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**Universidade Estadual Paulista “Júlio de Mesquita Filho” – UNESP  
Faculdade Ciências Farmacêuticas de Araraquara**

**The role of chemical signaling and gut mucosal immunity  
during *Citrobacter rodentium* infection**

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**Araraquara  
Ano 2023**

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during *Citrobacter rodentium* infection**

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Orientador: Prof. Dr. Cristiano Gallina Moreira

Coorientadora: Profa. Dra. Manuela Raffatellu

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TÍTULO DA TESE: The role of chemical signaling and gut mucosal immunity during *Citrobacter rodentium* infection

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*"If you can dream it, you can do it."*

Walt Disney

## Abstract

The human pathogens enteropathogenic *Escherichia coli* (EPEC) and enterohemorrhagic *E. coli* (EHEC) are transmitted by the fecal-oral route and cause severe diseases worldwide. Due to their potential to induce pathological lesions in the gut epithelium, they are commonly known as *attaching and effacing* pathogens (A/E pathogens). To date, effective strategies to manage EPEC and EHEC infections beyond standard supportive measures are lacking. Therefore, preclinical studies to better understand the mechanisms of infection of EPEC and EHEC are required. Because these bacteria are poorly pathogenic in mice, *Citrobacter rodentium* has been broadly used as an alternative *in vivo* model pathogen to study EHEC and EPEC disease. Similarly, to human pathogens, *C. rodentium* causes A/E lesions in mice without requiring antibiotic pretreatment to establish infection.

Studies have shown that the membrane-bound histidine sensor kinase QseC promotes A/E pathogen colonization *in vivo*. However, whether QseC signaling is essential for A/E pathogens to resist and evade immune responses to establish disease remains unknown. On the host side, interleukin IL-22 is critical to resolve *C. rodentium*-mediated disease, although the exact mechanism(s) of IL-22-mediated protection are not well understood. Here, we aimed to investigate the role of chemical signaling through the QseC sensor for establishing disease and resistance to the host immune response. Furthermore, we studied the downstream mechanisms that mediate the mucosal immune protection conferred by IL-22 during *C. rodentium* infection.

Our data suggest that the QseC sensor is directly involved in triggering intestinal inflammation and promoting transmissible colonic crypt hyperplasia, a hallmark pathological feature of *C. rodentium*-mediated disease. Moreover, QseC-mediated signaling enhanced *C. rodentium*'s resistance to neutrophil antimicrobial responses, resulting in the pathogen's systemic dissemination *in vivo*. We identified changes in the lipopolysaccharide membrane modulated by the QseC sensor as a potential mechanism. Furthermore, we found that the IL-22-mediated resolution of *C. rodentium* infection was independent of the induction of several downstream responses, including calprotectin, Reg3 $\beta$ , Reg3 $\gamma$ , lipocalin-2, and C3. Instead, the susceptibility of IL-22 deficient mice to *C. rodentium* was primarily associated with increased intestinal permeability. Together, our data show that *C. rodentium* depends on chemical signaling mediated by QseC for disease establishment and to resist the immune responses conferred by neutrophils. Upon infection, IL-22 plays an essential role in host protection, which was independent of a single deficiency of either antimicrobial peptide regulated by this cytokine; instead, protection was related to IL-22's regenerative properties by promoting the epithelial

barrier integrity. Overall, our work expands the knowledge of the *in vivo* mechanisms triggered by A/E pathogens during infection.

Keywords: Chemical Signaling, *Citrobacter rodentium*, Immune response, Interleukin-22.

## Resumo

*Escherichia coli* enteropatogênica (EPEC) e *E. coli* enterohemorrágica (EHEC) são patógenos humanos transmitidos pela via fecal-oral que causam doenças graves mundialmente. Devido a lesão que desenvolvem em células epiteliais intestinais, essas bactérias são conhecidas como patógenos *Attaching and Effacing* (patógenos A/E). Até o momento nenhuma estratégia eficaz foi desenvolvida para combater as infecções causadas por EHEC e EPEC, sendo o tratamento restrito apenas a suporte. Portanto, estudos pré-clínicos para melhor entender os mecanismos de infecção de EPEC e EHEC são necessários. Como essas bactérias são pouco patogênicas em camundongos, *Citrobacter rodentium* tem sido utilizada como um patógeno modelo alternativo para estudar *in vivo* a doença causada por EHEC e EPEC, uma vez que causa lesão A/E em camundongos e não requer pré-tratamento com antibióticos para estabelecer a infecção.

Estudos demonstraram que o sensor QseC, presente na membrana de bactérias, beneficia a colonização de patógenos A/E *in vivo*. No entanto, pouco se sabe se a sinalização através do sensor QseC em patógenos A/E é essencial para evadir e resistir às respostas imunes do hospedeiro para o estabelecimento da doença. Ainda, estudos demonstram que a interleucina-22 é essencial para a resolução da doença causada por *C. rodentium* em camundongos embora o(s) mecanismo(s) exato(s) de proteção mediada por IL-22 ainda necessitem de mais investigação. Desta forma, este trabalho foi desenvolvido com o intuito de investigar a participação da sinalização química através do sensor QseC para estabelecimento da infecção e resistência à resposta imune do hospedeiro, e o mecanismo mediado por IL-22 que confere proteção durante a infecção por *C. rodentium*.

Nossos resultados sugerem que o sensor QseC está diretamente envolvido no desencadeamento da inflamação intestinal e desenvolvimento da hiperplasia transmissível da cripta colônica, sendo esta última, uma característica da doença mediada por *C. rodentium*. Além disso, através da sinalização mediada por QseC, *C. rodentium* tem sua sobrevivência a neutrófilos aumentada, o que pode estar associado com sua disseminação sistêmica *in vivo* que pode ser devido a mudanças na membrana de lipopolissacarídeo modulada pelo sensor QseC. Ainda, nossos resultados sugerem que uma vez estabelecida a infecção, a citocina IL-22 é fundamental para a resolução da doença mediada por *C. rodentium*, uma vez que camundongos deficientes em IL-22 não sobrevivem à infecção. Porém esse fenótipo não é dependente de respostas mediadas pelas proteínas antimicrobianas: calprotectina, REG3, lipocalina-2 e C3, mas pode estar associada à indução de mecanismos de regeneração e integridade do epitélio mediados por IL-22. Juntos, esses resultados demonstram que patógenos A/E

dependem da sinalização química via QseC para resistir à resposta imune mediada por neutrófilos e para o estabelecimento da doença causada por *C. rodentium* em camundongos. Após a infecção, IL-22 desempenha um papel essencial na proteção do hospedeiro, que não depende da resposta isolada de peptídeo antimicrobianos regulados por esta citocina; ao contrário, essa proteção pode estar associada à recuperação do epitélio intestinal mediada por IL-22, promovendo integridade epitelial. De modo geral, nosso trabalho amplia o conhecimento dos mecanismos *in vivo* desencadeados por patógenos A/E durante a infecção.

