ABSTRACT

For many vector-borne organisms, dogs can be used as sentinels to estimate the risk of human infection. The objective of this study was to use dogs as sentinels for multiple vector-borne organisms in order to evaluate the potential for human infection with these agents in southeastern Brazil. Blood from 198 sick dogs with clinico-pathological abnormalities consistent with tick-borne infections were selected at the São Paulo State University Veterinary Teaching Hospital in Botucatu and tested for DNA and/or antibodies against specific vector-borne pathogens. At least one organism was detected in 88% of the dogs, and *Ehrlichia canis* DNA was amplified from 78% of the blood samples. *Bartonella* spp. seroreactivity was found in 3.6%. *Leishmania chagasi* antibodies were detected in 1% of the dogs. There was no serological or polymerase chain reaction evidence of infection with *Anaplasma phagocytophilum*, *Borrelia burgdorferi*, *Ehrlichia chaffeensis*, *Ehrlichia ewingii*, and *Rickettsia rickettsii*. The full *E. canis* 16S rRNA gene sequence of one of the Brazilian strains obtained in this study was identical to the causative agent of human ehrlichiosis in Venezuela. *Ehrlichia canis* may pose a human health hazard and may be undiagnosed in southeastern Brazil, whereas exposure to the other organisms examined in this study is presumably infrequent. Key Words: Tick-borne infections—Dog—*Ehrlichia canis*—*Bartonella henselae*—*Bartonella vinsonii* subsp. *berkhoffii*—Epidemiology—Sentinel—PCR.

INTRODUCTION

In recent decades, the Brazilian government has faced many challenges related to control and prevention of infectious diseases in humans and animals. Ecological diversity, in association with substantial economic and social discrepancies, has made the control and eradication of vector-borne diseases, such as human bartonellosis, Brazilian spotted fever, ehrlichiosis, leishmaniasis, and Lyme disease, an ongoing challenge to the public health infrastructure (Calic et al. 2004, Horta et al. 2004, da Costa et al. 2005, Ministério da Saúde do Brasil 2007).

Animals have been used as sentinels for the detection of environmental hazards and infectious disease transmission, as well as indicators of bioterrorism events (Backer et al. 2001, Duncan et al. 2004, Rabinowitz et al. 2006). With estimates that 75% of the recently discovered emerging infectious diseases are zoonotic in nature (Taylor et al. 2001), studies involving pets and other animals can complement human epidemiologic studies. Because pets live in very close proximity to their owners, vector-borne
disease data generated in pets can often provide unique information regarding incidence, risk factors and sources of exposure before the occurrence of human disease outbreaks. Dogs are susceptible to a large number of emerging or re-emerging human vector-borne infections. As a sentinel animal, dogs are more frequently exposed to infected ticks, fleas, mosquitoes, and sand flies. In addition, dogs develop a strong organism-specific antibody response to many vector-borne pathogens, and they develop acute, and at times chronic clinical signs of illness that are very similar to disease manifestations reported in people (Lindenmayer et al. 1991). Moreover, dogs are generally accessible for safe handling and sample collection (Cleaveland et al. 2006).

The present investigation describes the first survey to use dogs as sentinels for multiple vector-borne organisms in order to evaluate the potential for human infection with these agents in southeastern Brazil. Based upon dog surveillance data, human exposure to the majority of the vector-borne infections tested in this study is likely infrequent or non-existent. However, people residing in urban areas of Brazil are exposed to *Ehrlichia canis*, an organism for which dogs are the primary reservoir for tick transmission of this zoonotic pathogen.

**METHODS**

*Patients and selection criteria*

This study was approved by the Medical Ethics and Animal Care Committee of São Paulo State University, College of Veterinary Medicine and Animal Science (FMVZ-Unesp). Between October 2002 and November 2003, 198 sick dogs from a population of 9,701 new dog accessions were prospectively selected at a Veterinary Teaching Hospital (VTH) of FMVZ-Unesp in Botucatu, Southeast Brazil. Dogs included in this study had at least three of the following clinical or laboratory criteria: presence of tick infestation at the time of examination, bleeding, neurological signs, inflammatory ocular disease, fever (rectal temperature > 39.4°C [102.9°F]), anemia (PCV < 35%), leukopenia (WBC < 6,000 cells/μL), thrombocytopenia (platelets < 150,000 cells/μL) or hyperproteinemia (TP < 7.8 g/dL). Dogs treated with tetracycline or imidocarb dipropionate up to 30 days before examination were excluded.

