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Universidade Estadual Paulista

“Júlio de Mesquita Filho”

Faculdade de Odontologia de Araraquara



Università Degli Studi di Padova

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CAD/CAM monolithic materials: wear resistance and abrasiveness, and the effect of grinding and polishing on their roughness and fracture resistance.

Araraquara

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CAD/CAM monolithic materials: wear resistance and
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roughness and fracture resistance.

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Orientador: Prof. Gaetano Granozzi - UNIPD

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Francesco Saverio Ludovichetti

CAD/CAM monolithic materials: wear resistance and abrasiveness,
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Σωκράτης

Ludovichetti FS. Materiais monolíticos CAD/CAM: resistência ao desgaste e abrasividade, e efeito do desgaste e polimento nas suas rugosidade e resistência à fratura [Tese de Doutorado]. Araraquara: Faculdade de Odontologia da UNESP; 2019.

Resumo

Esta tese consiste em dois estudos, ambos investigando materiais monolíticos fresados por tecnologia CAD-CAM.

Primeiro estudo. Objetivo. A resistência ao desgaste e abrasividade do Lava Ultimate, Vita Enamic, Vita Suprinity, IPS e.max CAD e Lava Plus, bem como algumas propriedades que podem estar relacionadas, foram analisadas. **Métodos.** Espécimes desses materiais tiveram sua rugosidade, dureza e coeficiente de atrito avaliados, respectivamente, em microscópio confocal, microdurômetro e tribômetro. O teste de desgaste conhecido como “2-body”, no qual os materiais atuaram como abrasivos e, juntamente com o esmalte bovino, também como antagonistas, também foi realizado. A taxa de desgaste foi determinada com perfilômetro de superfície e as superfícies desgastadas foram observadas por microscopia eletrônica de varredura (MEV). **Resultados.** Vita Enamic e Lava Ultimate mostraram a maior rugosidade, enquanto IPS e.max CAD e Vita Suprinity, a menor. O resultado da dureza foi Lava Plus > (Vita Suprinity = IPS e.max CAD) > Vita Enamic > Lava Ultimate. O Lava Ultimate exibiu maior coeficiente de atrito do que o IPS e.max CAD e o Lava Plus. O Lava Plus e o IPS e.max CAD mostraram um potencial significativamente maior para desgastar o Lava Ultimate. Estes dois materiais, juntamente com o Vita Suprinity, foram os que mais desgastaram o esmalte e o Vita Enamic. Vita Suprinity e IPS e.max CAD promoveram o maior desgaste do Lava Plus, e o inverso também ocorreu.

Vita Enamic e Lava Ultimate causaram o menor desgaste do esmalte e de todos os outros materiais avaliados. **Conclusão.** A resina composta nanoparticulada e a cerâmica infiltrada com polímero foram mais amigáveis ao antagonista (seja esmalte ou material) do que as vitrocerâmicas e zircônia. Cuidados devem ser tomados ao selecionar o material que irá entrar em contato principalmente com a vitrocerâmica. A dureza também deve ser considerada ao selecionar um material.

Segundo estudo. **Objetivo.** Avaliar o efeito do desgaste e do polimento na rugosidade e resistência à fratura do Lava Ultimate, Vita Enamic, Vita Suprinity e IPS e.max CAD, submetidos ao envelhecimento mecânico. **Métodos.** Os discos destes materiais foram analisados quanto à rugosidade: 1) após o polimento com lixas de carbetto de silício (Lava Ultimate e Vita Enamic) ou aplicação do glaze (IPS e.max CAD e Vita Suprinity) (controle); 2) após o desgaste com ponta diamantada de 30 µm; 3) e após desgaste e polimento com o kit de polimento Ceramiste Polishers. Para a resistência à fratura, um modelo simplificado de três camadas consistindo de disco restaurador, disco de resina epóxi e um anel de aço, cimentados entre si, foi usado. Os discos tri-camada receberam os mesmos tratamentos de superfície descritos para a análise de rugosidade. Metade dos espécimes foi submetida ao envelhecimento mecânico por 1×10^6 ciclos. Todos os espécimes foram ensaiados até sua fratura. O módulo de Weibull foi calculado. **Resultados.** Entre os grupos controle, não foi encontrada diferença significativa entre o IPS e.max CAD e o Vita Suprinity e entre o Lava Ultimate e o Vita Enamic, os quais foram mais rugosos que os materiais vitrocerâmicos. Após o desgaste, esse comportamento foi mantido, com exceção do Vita Enamic, cuja rugosidade foi semelhante à do IPS e.max CAD. Após o polimento, o Vita Enamic mostrou a maior rugosidade, enquanto os outros