Palavras-chave: Sinalização química, *Citrobacter rodentium*, Resposta Imune, Interleucina-22

# Summary

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## List of Abbreviations

CXCR2 - *C-X-C Motif Chemokine Receptor 2*

CXCL - *C-X-C Motif Chemokine Ligand*

IL-22 - *Interleukine-22*

Lcn2 - *Lipocalin-2*

REG3 - *Islet-derived protein 3*

S100A9 - *S100 calcium-binding protein*

C3 - *Complement component 3*

NET - *Neutrophil extracellular traps*

% - *Percentage*

A/E - *Attaching and Effacing*

AI-3 - *Autoinducer-3*

*C. rodentium* - *Citrobacter rodentium*

TCCH - *Transmissible colonic crypt hyperplasia*

CFU - *Colony Forming Unit*

FITC - *Fluorescein isothiocyanate*

OD600 - *Optical density at 600 nm*

EHEC - *Enterohaemorrhagic Escherichia coli*

EPEC - *Enteropathogenic Escherichia coli*

LB - *Lysogeny broth*

LEE - *Locus of Enterocyte Effacement*

LPS - *Lipopolysaccharide*

MOI - *Multiplicity of Infection*

QseC - *Quorum sensing E. coli C (sensor kinase)*

HUS - *Hemolytic uremic syndrome*

STEC - *Shiga Toxin-Producing Escherichia coli*

S. Typhimurium - *Salmonella enterica* serovar Typhimurium

T3SS - *Type III Secretion System*

qRT-PCR - *Quantitative Reverse Transcriptase Polymerase Chain Reaction*

# Chapter I: Literature Review

## 1. Introduction

### 1.1. The gastrointestinal tract

The gastrointestinal tract (GI tract) is part of the digestive system of humans and other animals that extends from the mouth to the anus and contains the esophagus, stomach, and small and large intestines (1). The gut is a muscular tube composed of the luminal epithelium and the underlying lamina propria and muscularis mucosae layers. In addition to the GI tract, the digestive system also comprises the accessory organs: tongue, salivary glands, pancreas, liver, and gallbladder. Its primary function is the digestion and absorption of food (1,2).

The GI tract is colonized by a collection of bacteria, archaea, viruses, and fungi termed “gut microbiota” (3,4). The gut microbiota is a microbial community estimated to exceed  $10^{14}$  microorganisms that co-evolved to form a mutually beneficial relationship with their host (3,5). The microbial composition differs between hosts and is often influenced by health, age, gender, and diet differences (4). The gut microbiota is fundamental to the host’s health. Its beneficial roles include digesting food and harvesting energy, training and regulating host immunity, strengthening gut integrity, and protecting against pathogens (3,5).

The microbiota is compartmentalized within the host, and its interactions are tightly regulated by multiple layers of physical, chemical, and immunological barriers (6); the intestinal epithelium is a single layer segregating the outer world from the inner body (7,8). It is covered by the mucus layer, which comprises mucins, antimicrobial proteins, and

Immunoglobulin (Ig) A, thereby preventing microorganisms from reaching the epithelial cells (9–12). The IEC monolayer is composed of specialized cell types that differentiate between residing epithelial cells, goblet cells, absorptive enterocytes, enteroendocrine cells, Microfold cells, and Paneth cells (13,14). These cells confer functions that range from nutrient absorption to mucus and antimicrobial peptide production for host protection (14). The underlying lamina propria consists of connective tissue with interspersed immune cells, separating the epithelial layer from the smooth muscle (15,16). The numerous immune cells within this layer have an essential role in homeostasis maintenance and defense against external threats (**Figure 1**). Moreover, Peyer's patches, the draining mesenteric lymph nodes (9,17), which, along with the diffuse lymphoid tissue of the lamina propria, form the gut-associated lymphoid tissue (GALT) that fundamentally contributes to the host's health by conferring protection and tolerance from foreign antigens and microbes alike due to the immune cells that inhabit this lymphoid tissues (9,17,18).

The dynamic between the host, environmental factors such as diet, and microbiota are complex. Clinical trials in humans have been conducted to understand this dynamic. However, there are limitations in the studies due to practical and ethical reasons. For these matters, mouse models have been extensively used to understand the interaction between intestinal microbiota, gut immune response, and diet within the gastrointestinal tract (19).

## **1.2. Gut immunity: a fine balance between protection and tolerance**

The immune system constitutes a complex network of biological processes that involve protective responses against threats within an organism. Traditionally, the

immune system has been classified into two subsystems: innate and adaptive immunity, although with overlaps. The innate immune response has a limited recognition of molecular patterns. In contrast, the adaptive immune system mounts specific responses by recognizing a wide range repertoire of molecules (20).

The intestinal mucosa is continuously exposed to a variety of environmental signals. The gut immune system is challenged to balance homeostasis and distinguish commensal microorganisms from pathogenic bacteria, which is essential for eliminating pathogens and maintaining tolerance towards the microbiota and dietary antigens (15). The immune system associated with the intestinal mucosal is mainly located in the GALT (21). The latter is organized in the diffuse lymphoid tissue of the intestinal lamina propria, the intraepithelial lymphocyte compartment, and organized lymphoid follicles, such as Peyer's Patches (15,21). Some examples of immune cells that are involved in host protection within the intestinal lamina propria include monocytes, macrophages, neutrophils, dendritic cells (DCs), T and B lymphocytes, mast cells, and eosinophils (**Figure 1**) (15).

Microorganisms can be recognized by intra- and extracellular pattern-recognition receptors (PRRs) of immune cells and epithelial cells, which detect the pathogen-associated molecular patterns (PAMPs) or microbial-associated molecular patterns (MAMPs) from microorganisms. In turn, PAMPs and MAMPs are essential and well-preserved microorganism components that microbes cannot modify easily and are absent from the host (22–24). Among PRRs, detecting signals through cell membrane-bound Toll-like receptors (TLR) by mucosal tissue-resident cells is the first step of a protective host response (22). The engagement of TLRs with microbial PAMPs induces the transcription factor nuclear factor kappa-light-chain-enhancer of activated B cells (NF- $\kappa$ B)

(22). These events lead to cell activation and trigger the release of cytokines, such as Interleukin (IL)-6, tumor necrosis factor (TNF)- $\alpha$ , IL-1 $\beta$ , and surface costimulatory molecules for antigen presentation in tissue-resident antigen-present cells (APCs), such as macrophage and dendritic cells (22,25). Moreover, the release of chemokines and cytokines during infections of the gut mucosa prompts the migration of immune cells like monocytes and neutrophils from the peripheral blood to the site of infection (26). Neutrophils have a particularly critical role in protecting from and controlling infections and will be discussed in detail later in this literature review.

