

## Effective nonlinear Schrödinger equations for cigar-shaped and disc-shaped Fermi superfluids at unitarity

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## Effective nonlinear Schrödinger equations for cigar-shaped and disc-shaped Fermi superfluids at unitarity

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**Abstract.** In the case of tight transverse confinement (cigar-shaped trap), the three-dimensional (3D) nonlinear Schrödinger equation, describing superfluid Fermi atoms at unitarity (infinite scattering length  $|a| \rightarrow \infty$ ), is reduced to an effective 1D form by averaging over the transverse coordinates. The resultant effective equation is a 1D nonpolynomial Schrödinger equation, which produces results in good agreement with the original 3D one. In the limit of small and large fermion numbers  $N$ , the nonlinearity is of simple power-law type. A similar reduction of the 3D theory to a 2D form is also performed for a tight axial confinement (disc-shaped trap). The resultant effective 2D nonpolynomial equation also produces results in agreement with the original 3D equation and has simple power-law nonlinearity for small and large  $N$ . For both cigar- and disc-shaped superfluids, our nonpolynomial Schrödinger equations are quite attractive for phenomenological applications.

**Contents**

<b>1. Introduction</b>	<b>2</b>
<b>2. Fermi superfluid at unitarity</b>	<b>3</b>
<b>3. External confinement: axially symmetric harmonic potential</b>	<b>6</b>
<b>4. Cigar-shaped Fermi superfluid: 3D–1D crossover</b>	<b>6</b>
4.1. Harmonic confinement . . . . .	6
4.2. Uniform density . . . . .	9
<b>5. Disc-shaped Fermi superfluid: 3D–2D crossover</b>	<b>10</b>
5.1. Uniform density . . . . .	13
<b>6. Numerical result</b>	<b>14</b>
6.1. 3D–1D crossover . . . . .	14
6.2. 3D–2D crossover . . . . .	15
<b>7. Conclusion</b>	<b>16</b>
<b>Acknowledgments</b>	<b>17</b>
<b>References</b>	<b>17</b>

**1. Introduction**

In the last few years, several experimental groups have observed the crossover [1] from the weakly paired Bardeen–Cooper–Schrieffer (BCS) state to the Bose–Einstein condensation (BEC) of molecular dimers with ultra-cold two-hyperfine-component Fermi vapors of  $^{40}\text{K}$  atoms [2]–[4] and  $^6\text{Li}$  atoms [5, 6]. The unitarity limit of the Fermi superfluid was attained by manipulating an external background magnetic field near a Feshbach resonance, which allows an experimental realization of an infinitely large value of the s-wave scattering length  $a$  [7].

The most interesting feature of the BCS–BEC crossover, noted in experiments [8] on a BCS superfluid and demonstrated in theoretical model calculations [9], is that, due to a dominance of the Pauli repulsion among fermionic atoms over the interatomic attraction, the Fermi superfluid remains essentially repulsive in the unitarity limit, i.e. the gas does not collapse and its properties are quite regular. Elaborated Monte Carlo calculations have confirmed this effect [10]. A similar conclusion follows from an examination of the compressibility of a Fermi gas [11]. The Fermi system should exhibit universal behavior in the unitarity limit, which should limit the maximum attractive force to a finite value as  $a \rightarrow \pm\infty$  [8]. This phenomenon has greatly enhanced the interest in the theoretical study of a Fermi gas in the unitarity limit [12].

Close to the critical temperature a Fermi superfluid can be studied by using the Ginzburg–Landau theory with a complex order parameter [13]–[15]. Recently, a nonlinear Schrödinger (NLS) equation for the complex order parameter has been proposed at zero temperature to study the BCS–BEC crossover [16]–[19]. This equation has a simple nonlinear term in the weak-coupling BCS limit ( $a$  negative and small), at unitarity ( $a = \pm\infty$ ), and the BEC regime ( $a$  positive and small) where it becomes the Gross–Pitaevskii equation for Bose-condensed molecules. However, in the full BCS–BEC crossover, the 3D NLS equation has a complicated nonlinear term [7, 10, 17, 20]. In addition, this 3D NLS equation must be solved numerically [16]–[18]. Hence an effective one-dimensional (1D) and 2D reduction of this equation under convenient trapping conditions of cigar- and disc-shaped traps is extremely

useful. The present paper addresses this important question of 1D and 2D reduction of the original 3D NLS equation at unitarity. Through numerical studies we also investigate the validity of the 3D–1D and 3D–2D reduction of the 3D NLS equation.

In section 2, we consider a confined 3D Fermi superfluid at unitarity and discuss the 3D NLS equation [18, 21]. We derive it from an energy functional which takes into account the bulk properties of the system and also the inhomogeneities in the density profile due to the external potential. We show that the gradient term of our energy functional is practically the same as the one recently deduced [22] with an epsilon expansion of energy density in  $4 - \epsilon$  dimensions [22, 23]. In addition, we find that the total energy calculated from this equation for a 3D system of spin 1/2 fermions, trapped in a spherically symmetric harmonic potential, is in good agreement [24] with those obtained from accurate Monte Carlo calculations [25, 26]. In section 3, we introduce a generic axially symmetric harmonic potential which models the confining trap of the superfluid fermionic system. In section 4, we consider a cigar-shaped Fermi superfluid. Using a variational ansatz we minimize the 3D energy functional and derive an effective 1D nonpolynomial Schrödinger (1D NPS) equation for this system. Simple analytic forms of the 1D NPS model are derived for small and large numbers of atoms. The variation of the nonlinear term from small to large number of atoms is illustrated. In section 5, we consider a disc-shaped Fermi superfluid. Using a variational ansatz we minimize the 3D energy functional and derive an effective 2D NPS equation for this system. Simple analytic forms of the 2D NPS model are derived for small and large numbers of atoms. In section 6, we present a numerical study of the different model equations in one and two dimensions for cigar- and disc-shaped systems and compare the results with the full 3D NLS equation. The results of the approximate models are found to be in good agreement with exact calculations. Finally, in section 7, we present concluding remarks.

## 2. Fermi superfluid at unitarity

We consider a dilute Fermi gas of  $N$  atoms with two equally populated spin components and attractive inter-atomic strength. At zero temperature the gas is fully superfluid and the superfluid density coincides with the total density. A description of the superfluid state can be obtained by using a complex order parameter  $\Psi(\mathbf{r})$  conveniently normalized to the total number of superfluid pairs  $N_p$  [13]–[15], i.e.

$$\int |\Psi(\mathbf{r})|^2 d^3\mathbf{r} = N_p = \frac{N}{2}. \quad (2.1)$$

The local number density of superfluid pairs is defined as  $n_p(\mathbf{r}) = |\Psi(\mathbf{r})|^2 = n(\mathbf{r})/2$ , where  $n(\mathbf{r})$  is the total density (the density of atoms). Notice that  $\Psi$  is not the condensate wavefunction, because the modulus square of it gives the number of particles, not of condensate particles [18, 21]. At unitarity ( $a = \pm\infty$ ) one finds that the condensate density of pairs is  $n_0 \simeq 0.7n_p$ , where  $n_p$  is the total density of pairs [27, 28]. In the BEC side ( $a > 0$ ) of the BCS–BEC crossover,  $n_0$  reaches  $n_p$  quite rapidly by reducing the positive scattering length  $a$ , while in the BCS side ( $a < 0$ ) of the crossover,  $n_0$  decreases exponentially to zero by reducing the absolute value of the negative scattering length [27, 28]. However, the phase of  $\Psi(\mathbf{r})$  is exactly the phase of the condensate wavefunction and its gradient gives the superfluid velocity [18, 21].