materiais não foram estatisticamente diferentes. O IPS e.max CAD e o Vita Suprinity apresentaram a menor rugosidade nos grupos controle. Para Lava Ultimate e Vita Enamic, o polimento promoveu a menor rugosidade. O desgaste, seguido ou não por polimento, e o envelhecimento mecânico não afetaram adversamente a resistência à fratura ou a confiabilidade dos materiais. **Conclusões.** O polimento não recuperou a maior lisura inicial dos materiais vitrocerâmicos. A resistência à fratura não foi afetada pelo desgaste, seguido ou não por polimento, mesmo após o envelhecimento mecânico.

Palavras-chave: Projeto auxiliado por computador. Cerâmica. Resinas compostas. Ajuste oclusal. Polimento dentário. Resistência dos materiais.

Ludovichetti FS. CAD/CAM monolithic materials: wear resistance and abrasiveness, and the effect of grinding and polishing on their roughness and fracture resistance [Tese de Doutorado]. Araraquara: Faculdade de Odontologia da UNESP; 2019.

Abstract

This thesis consists of two studies, both investigating the computer-aided design and computer-aided manufacturing (CAD-CAM) monolithic materials.

First study. Aim. The wear resistance and abrasiveness of Lava Ultimate, Vita Enamic, Vita Suprinity, IPS e.max CAD, and Lava Plus, as well as some properties that might be related to, were analyzed. **Methods.** Specimens from these materials had their roughness, hardness, and coefficient of friction evaluated, respectively in confocal microscope, microdurometer, and tribometer. The 2-body wear test, wherein the materials acted as abrasers and, together with bovine enamel, also as antagonists, was also carried out. The wear rate was determined with surface profilometer and the worn surfaces were observed by scanning electron microscopy (SEM). **Results.** Vita Enamic and Lava Ultimate showed the highest roughness, whereas IPS e.max CAD and Vita Suprinity, the lowest. The hardness result was Lava Plus > (Vita Suprinity=IPS e.max CAD) > Vita Enamic > Lava Ultimate. Lava Ultimate exhibited a higher coefficient of friction than IPS e.max CAD and Lava Plus. Lava Plus and IPS e.max CAD showed significantly higher potential to wear Lava Ultimate. These two materials, together with Vita Suprinity, provided the highest wear of enamel and Vita Enamic. Vita Suprinity and IPS e.max CAD exhibited the highest wear against Lava Plus, and the inverse also occurred. Vita Enamic and Lava Ultimate were among the materials that caused the lowest wear of enamel and all other evaluated materials. **Conclusion.** The nanofilled composite resin and polymer-infiltrated ceramic

were more antagonist-friendly (whether enamel or CAD-CAM material) than glass-ceramics and zirconia. Care should be taken when selecting the material that will contact mainly with glass-ceramics. Hardness should also be considered when selecting a material.

Second study. **Aim.** To evaluate the effect of grinding and polishing on the roughness and fracture resistance of Lava Ultimate, Vita Enamic, Vita Suprinity, and IPS e.max CAD, submitted to mechanical aging. **Methods.** Disks from these materials were analyzed for roughness: 1) after polishing with silicon carbide papers (Lava Ultimate and Vita Enamic) or glazing (IPS e.max CAD and Vita Suprinity) (control); 2) after grinding with 30- μ m grit diamond rotary instruments; 3) and after grinding and polishing with the polishing kit Ceramiste Polishers. For fracture resistance, a simplified tri-layer model consisting of restorative disk, epoxy resin disk, and a steel ring was used. The bonded tri-layer disks received the same conditions described for the roughness analysis. Half of the specimens underwent mechanical aging for 1×10^6 cycles. All specimens were loaded until failure. The Weibull modulus was calculated. **Results.** Among the control groups, no significant difference was found between the IPS e.max CAD and Vita Suprinity and between the Lava Ultimate and Vita Enamic, which were rougher than the glass-ceramic materials. After grinding, this behavior was maintained, except for the Vita Enamic, whose roughness was similar to that of the IPS e.max CAD. After polishing, the Vita Enamic showed the highest roughness, whereas the other materials were not statistically different. IPS e.max CAD and Vita Suprinity showed the lowest roughness in the control groups. For Lava Ultimate and Vita Enamic, polishing provided the lowest roughness. Grinding followed or not by polishing, and mechanical aging, did not adversely affect fracture resistance or the reliability of the materials. **Conclusions.** Polishing did not recover the initial roughness of