The pro-inflammatory environment during infections induces the maturation and migration of APCs, especially dendritic cells, to mesenteric lymph nodes through afferent lymphatic vessels, thereby regulating the adaptive immune responses (27). The priming of naïve T-lymphocytes through APCs leads to the differentiation and clonal expansion of effector T helper (Th, identified by CD4<sup>+</sup> expression) cells and the subsequent activation of B cells for antibody assembly (27). The CD4<sup>+</sup> effector T cells exit the mesenteric lymph node and migrate to the site of infection. In the gut, CD4<sup>+</sup> T cells are essential in coordinating an adequate response for pathogen control and clearance (28).

T cells are classically subdivided according to the pattern of cytokines produced upon activation (15). Lamina propria CD4<sup>+</sup> T helper cells are essential for resolving a variety of infections. Among T helper cells, Th1 cells mainly produce IL-2 and interferon (IFN)- $\gamma$  and are usually involved in responses against intracellular pathogens (29). Th2 cells predominantly produce IL-4, IL-5, and IL-13 and are critical for response against helminths (15,29). Th17 cells typically produce IL-17 and IL-22 cytokines, and their activation mainly occurs upon exposure to IL-23 cytokine release by APC. Th17 cell

responses play essential roles in protection against bacterial and fungal infections (15,30).

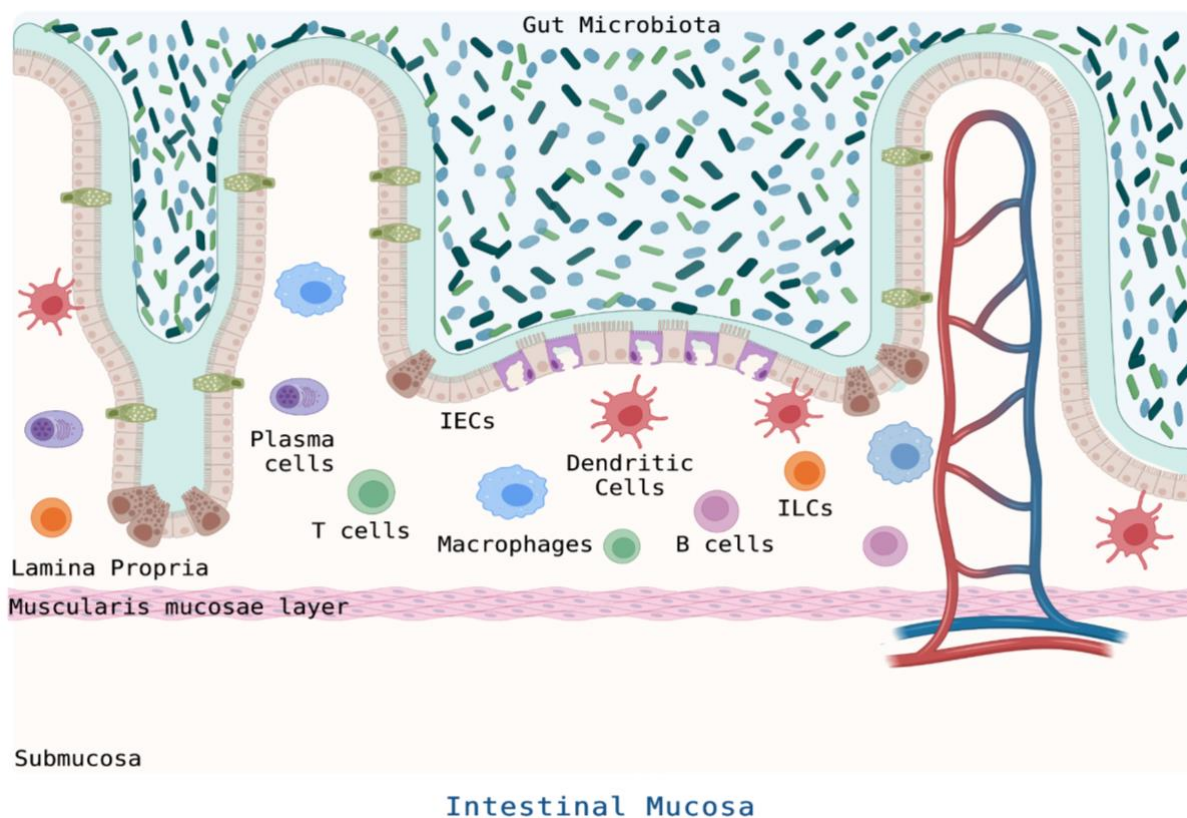
Among the various cytokines produced in the gut, the interleukin IL-22 is a cytokine that plays a crucial role in gut protection. It is released mainly by Type 3 innate lymphoid cells (ILC3s) and T CD4<sup>+</sup> cells upon stimulation of proinflammatory signals, such as IL-23, produced by myeloid cells (31). ILC3s are part of the innate immune response that is mainly described as resident-tissue cells in peripheral tissues that are able to respond promptly via the production of cytokines, such as IL-22, due to their location and effector phenotype that does not require priming to expand and activate (32–34). Upon infection, ILC3s are an important early source of IL-22 (33). On the other hand, Th22 and Th17 are between the main populations of the adaptive response responsible for producing and maintaining the levels of IL-22 upon a tissue perturbation by infection and/or inflammation (35–37). In the gut, the cytokine IL-22 is critically involved in different aspects of the mucosal defense, ranging from epithelial barrier homeostasis to the production of mucus and antimicrobial peptides to control and resolve inflammation (38).

During infection, the production of IL-22 stimulates the release of antimicrobial proteins by epithelial and immune cells, such as lipocalin-2, calprotectin, and regenerating islet-derived protein 3-beta and -gamma (Reg3 $\beta$  and Reg3 $\gamma$ ) (38–42). Lipocalin-2 binds to bacterial siderophores, which are small molecules essential for bacteria to scavenge iron (43,44). Calprotectin chelates metals, including manganese and zinc (45). In turn, the restriction of metal acquisition by these proteins is a crucial mechanism for controlling the expansion of pathogens during infection (43). Also, Reg3 proteins exert direct antibacterial activity by binding to components of bacterial membranes such as peptidoglycan (46) and lipid A (47).