Under an external potential  $U(\mathbf{r})$  acting on individual atoms, the properties of the Fermi superfluid in the BCS–BEC crossover can be described, in the spirit of the density functional

theory [29]–[31], by the energy functional

$$E = \int \left\{ \frac{\hbar^2}{2m_p} |\nabla \Psi(\mathbf{r})|^2 + U_p(\mathbf{r}) |\Psi(\mathbf{r})|^2 + \mathcal{E}[n_p(\mathbf{r})] \right\} d^3\mathbf{r}, \quad (2.2)$$

where  $U_p(\mathbf{r}) = 2U(\mathbf{r})$  is the external potential acting on a pair and  $U(\mathbf{r})$  the external potential acting on a single atom [16]–[18]. Here  $\mathcal{E}[n_p]$  is bulk energy density as a function of density of pairs, i.e. the energy density of the uniform system in the BCS–BEC crossover [16]–[18].

The last two terms in (2.2) correspond to the local density approximation (LDA), equivalent to hydrostatics, and the first term involving the gradient corresponds to a correction to LDA [22, 31]. Including only the LDA term in energy density leads to the Thomas–Fermi (TF) approximation. In the gradient term,  $m_p = 2m$  is the mass of a pair with  $m$  the mass of one atom. This term takes into account corrections to the kinetic energy due to spatial variations in the density of the system. For normal fermions, various authors have proposed different gradient terms [32]–[36]. For superfluid fermions we are using the familiar von Weizsäcker [32] term in the case of pairs.

We notice that the present gradient term is exactly the one that emerges [37] from the Bogoliubov–de Gennes equations in the BEC regime of the BCS–BEC crossover. In this case the energy functional (2.2) is nothing but the Gross–Pitaevskii energy functional of the Bose-condensed molecules [37, 38].

In addition, we stress that the gradient term  $[\hbar^2/(2m_p)][\nabla\sqrt{n_p(\mathbf{r})}]^2$  of (2.2) is very close to that recently obtained in [22] for the same gradient term in the case of a Fermi gas at unitarity, in a rigorous calculation using an  $\epsilon$  expansion of energy density around  $d = 4 - \epsilon$  spatial dimensions [22, 23]. Their final result for this term  $0.032\hbar^2[\nabla n(\mathbf{r})]^2/[mn(\mathbf{r})]$ , quoted in their (53), can be rewritten as  $0.512(\hbar^2/m_p)[\nabla\sqrt{n_p(\mathbf{r})}]^2$ , if we recall  $m_p = 2m$  and  $n(\mathbf{r}) = 2|\Psi(\mathbf{r})|^2 = 2n_p(\mathbf{r})$ —very close to the present gradient term in (2.2).

In the BCS–BEC crossover, the bulk equation of state of energy density  $\mathcal{E}(n)$  as a function of density of atoms  $n$  of a dilute superfluid depends on the s-wave scattering length  $a$  of the inter-atomic potential [16]–[18]. In the unitarity limit, when  $a \rightarrow \pm\infty$ , the bulk energy density is independent of  $a$  and, for simple dimensional reasons [11], [39]–[41], must be of the form

$$\mathcal{E}(n) = \frac{3}{5}\chi \frac{\hbar^2}{m} n^{5/3} = 2^{2/3} \frac{6}{5}\chi \frac{\hbar^2}{m} n_p^{5/3}, \quad (2.3)$$

where  $\chi$  is a universal coefficient. Thus, in the unitarity limit, the bulk chemical potential is proportional to that of a non-interacting Fermi gas. For fermions, results of fixed-node Monte Carlo calculation give  $\chi = (3\pi^2)^{2/3}\xi/2$  with  $\xi = 0.44$  [10].

Taking into account (2.3), the energy functional of the Fermi superfluid reads

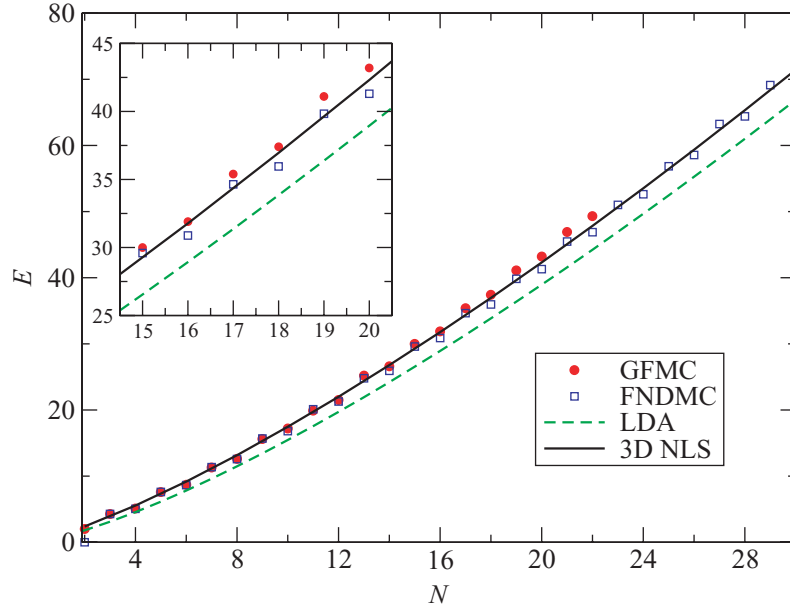
$$E = \int \left\{ \frac{\hbar^2}{4m} |\nabla \Psi(\mathbf{r})|^2 + 2U(\mathbf{r}) |\Psi(\mathbf{r})|^2 + 2^{2/3} \frac{6}{5}\chi \frac{\hbar^2}{m} |\Psi(\mathbf{r})|^{10/3} \right\} d^3\mathbf{r}. \quad (2.4)$$

By minimizing (2.4) with constraint (2.1), we obtain the following NLS equation:

$$\left[ -\frac{\hbar^2}{4m} \nabla^2 + 2U(\mathbf{r}) + 2^{2/3} \chi \frac{2\hbar^2}{m} |\Psi(\mathbf{r})|^{4/3} \right] \Psi(\mathbf{r}) = 2\mu_0 \Psi(\mathbf{r}), \quad (2.5)$$

where the chemical potential  $\mu_0$  is fixed by normalization. This is the zero-temperature 3D NLS equation of superfluid Fermi gas at unitarity.

In the case of a large number of fermions, in (2.5) the nonlinear term vastly dominates over the kinetic energy term containing the Laplacian  $\nabla^2$ , and the numerical solution of this



**Figure 1.** Ground-state energy  $E$  (in units of  $\hbar\omega$ ) versus  $N$  from a solution of the 3D NLS equation (solid line). The results of Green-function Monte Carlo (GFMC) [26] and FNDMC [25] are shown for comparison (symbols). The LDA, i.e. the TF model, is also exhibited (dashed line).

equation is thus insensitive to the Laplacian term. In the phenomenological treatment of a Fermi superfluid, this term is often neglected and the resulting model is called the TF model (LDA approach), which, however, leads to a nonanalytic solution in space variable. The inclusion of the Laplacian term leads to a solution of (2.5) analytic in space variable, although lying close to the solution of the TF model for a large number of particles. The Laplacian term, however, plays an important role in the case of a small number of particles, as we shall show studying the dimensional crossover of the system.

Now we compare the energies of our density functional (2.4) with those of Monte Carlo calculations [25, 26] in the case of a harmonically trapped system with small number  $N$  of spin-1/2 fermions at unitarity. We solve (2.5) numerically, using the Crank–Nicholson method detailed in section 5, and calculate the total energy  $E$  of the system using (2.4) for different  $N$  in a spherically symmetric harmonic trap

$$U(r) = \frac{1}{2}m\omega^2 r^2 \quad (2.6)$$

with  $\omega$  the trap frequency. In figure 1, we plot the total energy  $E$  in units of  $\hbar\omega$  versus  $N$ . For comparison, we also plot the TF energy. The energy of the TF approximation (LDA approach) is analytically known to be  $E(N) = (3N)^{4/3}\sqrt{\xi}/4$  [42]. From the data of figure 1, we find that the average percentage deviation of the present result from the fixed-node diffusion Monte-Carlo (FNDMC) data is 3.30%, whereas that of the LDA result from the FNDMC data is 9.47%. Very recently, it has been shown [43] that the best fit to the FNDMC data at unitarity [25] is obtained, in the case of an even number of particles, by using  $\lambda = 0.18$  in the gradient term  $\lambda\hbar^2|\nabla\Psi|^2/m$  of the energy functional (2.4).