the glass-ceramic materials. Fracture resistance was not affected by grinding, followed or not by polishing, even after mechanical aging.

Keywords: CAD-CAM. Ceramics. Composite resins. Occlusal adjustment. Dental polishing. Material resistance.

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1 INTRODUCTION

Thanks to the continuing scientific advancement, CAD-CAM technology has recently made tremendous progresses and it is able to easily satisfy many of the prosthetic requirements in Dentistry¹. The great interest in dental prosthesis aesthetics, has led to an increased research of materials that mimic natural teeth behavior, both from the functional point of view and from the aesthetic one^{2,3}. Nowadays the use of materials for CAD-CAM technology has shown different results with many options available to realize dental restorations⁴. Thanks to its good mechanical characteristics and aesthetic clinical results, the most used material for indirect CAD-CAM restorations is lithium disilicate (IPS e.max CAD, Ivoclar Vivadent)^{5,6}. Recently, new materials with different composition and indications, including the Vita Suprinity (Vita Zahnfabrik), Vita Enamic (Vita Zahnfabrik), Lava Ultimate (3M ESPE), are being studied as viable substitutes to realize anterior and posterior crowns, implant supported crowns, anterior veneers and 2 or 3 elements bridges⁷. Vita Enamic contains feldspathic ceramic matrix (86 wt%) infiltrated with a low-viscosity copolymer (urethane dimethacrylate and triethylene glycol dimethacrylate)⁸. Vita Suprinity is composed by a lithium silicate glassy matrix and zirconia fillers⁹. Lava Ultimate is a resin nanoceramic material, consisting of 80 wt% zirconia/silica nanoparticles embedded in a highly cross-linked polymer matrix (BisGMA, UDMA, BisEMA, TEGDMA)¹⁰. Since their composition is different, it can be assumed that the mechanical and physical properties might change depending on the material, and literature still has gaps regarding both the surface characteristics and the mechanical behavior of these new materials.

In restorative dentistry, an ideal material should present a wear potential similar to that of the human enamel¹¹. As reported by literature^{12,13}, some of the recently introduced

dental ceramic systems seem to present this relevant property. Different Authors in many studies, showed that lithium disilicate (e.max CAD Ivoclar Vivadent), Lava Plus (3M ESPE), Vita Enamic (VITA) and the zirconia reinforced glass ceramic do not show statistically significant difference in wear potential when compared with human enamel^{12,13,26}. Even if wear potential is considered as “key role” material property in indirect restorative dentistry, studying it may not be sufficient, due to the multifactorial nature of this process which might be influenced by several other surface characteristics such as roughness, coefficient of friction and hardness.

Materials roughness is a known data provided by the manufacturer, but clinically, due to various adjustments and aging, it may drastically change. Surface clinical interventions lead to different roughness values, thus material roughness and its changes have to be investigated as they may predict the opposing teeth wear^{14,15,16}. Ghazal et al.¹⁷ (2009) and Janyavula et al.¹⁴ (2013) studied how surface roughness may influence wear of human enamel and composite resin and of polished, glazed, polished and re-glazed zirconia respectively. They found that, when surface roughness increases, human enamel wear increased dramatically too. Authors explain that this could be caused by the frictional resistance: when surface roughness increases, coefficient of friction increases, and this results in a greater wear. They both concluded that surface roughness plays a fundamental role in the wear of opposing materials.

As previously seen, material roughness and coefficient of friction seems to be related and since friction forces occur in almost every oral cavity movement and they may negatively influence dental materials properties, Authors suggested that a better understanding of the relation between friction coefficient, roughness and wear may help in

indirect restorative materials behavior investigation^{18,19}. Ghazal et al.¹⁷ (2009) showed that high surface roughness increases the friction coefficient, which results in greater wear. In the literature review of Oh et al.²⁰ (2002) was suggested that roughness, high loads, and high sliding speeds increases the coefficient of friction and this lead to a greater wear potential.