Although protection against hazards is essential for the host to survive, immune cells are challenged in distinguishing between self and potential threats to the host once a directed response against the body's antigens can be detrimental. The gut immune tolerance within the gastrointestinal (GI) tract prevents the body from initiating harmful or exaggerated immune responses against antigens found in the gut, such as food particles and commensal bacteria (48,49). Some examples of key mechanisms of gut immune tolerance include the actions of regulatory T cells (T regs), immune cells in the GALT, the mucosal barrier, and the gut microbiota (48). T regs can induce tolerance by expressing immune suppressive cytokines such as TGF- $\beta$  and IL-10 (50–52) or by limiting the proliferation of cells (51,53,54). Some types of GALT-associated DCs, for example, have been shown to present tolerogenic and immunoregulatory responses, thus inducing T regs cells (55–57). The physical epithelial barrier, in addition to the production of mucus and antimicrobial proteins, reduces the excessive contact between immune cells and antigens (58). Finally, the microbiota, through different mechanisms, helps to train the immune response (49,56). Together, these mechanisms educate the immune system to distinguish between harmful pathogens and benign antigens, promoting a balanced and tolerant immune response within the gut, which is crucial for maintaining gut health and preventing unnecessary inflammation and autoimmune reactions within the digestive system (56).

Although the microbiota is not part of the mucosal immune system per se, it is the first barrier pathogens encounter within the host. The microorganisms inhabiting the host prevent pathogens from gaining access to nutrients, a phenomenon termed “colonization resistance” (3,59). This is well supported by studies in germ-free mice and antibiotic-treated mice, which develop more severe infections with enteric pathogens than mice with

a normal microbiota (60–62). The microbiota also prevents the overgrowth of pathogens through signals that stimulate host immunity to induce the expression of antimicrobial peptides by Paneth cells and epithelial cells (9).



**Figure 1. General Schematic of the intestinal mucosa.** The gut is a muscular tube consisting of the luminal epithelium, underlying lamina propria, and muscularis mucosae layers. The luminal epithelium consists of a single layer of Intestinal epithelial cells (IECs) and specialized cell types such as goblet cells, enterocytes, enteroendocrine cells, Microfold cells, and Paneth cells. The lamina propria is a connective tissue layer with various immune cells such as B cells, dendritic cells, innate lymphoid cells (ILCs), T cells, plasma cells, and macrophages, among others. This layer separates the epithelium from the muscularis mucosae, and this organization is essential for the gut's physiological functions (Figure created with Biorender).

### 1.3. Neutrophils and host protection

Neutrophils are the most abundant phagocytic cell type of the innate immune system and constitute the first line of defense against infection. Neutrophils are derived from self-renewing hematopoietic stem cells in the bone marrow, which is regulated by

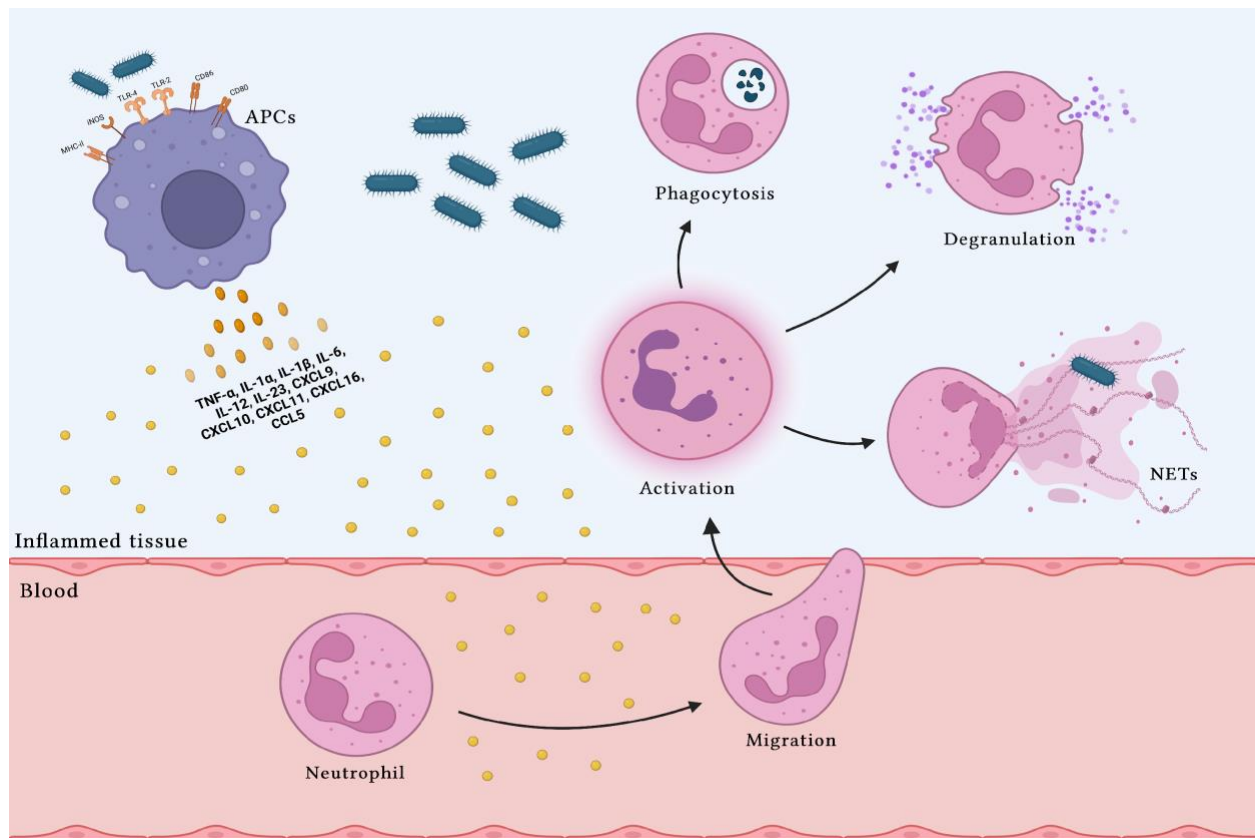
the cytokine granulocyte monocyte colony-stimulating factor (GM-CSF) (63). Mature neutrophils are retained in the bone marrow by expression of surface C-X-C Motif Chemokine Receptor 4 (CXCR4) and high constitutive production of its ligand C-X-C Motif Chemokine Ligand 12 (CXCL12) from osteoblast cells (64,65). Mature neutrophils are constantly released into the peripheral blood, which is greatly enhanced upon inflammatory stimuli or infection, resulting in more rapid mobilization of circulating neutrophils (66). The granulocyte colony-stimulating factor (G-CSF) promotes neutrophil exit from bone marrow by interfering with CXCR4-CXCL12 interaction (67). Besides, the chemokine receptor CXCR2 facilitates the egress of neutrophils from the bone marrow due to the constitutive production of its ligands CXCL1 and CXCL2 by endothelial cells (68).