*Study area*

Botucatu is situated at 22°53’ S and 48°26’ W, 225 km (140 miles) from the Atlantic Ocean and 804 m (2637 ft) above sea level. The county surface area is 1,482,874 km² with an estimated population of 119,298 inhabitants in 2005, with 23.5% of inhabitants living in the rural areas and 76.5% in urban centers. The climate is typically temperate, with annual average temperature of 20.3 ± 7.1°C, average humidity of 74.9 ± 21.7%, and annual rainfall of 1300 mm (Cunha and Martins 2004). Based on the procurement of vaccines for the annual rabies control program, the estimated canine population in Botucatu in 2003 was 21,692 dogs.

*Serology-based assays*

A microimmunofluorescence assay (IFA) was used to test canine sera for antibodies against *Bartonella vinsonii* subsp. *berkhoffii* (isolate 93-CO-1), *Bartonella henselae* (strain Houston 1), *Leishmania chagasi*, and *Rickettsia rickettsii*, as described previously (Kordick et al. 1999, Oliveira 2004, Solano-Gallego et al. 2006). An ELISA-based test kit (SNAP® 4Dx, IDEXX Laboratories, Inc., Westbrook, ME, USA) was used according to the manufacturer’s instructions to detect *Ehrlichia canis* and *Borrelia burgdorferi* antibodies, as well as antigens of *Dirofilaria immitis* from dog serum. One dog was not tested by IFA and ELISA because of insufficient serum.

*DNA amplification-based assays*

DNA was extracted from 300 μL of each dog’s frozen ethylenediaminetetra-acetic acid (EDTA)-blood pellet using a commercially available kit (GFX® Genomic Blood DNA Purification, Amersham Biosciences, Piscataway, NJ, USA). The absence of polymerase chain reaction (PCR) inhibitors was demonstrated by the amplification of a fragment of the GAPDH gene (Birkenheuer et al. 2003). *Rickettsia spot-
ted-fever species were screened by real-time PCR, targeting the OmpA gene (Solano-Gallego et al., 2006). Conventional PCR was used for the amplification of 16S rRNA gene of *Anaplasma* and *Ehrlichia* species (Breitschwerdt et al. 1998, Kordick et al. 1999) and 16S-23S rRNA gene intergenic transcribed spacer (ITS) of *Bartonella* species (Maggi and Breitschwerdt 2005).

**Cloning and sequencing**

To confirm the species and strains detected by PCR, amplicons from two *Bartonella* PCR-positive samples and 15 *Ehrlichia* PCR-positive samples were cloned into the plasmid pGEM-T® Easy Vector System (Promega, Madison, WI, USA) and sequenced by Davis Sequencing (Davis, CA, USA). For genetic characterization, two complete sequences of 16S rRNA from *E. canis* infected dogs were generated based upon sequencing of five individual clones. Chromatogram evaluation and sequence alignment were performed using ContigExpress® and AlignX® softwares (Vector NTI®, version 10.1, Invitrogen Corp., Carlsbad, CA, USA). The bacterial species and strain was defined by comparing similarities with other sequences deposited in the GenBank database up until September 2007 using the BLAST® tool version 2.0 (Altschul et al. 1990).

**Statistical analysis**

The agreement between PCR and IFA results was tested using the McNemar test with Yates correction for continuity using SigmaStat® statistical software (Systat Software Inc., Richmond, CA, USA). Alpha was set at 0.05.

**RESULTS**

**Study population**

We sampled dogs from 21 different cities within a range of <5–270 km (<3.1–167.8 miles) from the São Paulo State University Veterinary Teaching Hospital (VTH), all within the state of São Paulo (Fig. 1). Ninety-one percent of the dogs came from a 45 km (28 miles) radius, with 75% of the dogs being from Botucatu; 98% were from urban areas. Dogs from rural areas were under-represented in this...
study, with only four (2%) animals from four different locations included. The dog population consisted of 121 males and 77 females, with a mean weight of 17 kg (range, 1.8–44.5 kg). One hundred and twenty dogs were pure-bred, whereas 78 were of mixed breed. Twenty-five different breeds were enrolled, with a predominance of Poodles (25/198), Boxers (15/198), Doberman Pinschers (10/198), and Rottweilers (9/198). Eight dogs were younger than 4 months of age, 26 dogs were from 4 to 12 months old, and 164 dogs were 1 year old or older.