The usefulness of the present model equation (2.5) over the commonly used TF approximation (LDA approach) is well appreciated. In fact, the TF approximation is valid

only for very large  $N$  values when the gradient term is negligible compared with the bulk chemical potential. The present density-functional model for Fermi superfluid at unitarity has been extended over the full BCS-unitarity crossover and the extended model has been found to yield [24] energy of a Fermi superfluid under spherical harmonic confinement in good agreement with Monte Carlo data [44] in the crossover domain.

### 3. External confinement: axially symmetric harmonic potential

If we take  $\mathbf{r} \equiv (\tilde{\rho}, \tilde{z})$  so that  $\tilde{\rho}$  and  $\tilde{z}$  are the radial and axial variables and if we consider the axially symmetric harmonic trap,

$$U(\mathbf{r}) = \frac{1}{2}m\omega_{\perp}^2(\lambda_2^2\tilde{\rho}^2 + \lambda_1^2\tilde{z}^2), \quad (3.1)$$

where  $\lambda_2\omega_{\perp}$  and  $\lambda_1\omega_{\perp}$  are the trap frequencies in radial and axial directions with  $\lambda_1$  and  $\lambda_2$  convenient trap parameters. In the following we shall consider for simplicity a real wavefunction  $\Psi(\mathbf{r})$ . Equation (2.5) can be reduced to the following dimensionless form by scaling  $\tilde{z} = za_{\perp}$ ,  $\tilde{\rho} = \rho a_{\perp}$ ,  $\Psi = \psi \sqrt{N/2}/a_{\perp}^{3/2}$  and  $\mu_0 = \tilde{\mu}_0\hbar\omega_{\perp}$ :

$$\left[ -\frac{1}{4} \left( \frac{\partial^2}{\partial \rho^2} + \frac{\partial^2}{\partial z^2} \right) - \frac{1}{4\rho} \frac{\partial}{\partial \rho} + \lambda_2^2 \rho^2 + \lambda_1^2 z^2 + 2N^{2/3} \chi \psi^{4/3} \right] \psi(\rho, z) = 2\tilde{\mu}_0 \psi(\rho, z), \quad (3.2)$$

where  $a_{\perp} = \sqrt{\hbar/m\omega_{\perp}}$  is the characteristic harmonic oscillator length in the radial direction. Equation (3.2) satisfies normalization  $2\pi \int_0^{\infty} d\rho \int_{-\infty}^{\infty} dz \rho \psi^2(\rho, z) = 1$ .

For a cigar-shaped superfluid it is convenient to define a linear density through

$$f^2(z) = 2\pi \int_0^{\infty} d\rho \rho \psi^2(\rho, z). \quad (3.3)$$

Similarly, for a disc-shaped superfluid it is convenient to consider a radial density through

$$\phi^2(\rho) = \int_{-\infty}^{\infty} dz \psi^2(\rho, z). \quad (3.4)$$

## 4. Cigar-shaped Fermi superfluid: 3D–1D crossover

### 4.1. Harmonic confinement

Now let us suppose that the external trapping potential  $U(\mathbf{r})$  is given by a harmonic confinement of frequency  $\omega_{\perp}$  in the cylindrical radial direction  $\tilde{\rho}$  and by a generic potential  $V(\tilde{z})$  in the cylindrical axial direction  $\tilde{z}$ :

$$U(\mathbf{r}) = \frac{1}{2}m\omega_{\perp}^2\tilde{\rho}^2 + V(\tilde{z}). \quad (4.1)$$

We introduce the variational field

$$\Psi(\mathbf{r}) = \frac{1}{\pi^{1/2}\tilde{\sigma}(\tilde{z})} \exp\left(-\frac{\tilde{\rho}^2}{2\tilde{\sigma}^2(\tilde{z})}\right) \tilde{f}(\tilde{z}) \quad (4.2)$$

into the fermionic energy functional (2.4) and integrate over the  $\tilde{x}$  and  $\tilde{y}$  coordinates. After neglecting the space derivatives of  $\tilde{\sigma}(\tilde{z})$  (adiabatic approximation), we obtain the following



effective energy functional:

$$E_1 = \int_{-\infty}^{\infty} \left\{ \frac{\hbar^2}{4m} \left[ \frac{d\tilde{f}(\tilde{z})}{d\tilde{z}} \right]^2 + \left[ 2V(\tilde{z}) + \frac{\hbar^2}{4m\tilde{\sigma}^2(\tilde{z})} + m\omega_{\perp}^2 \tilde{\sigma}^2(\tilde{z}) \right] \tilde{f}^2(\tilde{z}) + 2^{2/3} \frac{18\chi}{25\pi^{2/3}} \frac{\hbar^2}{m} \frac{\tilde{f}^{10/3}(\tilde{z})}{\tilde{\sigma}^{4/3}(\tilde{z})} \right\} d\tilde{z}, \quad (4.3)$$

which depends on two fields: the transverse width  $\tilde{\sigma}(\tilde{z})$  and the axial wavefunction  $\tilde{f}(\tilde{z})$ .

Note that the variational approach we are using here has been successfully applied in the dimensional reduction from 3D to 1D of the 3D Gross–Pitaevskii equation, which describes trapped BECs. In that case the variational approach ends up with the 1D NPS equation for the axial wavefunction [45]. The 1D NPS equation has been extended to the investigation of the Tonks–Girardeau regime [46, 47], the two-component BEC [48], transverse spatial modulations [49] and also axial vorticity [50].

Minimizing  $E_1$  with respect to  $\tilde{f}(\tilde{z})$ , one finds

$$\left[ -\frac{\hbar^2}{4m} \frac{d^2}{d\tilde{z}^2} + 2V(\tilde{z}) + \frac{\hbar^2}{4m\tilde{\sigma}^2(\tilde{z})} + m\omega_{\perp}^2 \tilde{\sigma}^2(\tilde{z}) + 2^{2/3} \frac{6\chi}{5\pi^{2/3}} \frac{\hbar^2}{m} \frac{\tilde{f}^{4/3}(\tilde{z})}{\tilde{\sigma}^{4/3}(\tilde{z})} \right] \tilde{f}(\tilde{z}) = 2\tilde{\mu}_1 \tilde{f}(\tilde{z}). \quad (4.4)$$

This is a 1D Schrödinger equation and  $\tilde{\mu}_1$  is fixed by the normalization

$$\int_{-\infty}^{\infty} \tilde{f}^2(\tilde{z}) d\tilde{z} = \frac{N}{2} = N_p. \quad (4.5)$$

Instead, minimizing  $E_1$  with respect to  $\tilde{\sigma}$ , one gets

$$a_{\perp}^{-4} \tilde{\sigma}^4(\tilde{z}) = \frac{1}{4} + 2^{2/3} \frac{12\chi}{25\pi^{2/3}} \tilde{f}^{4/3}(\tilde{z}) \tilde{\sigma}^{2/3}(\tilde{z}). \quad (4.6)$$

We call (4.4), equipped with (4.6), the 1D NPS equation.