During inflammation, tissue-resident cells such as macrophages and mast cells release chemoattractants and proinflammatory mediators (e.g., CXCL1, IL-1 $\beta$ , and TNF), which in turn facilitate the recruitment of neutrophils from the peripheral blood into the inflamed tissue (65). Adherence to the endothelium is initially mediated by a loose interaction between the neutrophil P-selectin glycoprotein ligand 1 (PSGL-1) and the endothelial E and P-selectins. Next, a firm adhesion is mainly mediated by the high affinity interaction of the integrin LAF-1 (leukocyte function-associated antigen 1) on neutrophils with ICAM1 (intracellular adhesion receptor 1) on endothelial cells (65,67). Binding promotes the vascular adhesion of neutrophils and, consequently, their translocation into inflamed tissue (65). In addition, increased expression of the CXCR2 ligands, CXCL1 and CXCL2, is involved in guiding neutrophils to the injured tissue (69).

Neutrophils are essential in controlling infection due to their high quantity of intracellularly stored granules that contain various proinflammatory and antimicrobial

proteins (70). At the site of infection, recognition of pathogens through NOD-like receptors (NLRs) and TLRs on the surface of neutrophils induce responses that include intracellular activation, degranulation, phagocytosis, and release of neutrophil extracellular traps (NETs) (**Figure 2**) (71). After phagocytosis, neutrophils eliminate pathogens via the production of reactive oxygen species (ROS) in the phagosomes and by producing and releasing antimicrobial peptides such as myeloperoxidase, elastase, cathepsins, defensins, lactoferrin, and lysozyme (70,71).

Another mechanism of neutrophils that contributes to immune protection is the release of neutrophil extracellular traps (NETs) (72) in a process known as NETosis. NETs can be formed in two ways; one way is driven by the cell death pathway that begins with nuclear delobulation and dismantlement of the nuclear envelope until complete abrogation of cellular polarization, followed by chromatin decondensation and plasma membrane rupture. The alternative route is known as non-lytic NETosis, which occurs independently of cell death and is related to the secreted expulsion of nuclear chromatin followed by the release of granule protein (71). Although an excessive release of NETs can be detrimental to the host's health, studies have shown that NETs have an essential role in the host's defense against pathogenic microorganisms (71,73–75).



**Figure 2. Neutrophils mediate responses at the site of infection.** The figure elucidates the intricate process of neutrophil response to a stimulus triggered by a microorganism. Upon the production of cytokines and chemokines by tissue-resident antigen-presenting cells, neutrophils migrate from the blood to the injured tissue, where they become activated by the local environment. Upon activation, neutrophils engage in pathogen elimination through phagocytosis, respiratory burst, degranulation, and NETosis (Figure created with Biorender).

#### 1.4. Pathogenic *Escherichia coli*: EHEC and EPEC

The human gut microbiome is a complex community composed of  $10^{13}$ - $10^{14}$  microorganisms and forms a mutualistic relationship with their host (3,76). Among the various genera that compose the human microbiota, the genus *Escherichia* is a widely distributed group inhabiting the large intestine of humans and other warm-blooded species (77,78). The Gram-negative bacterium *Escherichia coli* (*E. coli*) belongs to the *Escherichia* genus and represents a harmless commensal that frequently colonizes the human gut and rarely causes disease. However, throughout evolution, some clones have

acquired virulence genes that can cause severe illness in healthy individuals, therefore being designated pathogenic *Escherichia coli* (79).

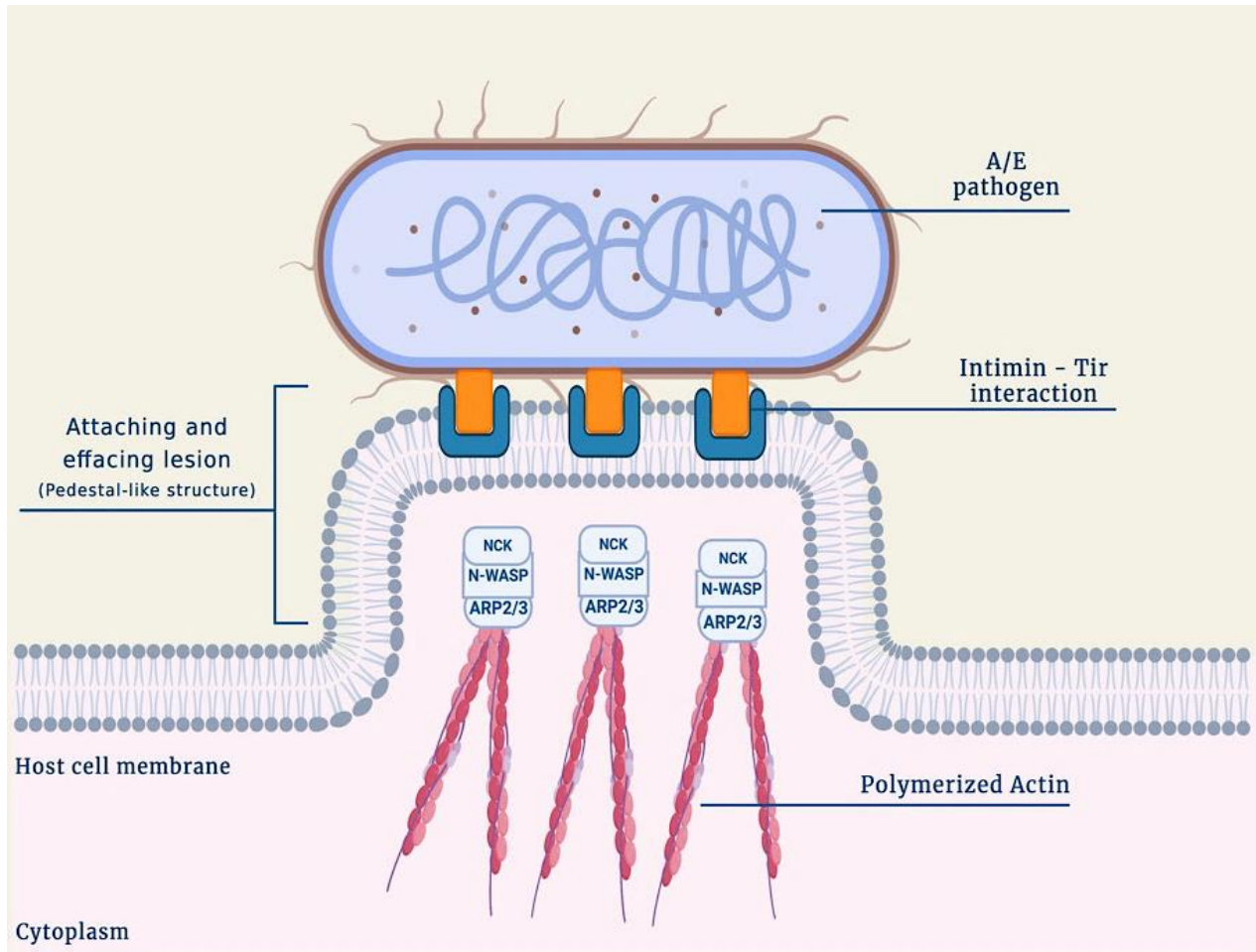
Due to the genetic diversity of pathogenic *E. coli*, diseases caused by this microorganism are manifold. They can range from gastrointestinal tract infections, mainly assigned to enteric pathogenic *E. coli*, to extraintestinal infections involving sites such as the urinary tract, bloodstream, and central nervous system (80). Enteric pathogenic *E. coli* is usually restricted to the gastrointestinal tract and is classified according to the primary mechanism of virulence. So far, seven categories of enteric pathogens have been described: enteroaggregative *E. coli* (EAEC), enterotoxigenic *E. coli* (ETEC), enteroinvasive *E. coli* (EIEC), adherent-invasive *E. coli* (AIEC), diffusely adherent *E. coli* (DAEC), enteropathogenic *E. coli* (EPEC) and enterohemorrhagic *E. coli* (EHEC) (79,81,82).