Molecular and serological prevalence

A summary of the results is presented in Table 1. A total of 125 dogs had *E. canis* antibodies, and were PCR positive; 20 dogs were *E. canis* seropositive (PCR negative), and 28 dogs were PCR positive (seronegative). There was no difference in the *E. canis* frequency between PCR and IFA results (p = 0.312). By PCR testing, all four rural dogs were infected with *E. canis*, and three of them were *E. canis* seroreactive. The *E. canis* seronegative rural dog was *B. henselae* seroreactive (titer 1:2048). DNA from *A. phagocytophilum*, *E. chaffeensis*, *E. ewingii*, and *R. rickettsii* DNA was not amplified from any dog blood sample. *Borrelia burgdorferi*, *R. rickettsii* antibodies, and *D. immitis* antigens were not detected in any serum sample. When serology and PCR results were combined, only 24 dogs (12%) were negative by both testing modalities for all of the organisms studied.

Serology, PCR, and *Bartonella* strain characterization were reported previously (Diniz et al. 2007), without details relative to polymicrobial infection. *Bartonella henselae* seroreactivity was found in 2% (4/197) of the samples, whereas *B. vinsonii subsp. berkhoffii* antibodies were found in 1.5% (3/197) of the samples. *Bartonella henselae* DNA was amplified from only two dogs, both of which were co-infected with *E. canis*. One of these dogs was also co-infected with *B. vinsonii subsp. berkhoffii* (Diniz et al. 2007). *Leishmania chagasi* seroreactivity was detected in two dogs, both of which were co-infected with *E. canis* by PCR and serology.

All 19 PCR products, cloned and sequenced as a component of this study, confirmed the specificity of each PCR assay in all instances. Two complete *E. canis* 16S rRNA gene sequences (1,434 bp) were deposited in the GenBank database as strains Brazil-CO-1 (EF195134) and Brazil-CO-2 (EF195135) (from canine origin). Following comparative alignment with other *Ehrlichia* sequences (Table 2), *E. canis* strain Brazil-CO-2 was unique, whereas the Brazil-CO-1 sequence was identical to *E. canis* strains isolated from cases of human Venezuelan ehrlichiosis (Perez et al. 1996, 2006) and two canine origin strains deposited from Greece.

### DISCUSSION

Both pet and stray dogs are ubiquitous in urban areas of southeastern Brazil. The dog population has been estimated at one dog for each 3.5 to 5 people (Dias et al. 2004), which is higher
than the suggested ratio of 1:10 proposed by the World Health Organization to minimize anthrozooponosis (Bögel 1987). Dogs can be infected naturally or experimentally with many of the same tick-borne pathogens that infect people. Therefore, surveillance using dogs as a "biomarker" or "bioaccumulator" of pathogen exposure provides public health officials an effective tool for establishing the risk of human exposure. Our results indicate a potential risk for human exposure to \textit{E. canis} in urban areas in southeastern Brazil; whereas, exposure to several other vector-borne pathogens is low to nonexistent.

In 1996, the first human isolate of \textit{E. canis} was obtained from the blood of a non-immuno-compromised, asymptomatic veterinarian in Venezuela (Perez et al. 1996). Recently, the same \textit{E. canis} strain (Venezuelan Human Ehrlichiosis-VHE) was detected in six Venezuelan patients with symptoms consistent with human monocytic ehrlichiosis (Perez et al. 2006). \textit{Ehrlichia canis} is primarily transmitted to dogs by the \textit{Rhipicephalus sanguineus}, the most common tick found in urban areas in Brazil. \textit{R. sanguineus} parasitizes humans in Brazil (Dantas-Torres et al. 2006), and a recent study from southern Brazil identified 98% of ticks removed from dogs as \textit{R. sanguineus} and found that owners of tick-infested dogs were 3.2 times more likely to have removed ticks from themselves (Trapp et al. 2006). Considering that 78% of the sick dogs evaluated in this study were infected with \textit{E. canis}, there is a potentially significant risk of human \textit{E. canis} infections transmitted by \textit{R. sanguineus} in urban areas of southeastern Brazil. Although human \textit{E. canis} cases have not been identified in Brazil, evidence of human ehrlichiosis has been reported in Brazil and other Central and South American countries, based on serology using \textit{E. chaffeensis} as the test antigen (Calic et al. 2004, Perez et al. 2006). Serologically, individuals infected with \textit{E. canis} or \textit{E. chaffeensis} develop strong cross-reactive antibody responses (Rikihisa et al. 1994). Therefore, other authors have suggested that \textit{E. canis}, rather than \textit{E. chaffeensis}, infections have occurred in febrile, \textit{Ehrlichia} seroreactive patients in South America (Perez et al. 2006). Our study would support this contention, at least in southern Brazil. Other \textit{Ehrlichia} species were not detected in any dog. Based on 16S rRNA gene sequencing, one \textit{E. canis} strain in this study had an identical sequence when compared to the \textit{E. canis} strain associated with monocytic ehrlichiosis in asymptomatic and febrile human patients in Venezuela. Despite a low level of polymorphism, the 16S rRNA gene