The 1D NPS equation can be conveniently written in dimensionless form by scaling  $\tilde{z} = za_{\perp}$ ,  $\tilde{\sigma}(\tilde{z}) = \sigma(z)a_{\perp}$ ,  $\tilde{f}(\tilde{z}) = \sqrt{N/2} f(z)/\sqrt{a_{\perp}}$  and  $\tilde{\mu}_1 = \hbar\omega_{\perp}(\mu_1 + 1/2)$  as follows:

$$\left[ -\frac{1}{4} \frac{d^2}{dz^2} + \lambda_1^2 z^2 + \frac{1}{4\sigma^2(z)} + \sigma^2(z) - 1 + N^{2/3} \frac{6\chi}{5\pi^{2/3}} \frac{f^{4/3}(z)}{\sigma^{4/3}(z)} \right] f(z) = 2\mu_1 f(z), \quad (4.7)$$

$$\sigma^4(z) = \frac{1}{4} + N^{2/3} \frac{12\chi}{25\pi^{2/3}} f^{4/3}(z) \sigma^{2/3}(z), \quad (4.8)$$

with normalization  $\int_{-\infty}^{\infty} f^2(z) dz = 1$ . Here, we have included a constant term ( $= 1/2$ , corresponding to the energy of the system in the transverse trap whose effect has been integrated out in (4.7) and (4.8)) in the scaled chemical potential, so that in the  $N = 0$  limit the chemical potential coincides with that of the axial harmonic trap. In the  $N = 0$  limit, from (4.8), we find that  $\sigma^2(z) = 1/2$  and the  $1/(4\sigma^2) + \sigma^2$  terms cancel the constant term in (4.7). In deriving (4.7), we assumed a harmonic confinement in the  $z$ -direction:  $V(\tilde{z}) = m\lambda_1^2 \omega_{\perp}^2 \tilde{z}^2/2$  with  $\lambda_1$  the anisotropic parameter.

By using the 1D NPS equation (4.7) with (4.8), we can study the dimensional crossover from 3D to 1D of the superfluid Fermi gas at unitarity. In general, (4.8) must be solved numerically for  $\sigma(z)$  in terms of  $f(z)$  and the result when substituted in (4.7) leads to the principal result of this section. No closed-form analytic expression for this equation can be given as in the bosonic case [45], except under special limiting conditions.



The first interesting limit of the formalism is obtained for a small number of atoms when the nonlinear term in (4.7) is small (which corresponds to the weak-coupling limit in the bosonic case) so that the last term in (4.8) can be neglected and the transverse width is  $z$ -independent and is given by  $\sigma(z) \equiv \sigma = 1/\sqrt{2}$  under the condition  $N_p f^2(z) \ll 125\sqrt{2}\pi/(128(3\chi)^{3/2}) = 0.273293\dots$  (obviously satisfied for a small number of fermions). The cigar-shaped system is then quasi-1D and governed by

$$\left[ -\frac{1}{4} \frac{d^2}{dz^2} + \lambda_1^2 z^2 + \frac{6N_p^{2/3} \chi (2f)^{4/3}}{5\pi^{2/3}} \right] f(z) = 2\mu_1 f(z). \quad (4.9)$$

In the opposite extreme, for a large number of fermions,  $N_p f^2(z) \gg 125\sqrt{2}\pi/(128(3\chi)^{3/2})$ , the cigar-shaped system is effectively 3D. Under this condition, (4.8) can also be solved for  $\sigma(z)$  to yield  $\sigma(z) = [4\sqrt{N_p} f(z)/\sqrt{\pi}]^{2/5} (3\chi/25)^{3/10}$ . Consequently, the  $1/(4\sigma^2(z))$  term in (4.7) can be neglected and the remaining terms combined to yield

$$\left[ -\frac{1}{4} \frac{d^2}{dz^2} + \lambda_1^2 z^2 + \frac{7(6\chi)^{3/5} N_p^{2/5} f^{4/5}}{5(5\pi^2)^{1/5}} \right] f(z) = 2\mu_1 f(z). \quad (4.10)$$

The power of the nonlinear term has changed from  $7/3$  to  $9/5$  as we pass from quasi-1D regime governed by (4.9) to the effectively 3D regime governed by (4.10). In the quasi-1D regime the nonlinear power  $7/3$  is the same as that in the original three-dimensional equation (2.5), whereas in the 3D regime it has acquired a different power. Although the quasi-1D equation (4.9) has been used in different studies on a Fermi superfluid [51] and on a degenerate Fermi gas [52], equation (4.10) for Fermi superfluid is new. We shall see that (4.10) is already valid for a moderate number of Fermi atoms ( $N > 100$ ) and is of interest in phenomenological applications.

In the 3D regime it is a good approximation to neglect the kinetic energy term in (4.10) and the following analytic expression for density is obtained in the so-called TF approximation:

$$\begin{aligned} N_p f^2(z) &= \frac{125\pi}{7(42\chi)^{3/2}} (2\mu_1 - \lambda_1^2 z^2)^{5/2} \Theta(2\mu_1 - \lambda_1^2 z^2) \\ &\approx \frac{0.206105}{\chi^{3/2}} (2\mu_1 - \lambda_1^2 z^2)^{5/2} \Theta(2\mu_1 - \lambda_1^2 z^2), \end{aligned} \quad (4.11)$$

where  $\Theta(x)$  is the Heaviside step function. As we are in the 3D regime it is interesting to compare this result with the following TF approximation made on the full 3D equation (2.5) after integrating over the transverse variables:

$$\begin{aligned} N_p f^2(z) &= \frac{\pi}{10\sqrt{2}\chi^{3/2}} (2\mu_1 - \lambda_1^2 z^2)^{5/2} \Theta(2\mu_1 - \lambda_1^2 z^2) \\ &\approx \frac{0.222144}{\chi^{3/2}} (2\mu_1 - \lambda_1^2 z^2)^{5/2} \Theta(2\mu_1 - \lambda_1^2 z^2). \end{aligned} \quad (4.12)$$

The two TF results have the same functional dependence on the variables as well as very similar numerical coefficients, in spite of (4.10) and (2.5) having different powers of density in the nonlinear terms. The quasi-1D equation (4.9) has the same power of density in the nonlinear term as (2.5). Nevertheless, a TF approximation made in (4.9) will generate a density with an entirely different dependence on  $z$ .

It is now interesting to study the bulk chemical potential  $\mu_1(n_1)$  implicit in (4.7) and (4.8) given by

$$\mu_1(n_1) = \frac{1}{4\sigma^2(z)} + \sigma^2(z) - 1 + 2^{2/3} \frac{6\chi}{5\pi^{2/3}} \frac{n_1^{2/3}(z)}{\sigma^{4/3}(z)}, \quad (4.13)$$

$$\sigma^4(z) = \frac{1}{4} + 2^{2/3} \frac{12\chi}{25\pi^{2/3}} n_1^{2/3}(z) \sigma^{2/3}(z), \quad (4.14)$$

where density  $n_1(z) = N_p f^2(z)$ . Many physical observables are determined by the bulk chemical potential so obtained. For example, assuming a power-law dependence  $\mu_1 \sim n_1^s$  for the bulk chemical potential on density  $n_1$  (polytropic equation of state), the frequency of the lowest axial compressional mode  $\Omega_1$  is given by [46]

$$\Omega^2 \equiv \left[ \frac{\Omega_1}{\lambda_1 \omega_\perp} \right]^2 = 2 + s. \quad (4.15)$$

Here, we introduce an effective polytropic index  $s$  as the logarithmic derivative of the bulk chemical potential  $\mu_1$ , that is,

$$s = \frac{n_1}{\mu_1} \frac{\partial \mu_1}{\partial n_1}. \quad (4.16)$$

From (4.13) and (4.14), one finds that in the 1D regime  $s = 2/3$  and  $\Omega = \Omega_1/(\lambda_1 \omega_\perp) = \sqrt{8/3}$ , while in the 3D regime  $s = 2/5$  and  $\Omega = \Omega_1/(\lambda_1 \omega_\perp) = \sqrt{12/5}$ . Note that the result  $\sqrt{12/5}$  is exactly the same as the result one obtains setting  $\gamma = 2/3$  in the formula  $(3\gamma + 2)/(\gamma + 1)$  derived by Cozzini and Stringari [53] for the axial breathing mode of 3D cigar-shaped superfluids with a 3D bulk chemical potential that scales as  $n_p^\gamma$ .

