all results we can conclude that in decreasing index of toxicity we have Ag + TiNPs higher than TiNPs that in turn is larger than AgNPs. Our results should assist lawmakers to pose limits to the use of NPs in commercial products and issue new regulations. The adverse effects of human exposure to NPs involve mitochondria therefore require special attention.

Conflict of interest

The authors declare that there is no conflict of interests regarding the publication of this manuscript.

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