### Table 2. \textit{Ehrlichia canis} 16S rRNA Gene Nucleotide Differences for Isolates Sequenced in This Study (CO-1 and CO-2) as Compared to Other Strains from Dogs and Humans Deposited in GenBank Database (September, 2007)

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\*The number represents the nucleotide position of the \textit{E. canis} strain Jake; •, same base as \textit{E. canis} strain Jake; —, deletion.

\*Isolate obtained from a human.

\*Isolate or sequence obtained from a dog.

Sequences shorter than 1300 bp or containing degenerate oligonucleotides (N) were excluded from the alignment.
is considered the best current target for distinguishing various \( E. \) \( canis \) strains (Unver et al. 2001). Due to the large urban dog population, the infrequent use of acaricides, and the high prevalence of active, chronic infection in the sick dog population, and presumably a portion of the healthy dog population, \( E. \) \( canis \) may ultimately be related to human cases of fever of unknown origin, which are a frequent occurrence in Brazil and other tropical and subtropical regions (da Costa et al. 2006).

We did not find \( A. \) \( phagocytophilum \) or \( E. \) \( ewingii \) DNA in any sample. Furthermore, these organisms have not yet been detected in dogs or humans from Brazil. One possible explanation is that main tick vectors, \( Ixodes \) \( scapularis \) and \( Amblyomma \) \( americanum \), respectively, are not present in Brazil, although other \( Ixodes \) and \( Amblyomma \) species are frequently found in rural areas (Figueiredo et al. 1999). Seroreactivity to \( E. \) \( chaffeensis \) has been reported in Brazilian patients (Calic et al. 2004, da Costa et al. 2006); however, no South American isolates have been reported, and molecular confirmation of \( E. \) \( chaffeensis \) or \( E. \) \( ewingii \) infection in humans has not been described. In North America, both \( E. \) \( chaffeensis \) and \( E. \) \( ewingii \) have been detected from the blood of sick dogs and human patients (Breitschwerdt et al. 1998, Buller et al. 1999, Kordick et al. 1999). Failure to amplify either of these organisms from dog blood samples in this study could reflect collection bias, including the predominance of samples from urban rather than rural dogs.

\( Rickettsia \) \( rickettsii \) can cause a very similar disease in dogs and human beings (Duncan et al. 2004). Brazilian spotted fever (BSF) is endemic in many regions of Brazil. Since 1985, 238 human cases of Brazilian spotted fever, including 88 fatalities, have been reported from 44 cities located in São Paulo state by the Center of Epidemiologic Surveillance (Secretaria da Saúde do Estado de São Paulo 2007). In one of these areas (Pedreira), canine \( R. \) \( rickettsii \) seroprevalence was 31% (5/16 dogs tested) (Sangioni et al. 2005). This BSF endemic area is located 165 km [102.5 miles] east of the VTH, and no dogs from that region were included in our study (Fig. 1). Considering that neither \( R. \) \( rickettsii \) antibodies nor DNA was found in the larger number of cities and dogs enrolled in this study, human \( R. \) \( rickettsii \) exposure is presumably infrequent in these urban centers. This conclusion is further supported by the absence of \( R. \) \( rickettsii \) in 1,783 \( Amblyomma \) ticks collected from urban parks in a BSF endemic area (Estrada et al. 2006). Our data suggest that \( R. \) \( sanguineus \) is not responsible for transmission of BSF in cities in southeastern Brazil; however, \( R. \) \( sanguineus \) was recently found to transmit \( R. \) \( rickettsii \) in the southwestern United States (Demma et al. 2005).