In figure 2(a), we show the power  $s$  of the dependence  $\mu_1 \sim n_1^s$  as a function of  $n_1$  obtained by numerically solving nonlinear (4.13) and (4.14). In figure 2(b), we plot the square of collective frequency  $\Omega^2$  in the dimensional crossover as a function of the axial density  $n_1$ , and as the number of atoms  $N$  increases, the frequency of axial compressional mode slightly decreases with a decrease of the polytropic power in  $\mu \sim n_1^s$  relation.

#### 4.2. Uniform density

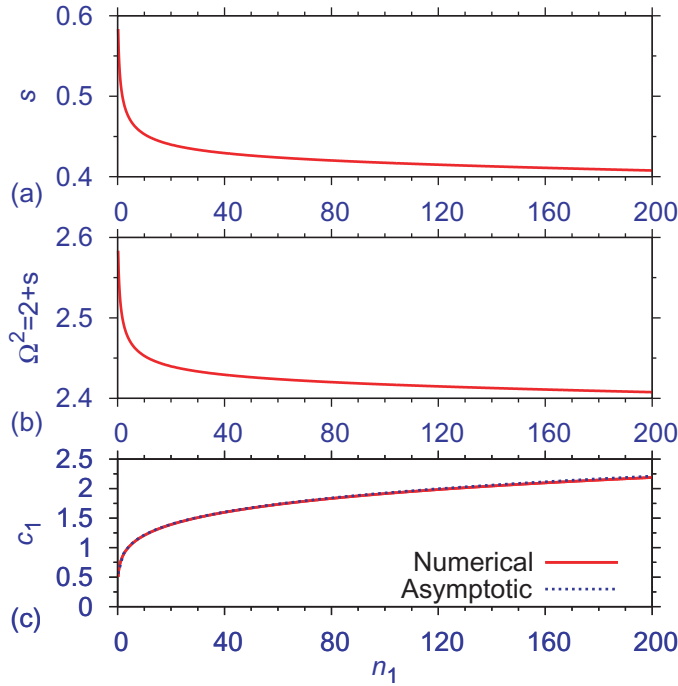
Now we consider the axially uniform case, where  $V(z) = 0$ . In this case, all the variables attain a constant value independent of  $z$  and we remove the  $z$  dependence on all variables. Setting  $n_1 = N_p f^2$ , from (4.7) and (4.8) we find

$$\mu_1 = \frac{1}{8\sigma^2} + \frac{1}{2}\sigma^2 - \frac{1}{2} + \frac{3\chi}{5} \left[ \frac{2n_1}{\pi\sigma^2} \right]^{2/3}, \quad (4.17)$$

$$\sigma^4 = \frac{1}{4} + \frac{12\chi}{25} \left[ \frac{2n_1\sigma}{\pi} \right]^{2/3}. \quad (4.18)$$

These equations can be used to derive the axial sound velocity  $c_1$  of the fermionic system, which is obtained with the formula [14]

$$c_1 = \sqrt{n_1 \frac{\partial \mu_1}{\partial n_1}}. \quad (4.19)$$



**Figure 2.** (a) The  $s$  versus  $n_1$  dependence as calculated from a numerical solution of (4.13) and (4.14). (b) Square of the frequency  $\Omega^2 = 2 + s$  in a cigar-shaped trap versus density  $n_1$  as calculated from (4.15). (c) Sound velocity  $c_1$  versus density  $n_1$  of a uniform gas from a numerical solution of (4.17) and (4.18) and the asymptotic  $c_1 = 0.766846n_1^{1/5}$  result valid for large  $n_1$ . All results refer to the unitarity limit  $\xi = 0.44$ .

In the quasi-1D regime (for small  $n_1$ ), from (4.17) and (4.18) we obtain  $\sigma^2 = 1/2$ ,  $\mu_1 = 3\chi(4n_1/\pi)^{2/3}/5$  and  $c_1 = \sqrt{2\chi/5}(4n_1/\pi)^{1/3}$ . In the effective 3D regime (for large  $n_2$ ), from (4.17) and (4.18) we obtain  $\sigma^2 = (12\chi/25)^{3/5}(2n_1/\pi)^{2/5}$ ,  $\mu_1 = (7/5)(3\chi)^{3/5}(n_1/\pi)^{2/5}/20^{1/5}$  and  $c_1 = \sqrt{14/25}(3\chi)^{3/10}(n_1/\pi)^{2/10}/20^{1/10} = 0.766846n_1^{1/5}$  for  $\xi = 0.44$ . In figure 2(c), we plot the sound velocity  $c_1$  as a function of the axial density  $n_1$  as calculated from a full numerical solution of (4.17) and (4.18) as well as the asymptotic result  $c_1 = 0.766846n_1^{1/5}$  valid for the effective 3D regime for large  $n_1$ . The two results are indistinguishable except near the origin. This shows that the effective 3D description (4.10) is very good except for very small atom number. The sound velocity increases with matter density as it should.

## 5. Disc-shaped Fermi superfluid: 3D–2D crossover

Let us suppose that the external trapping potential  $U(\mathbf{r})$  is given by a generic potential  $W(\tilde{\rho})$  in the cylindrical radial direction  $\tilde{\rho}$  and by a harmonic confinement of frequency  $\omega_z$  in the cylindrical axial direction  $\tilde{z}$ :

$$U(\mathbf{r}) = W(\tilde{\rho}) + \frac{1}{2}m\omega_z^2\tilde{z}^2. \quad (5.1)$$

We introduce the variational field

$$\Psi(\mathbf{r}) = \frac{1}{\pi^{1/4} \tilde{\eta}^{1/2}(\tilde{\rho})} \exp\left(-\frac{z^2}{2\tilde{\eta}^2(\tilde{\rho})}\right) \tilde{\phi}(\tilde{\rho}) \quad (5.2)$$

into the fermionic energy functional (2.4) and integrate over the  $\tilde{z}$  coordinate. After neglecting the space derivatives of  $\tilde{\eta}(\tilde{\rho})$ , we obtain the following effective energy functional:

$$E_2 = 2\pi \int_0^\infty \left\{ \frac{\hbar^2}{4m} [\nabla_{\tilde{\rho}} \tilde{\phi}(\tilde{\rho})]^2 + \left[ 2W(\tilde{\rho}) + \frac{\hbar^2}{8m\tilde{\eta}^2(\tilde{\rho})} + \frac{1}{2}m\omega_z^2 \tilde{\eta}^2(\tilde{\rho}) \right] \tilde{\phi}^2(\tilde{\rho}) + 2^{2/3} \frac{2\chi}{\pi^{1/3}} \left( \frac{3}{5} \right)^{3/2} \frac{\hbar^2}{m} \frac{\tilde{\phi}^{10/3}(\tilde{\rho})}{\tilde{\eta}^{2/3}(\tilde{\rho})} \right\} \tilde{\rho} d\tilde{\rho}, \quad (5.3)$$

which depends on two fields: the axial width  $\tilde{\eta}(\tilde{\rho})$  and the transverse wavefunction  $\tilde{\phi}(\tilde{\rho})$ .

Also, in this case, we observe that the variational approach we are using has been successfully applied to the dimensional reduction from 3D to 2D of the 3D Gross–Pitaevskii equation. The resulting effective equation has been called the 2D NPS equation [45].