The diarrheagenic EHEC and EPEC are human pathogens transmitted by the fecal-oral route and are primarily associated with consuming contaminated food and water (81). EHEC is a subset of Shiga toxin-producing *E. coli* (STEC), well-known for causing hemorrhagic colitis, followed by the potential development of Hemolytic Uremic Syndrome (HUS) in healthy individuals (79). HUS is characterized by the triad of thrombocytopenia, mechanical hemolytic anemia, and acute kidney injury (83) and more often affects susceptible patient groups, including infants, children, and the elderly (83,84). EHEC outbreaks have a high prevalence in developed countries, although developing countries such as Argentina have presented the highest HUS incidence in children under the age of five (80). Antibiotic treatment is not recommended for STECs due to the enhancement of Shiga-toxin release and increased development of UHS (85). Treatment is supportive and includes rehydration and, in some cases, dialysis (86).

Diarrhea caused by EPEC has been associated with severe disease and mortality in children worldwide. Although EPEC infections in developed countries have largely disappeared, they remain a significant public health concern in undeveloped countries (80) mainly for causing persistent and potentially fatal diarrhea in children under two years old (82,87).

Due to the histopathological lesions on intestinal epithelial cells, known as *Attaching and Effacement* lesions (A/E lesions), EHEC and EPEC are known as *Attaching and Effacing* pathogens (A/E pathogens). The ability to induce A/E lesions is conferred by a group of virulence genes denominated Locus of Enterocyte Effacement Island (LEE Island) (88). The LEE Island is a 35.6Kb pathogenicity island in their genome consisting of 41 genes organized into five operons called LEE1, LEE2, LEE3, LEE4, and LEE5 (88–90). Once activated, the LEE genes encode structural components of the type III secretion system (T3SS), regulators, chaperones, and effector proteins (90). Through the T3SS system, which resembles a needle-like structure, A/E pathogens inject effector proteins and the receptor Tir into the host cell (91). Tir binds to intimin, an adhesin in the bacterial cell membrane. Tir and effector protein insertion triggers host cell actin polymerization that leads to an accumulation of actin underneath the attached bacteria, leading to pedestal-like structures that promote the intimate attachment of A/E pathogens to the enterocyte membrane (92,93) (**Figure 3**). The LEE island, as well as the A/E lesion, are not exclusive of EPEC and EHEC since bacteria such as the mouse pathogen *Citrobacter rodentium*, dog-enteropathogenic *E. coli*, porcine-enteropathogenic *E.coli* and rabbit EPEC (REPEC) also possess the LEE island and share similar characteristics of virulence (79,80,89).

New therapies and strategies have been studied to manage EPEC and EHEC infections. Nevertheless, since these bacteria are poorly pathogenic in mice, there is a limitation for *in vivo* studies in small laboratory models. In this context, *C. rodentium* constitutes an attractive alternative model for understanding the primary mechanisms used by A/E pathogens *in vivo* (94).



**Figure 3. The pedestal-like structures are formed by Attaching and Effacing pathogens.** The initial attachment of Attaching and effacing (A/E) pathogens is facilitated by surface adhesins. Subsequently, the receptor (Tir) is translocated within the host cells, binding to the bacterial surface protein intimin in the bacterial cells, promoting close attachment to host cells. The injection of effector proteins and the Tir-Intimin interaction leads to the recruitment of the Nck adaptor to a phosphorylated Tir residue, activating neural Wiskott-Aldrich syndrome protein (N-WASP). This activation triggers a significant pathway for actin polymerization, facilitated by the actin-related protein (Arp) 2/3 complex, culminating in the induction of a pedestal-like structure (Figure created with Biorender).

### 1.5. *Citrobacter rodentium*: an *in vivo* mouse-pathogen model

*C. rodentium* is a Gram-negative murine pathogen transmitted via the fecal-oral route that can cause colitis in laboratory mice. It was first described in the literature as atypical *Citrobacter freundii* after an outbreak in mouse colonies between the 1960s and 1970s (95). Later, it was found that *C. rodentium* was a mouse-restricted pathogen with 67% genetic similarity to EHEC and EPEC. The genome of *C. rodentium* also includes the LEE island, thus conferring the ability to form A/E lesions (89,96). Since *C. rodentium* is a natural mouse pathogen that is able to establish infection without antibiotic pretreatment, it has been the principal rodent model for studying diseases caused by A/E pathogens (97).