Zoonotic visceral leishmaniasis (ZVL), caused by \( Leishmania \) \( chagasi \) (Leishmania \( infantum \)), is an endemic disease in dogs and humans in Brazil. \( L. \) \( chagasi \) antibodies were found in only two dogs (1%). The canine seroprevalence in \( Leishmania \) endemic areas varies from 4% to 27% (Coutinho et al. 1985, Ashford et al. 1998). From 1990 to 1997, 176,000 \( L. \) \( chagasi \) seropositive dogs were detected (Ashford et al. 1998). In humans, according to the Brazilian National Human Health Surveillance Database, between 2001 and 2006, 17,951 human cases of visceral leishmaniasis were confirmed, with an average of 3,000 new cases per year. From São Paulo state, 824 human cases were reported during the same time period, with at least 74 fatalities (Ministério da Saúde do Brasil 2007). A endemic \( Leishmania \) focus is well established in the western region of São Paulo state, where 50% of the clinically ill dogs are \( L. \) \( chagasi \) seroreactive (Moreira et al. 2002), whereas \( Leishmania \) non-endemic areas have an extremely low canine seroprevalence of 0.6% (Savani et al. 2003). From the 198 selected dogs in this study, only four were from known endemic regions, which could represent a bias toward negative serology test results. Moreover, the sandfly vector, \( Lutzomyia \) \( longipalpis \), has not been detected in the Botucatu region, most likely because weather conditions are not optimal for its multiplication. Interestingly, a recent experimental transmission study using hamsters demonstrated that \( R. \) \( sanguineus \) can be a competent vector for \( L. \) \( chagasi \) transmission, raising the possibility that this tick could potentially contribute to the epidemiology of ZVL in some regions of Brazil (Coutinho et al. 2005).

Based on sampling of sick dogs with extensive tick exposure histories, \( Bartonella \) seroprevalence and active infection were surpris-
ingly low in São Paulo state. In contrast to the findings in this study, 25 of 27 sick dogs (93%) from a heavily tick-exposed (including a high infestation of *R. sanguineus*) kennel in North Carolina (USA) were infected with *B. vinsonii berkhoffii* (Kordick et al. 1999). Although no human illness was attributed to bartonellosis, eight of 23 people (35%) from the kennel location were *B. henselae* seroreactive. In Brazil, human bartonellosis cases have been reported, and the seroprevalence of *B. henselae* among 437 rural inhabitants was 13.7% (da Costa et al. 2005). The distribution of *Bartonella* seroreactive dogs in our study suggests that urban dog populations are infrequently exposed to these pathogens. It has been hypothesized that *R. sanguineus* ticks play a role in the transmission of *B. vinsonii berkhoffii* to dogs (Kordick et al. 1999, Breitschwerdt et al. 2000). If true, *R. sanguineus* ticks in Brazil appear to be infrequently infected with *B. vinsonii berkhoffii* as compared to infection with *E. canis*.

Despite a possible population bias caused by inclusion criteria that selected for dogs infected by tick-borne organisms or variation in the number of dogs enrolled from various regional cities, the results reported in this study demonstrate good agreement between serological testing and PCR results. For those vector-borne organisms in which both serology and PCR results indicated a very low risk of exposure, peculiarities related to the geographic location of sample collection were most likely responsible for the negative test results. Because the study population represented a subset of sick dogs, prevalences obtained in this study cannot be extrapolated to the regional canine or human population. As there can be variation in the transmission patterns of many vector-borne organisms within relatively small geographic distances, these results also cannot be generalized to other regions of Brazil or other countries in South America. Active epidemiologic surveys are necessary to determine the calculated risk of human exposure to specific pathogens in tick endemic areas.

In conclusion, using dogs as a means of surveillance for selected vector-borne arthropozoonosis in southeastern Brazil indicates that human beings residing in urban areas are frequently exposed to *E. canis*, which has twice been reported as a human pathogen in Venezuela. Depending on the region within São Paulo state, *Bartonella* spp and *Leishmania chagasi* also pose a human health hazard. The risk of human infection with *A. phagocytophilum*, *B. burgdorferi*, *E. chaffeensis*, and *E. ewingii* appears to be low in this region of Brazil. In addition to providing a rationale and a cost-effective means of ongoing surveillance, increased coordination of public health communications among physicians and veterinarians might also decrease the risk associated with the introduction of new vector-borne pathogens from endemic regions or from other countries.

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