Minimizing  $E_2$  with respect to  $\tilde{\phi}(\tilde{\rho})$ , one finds

$$\left[ -\frac{\hbar^2}{4m} \nabla_{\tilde{\rho}}^2 + W(\tilde{\rho}) + \frac{\hbar^2}{8m\tilde{\eta}^2(\tilde{\rho})} + \frac{1}{2}m\omega_z^2 \tilde{\eta}^2(\tilde{\rho}) + 2^{2/3} \sqrt{\frac{3}{5}} \frac{2\chi}{\pi^{1/3}} \frac{\hbar^2}{m} \frac{\tilde{\phi}^{4/3}(\tilde{\rho})}{\tilde{\eta}^{2/3}(\tilde{\rho})} \right] \tilde{\phi}(\tilde{\rho}) = 2\tilde{\mu}_2 \tilde{\phi}(\tilde{\rho}). \quad (5.4)$$

This equation is a 2D Schrödinger equation and  $\tilde{\mu}_2$  is fixed by the normalization

$$2\pi \int_0^\infty \tilde{\phi}^2(\tilde{\rho}) \tilde{\rho} d\tilde{\rho} = \frac{N}{2}. \quad (5.5)$$

Instead, minimizing  $E_2$  with respect to  $\tilde{\eta}(\tilde{\rho})$ , one gets

$$a_z^{-4} \tilde{\eta}^4(\tilde{\rho}) = \frac{1}{4} + 2^{2/3} \frac{4\chi}{3} \pi^{1/3} \left( \frac{3}{5} \right)^{3/2} \tilde{\phi}^{4/3}(\tilde{\rho}) \tilde{\eta}^{4/3}(\tilde{\rho}), \quad (5.6)$$

where  $a_z = \sqrt{\hbar/(m\omega_z)}$  is the characteristic harmonic length in the axial direction. We call (5.4), together with (5.6), the 2D NPS equation.

The 2D NPS equation can be conveniently written in dimensionless form by scaling  $\tilde{\rho} = \rho a_z$ ,  $\tilde{\eta}(\tilde{\rho}) = \eta(\rho) a_z$ ,  $\tilde{\phi}(\tilde{\rho}) = \sqrt{N_p} \phi(\rho) / a_z$  and  $\tilde{\mu}_2 = \hbar\omega_z(\mu_2 + 1/4)$  as follows:

$$\left[ -\frac{1}{4} \nabla_\rho^2 + \rho^2 \lambda_2^2 + \frac{1}{8\eta^2(\rho)} + \frac{1}{2} \eta^2(\rho) - \frac{1}{2} + N^{2/3} \sqrt{\frac{3}{5}} \frac{2\chi}{\pi^{1/3}} \frac{\phi^{4/3}(\rho)}{\eta^{2/3}(\rho)} \right] \phi(\rho) = 2\mu_2 \phi(\rho), \quad (5.7)$$

$$\eta^4(\rho) = \frac{1}{4} + N^{2/3} \frac{4\chi}{3\pi^{1/3}} \left( \frac{3}{5} \right)^{3/2} \phi^{4/3}(\rho) \eta^{4/3}(\rho), \quad (5.8)$$

with normalization  $2\pi \int_0^\infty \phi^2(\rho) \rho d\rho = 1$ . In deriving (5.7) and (5.8), we assumed a harmonic confinement in the radial  $\tilde{\rho}$  direction:  $W(\tilde{\rho}) = m\omega_z^2 \tilde{\lambda}_2^2 \tilde{\rho}^2 / 2$ . Again in defining the reduced chemical potential  $\mu_2$ , we have removed the zero-point energy corresponding to the energy of the axial trap, so that in the  $N = 0$  limit, (5.7) and (5.8) coincide with the corresponding linear harmonic oscillator problem.

By using (5.7) with (5.8), we can study the dimensional crossover from 3D to 2D of the superfluid Fermi gas at unitarity. First, (5.8) is to be solved numerically for  $\eta(\rho)$  in terms of

$\phi(\rho)$  and the result when substituted in (5.7) gives the desired result for studying a crossover from 3D to 2D. Closed-form analytic result for these equations is possible only under limiting conditions.

The first interesting limit of the formulation is obtained for a small number of atoms when the nonlinear term in (5.7) is small, so that the last term in (5.8) can be neglected. Under this condition  $N_p \phi^2 \ll 25\sqrt{3\pi}(5/3)^{1/4}/(192\chi^{3/2}) = 0.148656\dots$  (obviously satisfied for a small number of fermions) the longitudinal width  $\eta(\rho) = \sqrt{1/2}$  is independent of  $\rho$ . The disc-shaped system is then quasi-2D and described by

$$\left[ -\frac{\nabla_\rho^2}{4} + \rho^2 \lambda_2^2 + \sqrt{\frac{3}{5}} \frac{4\chi N_p^{2/3}}{\pi^{1/3}} \phi^{4/3} \right] \phi(\rho) = 2\mu_2 \phi(\rho). \quad (5.9)$$

In the opposite extreme, for a large number of fermions,  $N_p \phi^2 \gg 25\sqrt{3\pi}(5/3)^{1/4}/(192\chi^{3/2})$ , the disc-shaped system is effectively 3D. Under this condition, (5.8) can be solved for  $\eta(\rho)$  to yield  $\eta(\rho) = 2N_p^{1/4} \chi^{3/8} 3^{3/16} \phi^{1/2}(\rho)/(5^{9/16} \pi^{1/8})$ . Substituting this result into (5.7) and neglecting the  $1/[8\eta^2(\rho)]$  term, we get

$$\left[ -\frac{\nabla_\rho^2}{4} + \rho^2 \lambda_2^2 + \frac{12\chi^{3/4} 3^{3/8} \sqrt{N_p} \phi}{5\pi^{1/4} 5^{1/8}} \right] \phi(\rho) = 2\mu_2 \phi(\rho). \quad (5.10)$$

The power of the nonlinear term has changed from  $7/3$  to  $2$  as we pass from the quasi-2D regime governed by (5.9) to the 3D regime governed by (5.10). In the quasi-2D regime, the nonlinear power  $7/3$  is the same as that in the original 3D equation (2.5), whereas in the 3D regime it has acquired a different power. Of the models (5.9) and (5.10), (5.9) was previously considered by others [54], whereas (5.10) is new. However, we shall see that (5.10) should have wide phenomenological application for disc-shaped superfluid as this form is already effective for  $N > 100$ , producing better approximation than (5.9).

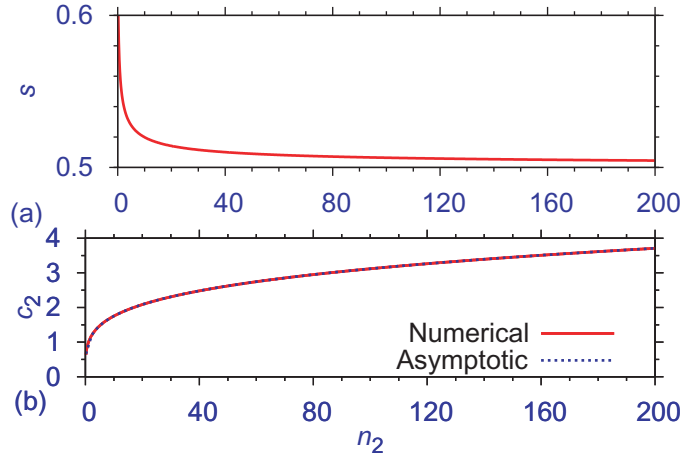
In the 3D regime, if we neglect the kinetic energy term in (5.10), the following analytic expression for density is obtained in the TF approximation after neglecting the kinetic energy term:

$$\begin{aligned} N_p \phi^2(\rho) &= \frac{25\sqrt{\pi} 5^{1/4}}{144\chi^{3/2} 3^{3/4}} (2\mu_2 - \rho^2 \lambda_2^2)^2 \Theta(2\mu_2 - \rho^2 \lambda_2^2) \\ &\approx \frac{0.201862}{\chi^{3/2}} (2\mu_2 - \rho^2 \lambda_2^2)^2 \Theta(2\mu_2 - \rho^2 \lambda_2^2). \end{aligned} \quad (5.11)$$

As we are in the 3D regime, it is interesting to compare this result with the following TF approximation made on the full 3D equation (2.5) after integrating over the longitudinal variable:

$$\begin{aligned} N_p \phi^2(\rho) &= \frac{3\pi}{32\chi^{3/2} \sqrt{2}} (2\mu_2 - \rho^2 \lambda_2^2)^2 \Theta(2\mu_2 - \rho^2 \lambda_2^2) \\ &\approx \frac{0.20826}{\chi^{3/2}} (2\mu_2 - \rho^2 \lambda_2^2)^2 \Theta(2\mu_2 - \rho^2 \lambda_2^2). \end{aligned} \quad (5.12)$$

The two TF results have the same functional dependence on the variables as well as very similar numerical coefficients, in spite of (5.10) and (2.5) having different powers of density in the nonlinear terms. The quasi-2D equation (5.9) has the same power of density in the nonlinear term as (2.5). Nevertheless, a TF approximation made in (5.9) will generate a density with an entirely different dependence on  $\rho$ .