The susceptibility of inbred mice to *C. rodentium* depends on the genetic background as well as differences in the composition of the gut microbiota. Mouse strains such as C57BL/6 and Swiss Webster develop mild self-limiting disease with a typical infectious cascade, which can be divided into four phases: 1. The establishment phase, 2. the expansion phase, 3. the steady-state phase, and 4, the clearance phase (97). During phase 1, following inoculation and between 1 - 3 days post-infection (DPI), *C. rodentium* initially colonizes the lymphoid patches and adapts to the gut environment (98). In phase 2 (4-8 DPI), *C. rodentium* colonizes the intestinal epithelium cells by loose attachment mediated by fimbriae (94). Next, activation of LEE island genes results in intimate adhesion to the intestinal epithelial cells and initiates the formation of A/E lesions, a process that is mediated by environmental signals (91). The virulence of *C. rodentium* depends on the ability to perform A/E lesions, and studies have shown that the absence of Tir, intimin, and functional T3SS (all encoded by LEE island genes) renders *C. rodentium* to become avirulent (89,96,99).

During phase 3 (8-12 DPI), *C. rodentium* primarily occupies the distal part of the colon and cecum and shedding reaches a plateau at  $10^8$  and  $10^9$  colony-forming units (CFU) per gram of feces. Finally, in phase 4 (after 12 DPI), the host starts to clean the infection (97). In more susceptible mouse strains such as C3H and FVB, instead of recovery, the mice rapidly deteriorate after day 8 of infection and ultimately succumb to dehydration (97).

The microbiota is a crucial factor that dictates the host's susceptibility to infections. In *C. rodentium* infection, the microbiota affects the colonization efficiency and influences the outcome of the disease (100). Nevertheless, *C. rodentium* evolved mechanisms to overcome the colonization resistance promoted by the gut microbiota. *C. rodentium* is a facultative anaerobic bacterium capable of surviving in aerobic and anaerobic conditions. The oxygen gradient of the gut is not homogeneous. It varies depending on the spatial location, with higher concentrations at the submucosa and epithelium to near anoxia in the lumen (101). The anoxic environment is beneficial to obligate anaerobic bacteria such as *Clostridia*, which have an essential role in producing short-chain fatty acids such as butyrate (102). Butyrate, for instance, has immunomodulatory activity and is the primary energy source for colonic epithelial cells (103–105). The butyrate metabolism of colonic cells induces mitochondrial  $\beta$ -oxygenation through oxygen consumption, thereby limiting its diffusion and providing a low-oxygen environment at the luminal border (97,103,106). *C. rodentium* can disrupt epithelial mitochondria, forcing IECs to switch their regular metabolism to aerobic glycolysis to produce ATP. This results in lower oxygen consumption by IECs and greater oxygen diffusion into the lumen, thereby providing a fitness advantage for *C. rodentium* (97,106,107).

In mice with both severe and mild disease, *C. rodentium* infection leads to transmissible colonic crypt hyperplasia (TCCH), the hallmark of *C. rodentium* infection (94,95,97,108,109). TCCH is characterized by the induction of tissue damage repair responses due to the excessive proliferation of LGR5+ stem cells and partially differentiated transit-amplifying cells. This process leads to an accumulation of undifferentiated colonocytes at the luminal surface of the colon and loss of mature epithelial cells, such as enterocytes and goblet cells, with the result of a thickened colon mucosa (94,95,97,109). Also, it could facilitate epithelial oxygenation, which is advantageous for *C. rodentium* (110).

## **1.6. *C. rodentium* and the immune response**

During infection, components of the T3SS, Lipopolysaccharide (LPS), an outer membrane portion constitute with a oligosaccharide core, Lipid A and O-antigen (111) or PAMPs of *C. rodentium* are recognized by immune cells, leading to the activation of the downstream adaptor molecule myeloid differentiation primary-response 88 (MYD88) (112). This leads to the activation of NF- $\kappa$ B, which induces the production of proinflammatory cytokines, including IL-6, IL-12, IL-23, and tumor necrosis factor in myeloid cells (113). Pro-inflammatory responses induce various antimicrobial processes, including the recruitment of neutrophils, macrophages, dendritic cells, and the expression of inducible nitric oxide synthase (iNOS) that is essential for controlling *C. rodentium* infection (94). However, the proinflammatory environment also amplifies the proliferation of epithelial cells during TCCH.

The chemokines induced in the colon upon infection promote the influx of neutrophils to the mucosa. In this context, CXCR2 receptor-mediated recruitment of neutrophils is essential for host defense and protection against *C. rodentium* (114). Besides, neutrophil antimicrobial responses such as NET formation ensure *C. rodentium* clearance and mucosal protection during infection (75).

The pro-inflammatory environment initiated by the innate immune system induces the differentiation and expansion of effector T cells such as Th1, Th17, and Th22 (115–117). The production of IL-17 induces expression of the cytokine IL-22 and further promotes the recruitment of neutrophils. Furthermore, ILC3s are an important source of NOD-dependent IL-22 induction (94). Studies have shown that IL-22 is essential for the resolution of *C. rodentium*-mediated disease since the absence of IL-22 leads to higher levels of epithelial damage, systemic bacterial burden, and mortality in mice (39,118). However, the underlying mechanisms of IL-22-mediated protection in the context of A/E pathogens infection remain unknown.