Finally, literature is still divided about material hardness influence on wear potential. Some authors exclude it as a wear influencing property^{20,21}, some others suggest that as wear is a multifactorial process, hardness could influence it^{22,23}. As explained in the literature review of Oh et al.²⁰ (2002), wear potential of some materials, such as metals, is highly influenced by hardness: gold based casting alloys are relatively soft in comparison with harder metals, and they are more antagonist friendly. But when it comes to ceramics, material hardness would not able to affect wear potential by itself, but it can be seen as a co-factor (Seghi et al.²³ 1991, D'Arcangelo et al.¹³ 2015). This may be explained due to the different wear mechanism of metal and ceramics. In metal wear mechanism is by plastic deformation while in dental ceramic materials it occurs by material micro-fractures.

The different composition of these materials could result in a different behavior in the wear of antagonist elements. Moreover, clinically, when they are submitted to adjustment processes, this difference may be greater as the surface characteristics change depending on the surface treatment adopted^{24,25}. The ideal order for glass ceramics would be to adjust the restoration when it is still not cemented, then glaze it and cement it in mouth²⁶. For Vita Enamic (VITA) and Lava Ultimate (3M ESPE), the ideal procedure would be to cement the restoration right after it has been milled^{8,10}. However, clinically this situation is not always reachable due to premature contacts that may appear after

cementation. This lead to the need of occlusal adjustments and though to surface roughness increase, which could change the wear potential of the material²⁷. In the attempt to decrease adjustment-caused roughness, a commonly used clinical protocol is to polish adjusted restorations with one of the numerous polishing systems available. However, literature has not still achieved a consensus regarding how material resistance could be affected by adjustments and polishing protocols and a better understanding of how different finishing material protocols may change their properties may lead to greater predictability in prosthesis duration and in its behavior towards antagonist teeth. This led to the second part of this thesis, where a situation as similar as possible to what we can find “in vivo” was analyzed. Manufacturer recommendations suggest that, after cementing prosthetic elements, no occlusal adjustments should be performed, but from the clinical point of view, this order is not always respectable. Often, it happens that, after cementation, there is a need for adjustments. For this reason, we wanted to reproduce realistic clinical situations that lead the dentist to deviate from the manufacturer recommendations. For this reason, we investigated if mechanical resistance of the studied materials could have undergone variations due to the adjustments procedures and tested this situation with non-aged and aged materials to assess if, in addition to adjustments, aging can alter the mechanical resistance. The ultimate goal of this thesis is to provide clinicians a guide in choosing the most suitable material for prosthetic rehabilitation, according to the different situations that can be found “in vivo”, since today there are countless possibilities in terms of prosthetic materials, and decision making can be complicated and not always correct. Therefore, in this thesis the influence of hardness, coefficient of friction and roughness material properties on wear potential and how different finishing surface clinical protocols influence the material mechanical strength on the short and on the long time were investigated.

5 CONCLUSION

- The nanofilled composite resin and polymer-infiltrated ceramic were the most antagonist-friendly materials when sliding against enamel and any other material.
- Lithium disilicate, zirconia-reinforced lithium silicate, and zirconia caused high wear rates on the enamel and materials, with the difference that zirconia did not damage the surface of the materials, except for the enamel.
- Hardness should be considered in the selection of materials, especially in patients with bruxism.
- The grinding increased the roughness of the materials, except for the Vita Enamic. The smoothness of the glazed glass-ceramics was not achievable by the common polishing kits, while the Lava Ultimate and Vita Enamic showed a smoother surface compared with the baseline.
- The grinding followed or not by polishing did not affect adversely the fracture resistance of the materials.
- Mechanical aging did not reduce the fracture resistance of the materials, not even in the ground groups.
- The reliability of the evaluated materials under the scenario of the current study was not influenced by the material, surface treatment or aging.

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* * De acordo com o Guia de Trabalhos Acadêmicos da FOAr, adaptado das Normas Vancouver. Disponível no site da Biblioteca:
<http://www.foar.unesp.br/Home/Biblioteca/guia-de-normalizacao-atualizado.pdf>

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