**Figure 3.** (a) The  $s$  versus  $n_2$  dependence as calculated from a numerical solution of equations (5.13)–(5.15). (b) Sound velocity  $c_2$  versus density  $n_2$  of a uniform gas from a numerical solution of (5.16) and (5.17) and the asymptotic result  $c_2 = 0.986212n_2^{1/2}$  for large  $n_2$ . All results refer to the unitarity limit  $\xi = 0.44$ .

We now consider the bulk chemical potential implicit in (5.7) and (5.8)

$$\mu_2(n_2) = \frac{1}{8\eta^2(\rho)} + \frac{1}{2}\eta^2(\rho) - \frac{1}{2} + 2^{2/3} \sqrt{\frac{3}{5}} \frac{2\chi}{\pi^{1/3}} \frac{n_2^{2/3}(\rho)}{\eta^{2/3}(\rho)}, \quad (5.13)$$

$$\eta^4(\rho) = \frac{1}{4} + 2^{2/3} \frac{4\chi}{3\pi^{1/3}} \left(\frac{3}{5}\right)^{3/2} n_2^{2/3}(\rho) \eta^{4/3}(\rho), \quad (5.14)$$

where density  $n_2(\rho) = N_p \phi^2(\rho)$ . Again the bulk chemical potential can be considered to possess a power-law dependence on density:  $\mu \sim n_2^s$ , where the numerical coefficient  $s$  can be extracted from a numerical solution of nonlinear (5.13) and (5.14) using the relation

$$s = \frac{n_2}{\mu_2} \frac{\partial \mu_2}{\partial n_2}. \quad (5.15)$$

The coefficient  $s$  is of interest in the study of physical observables of interest. In the quasi-2D regime,  $s = 2/3$  whereas in the 3D regime  $s = 1/2$ . However, in the quasi-2D to 3D crossover, the  $\mu(n_2)$  dependence is to be calculated numerically using (5.13) and (5.14) and then the polytropic index  $s$  can be calculated as a function of  $n_2$  for the dimensional crossover. In figure 3(a), we plot the polytropic power  $s$  versus density.

### 5.1. Uniform density

Now we consider the radially uniform case, where  $W(\rho) = 0$ . In this case all the variables attain a constant value independent of  $\rho$  and we remove the  $\rho$  dependence on all variables. Setting  $n_2 = N_p \phi^2$ , from (5.7) and (5.8) we find

$$\mu_2 = \frac{1}{16\eta^2} + \frac{1}{4}\eta^2 - \frac{1}{4} + \sqrt{\frac{3}{5}} \frac{\chi}{\pi^{1/3}} \left[ \frac{2n_2}{\eta} \right]^{2/3}, \quad (5.16)$$

$$\eta^4 = \frac{1}{4} + \frac{4\chi}{3\pi^{1/3}} \left(\frac{3}{5}\right)^{3/2} (2n_2\eta^2)^{2/3}. \quad (5.17)$$

These equations can be used to derive the radial sound velocity  $c_2$  of the fermionic system, which is obtained with the formula [14]

$$c_2 = \sqrt{n_2 \frac{\partial \mu_2}{\partial n_2}}. \quad (5.18)$$

In the quasi-2D regime (for small  $n_2$ ), from (5.17) and (5.18) we obtain  $\eta^2 = 1/2$ ,  $\mu_2 = 2\chi\sqrt{3/5}n_2^{2/3}/\pi^{1/3}$  and  $c_2 = 2\sqrt{\chi/\sqrt{15}n_2^{1/3}/\pi^{1/6}}$ . In the effective 3D regime (for large  $n_2$ ), from (5.17) and (5.18) we obtain  $\eta^2 = 4(\sqrt{3}\chi)^{3/4}n_2^{1/2}/(5\pi^{1/4}5^{1/8})$ ,  $\mu_2 = (6/5)(27/5)^{1/8}\chi^{3/4}n_2^{1/2}/\pi^{1/4}$  and  $c_2 = \sqrt{3/5}(27/5)^{1/16}\chi^{3/8}n_2^{1/2}/\pi^{1/8} = 0.986212n_2^{1/2}$  for  $\xi = 0.44$ . In figure 3(b), we plot the sound velocity  $c_2$  versus the axial density  $n_2$  as calculated from a full numerical solution of (5.16) and (5.17) as well as the asymptotic result  $c_2 = 0.986212n_2^{1/2}$  for large  $n_2$  in the effective 3D description given by (5.10). The asymptotic result is indistinguishable from the exact result except near very small  $n_2$ . This shows that the effective 3D description of the system is very good. The sound velocity increases with matter density as it should.

## 6. Numerical result

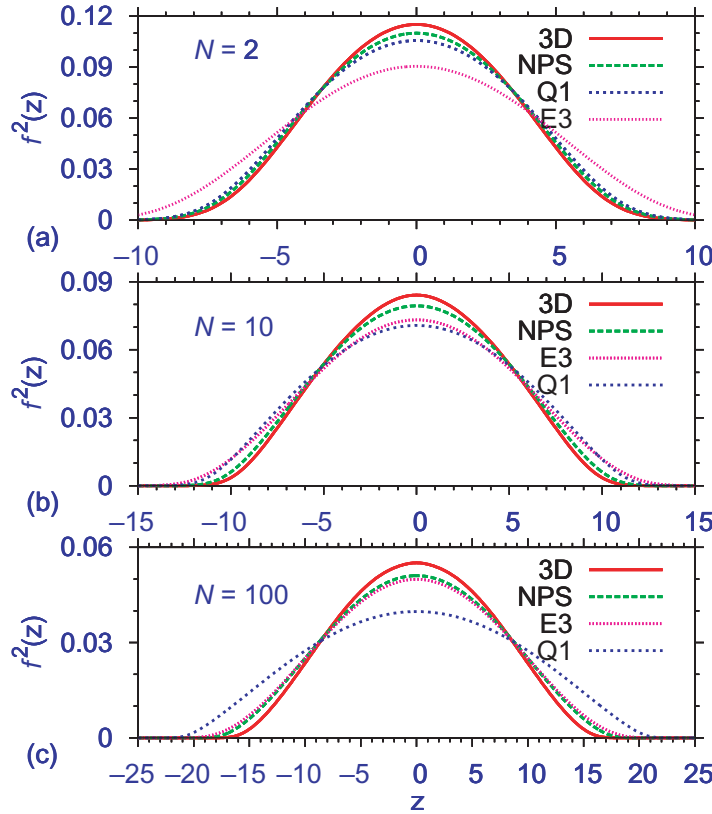
Next, we study the effectiveness of the dimensional reduction of the 3D GL equation (2.5) to 1D and 2D forms with a variation of the number of fermions for cigar- and disc-shaped configurations. We numerically solve the full 3D equation as well as various 1D and 2D reduced equations by discretizing them by the semi-implicit Crank–Nicholson algorithm with imaginary time propagation [55]–[57]. For numerical convenience we transform the chemical potential term  $\mu\psi$  in the nonlinear equations to a time-dependent term  $i\partial\psi/\partial t$ . The space and time steps used in discretization were typically 0.05 and 0.001, respectively.