### **1.7. Chemical signaling in pathogenic *Enterobacteriaceae***

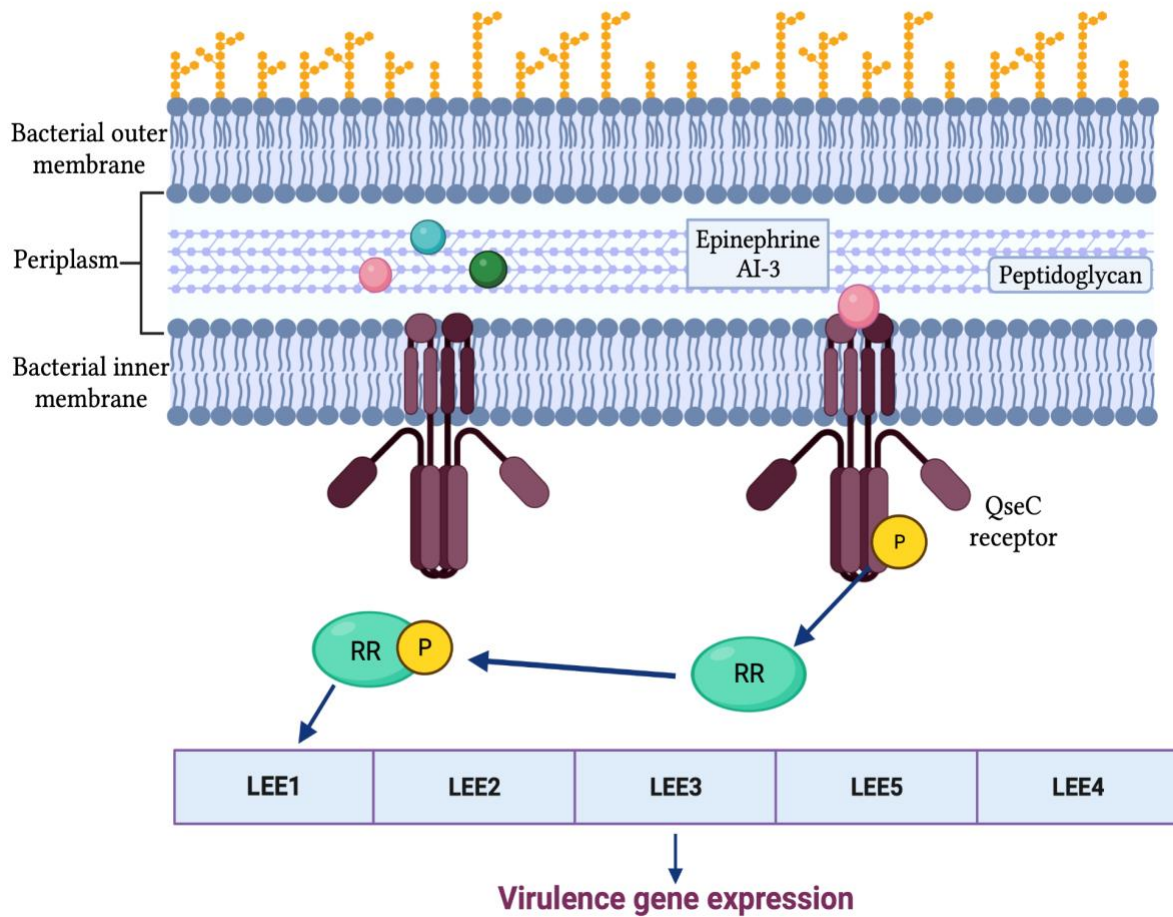
The successful establishment of infection depends on the ability of pathogens to sense the local environment and regulate virulence genes according to changes at the colonized niche. Bacteria can detect environmental fluctuations and establish cell-cell communication through the production and diffusion of small chemical molecules or signals recognized by receptors in their membrane (119). Changes such as increasing bacterial colony numbers, hormones produced by the host, and variations in the sugar concentration can be sensed by bacteria to modulate their response accordingly (79,120–122).

The inner membrane two-component system sensor QseC is a histidine kinase receptor that, together with its cognate regulator QseB, promotes gene modulation in Gram-negative bacteria. QseC senses mammalian adrenergic hormones, norepinephrine, epinephrine, and the autoinducer-3 secreted by bacteria (123,124). The binding of these molecules to the QseC receptor leads to the phosphorylation of QseB, which triggers a chemical signaling cascade that modulates gene expression in bacteria, specifically the upregulation of virulence genes in pathogens (125,126). Pathogens can have access to norepinephrine, and epinephrine is mainly synthesized at the end of postganglionic sympathetic nerve fibers and by chromaffin cells of the adrenal medulla reaching the gut via the bloodstream (17), which could be influenced by the microbial community inhabiting the gut and dietary sources (17,127,128). Besides, studies have shown that immune cells could also be another source of catecholamines (129).

Previous studies have shown that the QseC receptor is not essential for bacterial growth but is involved in pathogenic mechanisms. In *Salmonella enterica serovar* Typhimurium, blockage of the QseC sensor decreases *in vivo* colonization (124). In A/E pathogens, it has been demonstrated that QseC, directly and indirectly, regulates LEE gene expression (120,124,126,130). In EHEC, the blockage of the QseC sensor led to a decrease in the number of epithelial A/E lesions (124). *C. rodentium*-infected C3J mice, which usually succumb to infection, show significantly improved survival rates upon infection with a *qseC* mutant, suggesting that QseC impacts the virulence of *C. rodentium* (131).

Although it is well established that the QseC sensor aids in A/E pathogen colonization, little is known about the role of QseC signaling in these pathogens to evade and resist immune responses during disease establishment. Thus, the contribution of

adrenergic hormone detection via QseC in A/E pathogens during *in vivo* infections, particularly *C. rodentium*, needs further investigation.



**Figure 4. The QseC sensor regulation in A/E pathogens.** The histidine kinase sensor QseC detects mammalian adrenergic hormones such as epinephrine and norepinephrine and the bacterial autoinducer-3 produced by bacteria, leading to the phosphorylation of Response Regulators (RR), such as QseB. The phosphorylated RR initiates a signaling cascade that leads to the activation of genes of the Locus of Enterocyte Effacement (LEE) pathogenicity island, thus modulating virulence gene expression in A/E pathogens (Figure created with Biorender).

## Chapter IV: Conclusion

Our data demonstrated that through the QseC-mediated signaling, *C. rodentium* has an increased ability to survive neutrophil-mediated immune responses, thereby facilitating systemic spreading *in vivo*. Besides, the QseC sensor is involved in modulating *C. rodentium*'s O-antigen chain of LPS, which could be involved in its resistance to neutrophil killing. In addition, mucosal immune mechanisms during *C. rodentium* infections are complex; in our study, CXCR2-mediated neutrophil responses are essential to protect the host from *C. rodentium* colonization, inflammation, and systemic spreading. Moreover, QseC is directly involved in triggering *C. rodentium*-mediated intestinal inflammation and inducing transmissible colonic crypt hyperplasia, the hallmark pathological feature of *C. rodentium* infection. Overall, our *in vivo* and *in vitro* data confirms that the QseC sensor is essential for *C. rodentium* virulence, and it is involved in *C. rodentium*'s ability to efficiently evade immune response and establish the disease.

Besides, IL-22 is critical for the resolution of *C. rodentium* infection, which does not seem to be solely dependent on its downstream antimicrobial peptides calprotectin, REG3, Lipocalin-2, and C3, but could also be attributed to IL-22 epithelial mucosal repair mechanisms. These findings broaden our understanding of the role of IL-22 in protecting the host during *C. rodentium* infection.

In summary, our study demonstrated that *C. rodentium* uses the QseC sensor to establish the infection and evade the host response, which involves IL-22-mediated protection for the host to efficiently recover from the infection and clean the disease.

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