### 6.1. 3D–1D crossover

For a cigar-shaped superfluid, we solve four sets of equations in the unitarity limit: (a) the 3D equation (3.2), (b) the complete reduced 1D equations (4.7) and (4.8), (c) the approximate quasi-1D equation (4.9) and (d) the approximate effectively 3D equation (4.10). We use the parameters  $\xi = 0.44$  [10], and a highly cigar-shaped trap with  $\lambda_1 = 0.1$  and  $\lambda_2 = 1$ . In figure 4 we illustrate the results of our calculation by plotting the linear density profile  $f^2(z)$  versus  $z$  of the four sets of calculations for fermion number  $N = 2, 10$  and  $100$ .

From figure 4, we find that the 1D approximate calculations are good approximations to the solution of the 3D equation (3.2). However, some features of the different approximate models are worth mentioning. All approximate 1D models lead to a density smaller than that obtained from the 3D equation (3.2). The density obtained from (4.7) and (4.8) provide the best approximation to the exact density for all  $N$ . For small  $N$ , the quasi-1D model (4.9) provides a better approximation to the exact result than the effectively 3D model (4.10). The opposite happens for large values of  $N$ . For an intermediate value of  $N$ , the quasi-1D model (4.9) and the effectively 3D model (4.10) could produce similar results.





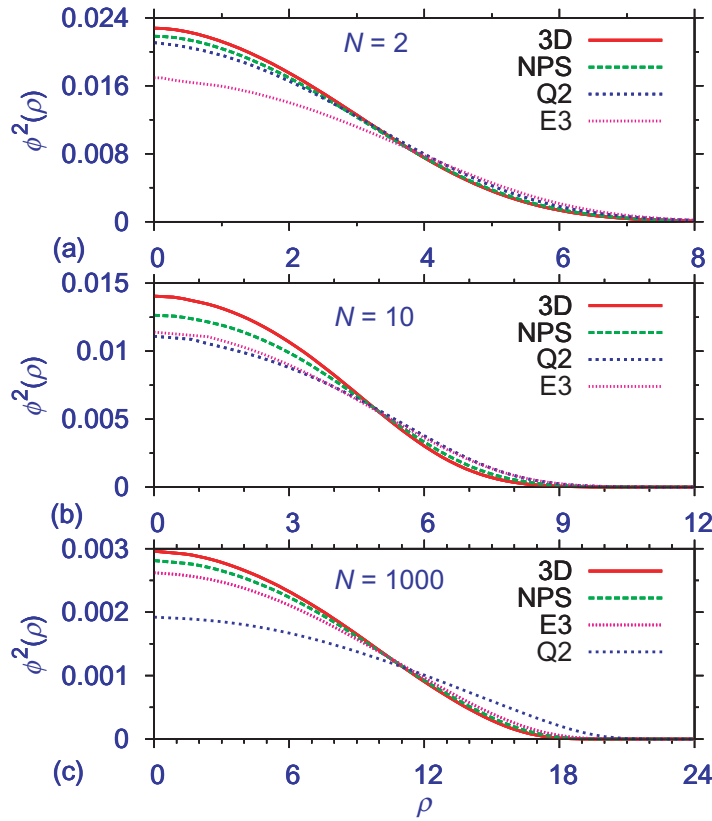
**Figure 4.** Normalized density  $f^2(z)$  ( $\int_{-\infty}^{\infty} f^2(z) dz = 1$ ) along the axial  $z$ -direction for (a) 2, (b) 10, and (c) 100 Fermi atoms from a solution of 3D equation (3.2) denoted 3D, the full 1D equations (4.7) and (4.8) denoted NPS, the quasi-1D equation (4.9) denoted Q1 and the effectively 3D equation (4.10) denoted E3 in the unitarity limit using parameters  $\xi = 0.44$ ,  $\lambda_1 = 0.1$  and  $\lambda_2 = 1$ .

### 6.2. 3D–2D crossover

For a disc-shaped superfluid we again solve four sets of equations: (a) the 3D equation (3.2), (b) the complete reduced 2D equations (5.7) and (5.8), (c) the quasi-2D equation (5.9) and (d) the effectively 3D equation (5.10). We use the parameters  $\xi = 0.44$  in the unitarity limit and  $\lambda_1 = 1$  and  $\lambda_2 = 0.1$  for a disc-shaped trap. In figure 5, we present the results of our calculation by plotting the radial density profile  $\phi^2(\rho)$  versus  $\rho$  of the four sets of calculations for fermion numbers  $N = 2, 10$  and 1000.

From figure 5, we find that the three 2D approximate models could be good approximations to the solution of the 3D equation (3.2). Again, as in the cigar-shaped superfluid, the full 3D model (3.2) produces the largest density profile with the complete 2D equations (5.7) and (5.8) providing the best approximation to it for all values of  $N$ . For small  $N$ , the quasi-2D model (5.9) produces better approximation to the exact result than the effectively 3D model (5.10). The opposite happens for large  $N$ . For an intermediate  $N$  these two latter approximations could produce similar results.

An interesting result from our calculations with cigar- and disc-shaped superfluids is that, for  $N > 100$ , the quasi-1D model (4.9) and the quasi-2D model (5.9) are poorer approximations



**Figure 5.** Normalized density  $\phi^2(\rho)$  ( $2\pi \int_0^\infty \rho \phi^2(\rho) d\rho = 1$ ) along the radial  $\rho$  direction for (a) 2, (b) 10, and (c) 1000 Fermi atoms from a solution of 3D equation (3.2) denoted by 3D, the full 2D equations (5.7) and (5.8) denoted by NPS, the quasi-2D equation (5.9) denoted by Q2 and the effectively 3D equation (5.10) denoted by E3 in the unitarity limit using parameters  $\xi = 0.44$ ,  $\lambda_1 = 1$  and  $\lambda_2 = 0.1$ .

than the effectively 3D models (4.10) and (5.10), respectively. For experimental purposes,  $N = 100$  represents a small number of atoms. Hence, for phenomenological applications, the effectively 3D models (4.10) and (5.10) with nonlinear terms with power 9/5 and 2 should be used. Note that these powers are different from the power 7/3 in the original 3D equation (3.2). The quasi-1D model (4.9) and the quasi-2D model (5.9) for cigar- and disc-shaped superfluids with nonlinear terms of power 7/3 effective for a small number of fermions are of academic interest.

## 7. Conclusion

We have suggested a time-independent Schrödinger equation for a Fermi superfluid at unitarity (equation (3.2)) by minimizing its energy functional. This equation can also be derived as an Euler–Lagrange equation of an appropriate Lagrangian density. In a cigar-shaped superfluid, assuming a Gaussian form for the order parameter and integrating over the transverse variables, we have derived an effective nonlinear nonpolynomial 1D equation for the Fermi superfluid at

unitarity (equations (4.7) and (4.8)). This complex equation is simplified in the limit of small and large atom numbers when it reduces to a nonlinear equation with power-law nonlinearity. The equation for small atom number  $N$  has the same nonlinear structure as the original 3D equation and is called the quasi-1D model (equation (4.9)), whereas the equation for large  $N$  has a distinct nonlinearity and is called the effective 3D model (equation (4.10)). For phenomenological applications, the effective 3D model seems quite attractive.

In a disc-shaped superfluid, assuming a Gaussian form for the order parameter and integrating over the axial variable, we also derived an effective nonlinear nonpolynomial 2D equation for the Fermi superfluid at unitarity (equations (5.7) and (5.8)). This complex equation is simplified in the limit of small and large atom numbers when it reduces to a nonlinear equation with power-law nonlinearity. The equation for small atom number  $N$  has the same nonlinear structure as the original 3D equation and is called the quasi-2D model (equation (5.9)), whereas the equation for large  $N$  has a distinct nonlinearity and is called the effective 3D model (equation (5.10)). The quasi-2D model has the same nonlinearity as the original 3D equation, whereas the effective 3D model produces a different nonlinearity. Again the effective 3D model is attractive for phenomenological applications, producing very good results. All the above models have been studied by a numerical solution of the model equations.

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